

# NEWSLETTER

## **Jo Wilson, Southern Regional Council Management Committee, reports ....**

Coffee and cake was enjoyed by all across the southern region to celebrate International Nurses Day. Many workplaces held a morning tea including Aspiring Enliven, Clutha Health First, Gore Health, Gore Medical, Dunstan Hospital, Family Planning (Dunedin), St Andrews Home and Hospital, Marne Street Home and Hospital, Mercy Hospital, Otago Hospice and Ross Home.



*(Gore Health IND morning tea)*

Winter has well and truly arrived with low temperatures, lack of sun and frosty mornings making it difficult to get going in the morning. It's a good time to crank up the slow cooker and enjoy some yummy soups and boost up the immune system with lots of fruit and vegetables.

A wee reminder that if you haven't already taken the opportunity to have a fully funded flu vaccine this year then there are still in-team vaccinators available. Please check Pulse for contact details.



## **Introducing Matewai Ririmui, Southern Te Runanga Tiamana**

*Tuhoe moumou kai Tuhoe moumou tangata  
Tuhoe moumou ki te po*

*Ti hei Mauri Ora*

*Ko Mataatua me Te Arawa oku Waka  
Ko Taiarahia me Matawharau oku Maunga  
Ko Paekoa me Kaituna oku Awa  
Ko Ngahina me Awahou oku Marae  
Ko Ngati-Tawhaki me Ngati-Rangiwewehi oku Hapu*

*Ko te uri o Tuhoe na te whanau Hiki  
Ko te uri o Te Arawa na te whanau Mokena  
No Ruatoki me Ngongotaha ahau  
Whanau mai ki a Whakatane engari he noho  
ana au me aku whanau hoki inaianei o Waihopai  
ki te Waipounamu*

*Ko Matewai Ririnui toku ingoa*

Matewai has recently been elected to the role of Tiamana for NZNO Southern Te Rūnanga. She works in mental health at Southland Hospital.

**Southern DHB International Nurses Day celebration – by Barbara Findlay**

International Nurses Day was celebrated on the 12 May, the birthday of Florence Nightingale, by nurses throughout the country.

In the Southern region NZNO Southern Regional Council combined with Southern DHB to celebrate the day with the distribution of delicious cake to the many areas where nurses work.

At Dunedin Hospital there was a large photographic display in the public foyer celebrating the work that nurses do every day.

There was also a seminar presented by Frances Hughes, the past president of International Council of Nurses. She spoke on the theme “Nursing: A Voice to Lead – Health is a Human Right,” – Challenges and Opportunities. There are many areas in the world where there is abuse of human rights. These include civil, political, economic, social and cultural. The universal declaration of human rights is enshrined in law in member states of the United Nations. Human rights are about the dignity of people. Indigenous peoples around the world have barriers to accessing health care. Nurses are in a position to help change the models of care in these areas where people’s right to health care is challenging for many reasons.

Nurses need to be an advocate and activist in leading change to make life better for the vulnerable in society.

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**Southern Enrolled Nurse Study Day**

Saturday 6 October 2018, Dunedin

For further information please contact Robyn

[robyn.hewlett@xtra.co.nz](mailto:robyn.hewlett@xtra.co.nz)



Dunedin foyer display

**Ngaio Fulton Nurses Trust Fund**

Funding is available to RNs, ENs or student nurses who reside in the old Otago Hospital Board boundaries and are NZNO members.

If you require funding to attend a conference, hui, study day, or for books and publishing costs, please apply to the Ngaio Fulton Nurses Trust.

For further information or an application form please contact Jenny

[jenny.mccullum@nzno.org.nz](mailto:jenny.mccullum@nzno.org.nz)

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**NZNO Southern Regional Council Professional Issues Forum**

Saturday 27 October 2018, Dunedin

For further information please contact Jenny –

[jenny.mccullum@nzno.org.nz](mailto:jenny.mccullum@nzno.org.nz)



**SOUTHERN REGIONAL CALENDAR FOR 2018**

Thursday 19 July	Southern Regional Council meeting
Wednesday 5 September	Southern Regional Council remits meeting
Saturday 6 October	Enrolled Nurses Study Day, Dunedin
Saturday 27 October	Southern Regional Council Professional Forum, Dunedin
Thursday 29 November	Southern Regional Council Christmas meeting

SRC meetings start at 5.45pm and are held in the meeting room, NZNO Dunedin Office, 10 floor, John Wickliffe House, 265 Princes Street, Dunedin.