



CCYN Committee 2019

Back Row L to R: Katie, Olivia,
Emma, Marg, Jackie & Kath
Front Row: Michelle, Sarah & Anna



Save the Date

CCYN AGM: 17th October
6pm, East Pier Hotel. Drinks
and Nibbles from 5pm. All
welcome, a great opportunity
to mix and mingle before the
symposium for those arriving
the night before.



Well Child Tamariki Ora
Programme Review

 **College of Child and
Youth Nurses NZNO**

Contact CCYN via
secretary.ccyn@gmail.com

From the Chair...

Kia ora, Talofa lava, Malo e lelei, Fakaalofa atu, Namaste

Welcome to the Spring edition of the College of Child and Youth Nurses newsletter. We hope you stayed warm over winter, and are enjoying the cherry blossoms that show spring really has arrived.

*It has been a busy few months for CCYN. We have loved welcoming Anna, Katie and Michelle as they have settled into their first year in the committee. We are preparing to say a sad farewell to Jackie, who has been our fantastic treasurer and committee member for four years. At the same time, we are looking forward to welcoming a new committee member at our AGM in October. **Please don't forget to vote**, you should have received correspondence via email from the College with details of the nominees and a voting link.*

The committee continues to work on the review of the Knowledge and Skills framework with our Plunket colleagues and look forward to sharing this with you in the not too distant future. Over recent months, we have also contributed to several submissions, including the Well Child Tamariki Ora Programme review and WorkSafe NZ: Managing the Risk of Violence in the Health and Disability Sector. We are proud to be helping inform policy discussion and change in a range of areas that relate to both child health, and to the nursing profession in New Zealand.

Both our AGM and Symposium are rapidly approaching on October 17th and 18th and we are so looking forward to seeing many of you there. Registrations for the symposium have opened, and we are thrilled to see the nationwide registrations coming in. We have a diverse range of speakers and content, and are hoping all attendees will walk away inspired in their nursing practice

In this Spring edition of the Newsletter, we are delighted to include conference feedback from two of our College members which I am sure you will find interesting, thank-you Leaha and Erica. If anyone would like to share their experiences about particular conference, they have attended that would be of relevance to our members, please do email us and we will consider adding it into the next newsletter.

We love hearing from you, please contact us with your thoughts, suggestions or feedback anytime. We are happy to be contacted via our Facebook page or our email account.

Olivia Sanders, Chairperson, CCYN



Measles

National News

The recent measles outbreak has to be the most dominant child health topic in the news at the moment. From 1 January 2019 to 16 September 2019 there have been 1277 confirmed cases of measles notified across New Zealand. 1064 of these confirmed cases are in the Auckland region.

Immunisation is the best way to protect against getting measles. Measles (MMR) vaccination is free to everyone under the age of 50 and is 99 percent effective after two doses.

Children in New Zealand normally get the MMR vaccine at 15 months and 4 years old as part of the national vaccine schedule. However, during this recent outbreak the first dose has been bought forward to 12 months for babies residing in the Auckland region.

To keep up to date with information, do visit the MOH website below, which is updated regularly.

[NZ MOH 2019 Measles Update Information](#)

MOH Report: Improving New Zealand's childhood immunisation rates

The above report was commissioned by the Ministry in May 2019 to explore the factors leading to declining immunisation rates and to inform the development of interventions and policy solutions to counter it. Published online this month, the report can be found [here](#).

And More: For Crying Out Loud!

The Power to Protect Programme

Paediatric abusive head trauma (AHT), more commonly known as Shaken Baby Syndrome, is an inflicted injury to the skull or intracranial contents of a young child. It is a significant cause of death and disability with major long-term social and economic consequences (the most recent estimate average lifetime cost per diagnosis is almost \$12 million dollars!).

The most common trigger for shaking a baby is crying. As we all know, every baby will cry, and this can be immensely frustrating. The Power to Protect programme focuses on teaching all caregivers about how to cope with a crying baby and about the dangers of shaking a baby.

The Power to Protect Programme provides a unique, evidence-based opportunity to provide effective, simple, and consistent education about crying infants and the harm caused by shaking a baby. It is information that every parent and caregiver of a baby needs to know, and has been shown to reduce the incidence of AHT.

Grace Shallard is National co-ordinator for the Power to Protect Programme. Please contact Grace if you would like further information, resources and training: grace.shallard@adhb.govt.nz

For more information visit:
<https://www.kidshealth.org.nz/never-ever-shake-baby>

Free e-learning module:
<https://learnonline.health.nz/enrol/index.php?id=290>





World Health Organization

2020 Year of the Nurse & the Midwife

Nursing Now



Beyond NZ - Global Bulletin



The year 2020 is going to be a significant one for the global nursing community. Not only is 2020 the official **Year of the Nurse and Midwife**, it is also the 200th anniversary of the birth of Florence Nightingale **AND** we will see the release of the first ever **WHO State of the World's Nursing Report (SoWN)**. This promises to be a very significant, seminal report that will feed and inform political discussion about nursing both within countries, and globally.

Developed in close collaboration with the International Council of Nurses (ICN) and the Nursing Now campaign, the SoWN report will not only provide valuable data on the global nursing workforce, but will also describe how the nursing workforce will help deliver Universal Health Coverage and the Sustainable Development Goals (SDGs). In addition, the Report will highlight areas for policy development for the next three to five years.

The decision by WHO to produce the first ever State of the World's Nursing Report is an exciting initiative and demonstrates the commitment that Dr Tedros, the Director-General of WHO, has to nursing.

"I have encouraged all countries to engage in policy dialogue around investment in the nursing and midwifery workforce as a means of strengthening people-centered care, creating quality employment opportunities for women and youth, and achieving universal health coverage..."

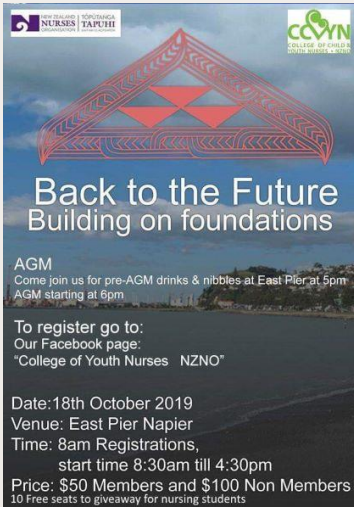
Dr Tedros, WHO DG.

The Report will be launched on the 7th April coinciding with World Health Day.

If you would like to know more about SoWN, the Global Nursing Workforce and nurse's role in achieving Universal Health Coverage, here are some useful links for you:

- https://www.observatoriorh.org/sites/default/files/webfiles/fulltext/2019/nhwa_july_miami/3_sc_sown_introduction.pdf
- <https://www.who.int/news-room/fact-sheets/detail/nursing-and-midwifery>
- https://www.who.int/hrh/nursing_midwifery/en/
- Schveitzer, M. C., Zoboli, E. L., & Vieira, M. M. (2016). Nursing challenges for universal health coverage: a systematic review. *Revista latino-americana de enfermagem*, 24, e2676. doi:10.1590/1518-8345.0933.2676
- <https://www.imperial.ac.uk/blog/ighi/2019/04/08/how-nurses-and-midwives-are-essential-to-achieving-universal-health-coverage/>
- WHO: [Enhancing the Role of Community Health Nursing for Universal Health Coverage](#)

Sarah Williams
CCYN Committee



Book Now! CCYN Symposium 2019

When: Friday 18th October 2019

Where: The symposium will be held in beautiful Hawkes Bay at East Pier Hotel in Ahuriri, Napier. The hotel is situated just a five-minute drive from Napier airport and a two-minute drive from the CBD.

Time: 08:30 – 16:30

Theme: 'Back to the Future, Building on Foundations'

Cost: \$50 members; \$100 non-members

Register now to be in the draw to win a \$20 Warehouse voucher – we have five to give away!

We are also offering 10 free places to student nurses, on a first come first served basis. To register follow the link [CCYN Symposium Registration](#)

For those wishing to stay at East Pier please visit their website:

<http://eastpierhotel.co.nz/>

More Upcoming Conferences and Study Opportunities...



Dunedin is the venue for the **Australasian Nurse Educator Conference (ANEC)** this year. *Further details can be found here:* [ANEC 2019](#)



The Paediatric Society of New Zealand

The Paediatric Society of New Zealand

71st Annual Scientific Meeting will be held on the 19th – 22nd November at the QBE Stadium, Albany, Auckland. *For more details visit:* [Paediatric Society of New Zealand](#)



ICCN2020

International Conference on Cancer Nursing

29 March – 1 April, 2020 London, United Kingdom

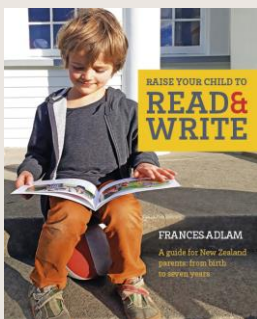
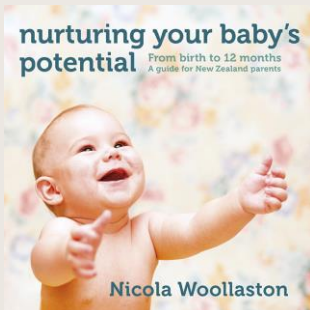
International Conference on

Cancer Nursing, March 2020, London, UK.

Conference theme: Innovation and Inspiration: Celebrating the Global Impact of Oncology Nurses. For more details click [here](#)



[Strategy on a Page: Child & Youth Wellbeing](#)



Child & Youth Wellbeing Strategy

The New Zealand Child and Youth Wellbeing Strategy, launched on 29 August 2019, sets out a shared understanding of what's important for child and youth wellbeing, what government is doing, and how others can help. As well as providing a unifying framework and programme of action, the Strategy also outlines how progress will be measured and reported on so that we can see the difference being made and where more work might be needed.

A dedicated and very informative new [Child and Youth Wellbeing](#) website has been created which has fully accessible versions of the Strategy documents. You are also able to subscribe to their newsletter.

As part of the Government's Child and Youth Wellbeing Strategy the Government has launched a trial free lunch in schools programme which it expects to extend out to 21,000 children once the policy is fully rolled out in two years' time. Starting next year, roughly 5000 Year 1-8 children across 30 schools in Rotorua and Hawke's Bay will receive a free lunch five days a week as part of the policy's trial. The Government is expecting those 30 schools will become 120 once the full policy is under way in 2021.

Giveaway Treat 🍪

One free copy of each of the following books is available to the first lucky reader to email: secretary.ccyng@gmail.com with the subject line: **CCYN Freebie.**

Nurturing Your Baby's Potential From birth to 12 months. Interaction and play are the keys to maximizing a baby's learning potential in the first year, ***Nurturing Your Baby's Potential*** is the ideal resource for parents and childcare professionals. Written by experienced child and hospital play specialist and mother of four, Nicola Woollaston, it is inspiring and practical, presenting the latest research on baby development along with more than 60 simple ideas and activities to stimulate children's development and learning.

Raise Your Child to Read & Write by Frances Adlam

Weaving together science-based evidence with her work in the field of education, Frances shows how, in this busy, technologically based world we live in, the way to grow a child's brain for success in reading and writing is based on child development principles of positive relationships, communication, language and self-expression. This is an indispensable guide for parents of children from birth to seven years, as well as an important resource for childcare professionals.

We are also able to offer CCYN members a 20% discount and free delivery within New Zealand. Special Price \$31.99 (Original price \$39.99) To obtain 20% discount and free delivery in New Zealand, order online at pottonandburton.co.nz and use the coupon code **CCYN19** at the shopping cart. Offer ends 20 December 2019.



Conference Reviews

'Don't Forget the Bubbles' 2019 Conference, London, UK.

If there's one thing that I've learnt in my few years as a nurse, it's that you never stop learning, and nor should you. I came into nursing after experiencing the patient journey, after having childhood cancer. My experience and love of learning motivated me to apply as a speaker for the 2019 paediatric conference 'Don't Forget the Bubbles'. For those of you not familiar with their work, [Don't Forget the Bubbles](#) are a group of Doctors who both run an annual conference as well as put out regular professional development articles about paediatric medicine.

My own presentation centered on the late effects of childhood cancer using Te Whare Tapa Whā as a model. The conference was themed 'The Journey', and although much of the content was acute care focused (trauma, burns, bronchiolitis), there was something for everyone. One of the most heartfelt presentations was a two-person presentation from one of the conference organisers and her friend, on the story of the friend's child being diagnosed and treated for paediatric cancer, and what it's like to be a Doctor supporting a friend when the patient is in your area of speciality.

There were also presentations that showed the incredible collaborations that have led to improved health outcomes. One of these was from a young man called [Amani Simpson](#) who ended up in a situation no one wants to see their child in up in, critically unwell in hospital fighting for his life after being stabbed. His journey led him into creating a film about his experience, and working with an Emergency Medicine Doctor on a campaign, working on solutions to curb the wave of knife-crime in the UK.

There were also presentations showcasing the latest research, particularly ones coming out of Australasia, sadly it often takes several years for new knowledge to work itself into everyday practice. The conference stimulated thoughts about how we might improve on this.

The concurrent sessions were all incredibly interesting, and I wish I could have gone to them all. One of the highlights for me was the one around paediatric assessment with a focus on dehydration, sepsis and respiratory issues. As a nurse working with a large paediatric population these issues are cornerstones of what I do every day during triage and treatment.

Some sessions really pushed me to the edge of my comfort zone, forcing me to think critically about issues such as anorexia, and sexually transmitted infections. These things are not easy fixes as the speakers emphasised, but there was helpful information given, and an opportunity to reflect on your own practice.

I would like to acknowledge the support of NZNO, Nursing Education Research Fund and Canterbury Regional Council, without whom my attendance at this conference would not have been possible.

Erica Donovan, CCYN Member, Christchurch.

Conference Reviews

'Making Children's Rights Real in Aotearoa New Zealand' Wellington, August 2019

On Wednesday 21st August 2019, Victoria University of Wellington Law Society, together with the Office of the Children's Commissioner hosted, Making Children's Rights Real in Aotearoa New Zealand Civil Society Seminar (2hrs) in Wellington.

The seminar was opened by Andrea Jamieson, the Chair of Action for Children & Youth Aotearoa (ACYA) which has recently been renamed, to: Children Rights Alliance Aotearoa. Save the Children New Zealand CEO, Heidi Coetzee facilitated the guest panel speakers.

It has been 30 years since the Convention of the Rights of the Child and 30 years since the commissioner for children was established. The seminar provided an opportunity to hear from children's rights experts and their different perspectives, as well as to have open discussions about children's rights and challenges faced in Aotearoa.

The audience was given an overview of the next reporting process to the UN Committee on the Rights of the Child and introduced to the child rights expert panel, named and pictured on the left.

Main points:

We should be very concerned about inequities and poverty children are facing, cultural identity and importance is critical. Reports by civil society and such organisations are critical in the process to ensure children's rights are upheld.

International human rights treaty bodies and the Child Rights Committee have only one Pacific Island representative; we need to step up and have a voice if we want to be heard. Children's perspectives need to be considered in every aspect of decision making. It was interesting to have the perspective of ACYA a not for profit society, legal, academic and the childrens commissioner on the Rights of the Child rather than purely a health focus.

Leaha North, CCYN Member, Hutt Valley DHB.

Upcoming Children's Rights Workshop - Auckland



Mon, 30 September 2019, 2:00 PM – 5:00 PM
Ellen Melville Centre
2 Freyberg Place
Auckland, CBD

Places are free but limited, register online [here](#)



From left: Associate Professor Nessa Lynch, Professor Laura Lundy, Professor Ursula Kilkelly, Commissioner Bruce Adamson, Justice Vui Clarence Nelson and Children's Commissioner, Andrew Beecroft.

We hope you have enjoyed this latest CCYN Newsletter. We welcome feedback on any improvements that you would like to see in future editions.
Email: secretary.ccyn@gmail.com