







CCYN Newsletter, Autumn/Winter 2020 Edition

CCYN Committee 2020

Back Row L to R: Anna, Katie, Michelle, Kath, Jo & Chris Front Row: Marg, Sarah & Emma



Save the Date!
CCYN AGM:

Monday 12th October, Butterfly Creek, Auckland.

Contact CCYN via
secretary.ccvn@amail.com

College of Child and Youth Nurses NZNO



From the Chair...

Kia ora, Talofa lava, Malo e lelei, Fakaalofa atu, Namaste

With every great adventure comes an ending, and I am writing to let you know that this column will be my final task in the Chairperson role for the College of Child and Youth Nurses. I have completed three amazing years on the CCYN committee, and two and a half in the Chair role. This was a role I never planned to sign up for, but now can't imagine the last almost three years of my life without it. With 2020 being the year of the Nurse and Midwife it feels like an excellent time to pass on the reins and allow other nurses the opportunities that I have had in my years in CCYN.

Nearly ten years ago I was completing my new graduate year, and my great friend and I presented at the CCYN conference, along with three of our paediatric nurse educator colleagues. We spoke about medication safety, and I remember being so terrified standing up in front of "real nurses with actual experience" when I had so little myself. Imagine my shock when a month or two later the Kai Tiaki came out with an article from the CCYN Chair at the time about our presentation, and about finding inspiration and immense value in new nurses. I remember feeling so proud, and have never forgotten her words. Since this time, I have worked with many students and new graduate nurses, and have learnt so much more from them than I am sure any of them have learnt from me! I am proud that in my final year in this role we have successfully put through a remit to allow student members to join CCYN, as we fully appreciate the enormous value that nursing students add to our nursing workforce. We have also provided several scholarship opportunities to student nurses and new graduates to attend our CCYN symposiums over the past three years.

My time in CCYN may be coming to an end, but I am leaving CCYN in the capable hands of a committee that I have been humbled to work alongside. With Sarah Williams taking over as Acting Chairperson in the lead up to our AGM and a wonderful team of nurses working alongside her, I know that you will continue to see great work from CCYN in the child and youth nursing landscape over the next few years.

Olivia Sanders, Chairperson, CCYN

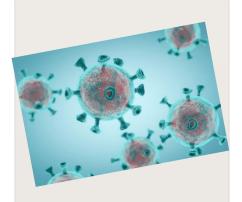
Thank-you Olivia, the committee are going to miss your warm, caring personality, your commitment and your passion very much, you have been an amazing Chair. Congratulations on the safe arrival of little Isabelle, look after yourself and enjoy this very special time.

Sarah Williams, Acting Chair, CCYN Committee



Mā tātau katoa e ārai atu te COVID-19

Unite against





National News

Covid-19....



The international impact of Covid-19 has been devastating. Not only have we witnessed huge numbers of people lose their lives but also the burden of caring that has been placed on our nursing colleagues world-wide. This is all the more poignant given 2020 is the International Year of the Nurse.

Fortunately, it appears that the number of cases of Covid-19 reported in children is considerably lower than adults. In May of this year the NZ Ministry of Health produced a report focused on Covid-19 in children which can be found here. The report provides an interesting summary of the current evidence relating to Covid-19 in children.

In its April 2020 policy brief, 'The Impact of Covid-19 on Children', the United Nations Sustainable Development Group, stated:

"Children are not the face of this pandemic. But they risk being among its biggest victims. While they have thankfully been largely spared from the direct health effects of COVID-19 – at least to date – the crisis is having a profound effect on their wellbeing. All children, of all ages, and in all countries, are being affected, in particular by the socio-economic impacts and, in some cases, by mitigation measures that may inadvertently do more harm than good. This is a universal crisis and, for some children, the impact will be lifelong".

The link to the Policy Brief can be found <a href="https://hee-purple.com/hee-pur

And More... NZ Health & Disability System Review...

In May 2018 the former Health Minister Dr David Clark confirmed the launch of a wide-ranging review designed to future-proof our health and disability services.

The resulting Health and Disability System Review final report was released this year in June. Led by Ms Heather Simpson and an expert panel, the review was charged with recommending system-level changes that would be sustainable and ultimately lead to better and more equitable outcomes for all New Zealanders.

Recommendations centre on the need for a clear accountability framework with stronger leadership at all levels. In addition, a more distinct focus and better reflection of te Tiriti principles. The full report and the executive summary can be found through the following link:

NZ Health and Disability System Review



An overview in te reo Māori is also available through the following link:

He tirohanga whānui













National News

Immunisation Update:

From the 1st October 2020 changes will be made to the National Immunisation Schedule, including the addition of a new vaccination event at 12 months of age. Click on the link below to find out more:

<u>Changes to the National Immunisation</u> Schedule

Additional immunisation resources will be revised for reissue in September 2020 and made available through HealthEd

The online Immunisation Handbook 2017 (2nd Edition) March 2018 has had another update too and is now version

Immunisation Handbook-2017 (updated)

Upcoming MMR Campaign:

Regional DHB-led campaigns aimed at improving measles immunity in those aged 15-30 years are due to be launched soon. Starting in late July, 2020 and extending until August, 2021, the aim is to increase awareness of the need for MMR vaccination. The campaign will focus on those aged 15-30 years; however, the Ministry of Health encourages GP practices to continue working to ensure that those outside this age range also receive two doses of MMR.

And More...

New Asthma Guidelines:

The National Respiratory Strategy: Te Hā Ora, is committed to ensuring health workers have the information and tools they need to provide high-quality advice and care to people with respiratory conditions. The Asthma and Respiratory Foundation of NZ have published links to new guidelines and resources on their website this year. New guidelines were released this year for child asthma and a review completed of the Assessment of Sleep Disordered Breathing in Childhood guidelines. To view the guidelines, follow the links below:

NZ Child Asthma Guidelines 2020

NZ Guidelines for Sleep Disordered Breathing

Dental Caries Research:

The Growing Up in NZ website contains really valuable information and literature relating to child health in NZ. This includes research articles, growing up reports, policy briefs and news feeds. A recent study around foods associated with dental caries is particularly interesting. The study has revealed the foods most associated with tooth decay in NZ children are white bread, fruit juice, refined breakfast cereals and sugar sweetened soft drinks.

Quote:

Dental caries is the leading cause of avoidable hospital treatment for children in this country and action is needed to ensure children do not have to endure potentially invasive oral surgery...Dr Katie Bach, Dentist For more information visit here









General CCYN Committee News

Upcoming AGM...

The CCYN 2020 AGM plus invited speakers, will be held on **Monday 12**th **October** between 1pm and 4pm at Butterfly Creek in Auckland. More details to follow, so please do check your emails and our Facebook page in the days to come. We are in the process of confirming two exciting speakers whose presentations will follow on from the AGM. Refreshments will be available and the option to Zoom in to both the AGM and presentation sessions.

CCYN Scholarship

The CCYN scholarship is available for registered nurses working in the area of child/youth health and are members of the CCYN, who wish to attend a conference relating to child/youth health or complete other professional development related to child/youth health. The value of the scholarship is up to \$500.

Scholarship closes on 7th August. Details can be found here.

NZ Child Health Nursing Knowledge and Skills Framework Review...

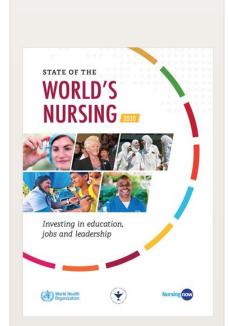
The Covid-19 lock-down period put a halt to some of the activities that were underway by the College, or scheduled to begin. One of these was the progression of the NZ Child Health Knowledge and Skills framework review with our Plunket colleagues. However, we are pleased to share with you that this work has now recommenced and an initial meeting held. We look forward to sharing our progress and gaining feedback from our members as we move forward with this important piece of work.

You can access the current Knowledge and Skills Framework here

Call for Nominations

CCYN has two upcoming vacancies on the committee and nominations will open very soon. We are seeking nominations for nurses working in child health who share a passion for championing the health and wellbeing of children/tamariki and young people/rangatahi in New Zealand. We are looking forward to being inundated with nominations and welcoming the new members in the near future!





Beyond NZ – Global Bulletin

SOWN: State of the World's Nursing Report

In April this year, the first ever State of the World's Nursing Report (SOWN) was released by the World Health Organisation (WHO) amid the Covid-19 pandemic. The report, written in partnership with the International Council of Nurses and Nursing Now, provides an in-depth look at the largest component of the health workforce, nursing. The findings identify important gaps in the nursing workforce and priority areas for investment in nursing education, jobs and leadership to strengthen nursing around the world and improve health for all.

The full SOWN report can be downloaded from the WHO website here. There is also an interesting online section which contains individual country profiles, presenting key statistics on the nursing workforce in each. The New Zealand specific data can be found here. Additional countries can be found under the SOWN Country Index.

Quote:

"Nurses are the backbone of any health system. Today, many nurses find themselves on the frontline in the battle against Covid-19. This report is a stark reminder of the unique role they play, and a wakeup call to ensure they get the support they need to keep the world healthy."

Dr Tedros Adhanom Ghebreyesus, WHO Director General



In May this year the International Council of Nurses announced its support for the Nobel Peace Prize nomination for two Austrian nurses Marianne Stoeger and Margaret Pissarek.

After graduating from nursing school in Innsbruck, Austria, Marianne and Margaret started working at Sorokdo National Hospital on Sorok Island in Jeollanamdo, South Korea in the 1960s treating leprosy patients and their families. The two nurses continued to volunteer and live for the next four decades on Sorok Island until they returned to Austria in November 2005. At a time when people with leprosy were treated with fear, suspicion and cruelty, these two nurses showed exceptional compassion for their patients. A video outlining their amazing work and commitment can be found here.

Information and calls for support for this Nobel Peace Prize nomination are contained within an <u>informative brochure</u> produced by the Korean Nurses Association (KNA). For more information on how you can support this nomination, go to the <u>KNA website</u>





Events and Education...



Your Health New Zealand is running a School and Youth Nurse one-day symposium on Monday 28th September, for more information check out their website here



Werry Workforce Whāraurau offer a variety of resources and webinars on child and adolescent mental health topics. These were extremely popular during the recent lock-down. Many of these events have been recorded are now loaded on their website: www.werryworkforce.org — if you are searching, look at the menu under Events > Event Presentations to view



Runanga Whakapiki Ake i te Hauora o Aotearoa Health Promotion Forum of New Zealand

Webinar: Monday 24th August 2020; 11-12.30pm

Key aspects of effective Māori Health Promotion – tools to help improve Māori health outcomes.

To register and for more information follow the link here Cost: \$29-\$49 member/non-member



NZNO Conference and AGM 2020 16 - 17 September 2020

NZNO 2020 Conference and AGM online.

Wednesday 16 September

Conference is open to NZNO members and non-member nurses, health professionals, and anyone with an interest in nursing.

Wednesday 17 September

AGM is open to NZNO members

If you have any queries please email conference@nzno.org.nz