



College of Cancer Nurses, NZNO monthly news bulletin Friday 26 April 2019

Consultation

NZNO regularly seeks members input on a range of documents up for consultation. The listing is regularly updated and [can be found here](#)

[Australian and New Zealand Standard Research Classification \(ANZSRC\) Review](#)

NZNO seeks your feedback on this review which aims to ensure that the ANZSRC reflects current practice and is sufficiently robust to allow for long-term data analysis.

ANZSRC is the collective name for the three related classifications used in the measurement and analysis of research and experimental development (R&D) undertaken in Australia and New Zealand. The three constituent classifications are: Type of Activity (ToA), Fields of Research (FoR), and Socio-economic Objective (SEO).

Please see the attached document: [Australian and NZ Standard Research Classification Review 2019](#)

Please send feedback to jinny.willis@nzno.org.nz by 31 May 2019.

Posted in: [Consultations](#)

[Management of Hospital Medical Devices](#)

NZNO invites your feedback on the next phase of consultation regarding PHARMAC's management of hospital medical devices.

District Health Boards (DHBs), PHARMAC, suppliers and others are working towards a new way of managing medical devices used or supplied to people by DHBs, either in hospitals or in the community. This would see PHARMAC's role expand to include making funding decisions on these devices, as well as medicines.

PHARMAC is seeking our feedback on whether we agree or disagree with what they propose and how they can address issues we may identify.

Please find the consultation document attached here:

www.pharmac.govt.nz/devices

Please send feedback to policyanalysts@nzno.org.nz by **21 June 2019**

Posted in: [Consultations](#)

[Organ Donors and Related Matters Bill](#)

NZNO seeks your feedback on this bill which aims to increase New Zealand's deceased organ donation and transplantation rates. It would amend multiple Acts but will do two main things:

- create an agency overseeing organ donation by expanding the functions and role of the New Zealand Blood Service and
- adjust the compensation available for live donors while they recuperate from surgery particularly those who return to work part-time or donate overseas.

Please find the bill attached below:

https://www.parliament.nz/en/pb/bills-and-laws/bills-proposed-laws/document/BILL_85177/organ-donors-and-related-matters-bill

Please send feedback to diana.cookson@nzno.org.nz by 9 May 2019.

NZ News (general)

[When cancer is missed: The scars and the healing](#)

Dunedin teacher Natalie Yeoman, 66, says she would be "gob smacked" if what happened to her was repeated with anyone else. Her breast cancer, missed on two routine breast screens, was incurable by the time she was diagnosed. But that's not all that went wrong. Here Elspeth McLean outlines the missteps, and Yeoman explains how her search for answers revealed the importance of getting full information, and the healing power of apology.

[When cancer is missed: The gaps in the screening system](#)

Our breast screening system has limits that those using it might be best to know, Elspeth McLean reports.

[When cancer is missed: The power of apology](#)

Apologies can provide powerful benefits, Elspeth McLean writes.

Natalie Yeoman is mystified by the failure of a senior Southern District Health Board radiologist to apologise to her.

Chemo/radiation therapies

van Beusekom MM, Cameron J, Bedi C, et al

[Communication skills training for the radiotherapy team to manage cancer patients' emotional concerns: a systematic review](#)

BMJ Open 2019;9:e025420. doi: 10.1136/bmjopen-2018-025420

Objectives Many cancer patients experience high levels of anxiety and concern during radiotherapy, often with long-lasting effects on their well-being. This systematic review aims to describe and determine the effectiveness of communication skills training (CST) for the radiotherapy team (RT) to improve conversations in this setting and to support patients with emotional concerns.

Complementary/alternative therapies

[Complementary, alternative medicine use high in cancer patients](#)

(HealthDay)—One-third of patients with cancer and cancer survivors report using complementary and alternative medicine (CAM), and many do not disclose use to physicians, according to a research letter published online April 11 in JAMA Oncology.

Gynaecological cancers

Sekse, RJT, Dunberger, G, Olesen, ML, Østerbye, M, Seibæk, L. **Lived experiences and quality of life after gynaecological cancer—an integrative review.** J Clin

Nurs. 2019; 28: 1393– 1421. <https://doi.org/10.1111/jocn.14721>

Aim and objectives

To review the literature on Nordic women's lived experiences and quality of life (QoL) after gynaecological cancer treatment.

Background

While incidence and survival are increasing in all groups of gynaecological cancers in the Nordic countries, inpatient hospitalisation has become shorter in relation to treatment. This has increased the need for follow-up and rehabilitation.

Head and neck cancer

This article is not freely available but may be sourced from databases available via the NZNO library or those of a DHB or educational institution

Predictors of weight loss during and after radiotherapy in patients with head and neck cancer: A longitudinal study

European Jnl of Oncology nursing

[April 2019](#) Volume 39, Pages 98–104

Purpose

Weight loss is a multifactorial condition that commonly affects patients receiving radiotherapy for head and neck cancers. The aims of this study were to 1) describe body weight changes over time in patients receiving radiotherapy for head and neck cancers and 2) explore the influence of pretreatment weight loss, body mass index (BMI) category, symptom burden, mucositis, and nutritional support on body weight changes over time.

Palliative care

Strengthened palliative care service between hospital and hospice

Patients admitted to hospital with a serious illness will now receive more support from palliative care specialists.

Impact of comprehensive hospice palliative care on end-of-life care: a propensity-score-matched retrospective observational study

Michael S.C. Conlon, ... et al

doi: 10.9778/cmajo.20180148

cmajo April 4, 2019 vol. 7 no. 2 E197-E202

Background: Access to hospice palliative care may improve quality of life, reduce the use of potentially aggressive end-of-life care and allow for death to occur outside of an acute care hospital. The aim of this study was to examine the impact of an ambulatory hospice palliative care program on end-of-life care compared to care received by a matched control group of deceased patients.

Primary care

Primary Care Nursing Is Essential to Fully Implement Survivorship Care Plans for Long-term Cancer Survivors and Their Families

Garcia-Vivar, Cristina, RN, PhD; Elizondo, Nerea, RN, MSc; Ambrosio, Leire, RN, PhD
Cancer Nursing: [May/June 2019 - Volume 42 - Issue 3 - p 177–178](#)

The number of long-term cancer survivors is growing globally.¹ This new health scenario requires the implementation of a comprehensive care approach that supports the efforts of cancer survivors and their families to manage the physical and psychosocial sequelae of cancer and late effects of treatments while at the same time promotes their health and well-being in living beyond cancer.² The request to meet such needs of cancer survivors was first addressed in 2005 in the report From Cancer Patient to Cancer Survivor: Lost in Transition, published by the Institute of Medicine of the United States.³ Supporting the Institute of Medicine initiative, the Centers for Disease Control and Prevention, the Lance Armstrong Foundation for cancer survivorship, and other oncology associations around the world recommended the implementation of a survivorship care plan (SCP) to enhance communication and care coordination among cancer survivors and health professionals. However, although initiatives and demonstration models of cancer care have been implemented on different continents to support long-term survival, the lack of actual continuity and integrated care delivery remains a weakness in many health systems.^{2,4} This lack of long-term care continuity contributes to a feeling of “being lost in transition” in some survivors, many of whom report a reduced quality of life and well-being.

Prostate cancer

Men's knowledge on prostate cancer needs improving

UBC researchers have determined the majority of men struggle when it comes to understanding the diagnosis and treatment of prostate cancer.

Psychology

[Nurses Must Adapt to Meet the Needs of a Diverse Patient Population](#)

www.oncnursingnews.com/

Therefore, at the time of admission, it is important that **nurses** ask if patients are receptive to counseling, because getting the **news** of a cancer ...

Urological cancers

This article is not freely available but may be sourced from databases available via the NZNO library or those of a DHB or educational institution

Quality of Life in Non-Muscle-Invasive Bladder Cancer Survivors

A Systematic Review

Jung, Ahrang, PhD, RN; Nielsen, Matthew E., MD, MS, FACS; Crandell, Jamie L., PhD; Palmer, Mary H., PhD, RN, FAAN, AGSF; Bryant, Ashley Leak, PhD, RN-BC, OCN; Smith, Sophia K., PhD; Mayer, Deborah K., PhD, RN, AOCN, FAAN

Cancer Nursing: [May/June 2019 - Volume 42 - Issue 3 - p E21–E33](#)

Background Non-muscle-invasive bladder cancer (NMIBC) represents approximately 75% of newly diagnosed patients with bladder cancer. Non-muscle-invasive bladder cancer survivors have unique chronic burdens including frequent recurrences, repeated surveillance cystoscopies and treatments, and the highest lifetime medical cost per person among all cancers.

Youth / adolescent patients

[Many young cancer patients regret initial treatment decisions](#)

(Reuters Health) - Most teens and young adults with cancer want a voice in how their tumors are treated, but almost one in four express regret about the initial treatment decisions made, a small study suggests.

The following articles are not freely available in full text but should be available via a DHB library, the NZNO library or resources offered through an academic library readers may have access to. Check databases such as CINAHL or Proquest.

Wellbeing (physical and spiritual)

[Insomnia common among cancer patients](#)

(Reuters Health) - Roughly half of patients with cancer have symptoms of insomnia, and many may have sleep problems that linger for at least a year, a small study suggests.

Health, safety and wellness

[Personal resilience: developing and drawing on your own resources](#)

As 2019 began and you reviewed the stresses and successes of the previous year, you may have resolved to try to meet the challenges of the year ahead more resiliently. In this learning activity, we'll review perspectives on personal resilience, and its potential – and limits – for your professional life.

[Using the THRIVE Program to Teach Self-Care to Oncology Nurses](#)

Cancer Network

When nurses think of personal protective equipment (PPE), things like latex ... chair yoga, breathing, art, journaling, guided imagery, and spirituality.

[5 ways to re-energise on a night shift](#)

For many nurses and midwives working night shifts, it can be challenging to keep energy levels up and remain mentally alert. The ANMJ suggest five ways to re-energise and combat night shift fatigue [here](#).

International news

[Helping more Australians find cancer early](#)

A new website is helping people with intellectual disability get the right support and information to find and prevent cancer.

General articles

[Study estimates economic burden of smoking on cancer treatment](#)

A study released today in JAMA Network Open reported that smoking after a cancer diagnosis is associated with substantial additional costs of cancer treatment.

[Caring for an older adult with cancer comes with emotional challenges for caregivers, too](#)

The number of informal caregivers who look after older adults with cancer is on the rise. Caregivers could be relatives, partners, or even friends who provide assistance to people in order to help them function.

[Mayo Clinic trains nurses on signs of CAR T-cell adverse events](#)

A multidisciplinary task force at the Mayo Clinic in Jacksonville, Fla., is focused on preparing nurses from the intensive care and pediatric bone marrow transplant units to deal with the potential adverse effects of chimeric antigen receptor T-cell therapies, as outlined in a poster presentation at a meeting of the Oncology Nursing Society. CAR T-cell treatments may result in cerebral edema and cytokine release syndrome, and the task force educated nursing staff on how to detect and manage early symptoms and signs of adverse events.

[Oncology Nurse Advisor](#) (4/11)

The following articles are not freely available in full text but should be available via a DHB library, the NZNO library or resources offered through an academic library readers may have access to. Check databases such as CINAHL or Proquest.

Çakmak S, Nural N. **Incidence of and risk factors for development of oral mucositis in outpatients undergoing cancer chemotherapy.** *Int J Nurs Pract.* 2018;e12710. <https://doi.org/10.1111/ijn.12710>

The aims of the study are to determine the incidence of oral mucositis, the stage of the condition, risk factors, and other oral complications in patients receiving outpatient chemotherapy and to evaluate the factors that have an impact on these.

Tuominen, L. , Stolt, M. , Meretoja, R. and Leino-Kilpi, H. (2018), **Effectiveness of nursing interventions among patients with cancer: An overview of systematic reviews.** *J Clin Nurs.* Accepted Author Manuscript. doi:[10.1111/jocn.14762](https://doi.org/10.1111/jocn.14762)

Aims and objectives

To explore nursing interventions used among patients with cancer and summarise the results of their effectiveness. The ultimate goal was to improve the quality of care and provide best evidence for clinicians to refer to while developing effective nursing interventions.

Background

Nursing interventions refer to actions that nurses take with the aim of improving the well-being of people with cancer-related health and care needs. A plethora of systematic reviews has been conducted in this research area, although with scattered results. We conducted a comprehensive review to identify and summarise the existing evidence.

Ministry of Health

Bowel Cancer Quality Improvement Report 2019

Published online:

05 March 2019

The report measures the quality of care and outcomes for people diagnosed and treated for bowel cancer in New Zealand and provides a baseline for ongoing quality improvement. This publication presents the first results using the Ministry's National Collections to calculate quality performance indicators for bowel cancer.

The primary audience for this publication includes those who deliver care to people with bowel cancer and manage the delivery of health services.

The report identifies opportunities to drive quality improvement in bowel cancer diagnosis and treatment services leading to better outcomes for people with bowel cancer.

The above bulletin has been compiled by Linda Stopforth, SNIPS, on behalf of College of Cancer nurses, NZNO.

It is provided on the first Friday of each month and contains an overview of news items, articles and research papers of interest to the Section members.

All links are current at the time of being compiled and distributed.

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For feedback please contact your section administrator: Rosanne.Grillo@nzno.org.nz

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