



## Editorial

It is an honour to bring you the latest edition of CYPRESS and with a fresh new look to enhance and celebrate our recently achieved College status. We have 3 new committee members this year and met in Wellington last month. It has been fantastic to see membership engagement through our face book page, please keep your messages and comments coming through. I encourage you all to read the latest issue of Kaitiaki as the focus this month is child health. It was great to see many of our child health colleagues from around the country, past and present committee members contributing their knowledge and expertise.

It would be useful to know what information/themes you would like included in this newsletter, relevant articles or abstracts from your practice please message us via face book or email: [Secretary.ccyn@gmail.com](mailto:Secretary.ccyn@gmail.com) or you can contact me directly through Capital and Coast District Health Board.

Thank you for your continued support and enjoy the read.

Leaha North

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## Writing for Publication

Are you thinking about publishing your project, research or conference presentation?

What about writing for Neonatal Paediatric and Child Health Nursing journal (NPCHN)?

As an organisation NCYPA are now official partners of this journal and it is important that our New Zealand voice is heard through the journal.

Perhaps you are involved in some kind of project or evaluation, or you are undertaking some higher education, or perhaps you have just made a conference presentation and would like to expand your work into a publishable format?

Ruth Crawford, RN, M.Phil. (Nursing), PhD candidate, represents NCYPA as Associate Editor in NPCHN.

She is happy to help nurse writers who have work they want to publish. She has kindly offered to read draft manuscripts and make suggestions.

You can contact Ruth by email: [ruth.crawford@paradise.net.nz](mailto:ruth.crawford@paradise.net.nz)



# Outgoing Chair Report following the AGM

## November 2014

Tēna Koutou, Greetings

It gives me great pleasure to address you and report on NCYPA/CCYN activity over the last year.

### College Status

Our achievement of college status marks a coming of age for Child and Youth Health nursing in New Zealand. Beyond the bright new logo and name, this achievement means that we have demonstrated:

- A framework for nursing knowledge and skill development for nurses who practice in this population group. The NZ Child Health Nursing Knowledge and Skills framework helps us focus our attention on the child or youth rather than disease or medical specialty
- Formal links with other related professional organisations including the Neonatal Nurses College of Aotearoa, Australian College of Children and Young People's Nurses, Australian College of Neonatal Nurses, Paediatric Society of New Zealand, Royal New Zealand Plunket Society, Neonatal, Paediatric and Child Health Nursing journal management board and National Youth Health Reference Group (SYHPANZ)
- Our support of continuing education in the specialty through the journal, newsletter, scholarship fund and conference
- Our commitment to upholding the principles of the Treaty of Waitangi, and
- Sound strategic planning, and administrative and financial viability

Achievement of college status does not mean that we will rest on our laurels. There is much work to be done, including working with other agencies to improve child health. The new executive committee will meet in February with representatives from the office of the Chief nurse to discuss and align our strategies for child healthcare, Vulnerable children, the children's action plan, oral health and obesity

Reviewing and improving the Knowledge and Skills framework, This is a living document; it needs to be useful and used, Reviewing the way we communicate with and engage members and contributing to conversations about jobs for new graduate nurses and career pathways for nurses in Child Health practice areas.

## Submissions

Our contribution to submissions continues to be an important part of what we do so that organisations can make sound decisions with good information. When requests for information come in, I always ask:

“how does this affect children?”, and

“who do I know that might be an expert on this?”

Professional networks are invaluable sources of information for submission-making. Many of you will have noticed that from time to time information requests are emailed to you or posted on the NCYPA Facebook page. We are all professional nurses working in a wide variety of areas and we know things that other people including policy analysts would like to know too. I encourage all of you to consider taking a more active part in responding to requests for information.

NCYPA has made standalone submissions this year to the Ministry of Primary Industries on the sale of raw milk to consumers, and to PHARMAC on their proposal to reinstate Bart's solution (hypotonic IV fluids) to the Hospitals Medicines List. We have also contributed to NZNO submissions regarding the Smoke free Amendment Bill (Health Select Committee), the Models of Care policy framework document (NZNO), single use medical examination gloves (Standards New Zealand), harmful digital communications (The Justice and Electoral Committee), proposed labelling requirements of infant formula (The Ministry of Primary Industries), a proposal to include health claims on electrolyte drinks used for sport (Food Standards Australia New Zealand) and rainbow inclusive workplace standards (Standards New Zealand).

## Communication

We have noticed a considerable increase in interest from our members over the last year. A number of people have put their hands up to become more involved in NCYPA work both on and off the executive committee. This heightened interest is due in part to better communication.

Our Facebook page, cleverly set up and administered by Cate Fraser-Irwin, provides instant links to members on a variety of topics. We have used Facebook to announce when committee meetings are taking place, to update progress on the Knowledge and Skills framework, to advertise conference and generally inform members about the work we are doing.

CYPRESS, continues to be an informative newsletter thanks to the efforts of Leaha North. The newsletter has covered important child health themes including medico-legal and respiratory, and provided useful literature searches on these subjects. It has been great to see members contributing reports for the newsletter. If you haven't read CYPRESS when we've emailed it to you, back issues can also be found on our website.

An informal network of Child Health Nurse Educators was set up by Wendy Tustin-Payne following last year's conference and has been a valuable source of information for this group. For example, when I emailed the group to ask about fluid balance documentation in other child health areas, I got several responses indicating that we face similar issues, and probably the solutions should also be the same.

## Journal

The Neonatal, Paediatric and Child Health Nursing (NPCHN) journal is an important, yet possibly underutilised source of professional development. Two CCYN representatives sit on the management board for this Australasian journal. The board would like to see more New Zealand nurses submitting articles for publication. We would also like to encourage members to make good use of the journal. This requires leadership from nurses educators, nurse managers and enthusiastic frontline nurses who are committed to evidence based practice.

Finally NZNO-administered system is now in place and membership update is on page 7. It would have been burdensome for committee members who work on a voluntary basis.

The journal is accessed from our website, but as I said last year at AGM, like many other parts of our modern lives you do have to know your login and password. If you are taking part in research projects or undertaking post graduate study, please consider publishing your work in the NPCHN journal.

### **Farewell and thanks**

I extend my heartfelt thanks to the talented executive committee of 2014 for their dedicated hard work:

To Lydia who has ably managed the committee finances and who steps down from the committee after four years of service

To Linda who has managed secretarial and conference organiser roles with dedication and flair

To Cate Fraser-Irwin who has used supreme IT, networking and organisational skills to improve the way we work

To Sharon, our nurse practitioner, who has represented us on the Journal Management Board

To Amberley who has taken on membership and sourced our wonderful CCYN bags and lanyards

To Cate Fleckney who was seconded to the committee and has seamlessly taken on treasurer and conference organiser roles.

To Leah who has ably compiled and produced the CYPres newsletter and assisted with conference registration

To Kate, our most dedicated Professional Nurse Advisor

To Rachel, whose sheer dogged tenacity saw that the New Zealand Child Health Nursing Knowledge and Skills framework was endorsed, and that the college application was compiled

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The College of Child and Youth Nurses is in good and safe hands and because of this, there is a brighter future for the children and young people of New Zealand.

E Haere rā

Becky Conway

## Members of the College Committee



### NCYPA Committee Members

Chairperson	Cate Fraser-Irwin	Auckland
Secretary	Linda Jackson	Auckland
Treasurer	Cate Fleckney	Auckland
Committee Member	Katie Officer	Christchurch
Committee Member	Sarah McKenzie	Christchurch
Committee Member	Leaha North	Wellington
Committee Member	Amberely Thomson	Dunedin
Committee Member	Sharon Payne	Hawkes Bay
Committee Member	Kate Weston	Auckland

### Committee meetings 2015

6th May –teleconference  
 7th August-Face to Face  
 7th October-teleconference  
 23rd November TBC

# Conference Feedback-Paediatric Society Napier

## 19-21 November 2014

### Sharon Payne -Nurse Practitioner Hawkes Bay Hospital

With the support of the Oliver Smales memorial fund I was fortunate to be able to attend the Paediatric society conference in 2014. The local committee encouraged me to submit an abstract and deliver a session about my role as a Nurse Practitioner with a Paediatric focus working in a mixed Emergency Department.

In a delightful setting overlooking the beach, the conference provided a variety of sessions from a wide range of disciplines. Nurses, social workers, house officers, GP's, mental health nurse, NGO, and many more.

Child poverty featured strongly throughout the conference with Russell Wills referring to it as a "wicked problem" with multiple causes, multiple players, having high stakes, conflicting and unclear evidence, constantly changing and a major challenge to NZ. Innes Asher identified that child poverty does not only affect families on benefits but also families in paid employment with low wages, unpredictable hours and seasonal work. She spoke about the long term affects of poverty discussing research that suggested that at age 26 years, people who were disadvantaged in preschool had poorer cardiovascular health, poor dental state with periodontal disease and cavities, and were more likely to be involved in substance abuse. She commented that even if their situation changed after preschool these issues were not reversed. She quoted numbers such as 20% of children aged 0 to 14 years were living in poverty with a prediction for 2021 that this could increase especially in our Asian and Pacifica families. Both speakers identified the need for health professionals to constantly remind politicians that this is an important problem for the sake of future NZ.

There were a number of presentations about bowel disease, gastro oesophageal reflux and current treatments. There were a number of research presentations, some quick fire sessions while others were longer, which were thought provoking, topics included pertussis immunization, flu vaccine recall in primary health, rheumatic fever register, maternal depression.

Overall there was a wide range of topics that was of interest to many specialties. It was great seeing a number of nurse presenters in sessions that were well attended by doctors. I particular enjoyed the session by Lisa Smith and her interaction with children with bowel problems as she talked about good poops and bad poops and children taking control of their poops. Very inspiring and shows that nurses can make a big difference.

Next years conference is in Wellington and will follow on from our conference, so would encourage you all to go. The organising committee passed comment that they hoped to have a good nursing focus in their programme.

# Membership Changes

As a member of the College of Child and Youth Nurses, formally known as NYCPA you may have already received the following information, if not please read carefully:

We became a new college at the end of 2014, so welcome to the College of Child and Youth Nurses, formally known as NYCPA.

By belonging to CCYN you are part of a large community of nurses who are particularly interested in the health and welfare of children in New Zealand.

CCYN will continue to offer

- A voice to foster and promote cohesive child advocacy in the political arena
- Opportunities to comment on and/or contribute to proposals, legislation, and national policies which affect children, young people and their families.

In addition, we have a **scholarship** fund to which you are eligible to apply for a grant. You can find details about this on the NZNO website under [scholarships and grants](#).

Our **newsletter** is called **CYPRESS** and is published approximately quarterly on the CCYN website. You will be sent an email alerting you to each new publication.

We are partners in a journal called the **Neonatal, Paediatric and Child Health Nursing Journal** (NPCHN). You can navigate to the journal via the CCYN/ NZNO website. You need to know your NZNO login and password to access the journal. If you have forgotten these, you can call the membership support line on 0800 28 38 48 to reset them.

There is an **annual journal levy of \$20**, to be paid by the end of May 2015.

Please click on the link below for further information and payment instructions:

[http://www.nzno.org.nz/groups/colleges/college\\_of\\_child\\_youth\\_nurses/join\\_us](http://www.nzno.org.nz/groups/colleges/college_of_child_youth_nurses/join_us)

Our CCYN **AGM** is held in October or November; this is face-to-face and usually part of our conference day. Otherwise we hold a virtual AGM and Conference via teleconference.

The CCYN committee is a dedicated group of eight volunteers from the length and breadth of New Zealand. We would love to hear from you on any child health matters and value your input.

If you have any questions/queries please contact:

Amberley Thomson Membership Co-ordinator CCYN via the email address below:

Membership.ccyn@gmail.com



