

NEWSLETTER – JUNE 2019

Robyn Hewlett, Southern Regional Council/Te Tai Tonga Management Committee reports

May was a month of celebrations with International Midwives Day on 5 May with the theme for 2019 **Midwives: Defenders of Women's Rights**; and International Nurses Day on 12 May with the 2019 theme **Nurses a Voice to Lead – Health for All**.

The Southern District Health Board excellence in nursing awards were held at the Hub, Otago Polytechnic, on Monday 13 May. Congratulations from NZNO Southern Regional Council/Te Tai Tonga to everyone who received an award on the night.

The Southern District Health Board, to which NZNO Southern Regional Council/Te Tai Tonga contributed to, provided chocolate cake to all nursing staff in the hospitals across the district. The NZNO Southern Regional Council also provided cake to a variety of health facilities across the southern region to celebrate the day.

Another successful professional issues forum was held in Dunedin on 6 April attended by members from throughout the region. The programme provided much insight and was thought provoking, covering a range of themes such as rural nursing, family violence intervention, bowel screening, palliative care and the H&D Assistant Commissioner's presentation.

Congratulations to Red Cross nurse Felicity Gapes, from Dunedin, who was one of 29 nurses from 19 countries to be awarded the Florence Nightingale Medal this year. Her roles with Red Cross included clinic management, preventive health intervention, first aid training, and

monitoring the health of people in detention and programme management. Felicity is the 32nd New Zealander to be awarded the medal in its 104 year history.



Calvary Hospital's International Nurses Day Celebration

Southern Regional Convention

Delegates were challenged at this year's convention and responded with questions, laughter and a few tears. Kerri Nuku, NZNO Kaiwhakahaere, and Grant Brookes, NZNO President, spoke on the impact of social media and fielded questions on how NZNO could use this platform to encourage more member engagement. Te Runanga O Aotearoa NZNO representative, Matewai Ririnui, shared her journey from childhood to adulthood, and the challenges she experienced when she made a commitment to nursing training. There were few dry eyes in the room and much respect for the challenges she has overcome, through the love and support of her family. Jane Wilson (SDHB Director of Nursing) and John Howell (NZNO Educator) also spoke and left us with ideas on how to go forward positively.

The day was enjoyed by all. A big thanks to the organising team.

Article by Anne Daniels



Southern Regional Convention



**Leaving No One
Behind -
Health For All**



2019 Young Nurse of the Year

The Young Nurse of the Year award is now on the website including the links to information, criteria and nomination form - https://www.nzno.org.nz/get_involved/conference_and_agm/awards

The purpose of this award is to:

- Recognise and celebrate the often exemplary work of nurses in the younger age group who may still be in the early stages of their careers
- Encourage younger nurses to demonstrate their commitment to the nursing profession
- Provide an incentive for younger nurses to remain nursing in New Zealand.

If you know a young nurse who deserves to be recognised for their achievements you may wish to nominate them.

Southern Regional Council Nursing and Midwifery Scholarships 2019

In recognition of the contributions made by nurses and midwives and in celebration of International Nurses Day and International Day of the Midwife, Southern Regional Council invited members to apply for two scholarships to undertake further professional development.

The successful applicants were Joanne Davidson and Glosan Sadiasa-Manzhula; both work at Mercy Hospital, Dunedin.



Presentation of awards by Robyn Hewlett (centre), Joanne (left) and Glosan (right)

2019 – Upcoming Events and Meetings

Thursday 6 June	Te Runanga Te Tai Tonga Rohe Hui, Auction House, Invercargill
Thursday 18 July	Southern Regional Council/Te Tai Tonga meeting, Dunedin
Thursday 1 August	Te Runanga Te Tai Tonga Rohe Hui, Invercargill
13 – 14 September	Clinical Nurse Specialist Society of NZ (CNSSNZ) 6 th biennial conference, Invercargill. Email: Lara.gleeson@hotmail.com
17 – 18 September	NZNO AGM/Conference in Wellington
11 – 13 October	Te Runanga Te Tai Tonga Rohe Hui, Bluff. Enquiries to Matewai email: m.ririnui@hotmail.co.nz