



**College of Cancer Nurses, NZNO monthly news bulletin  
Friday, 29 November 2019**

**Section message**

**Consultation**

NZNO regularly seeks members input on a range of documents up for consultation. The listing is regularly updated and full information [can be found here](#).

**Sexual Violence Legislation Bill**

NZNO welcomes your feedback on this Bill, which aims to reduce the re-traumatisation of sexual violence victims during court proceedings through increasing the variety of ways complainants could give evidence in court. **Due 24 January 2020.**

**Proposed draft revision to Guidelines to the Mental Health (Compulsory Assessment and Treatment) Act 1992**

The inquiry into Mental Health and Addictions He Ara Oranga identified the Mental Health Act (Compulsory Assessment and Treatment) Act 1992, as needing urgent revision. **Due 13 December 2019.**

**Understanding digital literacy for health and disability providers in NZ**

We are seeking feedback to inform the Ministry of Health on nurses' understanding of how the health and disability sector has incorporated digital tools and platforms. We would love to hear from you about what people already know and what they feel they lack. **Due 13 December 2019.**

**Proposed new approach to disposal authorisation for health information**

NZNO welcomes your feedback on a new approach to disposal authorisation being tested by Archives New Zealand using health sector information. **Due 16 December 2019.**

**Proposed changes to paracetamol warning and advisory statements**

Medsafe is seeking comments on proposed changes to current warning and advisory statements for paracetamol. **Due 24 January 2020.**

**CALL FOR NOMINATIONS  
Election to the ISNCC Board of Directors  
2020 Executive & Portfolio Positions**

The International Society of Nurses in Cancer Care (ISNCC) are calling for nominations to the Board of Directors, and are seeking nominations from individuals interested in opportunities to be involved in ISNCC, at Board level. Individuals with experience working with ISNCC or national cancer nursing societies, with experience relevant to the advertised portfolios are encouraged to nominate.

Nominees need:

- a good command of written and spoken English,
- access to electronic and telephone communication and
- be prepared to travel at least annually for Board of Directors meetings.

Nominators must be a member of a national cancer nursing society in his/her country, a member of a national nursing society, or a regional / international oncology nursing society (e.g. CNC Committee, NZNO, ISNCC), and working in the field of cancer nursing. Self-nominations are eligible.

Official voting on the nominated directors will take place after the nominations deadline by full members of ISNCC. These positions will commence on July 1<sup>st</sup>, 2020.

### Open Executive Positions

- President-elect
- Treasurer-Secretary

### Open Portfolio Positions

- Conference Management Committee Chair
- Policy and Advocacy Committee Chair

For more detailed information and nominations form please click on the links below.

[Nominations Information](#)

[Nominations Form](#)

Should you have any questions about this please contact:

Leya Duigu, Association Manager, [info@isncc.org](mailto:info@isncc.org).



## Call for Expressions of Interest (Nurse Authors)

**Apply to receive editorial support to publish your manuscript!**

The ISNCC Editorial Assistance Program (EAP) is a new program that aims to mobilize volunteers to provide editorial support to authors from a non-English speaking background in preparation of their manuscript towards submission to a peer-reviewed journal. This initiative forms part of ISNCC's efforts to enhance knowledge dissemination at a global level.

ISNCC is accepting applications from prospective nurse authors for the initial pilot trial of the program in 2020. Prospective authors need to have a manuscript related to cancer control currently in progress.

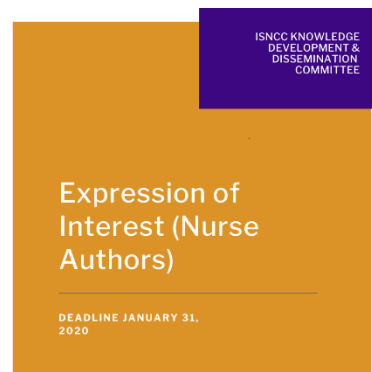
Eligibility criteria for the author:

- Be a nurse and member or global citizen of ISNCC;
- Be from a low- to middle-income country as defined by the World Bank;
- Reside in a country or region where English is not the primary language;
- Be able to submit a partially or fully complete draft of the manuscript as part of the application:
- The content of the manuscript must be directly related to cancer control.
- For research or quality improvement project reports, the project must be completed prior to applying for the program.
- Be committed to complete the manuscript over a period of 3-6 months.

To express interest, please fill in this [Online Expression of Interest Form](#), and email your draft manuscript to Professor Ray Chan, via email [raymond.chan@qut.edu.au](mailto:raymond.chan@qut.edu.au).

Expression of interest applications without a draft manuscript will not be considered.

Deadline for Expressions of Interest is: **31<sup>st</sup> January 2020**.



## Bowel cancer

### Whanganui bowel screening programme aims to improve Māori health outcomes

Whanganui District Health Board is aiming for the highest bowel screening rates for Māori across the country. [Read more](#)

### Bowel cancer screening programme rollout presents 'significant challenges'

Canterbury health authorities aim to have the National Bowel Screening Programme (NBSP) up and running by May or June 2020, but there are caveats. [Read more](#)

### Fewer Kiwis will die of bowel cancer if new screening tool introduced - study

Introducing flexible sigmoidoscopy screening into the national bowel screening programme would significantly reduce both the incidence and mortality of bowel cancer in New Zealand, new University of Otago research reveals. [Read more](#)

### Independent Assurance Review for the National Bowel Screening Programme

On 8 August 2018, the Ministry of Health published an independent review endorsing the continued roll-out of National Bowel Screening Programme, with some improvements. [Read more](#)

*The article below is not freely available, but may be sourced from databases available through the NZNO library or those of a DHB or educational institution.*

### A service evaluation of specialist nurse telephone follow-up of bowel cancer patients after surgery

Guy Mole, ... et al. British Journal of Nursing, Vol. 28, No. 19: 1134-1138.

#### Introduction:

The NHS Long Term Plan has called for a reduction in the number of outpatient appointments to reduce pressure on hospital services and increase ease of access for patients. This article presents a service evaluation of an innovative, nurse-led telephone follow-up service for a group of elective bowel cancer patients following surgery.

#### Methods:

The records of patients who underwent surgery over a 2-year period were accessed to determine the number of telephone follow-ups and other investigations.

This was used to model the potential cost saving for commissioners against traditional clinic follow-up. Patient satisfaction was assessed by the European Organisation for Research and Treatment of Cancer questionnaire on Outpatient Satisfaction in 30 patients.

#### Results:

- feedback on the service was overwhelmingly positive, with
- patients praising the care received from the specialist nurses, but
- also commenting on increased continuity of care, ease of access and convenience.

The service also potentially creates significant savings for commissioners as the agreed tariff for nurse telephone follow-up is significantly less than the outpatient tariff.

#### Discussion:

This innovative follow-up system is well liked by patients and should provide savings for commissioners. The hospital also benefits from an increase in capacity to see new or more unwell patients, and a reduction in carbon emissions. Such a service, however, is dependent on people, and although it has functioned effectively in this department for approximately 20 years, it would only be generalisable to other units if staff had appropriate expertise.

## Breast cancer

### 6 Tips to Help Breast Cancer Patients Through Depression

My breast cancer diagnosis was an extreme blow. One minute I was a healthy and happy 47-year-old woman. The next, I had a tumour that could take me away from my school-aged children far too soon. My providers were amazing in how fast they moved. Within days I saw:

- two surgeons,
- two reconstruction specialists,
- a DNA specialist,
- a nutritionist,
- a radiologist, and
- multiple oncologists.

We made a plan quickly and I was strong and positive enough to fight, or so I thought. [Read more](#)

### **Hyperbaric oxygen may relieve radiation cystitis symptoms**

A recent study published in *The Lancet Oncology* may reveal a new way to treat patients with radiation cystitis symptoms. [Read more](#)

*The article below is not freely available, but may be sourced from databases available through the NZNO library or those of a DHB or educational institution.*

**Impact of chemotherapy on symptoms and symptom clusters in postmenopausal women with breast cancer prior to aromatase inhibitor therapy.** Li, H, Sereika, SM, Marsland, AL, Conley, YP, Bender, CM. *J Clin Nurs.* 2019; 28: 4560-4577 <https://doi.org/10.1111/jocn.15047>

#### **Aims and Objectives:**

To examine and compare the differences in symptoms and symptom clusters between postmenopausal women with early-stage breast cancer who did and did not receive chemotherapy prior to aromatase inhibitor (AI) therapy.

#### **Background:**

Women with breast cancer often experience multiple concurrent symptoms during AI therapy. The burden of symptoms prior to AI is associated with nonadherence to cancer treatment. To date, few studies have comprehensively explored the symptoms and symptom clusters occurring prior to AI therapy.

### **Chemo/radiation therapies**

#### **Quality of Life Is Similar in Older Patients Receiving Intensive vs Non-intensive Chemotherapy**

No differences in patient-reported quality of life (QOL), anxiety, or depression were found in older patients with [acute myeloid leukemia \(AML\)](#), who were treated with intensive or non-intensive chemotherapy. According to results from a longitudinal study published in *Leukemia*. Additionally, these patients experienced improved QOL and anxiety while undergoing chemotherapy, regardless of regimen intensity. [Read more](#)

### **Colorectal cancers**

Regional multidisciplinary team intervention programme to improve colorectal cancer outcomes: study protocol for the Yorkshire Cancer Research Bowel Cancer Improvement Programme (YCR BCIP). Taylor J, Wright P, Rossington H on behalf of YCR BCIP study group, *et al. BMJ Open* 2019;9:e030618. doi: 10.1136/bmjopen-2019-030618.

#### **Introduction:**

Although colorectal cancer outcomes in England are improving they remain poorer than many comparable countries. Yorkshire Cancer Research has therefore established a Bowel Cancer Improvement Programme (YCR BCIP) to improve colorectal cancer outcomes within Yorkshire and Humber, a region representative of the nation. It aims to do this by quantifying variation in practice, engaging with the colorectal multidisciplinary teams (MDTs) to understand this and develop educational interventions to minimise it and improve outcomes. [Read more](#)

*The article below is not freely available, but may be sourced from databases available through the NZNO library or those of a DHB or educational institution.*

**An assessment of survivorship care needs of patients with colorectal cancer: The experiences and perspectives of hospital nurses.** Witte, H, Handberg, C. *J Clin Nurs.* 2019; 28: 4310– 4320.

#### **Purpose:**

To describe and analyse hospital nurses' experiences and perspectives of needs assessment in relation to colorectal cancer patients' survivorship care and rehabilitation needs.

#### **Method:**

The methodology and design of this study was phenomenological-hermeneutic, and the analysis was performed by Ricoeur's theory of interpretation. Twelve hospital nurses working within the care of patients with colorectal cancer participated in four focus group interviews, between February–March 2018. Focus group interviews were recorded, transcribed and analysed. The study adhered to the COREQ checklist.

## Exercise

### **Exercise Should Be Prescribed to Cancer Survivors**

(HealthDay News) Exercise should be prescribed for cancer survivors, according to recommendations published in the November issue of *Medicine & Science in Sports & Exercise* and an article published online Oct. 16 in *CA: A Cancer Journal for Clinicians*. [Read more](#)

## Gynaecological cancers

### **Māori Women Three Times More Likely to Die of Cervical Cancer**

“Depth of Inequity is Unacceptable & Unethical”

The death rates of Māori women to cancer is a national disgrace - Māori are three times likely to die than non-Māori. [Read more](#)

### **Twenty-five years of learning to combat cervical cancer**

According to the World Health Organization, cervical cancer is the fourth most common type of cancer affecting women worldwide. Currently, early screenings of pre-cancerous tissues and vaccination have proven to be the most effective treatment strategies. However, the lack of such interventions in developing nations has led to its high occurrence. Among the Southeast Asian nations alone, India has the highest incidence rate of cervical cancer. [Read more](#)

*The article below is not freely available but may be sourced from databases available via the NZNO library or those of a DHB or educational institution*

**Education, income and occupation and their influence on the uptake of cervical cancer prevention strategies: A systematic review.** Murfin, J., Irvine, F., Meechan-Rogers, R. and Swift, A. (2019), *J Clin Nurs*. Accepted Author Manuscript. <https://doi.org/10.1111/jocn.15094>

To report a systematic review of the literature exploring how education, income and occupation influence the uptake of cervical screening and HPV vaccination among eligible women in developed countries, including the United Kingdom, United States, Spain, Germany and Norway.

#### **Background**

Cervical cancer remains a highly prevalent disease despite it being largely preventable through cervical screening and HPV vaccination. Incidence and mortality of cervical cancer are unequally distributed among socioeconomic groups, warranting research into how individual socioeconomic factors contribute to this unbalanced uptake of prevention strategies.

## Lung cancer (incl. smoking)

### **Tobacco cessation programs may up quit rates in cancer patients**

(HealthDay) Enrolling actively-smoking oncology patients into a comprehensive tobacco cessation program may help patients sustain long-term abstinence from smoking and improve their cancer treatment outcomes, according to a study recently published in *JAMA Network Open*. [Read more](#)

### **Cardiorespiratory Fitness May Improve Lung Cancer Outcomes**

HealthDay News - Higher cardiorespiratory fitness is associated with a lower risk for [lung cancer](#) incidence in former smokers and a reduced risk for cancer mortality in current smokers diagnosed with lung cancer, according to a study published in the *American Journal of Preventive Medicine*. [Read more](#)

## Nursing

*The article below is not freely available but may be sourced from databases available via the NZNO library or those of a DHB or educational institution.*

**The impact of Clinical Nurse Specialists on the decision making process in cancer multidisciplinary team meetings: A qualitative study.**

Wallace I, Barratt H, Harvey S, Raine R. *Eur J Oncol Nurs*. 2019 Dec; 43:101674. doi: 10.1016/j.ejon.2019.101674. Epub 2019 Oct 13.

There are well-documented barriers to nurse participation in cancer multidisciplinary team (MDT) meetings. This paper aims to identify the approaches used by Clinical Nurse Specialists (CNSs) in this setting to contribute during discussion, and to consider the impact of these approaches on

the decision making process. In doing so, it aims to highlight ways that CNSs can increase their influence, and enhance multidisciplinary engagement.

## **Pancreatic cancer**

### **Experiences and supportive care needs of UK patients with pancreatic cancer: a cross-sectional questionnaire survey**

Watson EK, Brett J, Hay H, *et al.* *BMJ Open* 2019;9:e032681. doi: 10.1136/bmjopen-2019-032681

#### **Objectives:**

Patients diagnosed with pancreatic cancer have the poorest survival prognosis of any cancer. This survey aimed to describe their experiences of care and supportive care needs to inform future service provision. [Read more](#)

## **Prostate cancer**

### **Prostate cancer 'super responders' could live for two years or more on immunotherapy**

Some men with advanced prostate cancer who have exhausted all other treatment options could live for two years or more on immunotherapy, a major clinical trial has shown. [Read more](#)

*The articles below is not freely available but may be sourced from databases available via the NZNO library or those of a DHB or educational institution*

### **Prostate cancer survivorship priorities for men and their partners: Delphi consensus from a nurse specialist cohort.**

Ralph, N. F., ... *et al.* (2019), *J Clin Nurs*. Accepted Author Manuscript. <https://doi.org/10.1111/jocn.15096>

#### **Aims & Objectives:**

To describe the prostate cancer survivorship experience and priorities from the perspective of prostate cancer specialist nurses (PCSNs).

#### **Background:**

Specialist nurses are providing long-term survivorship care to men and their partners however, few prostate cancer survivorship interventions are effective and priorities for nurse-led survivorship care are poorly understood.

### **Investigating the effect of a symposium on sexual health care in prostate cancer among Dutch healthcare professionals.**

Grondhuis Palacios, LA, Hendriks, N, den Ouden, MEM, *et al.* *J Clin Nurs*. 2019; 28: 4357– 4366. <https://doi/abs/10.1111/jocn.15012>

#### **Aims and objectives:**

To investigate whether a symposium aimed at healthcare professionals in the uro-oncological field changes knowledge, competence and general practice regarding sexual dysfunction after prostate cancer treatment.

#### **Background:**

Sexual dysfunction is not frequently discussed by healthcare professionals; lack of knowledge and training are two of the most often reported barriers. Provision of additional training could improve knowledge, competence and general practice of healthcare professionals.

## **Screening programmes**

### **How is cervical cancer screening information communicated in UK websites? Cross-sectional analysis of content and quantitative presentation formats.**

Okan Y, Smith SG, Bruine de Bruin W. *BMJ Open* 2019;9:e029551. doi: 10.1136/bmjopen-2019-029551

#### **Objectives:**

1. To investigate whether UK websites about cervical cancer screening targeted to the public include:
2. information about benefits and risks of screening, possible screening results and cervical cancer statistics,
3. quantitative presentation formats recommended in the risk communication literature, and 3. appeals for participation and/or informed decision-making. [Read more](#)

## General articles

### A 'metaphor menu' for cancer patients launched by researchers

The first manual of expressions describing cancer has been developed by researchers to help patients make sense of their disease. [Read more](#)

### Cancer doctors hesitate to discuss fertility issues with young women

(Reuters Health) Although cancer doctors know it's important to talk about fertility concerns with young women patients they may feel uncomfortable and unprepared to discuss the issue, a study in Canada suggests. [Read more](#)

**Patient safety culture among European cancer nurses - An exploratory, cross-sectional survey comparing data from Estonia, Germany, Netherlands, and United Kingdom.** Sharp, L, Rannus, K, Olofsson, A, Kelly, D, Oldenmenger, WH; on behalf of the EONS RECaN group. J Adv Nurs. 2019; 75: 3535– 3543. <https://doi.org/10.1111/jan.14177>

#### Aim:

To explore the differences in perceived patient safety culture in cancer nurses working in Estonia, Germany, the Netherlands, and the United Kingdom.

#### Conclusion

Patient safety culture, as reported by cancer nurses, varies between European countries and contextual factors, such as recognition of the nursing role and education have an impact on it. Cancer nurses' role in promoting patient safety is a key concern and requires better recognition on a European and global level. [Read more](#)

## Publications and reports

### Breast Cancer Research Review, Issue 27

What are the risks of breast cancer among transgender persons? And what other issues need to be considered to ensure effective and safe access to breast cancer screening and treatment for the transgender community? In this issue guest expert, **Erica Whineray Kelly** discusses two papers considering these issues. [Read more](#)

*The above bulletin has been compiled by Linda Stopforth, SNIPS, on behalf of College of Cancer nurses, NZNO.*

*It is provided on the last Friday of each month and contains an overview of news items, articles and research papers of interest to the Section members.*

*All links are current at the time of being compiled and distributed.*

*This bulletin is for members of the College of Cancer nurses and must not be reproduced without written permission from NZNO CCN*

*For feedback please contact your section administrator:*

### Where to find SNIPS



Twitter - [@snipsinfo](#)



Facebook – [Snips Info](#)

**Linda Stopforth, BA, Dip Bus; NZLSC, RLIANZA**

PO Box 315 WELLINGTON 6140

PH: 04-383-6931 or 021-107-2455

email: [stop4th@xtra.co.nz](mailto:stop4th@xtra.co.nz)



**SNIPS**

**Stop4th Nursing Information Provision Service**

Providing information to nurses and allied health professionals