

Panui

Welcome to the December edition of NZgNC Panui!

NZgNC
NZNO GASTROENTEROLOGY
NURSES' COLLEGE

December 2023

We hope you will enjoy this new publication to keep you in the loop with the goings on in the committee work projects, education opportunities, and news from around the country - in little snippets for you to share with your teams. Share it, print it for your tea rooms, let us know if you have anything we can include in it to share. *It's for everyone.*



Update from the Chairperson

It was great to see so many of you at the Annual Scientific meeting this month, it was a huge success, and we are grateful to the convening committee who made it so. Nurse convenor, Tania Waylen, brought us excellent nursing speakers from far and wide to inspire us, share their knowledge with us, and some even entertained us.

As we wrap up 2023, we thank our committee members who have stood down from the committee after an extended term, and wish them all the best for the coming year. Marian O'Connor, Holly Weale, and Kiran Joseph contributed greatly in their respective roles.

Marian was integral in establishing the Inflammatory Bowel Disease sub specialty group, a group that is thriving in their unity and ability to network and work towards improvements in clinical care across the country.

Holly Weale has been working away on the online learning platform packages that we hope to present to you in the coming time. This has been a great challenge, with aspirations and benefits that we hope you will find useful in the future. Holly has been our nominated nursing representative on many of our associated committees including NEDS, and the sustainability group. Her enthusiasm for quality improvement is impressive.

Kiran stands down as she furthers her professional development with some more post graduate study this coming year, she has been a quiet achiever, with plenty of wise offerings as we review and give feedback on documents we are contributing to. Thank you all for your work and enthusiasm.

We welcomed 3 new members on to our committee at the AGM at conference. Gino Borrromeo, senior gastroenterology nurse from Waitemata, Nicola Caine, Nurse Practitioner in Hepatology from Bay of plenty, and Fiona Williams, CNS and enteral feeding enthusiast in Gastroenterology from North Shore.

Welcome to the committee, we look forward to working with you!

Merrilee Williams
Your Chairperson
NZgNC

Your committee now consists of:

Merrilee Williams – Chair

Kirsten Arnold – Treasurer and IBD Nurses group

Jessica Southall – Secretary and Hepatology nurses group

Karen Kempin – Committee member and Nurse Endoscopists group

Justin Augustine – Committee member

Nicola Caine – Committee member

Gino Borrromeo – Committee member

Fiona Williams – Committee member

We will have our first committee meeting in February by Zoom, and in March in person.

Our Sponsors:

Click the links below 



Nurses prizes at ASM Gastro Conference

Best Nurses presentation – \$2000.00

sponsored by **Obex**: The inflammatory Bowel Disease helpline at Waitaha Canterbury- an analysis using Crohn's Colitis Care (CCCare). **Kirsten Arnold**.

First Time presenter – \$1000.00

sponsored by **Insight Medical**: The Birds and the IBD's: Sexual Identity and Infertility in patients with IBD. **Marcelane Ballantyne**.

Best article in the Tube – \$1500.00

sponsored by **Boston Scientific**: Use of Fibriscan to assess probability of clinically significant portal hypertension. **Judith McLachlan**.

Best Poster award – \$500.00 sponsored by **NZgNC**: Stretta therapy- a new player in NZ in the field of GORD therapies. **Jeanette Dioquino**.

Crohn's and Colitis NZ (CCNZ) Nurses Travel award- sponsored by **CCNZ and Takeda**: **Carissa Jackson**.

Congratulations to all our presenters, authors and winners, we were impressed by the quality of the work displayed this year, and thank you all for sharing your knowledge to improve ours.

These awards are to support your ongoing education. Thank you to our wonderful and generous sponsors- we are grateful for your ongoing support of gastroenterology nurses in NZ.



Our International Speakers – Sharon Powell, Helen Livett, and Nurse convenor, Tania Waylen.



On the dancefloor! Richelle, Laura, Merrilee and Jess from Te Whatu Ora Southern.



Kirsten Arnold – Winner of the Obex Best Nurses presentation 2023.



Marcelane Ballantyne – Winner of the Insight Medical Best First time presenter 2023.



Judith McLachlan – Winner of the Boston Scientific Best article in the Tube magazine 2023.



Jeanette Dioquino- Winner of the NZgNC best poster award 2023.

Life Members

At the AGM we welcomed 3 new honorary, life members.

Sherry Sharp – who was a longstanding committee member including holding chairperson and editor positions. She was instrumental in the redevelopment of the Hawke's Bay endoscopy unit, instrumental in the implementation of the NBSP in Hawke's Bay, as well as the Nurse Lead for NEQUIP from 2016-2018.

Sandra Burton – Sandra was Charge Nurse in Hawke's Bay, as well as a longstanding committee member, nurse convenor, and rep for Obex for some time.

Karen Gower (Clarke) – Karen has just recently finished her time on the committee where she held many roles including chair and editor. She is and has been, an ANZGITA nurse teacher in the Pacific, GENCA reprocessing course facilitator, and was retired for a short time this year before she found some more work to do!

Welcome to the honorary membership group, and thank you for your dedication to our specialty of Gastroenterology over such a long period of your lives- we honour your contribution.



Carissa Jackson- Winner of the CCNZ and Takeda Nurses travel award 2023.

Sad news

We heard this week of the passing of Kaye Hay, who many of you will have had the pleasure of sharing time with. Some recollections from Dr John Wyeth-

Kaye was the original gastro nurse at Wellington Hospital when gastroscopies were performed in a converted room on the ward. In the early 1980's she initiated the first meeting of gastro nurses as part of the NZSG doctors meeting in Wellington.

This she did with the support of Eru Pomare, himself an acclaimed leader in gastroenterology. She remembers with pride that she did the catering for morning teas at the meeting by baking scones.

As you know the Gastro Nurses went from strength to strength from that small beginning. Kaye took pride in how many doctors she "trained" do endoscopy, which always had an emphasis on respect for the patient and staff, and treating everyone equally. Kaye did not tolerate pomposity

and would always be forthright in her opinions, which were usually correct.

Kaye actively encouraged and participated in research. She went to the Pacific islands with Eru Pomare to investigate fibre intake and nutrition in isolated communities, which involved living on the remote island.

She has fond memories of how diets were so different to the Western diets with the plentiful fruit eaten every day.

Another aspect of the study involved collecting faeces and sifting it to measure fibre content. There were lots of research studies performed, including having naso-enteral tubes inserted to collect bile from herself, swallowing radio-capsules measuring colon pH and staying 24 hours in the hospital having breath hydrogen and blood short chain fatty acid levels measured, and then working the same day. Whilst Charge Nurse of gastro, there



were a number of nurses she mentored who themselves became significant leaders in the profession. Kaye also had an international presence and developed links with Australia in particular, attending the GESA / GENSA meetings and getting Australian nurses to participate in the NZ meetings. Kaye was a nurse that got things done, was very supportive of her staff and patients and could always have fun.

We are thinking of Kaye's family at this time, she will be missed.

Dates for education 2024

21/22 March 2024: Sydney International Endoscopy Symposium (SIES).

Click here for more information and registration. <http://www.sies.org.au/>

17-19th May 2024: GENCA 2024 National Conference- Brisbane

Click here for more information and registration. <http://www.genca.org/education/2024-national-conference/>

Scholarships are available from NZgNC to support you to attend meetings as above - please find application form on our website: https://www.nzno.org.nz/groups/colleges_sections/colleges/nzno_gastroenterology_nurses_college/education_fund

Tube February/March 2024:

The next tube is due out in early 2024, where you will be able to read the articles from those who have received scholarships from our education fund, as well as other contributions. Would you like to share your team with us in the "Spotlight on a team" section- if so- please get in touch with us: secretaryofnzgnc@gmail.com



Christmas wishes

On behalf of the Committee- I'd like to wish you a very Merry Christmas, and hope that you get to enjoy some sun, and some time off with your families. I hope everyone in NZ remembers to chew well, not drink too much, and not swallow any batteries or bottle caps.

Merrilee, and your NZgNC committee.

