

Cypress

Volume 5, Issue 13



http://www.nzno.org.nz/groups/colleges/college_of_child_youth_nurses

Editorial

Kia Ora Koutou

We have made it through another winter and although the reality is we are busy all year round it will be easier as the weather warms up.

I had the privilege of being invited to present an oral submission at Parliament in Wellington to the Social Committee in August with Maria Browne and Marilyn Head to support the Child Hardship Bill. It was a moving experience to share some of the realities we all face as nurses caring for Children in Hardship. Maria has written her perspective on pages 5&6.

I would like to reiterate what Cate has to say on the page, 2 we have vacancies coming up on the committee and would welcome representation from colleagues from regional centres such as Northland, Lakes, Gisborne, Palmerston North, Hawkes Bay, and the top of the South Island. It is important to us to have true representation of our Child and Youth Nurses workforce.

Thank you for your continued support and do not forget to follow our page on face book– College of Child & Youth Nurses NZNO and look at our College page through the NZNO website.

Nga Mihi
Leaha North

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Chair Report

September 2015



Kia ora koutou

It is unbelievable that the first days of spring have arrived, like myself I imagine that you are all beginning to anticipate a wonderful summer break with a period of respite from a busy and complex working life. Coming back to reality though, happily there is still a lot of living and opportunities to embrace before the end of the year.

I thought it would be timely to reconnect with the wider CCYN membership to tell you about what is happening in the CCYN space, including upcoming events, opportunities and developments. Our focus is on how we as an organisation can add value, remain relevant and can contribute to the key conversations which impact on the profession and the lives of children, young people and their families.

To date 2015 has presented a number of challenges for the CCYN committee which I will share with you directly.

National Membership Committee:

Approximately 3.5 years ago I naively contacted a colleague in Christchurch about working with NCYPA on a clinical network project. In return I received an invitation to consider standing for the National committee, like most people I talk to in my working life I didn't really know about colleges or sections or how they were relevant to us as a profession, I had only ever been exposed to industrial aspect of NZNO and while that aspect is vital it wasn't something I could imagine spending my spare time pursuing. Three years later I am privileged of be the chairperson of CCYN and to contribute to making a difference on a National stage. My involvement has opened my eyes to wider practice issues and provided me with an incredible growth opportunity, with that in mind I would like to encourage others to consider standing for the committee in the next year or in years to come – sustainability and future proofing is vital as we work to remain relevant.

We are currently seeking nominations for three vacant positions for the year starting 2016.

What's involved:

This is a volunteer position, with a minimum of 3 face to face meetings per year and further 2-3 meetings via video conference. Each member of the committee takes on an active role within the committee with collaboration on key projects throughout the year as we progress our work plan. All travel costs are met by the college.

The composition of our current committee would suggest that to be a truly representative and diverse committee that we should be seeking representation from colleagues from regional centres such as Northland, Lakes, Gisborne, Palmerston North, Hawkes Bay, and the top of the South Island. If you are enthusiastic, new to practice through to expert practitioner and want to be part of setting the future direction of the college we'd love to hear from you.

Journal Issues:

A number of you will have noted that access to our online journal was interrupted for a significant period of time this due to a corrupted web link. We have been assured that the link is now stable and no further problems are anticipated.

With these issues in mind and with receiving a request to review the agreement of cooperation for the Journal Management Board we have begun to wonder if the Journal is the best option for us as a college. Having a quality educational newsletter or access to a journal is an integral component of retaining college status. In having worked so hard to achieve college status we now believe that we should be doing everything we can to ensure that the Journal remains viable through provision of quality New Zealand and Australian content. Currently we are not managing to contribute to the voice of the journal or to celebrate the innovation that is flowing across the child and youth nursing sector in Aotearoa. If you have a project to write up, a practice innovation with demonstrated improved outcomes then please contact our editor Ruth Crawford she will be more than happy to guide and support you in becoming published.

RCrawford@eit.ac.nz

Journal Levy

At last year's AGM it was passed that each member would pay a journal levy of \$20. The implementation of the levy and seeking payment has been challenging, not least because for a considerable part of this year we were unable to approach our members for payment due to the journal being offline.

Being successful in implementing this levy is vital to our on-going existence. CCYN's core funding is allocated according to the number of members we retain. Our current membership is 721, and of that number approximately 40 people have paid the journal levy. As above it is now vital that we share with you why the levy is significant and to encourage you to confirm your membership through joining up on line.

http://www.nzno.org.nz/groups/colleges/college_of_child_youth_nurses/join_us

The journal management board are actively looking at options to reduce costs to members a contract is being renegotiated in the next two months, we will be updating you at the AGM and seeking your input into whether we retain this commitment or look at other options which will require active participation from the membership to continue to retain college status.

Finding our voice

Telling our story as a profession is something we are very excited about, Katie Officer our youngest and most talented committee member is developing an interactive website which will feature functionality including a blog, video playback and a forum for sharing our issues and stories.

We are also interested in launching a Journal club via the Telehealth network, accessible at a time when members across the sector can link in. The hope is that we could do this in partnership with the Paediatric Clinical Networks where much of the innovation and change coming forward is being led by nursing.

In closing we'd love to see you at our upcoming AGM, and welcome your ideas and input, thank you for everything you do to make a difference for children and young people in your community.

Nga mihi



Cate Fraser-Irwin

Chairperson College of Child & Youth Nurses (NZNO).

Members of the College Committee 2015

NCYPA Committee Members

Chairperson	Cate Fraser-Irwin	Auckland
Secretary	Linda Jackson	Auckland
Treasurer	Cate Fleckney	Auckland
Committee Member	Katie Officer	Christchurch
Committee Member	Sarah McKenzie	Christchurch
Committee Member	Leaha North	Wellington
Committee Member	Amberely Thomson	Dunedin
Committee Member	Margaret Bigsby	Christchurch
Subcommittee secondment	Mandy Foster	Christchurch

SAVE THE DATE

Monday 30th November 2015
Our Virtual AGM via the
Paediatric Telehealth Network

Invited Guest Speaker: Professor Innes Asher who will be talking about child Poverty and the call to action.

Further information to



Committee Meetings for the remaining 2015

7th October-teleconference

23rd November Virtual AGM

Child Poverty— A Community Practitioner's Perspective

Maria Browne —Plunket Nurse Christchurch

Poverty is a major problem facing around 260,000 New Zealand Children. In 2013 in NZ at least one in five children lived in severe or significant hardship and 24% of our children lived below the relative poverty line (Child Poverty Action Group, Sept 2014). For 3 out of 5 of those children, poverty persists over at least seven years, and all the evidence shows the longer the period of poverty, the greater the harm.

Māori children are twice as likely to be living in a poor household. Health inequalities between Māori and Non-Māori children remain significant and persistent, particularly in relation to infectious disease, injury and child mortality rates (Perry, 2009).

A Ministry of Health report (2009) shows that 40% of Pacific children are growing up in poverty. Benefit cuts, increased housing costs and high unemployment rates have contributed to this continuing poverty since 1990. It is of particular concern that Pasifika children and young adults are nearly 50 times more likely than NZ European children and twice as likely as Maori children, to be admitted to hospital with acute rheumatic fever (MOH, 2009).

I am a Plunket nurse who works in the East of Christchurch in an area of relatively high deprivation. My work is predominately undertaken in families' homes. As a result I see first-hand the effects of living in poverty on children's lives and health. Recently I was given the daunting yet valuable chance to speak to ten politicians on the Social Services Select Committee considering the "Support for Children in Hardship" Bill as part of NZNO's Oral Submission on this bill. I spoke along with NZNO's Policy Analyst Marilyn Head and a peer Leah North (Wellington Hospital Paediatrics). Leah sees first-hand the effect on children and families physically, emotionally and financially as a result of unnecessary hospitalisations resulting from poverty.

In my oral submission I focused on the direct effect of poor quality, cold homes on children's health along with issues of overcrowding and poor nutritional status. I also touched on the stress in poor households and the corresponding increase in family violence, child abuse and neglect. I spoke of the increased SUDI risk, infectious diseases particularly respiratory and skin infections, asthma and poor oral health. I also spoke of families presenting late or not at all to GP practice and the resulting unnecessary hospitalisations.

What there wasn't time to focus on unfortunately was some of the ways nurses working with these families either in primary or secondary care settings can work alongside families living in hardship to try to make a difference. To me four key interventions are most likely to make a difference: thorough and accurate health assessment, health education, timely referrals to other agencies and advocacy.

In my role it is important to undertake good and accurate needs assessment, maintain a non-judgemental attitude, wherever possible home visit families and provide additional parenting support visits as able. It is vitally important to be acutely aware of your professional responsibilities in regards to child protection. It is also essential to know your community well.

Health Education is a vast area and includes the following: safe sleep principles, gentle handling/ anger management skills, nutrition- low budget healthy food ideas, oral health, importance of timely immunisation, illness recognition, how to treat skin infections, safety, child development, parenting skills and how and when to access primary health care.

Making timely referrals to the many agencies in the community to assist families in need is crucial including intensive social support agencies such as Family Start (Early Start in Christchurch), community agencies such as Salvation Army and Methodist Mission, government agencies such as WINZ, HNZ, Budget advice, Food banks, GP Practice, Immunisation Outreach services, Breastfeeding support, Low Cost Counselling and appropriate mental health services.

Advocacy is an area that I feel is often underutilised by nurses as it is a time consuming and hard to fit in to our busy working lives. Advocacy can be as simple as facilitating access to primary care and immunisations, letters of support to HNZ, and community support agencies. But whenever time and energy allows taking part in community meetings and forums such as the Child Poverty Action Group is valuable along with getting involved in submissions at a local or government level for example when the Green Paper was developed, and more recently the Child Hardship Bill. As nurses working with child and youth we need to remember we are in the privileged position of working closely with vulnerable families either in their homes or our workplace settings and as a result do have a unique insight into how poverty is affecting their lives. I feel it is our responsibility to communicate this to others to help them truly understand the context in which too many families in New Zealand are living.

References:

Dale, M, O'Brien, M and St. John, S (Eds) (2014) *Our children, our choice: priorities for policy*, Child Poverty Action Group, Auckland.

Ministry of Health (2009) *A Focus on the Health of Maori and Pacific Children Key Findings of the 2006/07 New Zealand Health Survey*. Ministry of Health, Wellington.

Perry, Bryan (2009) *Household Incomes in New Zealand: Trends in Indicators of Inequality and Hardship 1982 to 2008*, Ministry of Social Development, Wellington.

Neonatal, Paediatric and Child Health Nursing

OFFICIAL JOURNAL OF AUSTRALIAN COLLEGE OF CHILDREN & YOUNG PEOPLE'S NURSES,
AUSTRALIAN COLLEGE OF NEONATAL NURSES, NEONATAL NURSES COLLEGE AOTEAROA
AND NURSES FOR CHILDREN AND YOUNG PEOPLE AOTEAROA



NURSES FOR CHILDREN AND
YOUNG PEOPLE OF AOTEAROA

Your Journal - the NPCHN Journal!

The latest NPCHN Journal (July 2015: Vol.18, No. 2) is now available for viewing/downloading.

To access the journal online:

Member-only access to the Journal

To access the Journal you must be a current member of the College of Child & Youth Nurses, and you must log in to the NZNO website.

When you have logged in a button to access the Journal will appear on the right side of this page.

Publishing your work

Are you thinking about publishing your project, research or conference presentation?

What about writing for Neonatal Paediatric and Child Health Nursing journal (NPCHN)?

As an organisation CCYN are now official partners of this journal and it is important that our New Zealand nursing voice is heard through the journal.

Perhaps you are involved in some kind of project or evaluation, or you are undertaking some higher education, or perhaps you have just made a conference presentation and would like to expand your work into a publishable format. Consider publishing your work in NPCHN

Ruth Crawford (RN, PhD candidate), Principal Lecturer at the School of Nursing, EIT Hawke's Bay is also an Associate Editor in NPCHN. She is happy to help writers who have work they want to publish. She has kindly offered to read draft manuscripts and make suggestions.

You can contact Ruth by email on rcrawford@eit.ac.nz or text on 027 418 4968

Subscriptions

Subscriptions (i.e. for non CCYN members) are available from the following postal address:

The NPCHN Journal Box 1866AitkenvaleQueensland 4814AUSTRALIA

Submissions

The editorial committee welcomes quality papers from potential authors.

See the www.npchnjournal.com for further information.

Neonatal, Paediatric and Child Health Nursing

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NURSES FOR CHILDREN AND YOUNG PEOPLE OF AOTEAROA

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Printed in Australia

Professional Development Opportunities

Paediatric Society Meeting 25th-27th November 2015 Te Papa Wellington.

The Nursing convenor Sinead McCarthy is promising a great program aimed at grassroots nursing, please encourage members of your teams to register.

CCYN AGM 30th November 2015 5.30 – 7pm via the Paediatric Telehealth Network

Guest Speaker: Professor Innes Asher 'Child Poverty and the call to action'

We will also be launching our new blog/website and asking you to contribute to key decisions re: the future of the Journal Management board a partnership between CCYN, Neonatal Nursing College Aotearoa and our two Australian counterparts.

Next CCYN Conference Day November 2016 in sunny Tauranga

8th Annual Paediatric Pain Master Class

Date: June 20-26 2015

Venue: Minneapolis, MN

Presented by Children's Institute for Pain and Palliative Care (CIPPC), Department of Pain Medicine, Palliative Care and Integrative Medicine

Flyer: [8th Annual Pediatric Pain Master Class](#)

LCANZ Webinar Series 2015

Webinar 1. Private Practice as a Lactation Consultant

Presenter - Virginia Thorley, OAM, PhD, IBCLC, FILCA, Director - Professional & Political Advocacy, LCANZ

Webinar 2. Infant Feeding and the Speech Language Therapist

Presenter – Emma Necus, Speech Language Therapist

To register; Participants should follow the links on this flyer: [LCANZ Flyer](#)

Cost of each webinar:

LCANZ Members- \$15

Non-members- \$30

Who are we?

Lactation Consultants of Australia and New Zealand Ltd (LCANZ) is the professional organisation for International Board Certified Lactation Consultant's (IBCLC's) and others who have an interest in lactation and breastfeeding. Our core business is to provide members with information and educational opportunities to enable them to continue to advance their practice as lactation consultants, and enhance the profession of Lactation Consultancy generally in Australia and New Zealand. We also deliver educational opportunities to the wider population of health care professionals, to enable them to provide mothers with the most up-to-date information and expertise available on breastfeeding and lactation.

Check out www.starship.org.nz for the web page below

The screenshot shows a web browser window displaying the Starship website. The address bar shows the URL: <https://www.starship.org.nz/for-health-professionals/national-child-and-youth-clinic>. The page title is "National Child and Youth Clinical Networks".

Starship Clinical Guidelines

- National Child and Youth Clinical Networks
- About Clinical Networks
- Clinical Networks in Practice
- Eczema
- Diabetes
- Child Protection
- Paediatric Gastroenterology
- Palliative Care
- Newborn Services
- Cystic Fibrosis
- Paediatric Sleep Medicine

National Guidelines - Paediatric Oncology and Haematology

Radiology Procedural Techniques

Paediatric Update

Primary Care Referral Pathways

Interested in Working at Starship?

Education at Starship

Directory Of Services

- Starship Clinical Guidelines
- Contact Us

Networks

About Clinical Networks
An overview of clinical networks and how they are established

Clinical Networks in Practice
The benefits of managed clinical networks in healthcare

Eczema
The Treatment of Eczema in Children and Youth

Diabetes
Children and Young People's Diabetes Services

Child Protection
National Child Protection Clinical Network

Paediatric Gastroenterology

Palliative Care
Paediatric Palliative Care Network

Newborn Services
National Clinical Network for Newborn Services

Cystic Fibrosis

Paediatric Sleep Medicine

Contact Us
For further information on PSNZ / MoH Clinical Network development, please contact PSNZ CEO, Mollie Wilson, mollie@healthnetworks.co.nz or PSNZ Secretariat Denise Tringham, denise@paediatrics.org.nz

Paediatric Society of New Zealand
Information about the Paediatric Society of New Zealand
[Find out more](#)

Information for patients / families
Visit kidshealth.org.nz for accurate and reliable information about children's health for New Zealand parents, caregivers, family and whānau
[Find out more](#)

<https://www.starship.org.nz/for-health-professionals/national-child-and-youth-clinical-networks/a...>

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Local and international speakers discussing research, delivery, and implementation, helping to transform the lives of young people through positive parenting

The Werry Centre and Parenting Research Group (Faculty of Education), both at The University of Auckland, and supported by The Ministry of Health, are hosting this **FREE** event. This event is on 23rd November 2015, at The University of Auckland Tamaki Campus.

A variety of quality presentations from leading researchers (including the founder of Triple P Professor Matt Sanders), practitioners, a clinical round table, and a panel discussion are on offer. Delegates will have the chance to network with their colleagues from around New Zealand.

The forum will cover the latest research and address a range of practice issues including:

- Latest international and national research on the promotion of children's well-being through positive parenting
- Research on the adaptation of Triple P Discussion Groups for Māori.
- Prevention and treatment of children and young people's social, emotional, and behaviour problems
- Working with Māori whānau
- Working with fathers

Registrations open: 5pm on Thursday 20th August 2015
Registration closes: 5pm on Thursday 22nd October 2015
Forum date: Monday 23rd November 2015 (9am-4:30pm)

An official forum registration form will be made available on the Werry Centre's website at 5pm on 20th August: www.werrycentre.org.nz. Registration and keynote speaker details will be released in the coming weeks, so make sure to check back. Places will be strictly limited, so early registration is recommended.

Before registering for the forum, you will first need to create an account on our website here: <http://www.werrycentre.org.nz/user/register>. If you have any problems doing this please contact The Werry Centre on 09 923 4249 or 09 923 4360, as you may already have an account setup and just need to be advised of your password to login.

If you have any other queries please contact Lucy Rowe (lucy@triplep.net.nz).



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for child and adolescent mental health

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