

NEWSLETTER

Barbara Findlay, Southern Regional Council Chairperson reports

A successful SRC Professional Issues Seminar was held in Dunedin on 27 October attended by members from throughout the region.

The programme provided much insight and was thought provoking, covering a range of themes on family violence and nursing topics.

NZNO professional nursing adviser, Lorraine Ritchie, presented the importance of nursing assessments - a critical component of patient safety. Edgar Condino from the Philippines, now residing in Dunedin, spoke of his journey to become an international nurse. Despite being well qualified it took several years of persistence, determination and hard work to obtain his NZ registration. Marie Bennett from Age Concern Otago spoke of the disturbing trend of elder abuse in the community. "It's a kind of magic" presented by Lesley Elliott and Bill O'Brien was an account of the horrendous high profile murder of Lesley's daughter Sophie and the subsequent setting up of the Sophie Elliott Foundation. Lesley and Bill along with the NZ Police have presented the programme to tertiary and senior high school students throughout New Zealand to make them aware of what a loving relationship is and what it is not. This was followed by clinical nurse specialist educator mental health Colette Ryan, speaking on the sobering topic of trauma informed care and implications for clinical practice – the impact of trauma and stress and its long term consequences.

NZNO AGM and conference was held in Wellington in September. The SRC had 11 representatives from aged care, DHB, hospice and primary health.

See over page for Jo's conference report.

You may be interested in attending:

NZNO Professional Forum 2019

Topic: Medicine Management

– will include contributions from nursing experts within NZNO externally
Wednesday 20 February 2019
Otago Golf Club, Dunedin

Please register online:

<http://www.eiseverywhere.com/mm2019>

Southern Regional Convention and AGM

Thursday 28 March

at Otago Golf Club, Dunedin

NZNO Southern Regional Council

Professional Issues Forum

Saturday 6 April 2018,
at the Otago Polytechnic, Dunedin

Ngaio Fulton Nurses Trust Fund

Funding is available to RNs, ENs or student nurses who reside within the old Otago Hospital Board boundaries and are NZNO members.

If you require funding to attend a conference, hui, study day, or for books and publishing costs, please apply to the Ngaio Fulton Nurses Trust.

For further information re the above please contact Jenny – jenny.mccullum@nzno.org.nz



NZNO AGM/Conference Report
by Jo Wilson:

A group of delegates representing the Southern region headed to Wellington in September for the latest NZNO annual general meeting and conference that was held over two days.

The theme of the conference was *'health is a human right - optimising nursing to make it happen'*.

The speakers at both days were inspiring and all delivered thought provoking messages which were extremely relevant for us all.

The speakers included Health Minister David Clark who spoke of access to high quality services for all New Zealanders and the three priorities - mental health, child wellbeing and primary health care. He reiterated that as nurses we have a vital role to play in transforming healthcare for these groups.

Photographer, author and patient experience advocate Rachel Callender delivered an inspirational talk on how we, as health professionals, need to look at our communication styles and language when caring for patients. She spoke of her experience parenting her daughter Evie who was born with a rare chromosomal disorder and the challenges she encountered with the health system.

We especially enjoyed the conference dinner and awards ceremony as we proudly celebrated with Linda Smillie as she received an award for her service to NZNO.

Overall another successful conference where there was great information shared and also time to network with other delegates from regions around the country.



Linda Smillie



Rosemary Brook

Rosemary Brook also received the Services to NZNO award which was presented at an afternoon tea celebration at her workplace.

Services to NZNO award enables NZNO to acknowledge the contribution of individual members to the work of the Organisation at a national level.

NB: Correction to July's newsletter

The Southern Te Rūnanga Tiamana is Matewai Ririnui.

SOUTHERN REGIONAL CALENDAR EVENTS AND REGIONAL COUNCIL MEETINGS - 2019

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| Thursday 14 February | Southern Regional Council meeting |
| Wednesday 20 February | NZNO Professional Medicine Management Forum |
| Thursday 28 March | Southern Regional Convention and SRC AGM |
| Saturday 6 April | Southern Regional Council study day in Dunedin |
| Sunday 5 May | International Day of the Midwife |
| Sunday 12 May | International Nurses Day |

