



22nd August 2023

Dear Member of the New Zealand Gynaecological Oncology Group,

We have two exciting initiatives for women with ovarian cancer that we'd like to bring to your attention.

Counsellor Facilitated Support Groups

Our monthly online peer support groups are conducted over Zoom (with the option to dial in via phone). These groups provide a safe space to connect with other women with ovarian cancer under the guidance of an experienced counsellor.

With both newly diagnosed and general groups, any women with a diagnosis of ovarian cancer (including borderline tumours) is welcome to participate, regardless of disease status.

Patients can self refer via our website: cureouvariancancer.org/nz/support/support-group/ or you can make a referral via office@cureouvariancancer.org.

Please note that the groups are not a substitute for one on one psychological support and we are unable to provide acute care.

Free holiday Home Stays to rest, recuperate and create lasting memories

We've partnered with TimeOut, a charity giving any woman with life-limiting ovarian cancer (such as stage 4 or recurrent/progressive disease) free holiday home accommodation. We provide a \$200 cash grant to make this opportunity as accessible for these women as possible.

Please find more information on our website: cureouvariancancer.org/nz/support/holiday-homes/

The holiday home service is also available to other gynaecological cancer patients through TimeOut if your patient can provide a medical letter stating their disease is life-limiting.

We would appreciate your assistance in sharing this information with your colleagues and ovarian cancer patients.

Thank you for your dedication to providing the best possible care to your patients. Together, we can create a network of support that empowers and uplifts women affected by ovarian cancer.

Ngā mihi nui,

A handwritten signature in blue ink, appearing to be "Jane Ludemann", written in a cursive style.

Jane Ludemann, Founder - Cure Our Ovarian Cancer

Cure Our Ovarian Cancer is New Zealand's only dedicated ovarian cancer charity. We're committed to supporting women living with ovarian cancer, raising awareness of ovarian cancer, advocating with women and leading change, and funding transformational research.