



Editor's note

Kia ora and welcome to the first edition of Cancernet for 2019.

We are already in March and heading towards Autumn, the year is moving quickly already.

The committee has already met for the first time this year in February and has undergone change in representatives. We said goodbye to Judy Warren who has very ably chaired the committee for the past two years. Judy has worked tirelessly in the chair position and represented us nationally with the survivorship work being undertaken. We also farewell Moira Gillespie who was secretary. Moira has over the years served three terms on the committee. She leaves us having steered us (along with Judy) as hosts to the ISNCC conference in 2018. The conference was deemed one of the more recently successful by the ISNCC international organising committee.

We welcome Rosie Howard and Jane Wright on to the committee. Jane's biography is included for you to read in this edition. We have had a bit of a shuffle around with committee roles so check us out at the back of this edition.

Also please save the date: 25-26th October. We are collaborating with the NZ Society of Oncology (NZSO) this year to offer an education opportunity for you to attend in Wellington. We will also be holding our biennial general meeting at this event. We will keep you up to date as more information on the conference as it becomes available.

Other offerings include an update on committee work and projects. Two of our committee members attended the Cancer at a Crossroads Conference held at the end of January and provide their report on attending this inaugural NZ event. We welcome any contributions or feedback from you for Cancernet so please send it to us at cancernursesnz@gmail.com

Sarah Ellery
Cancernet Editor

CONFERENCE REPORT

Cancer Care at a Crossroads



The Cancer Care at Crossroads Conference was held in January in Wellington, which included a welcome event and concluded with a series of workshops at the Ministry of Health (MOH).

The welcome event 'Cancer and me' was held at the Beehive.

Sir David Skegg, professor and epidemiologist, offered startling statistics of New Zealand's death rates for cancer being above average for the OECD. Countries that have had the most progress are those that have followed

the World Health Organisation's recommendations and implemented a national strategy for cancer control. He warned of the dangers of leaving cancer control to the MoH and DHBs.

New Zealand's former strategy was abolished due to superseding expectations to which he said it sadly showed complacency and not wanting to look to where the challenges lie.

 [View Professor Skegg's conference speech](#)

Pip Brown (aka Lady Hawke), Mike Henson, former NZ cricket coach, and Chris Jackson - Medical Director Cancer Society of New Zealand, all spoke of their personal experiences with cancer.

The conference opened with a powerful patient story from Blair Vining and his wife Melissa. Blair was diagnosed with colon cancer with a late presentation and talked about the challenges he faced. Patient/whanau personal experience stories were placed throughout to ground the audience and remind us as to why we were attending, and the need for a coordinated approach. This was

followed by the Minister of Health, Hon Dr David Clark, who outlined the challenges ahead for cancer care in New Zealand.

 [Read Dr Clark's conference speech](#)

Post conference the minister was interviewed on Radio New Zealand on the morning report.

 [Listen to Dr Clark's RNZ interview](#)

Co-conveners Professor Diana Sarfati - Head of Department of Public Health Division of Health Sciences, University of Otago, Wellington and Dr Christopher Jackson, set the stage for tackling the challenges that New Zealand faces in the current cancer climate.

The conference aimed at 'planning to position New Zealand as a world leader in cancer prevention and to address the equality gaps so that no New Zealander is left behind'. (Sarfati & Jackson, 2019)

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People diagnosed with cancer will increase by 50% in the next 15 years. Cancer outcomes currently vary depending on where you live – referred to as the ‘post code lottery’ with Maori and Pacific people having worse survival outcomes. They echoed the lag in New Zealand’s cancer survival rates, the challenges of ‘sky-rocketing’ cost and amount of treatments, along with the complexity of care required and the lack of a current cancer control action plan.

This conference had over 400 attendees and there was representation from all key service providers across the cancer care continuum. The last such conference was held in 1999. Global Cancer experts gave insightful presentations and it was noted that the problems we experience here are not unique to New Zealand. They provided much experience and guidance.

Professor David Currow – the Chief Cancer Officer, New South Wales and Chief Executive Officer, Cancer Institute NSW spoke on prioritisation in cancer control, learnings from Australia. He posed the question – what might failure look like and what would be the impetus for change.

Professor Richard Sullivan – Cancer & Global Health at Kings College London, Director, Institute of Cancer Policy spoke on Global Challenges in Cancer Control.

Rami Rahal – Executive Director, Cancer Control at Canadian

Partnership Against Cancer spoke on improving outcomes through evidenced-based policy and performance measurement or bench-marking – the Canadian experience.

Dr Shaun Costello presented the NZ context example of the radiation experience from the Southern Cancer Network, further showing the gains to be made from bench-marking and gathering intelligent data to guide the way.

Dr Fatima Cardoso – Champalimaud Clinical Centre, Portugal – spoke of delivering cutting-edge care under resource constraints.

NZ presenters shared their wisdom on addressing inequities, the Maori experience, and the role of Palliative Care. Shelley Campbell – Waikato Bay of Plenty Cancer Society, presented on the achievements of Maori from the previous cancer control strategy and what to do differently. Dr Nina Scott, gave a moving and insightful address on inequities and moving forward for Maori.

NZ Media were well informed throughout, purposefully aimed at getting the word out to support to a national call to action across all sectors, with public support. Featuring on the night news slots were patient stories and pleas, along with reports of the issues from Dr Christopher Jackson.

Radio NZ’s Kim Hill interviewed Professor Richard Sullivan (UK) who highly commended the conference

and spoke to the unique solidarity in the room, of everyone stepping forward to help improve the situation. He warned of the dangers of working in ‘mini tribes’ throughout our 20 DHBs.

 **Listen to Professor Sullivan’s Radio NZ interview with Kim Hill**

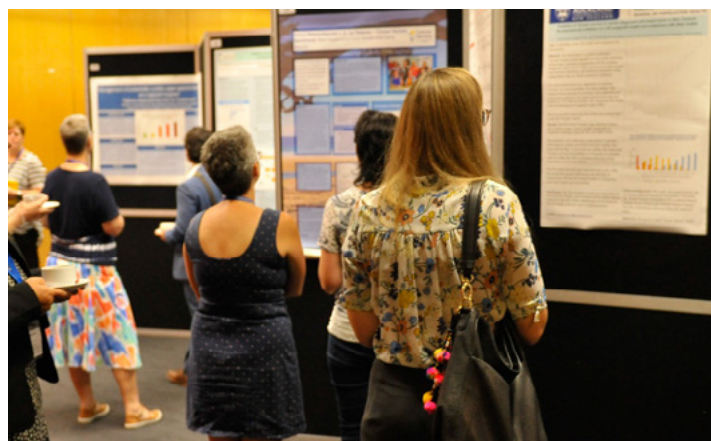
The Cancer at a Crossroads highlighted that cancer needs our attention, needs a plan and a plan that is not affected by the ever changing political arena. It needs to be facilitated through clear vision and strong leadership and implementation.

Workshops

The Saturday workshops were held to inform the strategy to form a national cancer action plan and opened some fierce discussion from a cross section of stakeholders involved in cancer care including patient and Maori representatives, and clinicians. Split into themes of ‘Shaping our priorities’, ‘Unequal output for equal outcomes’ and ‘Measure what matters’, the outcomes of which will be reported by the MoH.

Reflecting on the workshop in regard to the effect of a lack of evidenced-based planning on appropriate workforce development and the provision to support ever increasing pressures on the sector; and patient-centred care – are we really listening to our patients/whanau about what matters most and how that relates to the equality gap?

Kate Whytock and Fiona Sayer



Report from the chair



Welcome to the February edition of Cancernet.

We have just had our first committee meeting of the year and are excited to welcome two new committee members Rosie Howard and Jane Wright. We are very

pleased to have them join us as they both bring a wealth of expertise. Rosie comes from a background of haematology nursing and Jane from rural oncology nursing.

I would also like to acknowledge our outgoing committee members Judy Warren and Moira Gillespie. As I'm sure you are aware Judy has been our incredibly hard-working Chairperson. As a fellow committee member

she has always been a delight to work with, she always seems to know what is happening at a political level and has worked hard to raise the profile of cancer nursing with the Ministry of Health.

Moira is our outgoing secretary and is our longest-serving committee member, having been seconded on after a break away. Moira and Judy both worked with ISNCC conference organising committee to bring ICCN to New Zealand last year and put in huge hours behind the scenes. It really was an incredible feat to pull off and we are very thankful for their work on this.

Judy's boots are going to be hard to fill as chairperson and we are most definitely going to miss both their down to earth approach, warmth, wisdom and sense of humour. We will be looking to seconde someone to fill Moira's place on the committee over the next few weeks, so if anyone has a particular interest in being on the committee feel free to let us know.

The committee are very excited to announce our CNC BGM/conference will be held in conjunction with the New Zealand Society of Oncology conference this year in Wellington 25 - 26 October. We will be having combined sessions as well as breakaway nursing sessions allowing us to pool resources and teaching



SAVE THE DATE

CNC NZNO Conference & BGM in conjunction with:
New Zealand Society for Oncology Conference
25 - 26 October 2019
Harbourside Function Centre, Wellington

opportunities. We hope many of you will be able to join us. Please make sure you get your grant applications into the college early if you are seeking assistance with funding.

Finally we meet with a representative from WorksafeNZ at our February meeting and they have agreed to review the Guidelines for the Safe Handling of Cytotoxic Drugs and Related Waste. These were first produced by the then Department of Labour in 1997 and have not been updated since. Then were removed from the WorksafeNZ website last year. We will be assisting WorksafeNZ to put a working group together for this over the next couple of months.

Wishing you all well.

Kirstin Wagteveld (Unahi)

CANCER NURSES COLLEGE COMMITTEE REPORT

As indicated in the Editor's Note we have had some movement of the committee at the February meeting with welcoming Jane and Rosie and saying farewell to Judy and Moira. The committee meets four times a year, generally in Wellington. The meetings are held all day Friday and Saturday morning.

Often we have invited guests to the meetings. This last meeting, we met with Caroline Gall from Worksafe NZ. The committee for some years now has been undertaking communication, where needed, to address the outdated and since 2018 obsolete OSH guideline on handling cytotoxics (1997). Updating this guideline had been on the Worksafe NZ work plan but not prioritised. Meeting with Caroline last month gave us a valuable opportunity to discuss the need for guidance on handling cytotoxics given the hazardous nature of this work cancer nurses may be regularly exposed to. We hope to continue working with Caroline to progress this forward.

We have been providing feedback to members of the Ministry of Health cancer team on a national standard of care. The aim of this document is to provide a patient-centred approach to care of cancer patients. This is a broad overarching document that sits alongside the tumour standards.

Committee members have also been working on completing a position statement on handling and administration of biotherapies for nurses. We hope to release this in March. Work is commencing in the near future on reviewing the Antineoplastic Drug Administration Guideline and work continues on the Knowledge and Skills Framework for Cancer Nurses review.

In November we also met with a representative from Pharmac. We discussed the Pharmac Education Seminars and they are willing to undertake a seminar with a cancer theme this year. We are in the process of providing feedback on this to them. Please watch the Pharmac website for information on this upcoming seminars and others. Pharmac pay for flights for health professionals to attend these seminars in Wellington.

NEW COMMITTEE MEMBER



Jane Wright

**Oncology Nurse Specialist,
Ashburton & Rural Health
Services and new Cancer Nurses
College committee member.**

I am thrilled to be a new member of the Cancer Nurses College committee. I currently work as an oncology nurse specialist at Ashburton Hospital where we provide an outreach chemotherapy service.

I have been involved in cancer care for about 14 years and prior to this have had a number of positions both within the hospital and community (coming up 39 years of nursing!!).

Providing cancer services rurally can be challenging but also extremely rewarding. The patients certainly appreciate having their treatments and follow-ups closer to home and we are fortunate to have excellent support from the Christchurch hospital oncology service.

My motivation for joining the committee was the opportunity to network with other cancer nurses from around the country, bring a rural nursing voice to the table and hopefully contribute knowledge and experience on a more strategic level.

I also have a part-time position with the rural academic centre Ashburton so have an interest in research and education of rural nurses.

On a personal note I have been married to my husband Geoff for almost as long as I have been nursing and have two children in their twenties. I love travelling, catching up with my friends and reading a good book.

Education Grants UPDATE

During 2018, the Cancer Nurses College awarded a record number of 30 grants, which together totalled \$18,521.

In September, we hosted the International Conference in Cancer Nursing (ICCN) in Auckland. This provided a fantastic opportunity to attend an international event, well respected within the global cancer nursing community. We were pleased to support 16 cancer nurses in participating. Feedback from the organising committee recognised that this was one of the best attended and most successful conferences in recent years.

Travel to the USA saw attendance at ASCO in Chicago, with a further four nurses to attend the upcoming April Oncology Nurses Society Conference in Anaheim, California. Grant recipients have also travelled to Melbourne to a range of events including the APNETS meeting, the Multidisciplinary Colorectal Meeting at the Peter MacCallum Cancer Centre and the ESTRO Radiobiology Workshop. We also supported an applicant to attend the Cancer Nurses Society of Australia Conference, held in Brisbane during June.

Closer to home, recipients have pursued university study; a Risk Measurement/Management Combined Meeting and attendance at the recent Cancer Care at a Crossroads meeting.

The Cancer Nurses College are delighted to be able to support such a large number of nurses to pursue educational and professional opportunities and wish to acknowledge the generous support of Roche, together with the NZNO, in making these opportunities available.

Felicity Drumm
Education Grants - CNC Committee

Funding options to attend conferences or courses

Funding to attend conferences or courses is becoming increasingly hard to source. Apart from your local DHB, here are some funding options that you may not have thought of. To apply for funding you need to be organised with many groups having funding rounds and deadlines throughout the year.

- For members, the NZNO offers several funding streams. These include NERF, Florence Nightingale, Thomas Tippet award, just to name a few. For further information including criteria and closing dates:
- The Cancer Research Trust NZ has various award rounds throughout the year to support health professionals working within cancer care to attend courses or conferences. For further information on criteria and closing dates go to:
- Roche provides individual "Roche Education Grants" to nurses working in the fields of Oncology and/or Haematology to support their attendance at appropriate medical education events paid for in 2018. The key goal for these grants is to support nurses in accessing continuing education opportunities in their field of expertise and to share the information gained with their colleagues.
- The Blood Cancer NZ and the Cancer Society offer grants for health professionals to attend conferences or courses. They usually have funding rounds. For further information contact the Cancer Society or Leukaemia and Blood Cancer NZ.

 Visit the Scholarships section on the NZNO website

 Visit the Grants & Awards section on the NZNO website

 Visit the Grant Application section on the Cancer Research Trust NZ website

If you are aware of other funding streams that are available and you want to publicise them, please contact us on

 cancernursesnz@gmail.com

National Cancer Programme update

The Ministry leads a national work programme which provides a strategic focus for cancer control and for system-wide improvements across the spectrum of cancer services.

 Keep up to date on the National Cancer Programme



Online cancer learning

 www.cancerlearning.gov.au

 www.cnsa.org.au

 www.ons.org

 www.isncc.org

 www.eviq.org.au

 www.nccn.org

 www.asco.org

New Zealand Society for Oncology



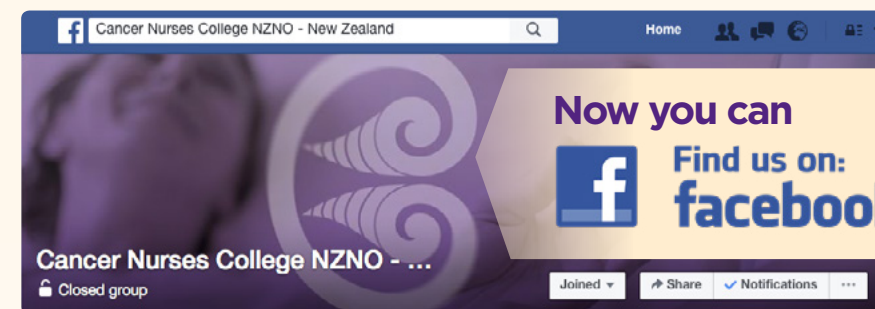
Save the date!

CNC NZNO Conference & BGM in conjunction with:
New Zealand Society for Oncology Conference
25 - 26 October 2019
Harbourside Function Centre, Wellington

Further details to be announced soon!



Keep an eye on the NZSO website for further information
<http://www.nzsoncology.org.nz/>



The Cancer Nurses College committee **INVITES ALL MEMBERS** to join us on the new 'Cancer Nurses College NZNO' Facebook Group.

Ask questions, share thoughts, ideas, research, innovative practice, or concerns.

 Click here to visit the page...

Click the 'Join Group' button and one of our lovely Admins will add you. Easy as that! Hope to see you there!



GUIDELINES FOR CONTRIBUTING TO CANCERNET...

Why contribute? Why publish?

- To share knowledge
- To advance your field of practice
- To disseminate key findings or opinions
- To contribute to policy debates

Introduction

Cancernet is a newsletter that is published three times a year by the New Zealand Nurses Organisation Cancer Nurses College. Cancernet aims to inform and encourage nurses managing people with cancer to share opinion, resources, clinical practice and continuing professional development.

Types of articles

All types of articles are welcomed and can include;

- *Opinion*
- *Clinical practice*
- *Case studies*
- *Continuing practice development*
- *Literature review*
- *Advanced study (e.g. BSc or MSc) write-ups*

Submitting your work

- Articles should be submitted in Microsoft Word via email to cancernursesnz@gmail.com
- Acknowledgement of receipt of your submission will then
- Acknowledgement of receipt of your submission will be sent by email.

Word count

Opinion articles should be between 700-1000 words long. However, clinical-based articles and literature reviews and advanced study articles, these can range from between 1,500 and 3,500 words, including references.

Illustrative and images

Authors must obtain permission for the use of illustrative material or images and ensure that this material is labelled and captioned.

Referencing

A recognised referencing system to be used. If the reference list is long, the reference list is available on request from the author.

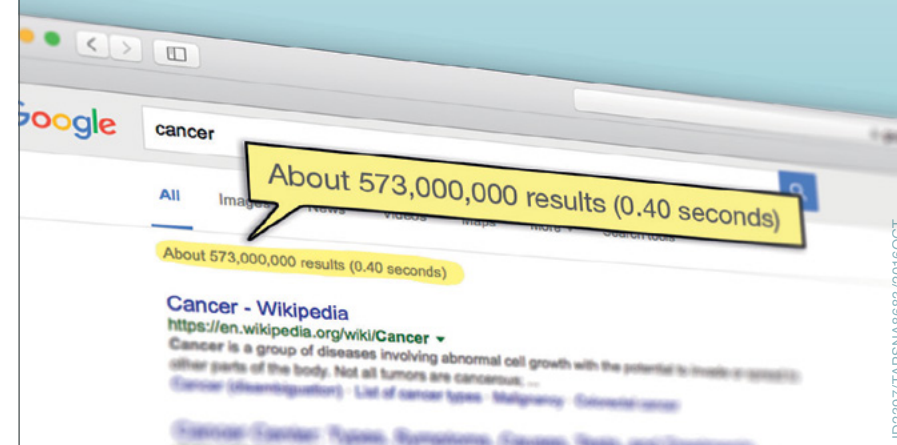


A Google search for cancer brings up over 570 million results.

For patients with specific cancers - where's a good place to start?

cancerinfo.co.nz

- | | | |
|--------------|-----------------|----------------|
| Blood Cancer | Breast Cancer | Ovarian Cancer |
| Bowel Cancer | Cervical Cancer | Skin Cancer |
| Brain Cancer | Lung Cancer | Stomach Cancer |



31 MAY – 4 JUNE, 2019
CHICAGO, USA
2019 ASCO Annual Meeting: Caring for every patient, learning from every patient

 [Click here for more information](#)

20 – 22 JUNE, 2019
MELBOURNE, AUSTRALIA
Cancer Nurses Society of Australia 22nd Annual Congress

 [Click here for more information](#)

21 – 23 JUNE, 2019
SAN FRANCISCO
MASCC/ISOO Annual Meeting

 [Click here for more information](#)

7 SEPTEMBER, 2019
BARCELONA, SPAIN
6th Lung Cancer & Mesothelioma Satellite Workshop

 [Click here for more information](#)

27 SEPTEMBER – 1 OCTOBER, 2019
BARCELONA, SPAIN
SAVE THE DATE: ESMO 2019 Congress

 [Click here for more information](#)

25-26 OCTOBER, 2019
WELLINGTON, NEW ZEALAND
CNC NZNO Conference & BGM in conjunction with: NZSO Conference

 [Click here for more information](#)

The 2018-19 Cancer Nurses College COMMITTEE



Back row Left to right: Katie Whytock, Rosie Howard, Felicity Drumm, Sarah Ellery and Kirstin Unahi
Front row left to right: Fiona Sayer and Jane Wright

Cancer Nurses College badges



are now available for purchase for \$8 each.

They can be purchased from CNC committee members or by emailing the committee on cancernursesnz@gmail.com and using internet banking.

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We welcome contributions to Cancernet.
Interesting stories, notices and photos relevant to our nursing community are always appreciated. Email us at

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