



College of Cancer Nurses, NZNO monthly news bulletin Friday 28 June 2019

Consultation

NZNO regularly seeks members input on a range of documents up for consultation. The listing is regularly updated and [can be found here](#)

Support Workers (Pay Equity) Settlements Amendment Bill

NZNO invites your feedback on this Bill which aims to address historical inequalities and ensure support workers receive fair pay. The Bill seeks to do this by clearly defining the role of support workers, clarifying that mental health and addiction support workers are included. The bill would give effect to elements of the following settlement agreements:

- the Ministry of Social Development and Ministry for Vulnerable Children, Oranga Tamariki (Care and Support Workers Pay Equity) Settlement Agreement (see
 - <https://www.msd.govt.nz/documents/what-we-can-do/providers/msd-and-mvcot-care-and-support-workers-pay-equity-settlement-agreement.pdf>,
 - <https://www.orangatamariki.govt.nz/assets/Uploads/News/2017/Care-and-Support-Workers-Pay-Equity-Settlement-Agreement-2.pdf>) and
 - the Mental Health and Addiction Support Workers (Pay Equity) Settlement Agreement 2018
https://www.health.govt.nz/system/files/documents/pages/mental_health_and_addicti_on_support_workers_pay_equity_settlement_agreement_2018.pdf

New pay rates would be related to the qualification held by support workers. Employers would receive government funding to facilitate new pay rates and back payment of previously underpaid employees.

[Please view the Bill here:](#)

Please send feedback to policyanalysts@nzno.org.nz by 18 July 2019

Posted in: [Consultations](#)

Cultural competence, partnership & health equity: MCNZ review

The Medical Council is reviewing the existing statements on *Cultural Competence* and *Best practices when providing care to Māori patients and their whanau* (last reviewed in 2006). Both documents have been revised to reflect current guidance and to provide greater clarity on the required standards of cultural competence and provision of culturally-safe care. The draft revised documents the council would like feedback on are:

Statement on cultural competence and the provision of culturally-safe care and Achieving best health outcomes for Māori: a resource.

[Please feedback directly to the Medical Council via an online survey](#) by 10 July 2019.

NZ News (general)

[Teen cancer survivors struggling since charity closed regional branches](#)

Two young cancer survivors say they have been left struggling after a national charity closed its regional offices, including New Plymouth and Palmerston North, as part of a cost-saving reorganisation.

[Government to fund \\$4.9m over five years for cancer immunotherapy research](#)

Cancer immunotherapy research offering new hope to cancer patients in New Zealand has received a financial boost from the Government.

[Clinical trial now open in five centres](#)

A clinical trial that's now recruiting patients in Waikato, Tauranga, Rotorua, Palmerston North and Wellington will test the ability of a cheap, widely available drug to prevent two of chemotherapy's most unpleasant side-effects.

Bowel cancer

[Further delays rolling out national bowel cancer screening programme could mean thousands go undiagnosed](#)

The national bowel screening programme, designed to detect bowel cancer in its early stages, is to be delayed yet again.

[Patients at 'unnecessary risk of death' from bowel cancer test process](#)

Bowel Cancer New Zealand says failures with the country's bowel screening programme are putting patients at risk of "unnecessary deaths".

[Northland study finds more than a quarter of bowel cancer surgery patients suffered a complication](#)

Doctors are pushing for the health system to invest in ways of reducing surgical complications in bowel cancer patients.

Breast cancer

[Breast Cancer Foundation to fund scalp cooling for patients](#)

Breast Cancer Foundation NZ (BCFNZ) has announced funding for up to 10 scalp cooling systems worth \$500,000 in public hospitals around New Zealand.

[Listening to music reduces symptom severity, pain intensity in breast cancer patients](#)

A European Journal of Cancer Care study found that listening to music at home reduced the severity of symptoms, pain intensity, and fatigue experienced by patients with breast cancer.

[Tart cherry shown to decrease joint pain, sore muscles in some breast cancer patients](#)

Tart cherry reduces the musculoskeletal effects of aromatase inhibitors in patients with non-metastatic breast cancer, according to new findings.

[Unhealthy gut promotes spread of breast cancer, study finds](#)

An unhealthy, inflamed gut causes breast cancer to become much more invasive and spread more quickly to other parts of the body, new research from the University of Virginia Cancer Center suggests.

[The link between breast implants and a rare form of cancer](#)

A rise in the incidence of anaplastic large-cell lymphoma is being linked to textured silicone breast implants. Breast implants have been making headlines as both France and Canada ban use of textured versions of the devices because of concerns about risks to health.

[Many women do not know alcohol is breast cancer risk factor](#)

A UK survey conducted at a breast cancer screening program and symptomatic breast clinics found 19.5% of patients and 48.5% of staff identified alcohol as a breast cancer risk, researchers reported in [BMJ Open](#). Patients said an intervention focused on preventing breast cancer would not make it less likely they would attend screening mammograms or breast clinics, but both patients and staff were concerned about talking about alcohol and risk factors for breast cancer in a nonstigmatizing way.

[Physician's Briefing/HealthDay News](#)

[Clinical Insights in Metastatic Breast Cancer](#)

"We don't need to be negative at every visit, but we need to be honest and not set false expectations." Find out what the experts had to say about patient communication strategies. Also, find out about recent FDA approvals for the treatment of metastatic breast cancer.

This article is not freely available but may be sourced from databases available via the NZNO library or those of a DHB or educational institution

Edward, K, Chipman, M, Stephenson, J, Robinson, K, Giandinoto, J-A, Trisno, R.

Recovery in early stage breast cancer—An Australian longitudinal study.

Int J Nurs Pract. 2019;e12747. <https://doi.org/10.1111/ijn.12747>

The majority of breast cancer patients will experience some level of emotional distress, with some patients having long-term psychological maladjustment. Personal and social resources play a role in recovery yet the interplay between these factors warrants further examination. This study aimed to investigate the interaction of psychosocial factors impacting women in their breast cancer trajectory, at 2 years or less following diagnosis (stages I-III).

Complementary/alternative therapies

[Unique case of cannabis hyperemesis syndrome in palliative care](#)

The medical use of cannabis is growing. Medical marijuana may improve symptoms including pain and anorexia. While it may improve nausea and vomiting, it can rarely cause a hyperemesis syndrome with chronic use. Because this is a rare syndrome, case reports are important. A new case study has surprisingly shown that stopping cannabis use may not be necessary to alleviate cannabis hyperemesis syndrome. The case study and a review of the current literature on cannabis hyperemesis syndrome are published in Journal of Palliative Medicine.

Gastroesophageal cancers

This article is not freely available but may be sourced from databases available via the NZNO library or those of a DHB or educational institution

Gastroesophageal cancer patients need earlier palliative intervention - Using data to inform appropriate care

Lee, Amanda et al.

European Journal of Oncology Nursing, Volume 40, 126 - 130

To evaluate demographics of survival in patients with gastroesophageal cancer so that it informs nursing practice.

Gynaecological cancers

['Alarming' slide in southern cervical screening rate](#)

A steep drop in the number of southern women taking part in the cervical cancer screening programme is "alarming" and must be addressed, a cancer specialist says.

[Study shows major real-world impact of cervical cancer vaccines](#)

LONDON, June 26 (Reuters) - Vaccination against the virus that causes almost all cervical cancer is having a major impact on stopping infections and should significantly reduce cases of the disease within a decade, researchers said on Wednesday.

This article is not freely available but may be sourced from databases available via the NZNO library or those of a DHB or educational institution

Acceptability of human papillomavirus self-sampling for cervical cancer screening in under-screened Māori and Pasifika women: a pilot study

Naomi Brewer, Sunia Foliaki, Collette Bromhead, Ioana Viliamu-Amusia, Litia Peleforti-Gibson, Tegan Jones, Neil Pearce, John D Potter, Jeroen Douwes
NZMJ 21st June 2019, Volume 132 Number 1497

In Aotearoa/New Zealand, there are long-term major ethnic inequalities in cervical-cancer screening, incidence and mortality, with Māori and Pacific women having lower screening and higher incidence and mortality rates than...

Head and neck cancer

[Oncology Nurses Are Key in Head and Neck Cancer Care](#)

www.oncnursingnews.com/

The role of the oncology **nurse** is vital when it comes to treating patients with head and neck cancer, explained Michael G. Moore, MD, director of head.

Hospice nursing

[Early plans can improve quality of life for hospice patients](#)

Careful documentation of a hospice patient's end-of-life wishes - and prominently noting that information in health records early - could prevent unwanted hospitalizations and medical interventions, a new study suggests.

Lung cancer (inc smoking)

McCutchan G, Hiscock J, Hood K, *et al*

[Engaging high-risk groups in early lung cancer diagnosis: a qualitative study of symptom presentation and intervention preferences among the UK's most deprived communities](#)

BMJ Open 2019;**9**:e025902. doi: 10.1136/bmjopen-2018-025902

Objectives: People at high-risk for lung cancer—current/former smokers, aged 40+ years, with serious lung comorbidity (ie, chronic obstructive pulmonary disease) and living in highly deprived areas—are more likely to delay symptom presentation. This qualitative study aimed to understand the influences on early presentation with lung cancer symptoms in high-risk individuals and intervention preferences.

Nursing

These articles are not freely available but may be sourced from databases available via the NZNO library or those of a DHB or educational institution

Observations of the communication practices between nurses and patients in an oncology outpatient clinic

Prip, Anne et al.

European Journal of Oncology Nursing, Volume 40, 120 - 125

Effective communication in cancer care and treatment is linked to better health outcomes, improved treatment adherence, and improved quality of life for cancer patients. While the characteristics of effective communication have been identified, there is sparse knowledge about the current conditions for providing effective communication especially within the outpatient clinical context, where the majority of cancer patients are currently being treated. This study aimed to explore communication practices between nurses and patients undergoing chemotherapy in an outpatient clinic to gain insight into how patients are supported in this setting.

Pain management

[Listening to music may ease cancer patients' pain](#)

(Reuters Health) - Listening to music at home may reduce cancer patients' pain and fatigue and ease symptoms like loss of appetite and difficulty concentrating, according to research in Taiwan.

[1 in 3 Survivors Still in Pain Years After Cancer Treatment](#)

Years after undergoing cancer treatment, about 1 in 3 cancer survivors — which represents about 5 million Americans — report that they are still in pain. Half of them say the pain is severe enough to limit their lives and their ability to work.

Palliative care

[The development and implementation of a clinical skills matrix to plan and monitor palliative care nurses' skills](#)

Khalil, Hanan et al.

Collegian, Volume 0, Issue 0

To develop and implement a region wide skills matrix for palliative care and district nurses in rural Victoria in order to identify and address individual learning needs and appropriate professional development strategies based on the Australian National Palliative Care Standards. This study is the first in a series of papers discussing and evaluating the development and implementation of a skills matrix. Future papers will report on participants' data reporting.

The following item is not freely available in full text but should be available via a DHB library, the NZNO library or resources offered through an academic library readers may have access to. Check databases such as CINAHL or Proquest.

Barriers to ideal palliative care in multiple care settings: the nurses' point of view

Madeleen J Uitdehaag, Rebecca K Stellato, Peter Lugtig, Thirza Olden, and Saskia Teunissen

International Journal of Palliative Nursing, Vol. 25, No. 6: 294-305.

Background:

Nurses and certified nursing assistants (CNA) have a crucial role in 24/7 continuity of palliative care for many vulnerable patients and families, however, their perspective has been largely omitted in reported barriers to palliative care.

Aim:

To describe barriers to ideal palliative care that are specific to nurses and CNAs working in all care settings.

Prostate cancer

[World's first clinical guidance on anal sex after prostate cancer treatments](#)

UK doctors and surgeons have formulated what is probably the world's first clinical guidance on anal sex before, during, and after diagnosis and treatment for prostate cancer. This consensus guideline, which is aimed at clinicians as well as gay and bisexual men with prostate cancer, recommends that men should abstain from receiving anal sex for a period of time before, during, and after certain tests and cancer treatments. It also warns of possible risks to sexual partners from [exposure to radiation](#). The guidance is being presented at the UK Imaging and Oncology congress in Liverpool, and funded by Health Education England (HEE) in partnership with The National Institute for Health Research (NIHR).

Screening programmes

[Women more likely to have mammogram if encouraged by spouse, nurse](#)

Women who lack knowledge about mammography are more likely to have the test if encouraged by their spouse or a nurse, a study published in the Journal of Medical Imaging and Radiation Sciences found. About 69% of Nigerian women surveyed had limited knowledge of breast cancer, and less than 40% of health care practitioners had recommended a screening in the last six months.

[AuntMinnie \(free registration\)](#)

[Independent review of national cancer screening programmes in England: interim report of emerging findings](#)

“Professor Sir Mike Richards is leading a major overhaul of national cancer screening programmes as part of a renewed drive to improve care and save lives. This interim report calls for practical measures to be used across the NHS to make screening more convenient and reverse the longstanding decline in the proportion of people being tested.” *Source: NHS England*

Urological cancers

Mason SJ, Downing A, Wright P, et al

[Life and bladder cancer: protocol for a longitudinal and cross-sectional patient-reported outcomes study of Yorkshire \(UK\) patients](#)

BMJ Open 2019;9:e030850. doi: 10.1136/bmjopen-2019-030850

Introduction Little is known about the impact of bladder cancer (BC) and its treatments on health-related quality of life (HRQL). To date, most work has been small in scale or restricted to subsets of patients. Life and bladder cancer is a cross-sectional and longitudinal study collecting patient-reported outcomes within two distinct cohorts.

Health, safety and wellness

The following item is not freely available in full text but should be available via a DHB library, the NZNO library or resources offered through an academic library readers may have access to. Check databases such as CINAHL or Proquest.

Wilczek-Rużyczka, E, Dębska, G, Pasek, M, Zwierzchowska, M. **The mediational effect of coherence on the relationship between mental load and job burnout among oncology nurses.** *Int J Nurs Pract.* 2019;e12736. <https://doi.org/10.1111/ijn.12736>

The purpose of this study was to determine the mediational effect of coherence on the relationship between mental load and job burnout among oncology nurses.

Background

Working stress and strain cause high mental load and can lead to job burnout among oncology nurses. Sense of coherence protects against the negative consequences of occupational mental load and may prevent professional burnout.

Ministry of Health

[Selected Cancers 2015, 2016, 2017](#)

Summary

These tables present registration data for 10 selected cancers in New Zealand for 2015, 2016 and 2017. Numbers and rates of cancer registrations are presented by ethnic group, age group and sex.

Data is sourced from the New Zealand Cancer Registry. In this edition, data for 2015 and 2016 was extracted and recalculated to reflect ongoing updates to data in the New Zealand Cancer Registry. For this reason numbers and rates may differ from those presented in previous cancer publications and tables. Data for 2017 is provisional and subject to change.

Professional development

2019 Oceanic Palliative Care Conference

Location: Perth, Western Australia

Venue: Perth Convention and Exhibition Centre (21 Mounts Bay Road)

Date: 10 September 2019 12:00am to 13 September 2019 12:00am

The biennial [Oceanic Palliative Care Conference](#), 19OPCC, formerly known as the Australian Palliative Care Conference, is the pre-eminent event in the Oceanic region for anyone who is interested in quality palliative care at the end of life.

Don't miss out on your chance to attend this unrivalled personal development opportunity and to network with industry leaders from the Oceanic region.

At 19OPCC, you will:

- have the opportunity to meet more than 900 other attendees
- interact with the decision makers of today, the future leaders of tomorrow, those who influence policy and the people involved in the latest palliative care research
- engage in a great social and self-care program
- participate in a variety of workshops and site-visits to provide in-depth learning experiences.
- The 2019 conference will be held in the beautiful location of Perth, Western Australia at the Perth Convention Centre from 10 – 13 September 2019.

[Registrations](#) are now open. Visit oceanicpallcare.com for more information.

The above bulletin has been compiled by Linda Stopforth, SNIPS, on behalf of College of Cancer nurses, NZNO.

It is provided on the last Friday of each month and contains an overview of news items, articles and research papers of interest to the Section members.

All links are current at the time of being compiled and distributed.

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