

NEWSLETTER

Barbara Findlay, Southern Regional Council Chairperson, reports

A successful NZNO Southern Regional Convention was held in Dunedin on April 12 attended by members from throughout the region. President Grant Brookes spoke on the barriers to member participation. Robyn Hewlett from the membership committee presented the proposal 'one member one vote'. This is a more democratic and equitable system and is designed to make your vote count. Grant presented 'our waka our way' with visual structural diagrams on developing models for members and management. Professional nursing adviser Lorraine Ritchie spoke on the role nurses play in advocacy, leading and caring for the most vulnerable in society. Glenda Alexander, industrial services manager and John Howell, educator, presented an interactive session which included the history of human rights worldwide and those enshrined in NZ law. Celeste Crawford and Lorraine Lobb, organisers, finished the day with a fun interactive activity on 'Health needs Nursing'.



The highlight of the day were the presentations by two amazing local nurses. Colette Blockley, nurse and teacher, presented 'South Sudan and Beyond'. In 2015/16 Colette worked in war-ravaged South Sudan teaching nursing and midwifery students where: there are very few nurses; maternal and infant mortality is the highest in the world; 92% women are illiterate; few children attend school, ancient tribal beliefs and practices are still prevalent; disease is rife; and women have no status.

Sue Whittaker, nurse, gave an amazing and insightful presentation on Servant's Health Centre in Dunedin.

This free healthcare clinic is staffed by volunteers who provide compassionate, respectful, non-judgmental care to the most vulnerable and high need in our society. The centre is designed around a fluid hierarchy—an inverted pyramid. This type of holistic healthcare can turn the lives of people around.

Kaiwhakahaere, Kerri Nuku, and chief executive, Memo Musa, were unable to attend.

A successful rally was held by NZNO members outside Dunedin Hospital on Friday 13 April to raise awareness of the plight of healthcare, safe staffing, poor nurses' wages and the impasse in talks over the proposed DHB MECA. This was in conjunction with other rallies held around the country. The rally was attended by many placard carrying members and was well supported by the public. Leaflets were handed out to the public and a petition was signed to send to the Minister of Health.



**If interested in attending the
Southern Enrolled Nurse Study Day**
Saturday 6th October 2018
Dunedin

Please contact Robyn Hewlett:
robyn.hewlett@xtra.co.nz

Introducing Marita Ansin-Johnson and Jo Wilson who are on the SRC Management Team

Kia Ora, my name is Marita, originally from Auckland with Ngapuhi Tainui flowing through my veins. I have lived here in Dunedin since 2004 and now call Dunedin home.

I work for Presbyterian Support in Dunedin as a health care assistant. I have had experience in palliative care, and rest home and hospital care. I find this part of nursing rewarding and a challenging aspect of the individual ageing process. We need more young nurses to work in gerontology as it is an ageing work force. I have also put my hand up to be part of the roopu/working group for Presbyterian Support Otago to develop policy and guidelines on how Presbyterian Support Otago embeds it work and practices within the region. TePatikitiki Okotahitang - the National Engagement with Tangata Whenua Policy. I am the NZNO aged care national delegate for the southern region, am on the SRC management committee, and am a member of the Te Runanga section of NZNO.

In recent times, I have been on DCC working groups; for dog bylaws and also *the Gambling and TAB Venues Policy*. It is interesting to see the Dunedin City Council in practice.

A strong advocate for anything unfair or unjust; a quiet "Greenie" who has put her name to many petitions to help the ever decreasing wild life and their habitats.

I enjoy painting, cooking, sewing and gardening.

I have had a story published in the Otago Daily Times as well as sent many a letter to the Editor which have been published.



My name is Jo Wilson. I am a registered nurse in the Children's Unit at Dunedin Hospital where I have worked for the last 12 years.



My previous experience has predominantly been paediatrics working in the Children's Unit then working as a Plunket nurse before coming back to SDHB to work. I have been involved in projects including skills for change and releasing time to care modules including ISBAR/bedside handover, patient observation and leading the well organised ward module. I am also the health and safety rep on the Children's Unit.

I have been an NZNO ward delegate for the last six years and this year I have taken over the position as chair of the NZNO Dunedin/Wakari Hospitals workplace delegate meetings.

I am a member of both the Southern Regional Council committee and the Southern Regional Council management committee and enjoy being part of the team and involved in activities/forums etc.

In my spare time I hang out with family and friends, my two dogs Lola and Alfie and watch a ridiculous amount of reality TV!!!

NZNO Southern Regional Council

Professional Issues Forum

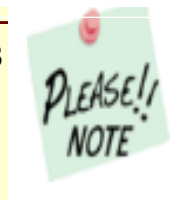
To be held in the Barnett Theatre at Dunedin Hospital on Saturday 27 October 2018

Cost: Members \$50.00 / Non Members \$60.00

For further information please contact Jenny – jenny.mccullum@nzno.org.nz

SOUTHERN REGIONAL COUNCIL - CALENDAR FOR 2018

Thursday 17 May	Southern Regional Council meeting
Thursday 19 July	Southern Regional Council meeting
Wednesday 5 September	Southern Regional Council remits meeting
Saturday 9 October	Enrolled Nurses Study Day, Dunedin
Saturday 27 October	Southern Regional Council Professional Forum, Dunedin
Thursday 29 November	Southern Regional Council Christmas meeting



SRC meetings start at 5.45pm and are held in the meeting room, NZNO Dunedin Office, 10 floor, John Wickliffe House, 265 Princes Street, Dunedin.