







CCYN Newsletter, Autumn/Winter 2019 Edition

CCYN Committee 2019

Back Row L to R: Katie, Olivia, Emma, Marg, Jackie & Kath Front Row: Michelle, Sarah & Anna



NZ Child Health Nursing Knowledge and Skills Framework





Contact CCYN via

secretary.ccyn@gmail.com

From the Committee...

Kia ora, Talofa lava, Malo e lelei, Fakaalofa atu, NamasteWelcome to the first newsletter of 2019! We hope that the start of the year has been a positive one for all our members.

As you can see the CCYN Newsletter finally has a name "TimeOut" which really needs no further explanation, we hope you approve! The newsletter will be published three times a year; Autumn, Winter and a Spring/Summer edition and we warmly welcome contributions from members of CCYN on anything related to child health.

The CCYN Committee have been very busy preparing for the year ahead and are delighted to welcome new members Anna Hamed and Michelle Adams to our committee this year. Katie Mullord who was seconded to fill an open position last November has also taken up a permanent role.

Our first face to face meeting in March involved creating a work plan for the year ahead. A key component of this work plan involves the review of the New Zealand Child Health Nursing Knowledge and Skills framework that was first released in 2014. The purpose of this framework is to establish the essential generic knowledge and skills nurses need to consistently deliver age appropriate, high quality, safe and effective care to children and their families.

As members of CCYN we are calling on all of you to become actively involved in this review and provide feedback on areas you think may require shaping and progressing to ensure applicability. The intended audience for this framework is you! Whatever your role, this framework needs to have relevance and utility if we are to continue to shape the specialist nursing care that children are entitled to.

Over the next few months please look out for opportunities to have your say. Remember, feedback doesn't have to be in the format of a long essay, a few lines or bullet points are just as useful and gratefully received. The same applies to feedback for submissions.

In addition to the Knowledge and Skills Framework review, members of the committee have been busily planning for the next CCYN Symposium being held in October in beautiful Hawkes Bay. The theme, 'Back to the Future: Building on Foundations' will provide an exciting platform for our presenters to share new initiatives and ideas. The day provides an invaluable opportunity to network with others who share a passion for child health.

We look hearing from you throughout the year, feel free to email us or contribute to discussions through our Facebook page anytime.

Ngā mihi nui

Sarah & Michelle, on behalf of CCYN Committee





Well Child Tamariki Ora Programme Review

National News



Tamariki Ora Dr Ashley Bloomfield the Director-General of Health announced in November 2018 that Well Child The Tamariki Ora programme was to be reviewed to ensure children have the best chance to develop during their early years The Well Child Tamariki programme is an essential platform for ensuring child wellbeing by delivering essential universal health care to New Zealand children and providing vital health checks to all children under five years of age.

The Ministry intends to co-lead the Well Child Tamariki Ora Review with DHB partners and with Māori to strengthen Tamariki Ora services. The Review will include input from Well Child Tamariki Ora providers and other agencies, including the Ministry of Education and Oranga Tamariki. The review will help the health system identify what's working in Well Child/Tamariki Ora, what it is that we can improve. It is being co-led by DHBs and Māori, with input from Well Child/Tamariki Ora providers and other Government agencies. The first changes to Well Child Tamariki Ora are expected to be in place from 1 July 2020. Please direct your feedback and queries about the Review to wcto@moh.govt.nz

And More:





The Office the of Children's Commissioner and Oranga Tamariki recently released their joint report: 'What makes a good life?' It provides an overview of feedback from more than 6,000 children and young people, commissioned as part of the wider public engagement to inform the Child and Youth Wellbeing Strategy. This report was collaboration between the Office of the Children's Commissioner and Tamariki—Ministry Oranga for Children. The Department of the Prime Minister and Cabinet asked the Office of the Children's Commissioner and Oranga Tamariki to gather information from children and young people to ensure their voices were heard in the development of the Child Youth Wellbeing Strategy, consistent with obligations under the Children's 2014. Act Along, with responses from online survey, it includes feedback from faceto-face interactions with those whose voices are less often heard; for instance, children with disabilities and young people in alternative education centres or youth justice system. Check it out here: What makes a good life?

CHILD POVERTY ACTION GROUP

Our vision is an Aotearoa where all children flourish free from poverty, He kai tahu me kikini, he kai tahu me tīhore, mā te tamaiti te iho. Check out their website and reports here https://www.cpag.org.nz/





Beyond NZ - Global Bulletin 🤒



In January 2016 the United Nations Goals for Sustainable Development (SDG's) came into effect; the SDG's were adopted by all the world's governments at the United Nations in 2015, and they will guide global development until the year 2030. The seventeen goals include issues such as ending poverty and hunger, reducing inequality, quality education for all, health, housing, clean water and sanitation. The SDG's are an urgent call for action by all countries developed and developing - in a global partnership. They recognise that ending poverty and other deprivations must go hand-in-hand with strategies that improve health and education, reduce inequality, and spur economic growth all while tackling climate change and working to preserve our oceans and forests.

The SDGs are universal in scope and impact every aspect of a child's wellbeing; their call to leave no-one behind puts the world's most vulnerable and marginalized people – including children – at the top of the agenda.

If you would like to learn more about the SDG's and how they relate to child health outcomes here are some interesting articles and links for you:

- Blomstedt, Y. (2018) Partnerships for child health: capitalising on links between the sustainable development goals. BMJ; 360 doi: https://doiorg.ezproxy.aut.ac.nz/10.1136/bmj.k125
- Kawharu, M. (2015) Aotearoa: shine or shame? A critical examination of the Sustainable Development Goals and the question of poverty and young Māori in New Zealand. Journal of Global Ethics, 11:1, 43-50, DOI: <u>10.1080/17449626.2015.1010098</u>
- Taylor, S. (2015) From MDG to SDG: good news for global child health? The Lancet, 386, Issue 1000
- T Boerma, J Requejo. (2018) Countdown to 2030: tracking progress towards universal coverage for reproductive, maternal, newborn, and child health. The Lancet, 391 Issue: 10129
- https://www.un.org/sustainabledevelopment/sustainabledevelopment-goals/
- http://oursdgs.nz/
- https://data.unicef.org/children-sustainable-development-goals/

Sarah Williams **CCYN Committee**



East Pier Hotel, Napier http://eastpierhotel.co.nz/



CCYN Symposium 2019

We are delighted to share with you the location and theme for the 2019 CCYN Symposium.

When: Friday 18th October 2019

Where: The symposium will be held in beautiful Hawkes Bay at East Pier Hotel in Napier. The hotel is situated just a five-minute drive from Napier airport and a two-minute drive from the CBD.

Time: 08:30 - 16:30

Theme: 'Back to the future, Building on Foundations'

Cost: \$100 members; \$150 non-members

More Upcoming Conferences and Study Opportunities...



Dunedin is the venue for the **Australasian Nurse Educator Conference** (ANEC) this year. *Further details can be found here:* ANEC 2019



The Paediatric Society of New Zealand

71st Annual Scientific Meeting will be held on the 19th – 22nd November at the QBE Stadium, Albany, Auckland. *For more details visit:* Paediatric Society of New Zealand



2nd International Maternal and Child Health Conference. November 4th – 5th, 2019 – Porto, Portugal. *Click <u>here</u> for more details*



International Conference on Public Health 2019

(ICOPH 2019) which will be held from 10^{th} – 12^{th} July 2019 in Kuala Lumpur, Malaysia. Follow this \underline{link}





College of Child & Youth Nurses, Scholarship Application

A scholarship is available for registered nurses working in the area of child/youth health, who wish to attend an international/national conference relating to child/youth health.

Criteria for scholarship

- Applicants must be a NZ resident, current member of the NZNO and CCYN national section member for a minimum of one year with current levy paid in full.
- Applicants are required to fully complete the application form
- Applicants are required to present to the committee an outline of the conference and their professional objectives for attending, including why attending is pertinent to their area of practice and how it will benefit his/her client group.
- Agreement to provide a written report for the CCYN newsletter within three months of attending.
- Applications must be submitted at least 2 months prior to the intended conference to allow sufficient time for consideration and processing

Scholarship administration

- The Scholarship will be a sum of up to \$500.00, twice a year, to be divided amongst eligible applicants at the committee's discretion. If there is only one applicant, he/she will not necessarily receive full scholarship. If the first \$500 for the year is not allocated, this will be transferred to the second application for the year. The total amount of funds to be awarded each year is \$1000.
- Priority of funds allocation will be given to first time applicants and those who have not received the scholarship in the previous 3 years.

To make an application please contact: secretary.ccyn@gmail.com

NZNO Nursing Awards 2019

Don't forget to nominate your colleagues for the 2019 NZNO National Awards! Categories:

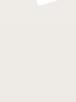
- Service to NZNO
- Service to Nursing/Midwifery
- Award of Honour

Nominations close Friday 7 June 2019

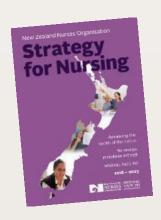
https://www.nzno.org.nz/get involved/conference and agm/awards

Leaving No One Behind - Health For All









The strategy can be found here: https://www.nurses.org.nz/

NZNO Strategy for Nursing & CCYN

NZNO launched the NZNO Strategy for Nursing in March 2018. The Strategy was written by Eldred Gilbert, NZNO Visibility of Nursing Project Lead, arising from extensive consultation and review of the literature. The strategy recognises the importance of nurses in advancing the health of the nation, and is intended as "a key tool to resolve structural and systemic barriers that impede nursing effectiveness in Aotearoa, New Zealand. The conceptual model comprises five sections:

Our community Whanaungatanga
 Model of Care Manaakitanga
 Equity Oritetanga
 Leadership Rangatiratanga
 Nursing workforce Te Ohu Māori

And three themes:

- Disparity: Inequities regarding the distribution of resources
- Critical mass outcomes: The number of nurses and skill mix required to achieve timely desired health
- Waste: Referring to the multitude of ways that opportunities for health gain are lost (under-resourcing/omission/delay/innovation not used at scale or evaluated/disseminated, etc.

The Strategy contains over 90 strategic action points that NZNO identifies as important to advancing the health of the nation. The CCYN committee has identified a number of these as being important to advancing the health of children and youth, and of improving the capacity of nurses to do so. These include:

Page 26:

- Advocate for an inter-sectoral approach to long-term conditions and their management and prevention across the lifespan
- Advocate for increased investment to achieve a critical mass of RNs able to assess, prescribe and promote respiratory health and other long-term conditions through better prevention, detection, treatment and education
- Advocate for the reduction of poverty and sub-standard housing, as these are often a high-risk factor for acute and ongoing respiratory illness
- NZNO will use a partnership approach to advocate for population groups who do not access disability services as readily as others.

Page 33:

- (Will work with external stakeholders to ensure) the evolution of the Whānau Ora model of care is promoted, involving Māori nurses who work to the fullest extent of their scope of practice
- dissemination of best practice examples of Māori nursing models of practice

Page 45:

- Support flexible and innovative models of care, enabling nurses to better meet the needs of people living in poverty
- Advocate for change in health and social policy settings to promote improvement in the determinants of health.
- Support greater investment in upskilling of nurses in mental health and addictions

Page 47:

 Advocate for greater nurse involvement in early intervention for mild to moderate mental health conditions, e.g. extend the primary mental health credentialing programme to school-based health care and well child/tamariki ora nurses

Page 73:

- Advocate for a 50 per cent increase in the number of public health nurses by 2020.
 The critical mass of this workforce must be increased so it can make a difference to health outcomes for vulnerable families in Aotearoa New Zealand.
- Work with the MoH to review contract specifications for public health nurses to enable these nurses to work to their full potential

Marg Bigsby, NZNO Professional Nursing Advisor & CCYN Committee Member





2018 Feedback Wordle



CCYN Symposium 2018 – 'Doing Things Differently'

The 2018 CCYN symposium was, once again, a resounding success with over seventy registrations and just about a full house! Our annual symposium is always a very collegial affair and offers a fabulous opportunity to both network and catch up with old friends and workmates who share a passion for child health.

All our speakers were fantastic, offering an array of stimulating and motivational presentations throughout the course of the day. Below are just a few of the quotes drawn from the feedback:

"What a fantastic opening speaker. Very inspirational"

"Amazing to be in a room filled with so much passion"

"Very inspiring day. Made me go away and think about what differences I could make in my profession"

"Very best thing I attended all year"

"Stimulating and motivating. Lots to think about and discuss with team I work with"

Thank you to all those who made the day possible from the symposium organisers to the attendees... Bring on Napier 2019!



We hope you have enjoyed this First CCYN Newsletter for 2019 We welcome feeback on any improvements that you would like to see in future editions.

Email: secretary.ccyn@gmail.com

Recent MoH Child Health Publications:

National SUDI Prevention Programme: Needs Assessment and Care Planning Guide

Published 08 May 2019

National SUDI Prevention Programme: National Safe Sleep Device Quality Specification Guidelines

Published 08 May 2019

Annual Update of Key Results 2017/18: New Zealand Health Survey Published 05 April 2019

<u>Social, Emotional and Behavioural Difficulties in New Zealand Children: New Zealand Health Survey</u>

Published 06 June 2018

