

Top of the South Regional Council Newsletter October 2016

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Membership Support Centre**
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**Membership committee
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Te Rūnanga representative:
Chanel Brinfield

Congratulations Debbie

Chairperson of Top of the South enrolled nurse section,
Debbie Hawkey, has received an award for services to
NZNO.

Debbie has recently been lead co-ordinator for the 38th enrolled nurse conference, “ENriching and Unique”, held in Blenheim in June. Debbie is also the enrolled nurse section representative on the Top of the South Regional Council. She has previously been a NZNO workplace delegate for the inpatient unit at Wairau Hospital and delegate representative and vice chair of the Top of the South Regional Council. Debbie was nominated for this award by the Top of the South enrolled nurse section.

2016 DATES FOR YOUR DIARY

November 9	Nelson forum - Protecting the Vulnerable: Our Duty of Care
November 21	PNA forum, Blenheim (see inside for more information)
November 22	PNA forum, Nelson (see inside for more information)
November 23	PNA visit to Golden Bay
December 1	Regional council meeting

2017 DATES FOR YOUR DIARY

March 2	Blenheim forum - Protecting the Vulnerable: Our Duty of Care
April 5	Pre-convention dinner
April 6	Regional convention
May 13	International Nurses Day – Blenheim event

Grants, Scholarships & Funding

Contact the Regional Administrator, alisona@nzno.org.nz or visit www.nzno.org for more information about how to access funds to attend conferences and/or other training opportunities.

Top of the South Regional Council Update

Regional Council Chair, Joan Knight

Regional council representation

Every worksite within the region, every college and section within NZNO, regional student unit, and Te Rūnanga are entitled to elect at least one representative to the regional council and we would encourage all to do so. The number of council representatives has fallen recently with the resignation of the Whareama Home workplace delegate representative, Steven Howard. The six council representatives are made up of: three workplace delegates from NMDHB, one from aged care, one Te Rūnanga representative, and one enrolled nurse section representative. These six individuals represent a total of 1430 members in our region.

Part of regional council's responsibility is to forward members' views and concerns to the membership committee. Greater representation on regional council would enhance our ability to gather this information. If worksites, colleges and sections, and the student unit are unable to send representatives to council meetings, we ask you to consider providing members' views and concerns in writing. Currently, our organisers and each representative on the council provide a written or verbal report for the meetings. Teleconferences or video conferencing are options for those outside the Nelson district participating in meetings. In the past, meetings have been held at venues outside Nelson or Blenheim to reduce travel time for those involved.

Regional Council meeting summary

In recent times, a summary from the NZNO president and kaiwhakahaere has been distributed instead of board meeting minutes. The summary has provided information on meeting resolutions and work in progress. A remit was passed at the AGM requiring the board agenda and minutes to be distributed to members. It is hoped the summary reports will continue, as reading the minutes on their own may not be as informative.

Top of the South Regional Council decided before AGM that the chairperson will provide a summary of regional council minutes in the newsletter. This is to inform members of the council's current and future work. The first summary is included in this newsletter.

“Protecting the Vulnerable - Our Duty of Care”

Regional Council Chair, Joan Knight,

On August 3 the Top of the South Regional Council held its first education forum. The topic was chosen for its relevance to all who work in the health-care environment. It is pertinent not only in our professional capacities but also in our personal lives. As members of our communities, we all have a responsibility to look out for those who, through circumstances not of their own making, are unable to speak for themselves.

Safeguarding Children Initiative staff, Willow Duffy and Louise Petzold, presented on child abuse and family violence, with Age Concern's, Mal Drummond, presenting on elder abuse, thus the life continuum was covered. This forum highlighted the extent of these issues in our communities and pointed out that what is evident is only the tip of the iceberg.

Willow and Louise also provide further training in identifying child abuse and have a free e-learning programme as well. Mal can be contacted through Age Concern, who deliver seminars specifically on elder abuse.

There was an overwhelming response but we had to limit numbers due to the size of the NZNO meeting room. Thirty three members attended.

The regional council, with the support of the presenters, will be repeating this forum on November 9. We need a larger space and have negotiated with NMIT for the use of a lecture room for the next forum (see flyer).

Those who registered for the first forum, but could not attend because numbers were limited, will be contacted. All members are welcome and encouraged to register for this topical educational opportunity.

Professional development certificates of 2 hours will be provided to participants. (Please note that an error on the flyer accidentally shows the certificate time as 1.5 hours. We apologise for this mistake.)

September Regional Council Meeting Summary

Regional Council Chair, Joan Knight

Each meeting includes a review of previous meeting minutes and actions arising, then organiser and representatives' reports, financial reports, correspondence, new business, and a review of the council's business and operational plan (i.e., goals for the year).

Resthome care funding from WINZ and from government, via DHBs, was discussed. This discussion stemmed from queries around funding and responsibilities for resthome oversight. Concerns about safe staffing and relocation of staff within facilities had been raised at previous meetings. Recommendations were made, including to ensure health and safety representatives are aware of the issues, issues are raised with clinical staff, and the local NZNO organiser is alerted via 0800 28 38 48 (NZNO Membership Support Centre).

Information about local government and district health board meet-the-candidates meetings was tabled. It was suggested that delegates encourage members to vote.

Planning for a repeat of the "Protecting the Vulnerable: Our Duty of Care" forum is in progress. The forum will be held on Wednesday, November 9, 2016 and a Nelson Marlborough Institute of Technology (NMIT) lecture room will be used. The cost of venue hire and refreshments was agreed.

Discussion was held around the perception by some members that NZNO is "RN-centric" and that health-care assistants (HCAs) feel NZNO's focus is overwhelmingly on registered nurses. NZNO statistics show that at 30/08/2016, NZNO membership was made up of 36,169 RNs, 1674 enrolled nurses and 5343 HCAs/caregivers. These statistics show the obvious reason for an "RN-centric" perception. Regional council specifically selected a topic for the latest educational forums which would be applicable to all members and this was highlighted on the flyer. There was discussion about the possibility of establishing a HCA/caregiver section. The membership committee representative will explore this idea further. HCAs joining the gerontology section was raised as an alternative.

Recipients of regional council educational funding this year (Mary Bezant and Juan Cabredo) have

agreed to speak at the 2017 pre-convention dinner if they are available.

Every year, remits are put forward to the NZNO annual general meeting (AGM) in September. These remits may be for constitutional changes or policy development. The web link to the proposed remits was distributed to members in Top of the South in early August. Remit papers were also distributed through the delegate networks to seek further feedback. The voting decisions made by regional council were based on the feedback received (albeit limited).

NZNO Membership Committee

NZNO Membership Committee Representative, Joan Knight

A number of members (selected randomly) will have the opportunity to participate in a voting strength survey in the next month. This survey is to provide updated data to the working group on member awareness, understanding, participation and engagement with NZNO on representation and voting processes.

There have been a number of remits over the last decade on voting process. The last significant work towards changing the process was in 2008 when the *Discussion of Organisational Voting Systems and the Implementation of a One Member, One Vote Entitlement* paper was produced by NZNO chief executive, Geoff Annals, (based on a paper by Lyndon Keene) and was presented to AGM. There is still no agreed resolution to the voting issue.

The voting strength working party is a combined membership committee and Te Rūnanga group. Its role is to investigate the issues, seek possible resolutions, and consult with members. A discussion paper was presented at AGM. Advice from an external consultant has been sought and the survey data will assist in this work.

Please email to joan.knight@nmhs.govt.nz if you have any issues or concerns you wish to have discussed by the membership committee.

PNA Forums

November 21 PNA Forum, Blenheim
November 22 PNA Forum, Nelson

Topic for discussion: *Professional Practice – Keeping Your Records Straight; documentation and interdisciplinary communication.*

Times and venues to be advised.

NZNO Conference Feedback

Regional Council Chair, Joan Knight

Presentations at the conference by national and international speakers were powerful and thought provoking. Conference is an amazing professional development opportunity for delegates and members. The following are just a few short summaries of the lead presentations. See back page for conference photos.

Nurses: A Force for Change Influencing the Health of our Communities – Impact and Visibility

Chief executive officer of the International Council of Nurses (ICN), Dr Frances Hughes, was one of the keynote speakers at NZNO's Conference held at Te Papa in September.

ICN, founded in 1899, became the first international professional women's organisation. Dr Hughes stated that ICN grew out of the suffragette movement and today it has 130 national nursing association members. Founded in 1909, the New Zealand Trained Nurses Association, the forerunner of NZNO, joined ICN in 1912.

Dr Hughes talked about the disparities in health-care and life expectancy across the globe and the prime reason for those being funding levels.

“Insanity (is) doing the same thing over and over again and expecting different results”. Dr Hughes uses this quote from Albert Einstein to encourage nurses to be innovative and share the evidence of those innovations internationally.

She also said nurses needed to be political, to understand policy, to stimulate discussion, and be “at the forefront of transforming health-care”.



If You Are Not at the Table, You Are on the Menu

President of the Canadian Federation of Nurses Unions (CNFU), Linda Silas, the other keynote speaker, challenged us not to be "wet noodles" and to have the courage to defend nursing budgets.

Canadian nurses face the same workplace challenge of underfunding and under staffing as we in New Zealand and, indeed, as do most nurses throughout the world. “We take care of everyone else but who takes care of us?” Linda, correctly, also said; “Safety is not negotiable” and “what you allow is what continues - you cannot stay silent!”

Canadian nurses' unions have taken to the media with television advertising to get their message across to both the public and politicians.

Linda encouraged us “to wear your colours proudly and globally move together”. There is strength in unity.

Child Poverty

Absolute poverty: *lack of resources for bare minimum existence.*

Relative Poverty: *exclusion from the minimum acceptable way of life.*

These Australian definitions were used by Child Poverty Action Group, Nikki Turner, to show the difference between what we would see in some Third World countries and what exists in New Zealand. She described income as the single most important determinant of health.

She talked about the ability to recognise those affected by poverty, to see the recurrent illnesses spread through overcrowding, unhealthy housing, and inadequate diet. In particular, Nikki raised the effect of poverty on the wiring of the early brain and that those effects will follow children throughout their lives.

The changes in legislation over the last 30 years which have had an impact on family income were highlighted, including Ruth Richardson's 1991 “Mother of all Budgets” which cut benefits and led to an increase in poverty.

ENriching and Unique

38th Enrolled Nurse Conference

Top of the South Enrolled Nurse Section report by chairperson, Debbie Hawkey

The 38th enrolled nurse conference, held in Blenheim in June, was attended by 98 enrolled nurses, one retired registered nurse, and one midwife.

The keynote presentation provided insight into organ and tissue donation and included a presentation from a donor recipient about her journey. A presentation on methamphetamine was both frightening and interesting. “The application of the Enrolled Nurse Scope of Practice in the New Zealand Health Workforce” provided a welcome opportunity to discuss, debate and continue to plan for our future.

There have since been articles in *Kai Tiaki Nursing New Zealand* on the panel discussion and conference highlights.

Conference dinner was a huge success, with many laughs, and dancing throughout the night to the “Hummingbirds”.



Getting in the “conference mood.”



EN conference dinner theme: “Taste of Marlborough”



EN conference committee: Gail Gosnell, Barbara Morrison, Trish King, Annie Wooding, Jenny McKay, Julie Walsh, Glenys Parsons, and Debbie Hawkey.

Free membership for first year bachelor of nursing or enrolled nursing students from April 1, 2016

From April 1, 2016, students in their first year of study in the bachelor of nursing or enrolled nurse programmes are eligible for free NZNO membership (conditions apply, as explained below).

Benefits of NZNO membership

NZNO is both a professional organisation and a registered union committed to providing “best practice” member support. There is no other nurses' organisation like it.

Membership gives you access to all the functions of a registered union and of a professional association, including first rate legal advice and indemnity insurance protection.

Please note: If you are working in health-care (at a site covered by NZNO) while you are a first year student, then normal workplace membership fees apply. The rationale for this is that workplace coverage cannot be provided under the student membership rates, due to costs incurred by NZNO.

Please contact NZNO’s membership support centre at 0800 28 38 48 to check which rates apply in your circumstances, or for more information on student membership and to join NZNO.

Protecting the vulnerable

OUR DUTY OF CARE



This forum is a repeat of the forum brought to you by the NZNO Top of the South regional council earlier this year. It is suitable for nurses, care-givers, health care assistants and administrators working in health and caring.

Light refreshments will be served.

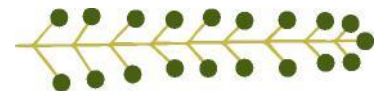
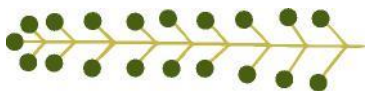
Participants will receive a certificate for 1.5 hours professional development time.

Attendance is free, numbers are not limited (seats 100), open to NZNO members and non-members. Please RSVP to NZNO regional administrator, Alison Arron, for catering purposes: alisona@nzno.org.nz or telephone: 03 546 7217.

Willow Duffy
Safeguarding Children

Louise Petzold
Family Violence

Mal Drummond
Elder Abuse



6.30-9pm, Wednesday 9 November 2016

Nelson Marlborough Institute of Technology (NMIT) A Bock, Lecture Theatre
A211 (entrance off Alton Street, map available by email)



NZNO Conference and AGM 2016 Photos



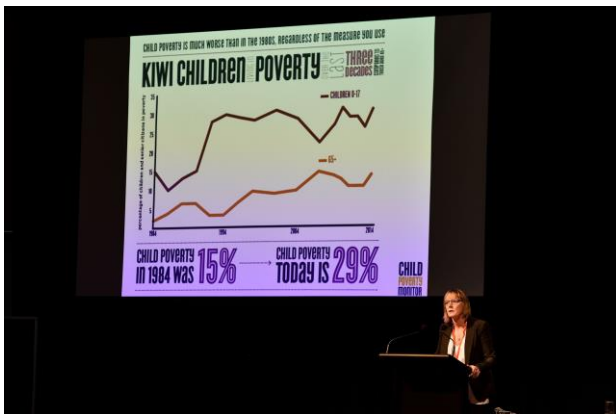
Winner of Te Rūnanga o Aotearoa NZNO's highest honour, Te Akenahi Hei, Pare O'Brien (NP) and a member of her whanau.



NZNO taonga on display.



AGM dinner at Te Papa conference room.



Guest speaker from Child Poverty Action Group, Nikki Turner.



Keynote speakers: ICN, Frances Hughes and CNFU, Linda Silas with CEO, Memo Musa.