



NEW ZEALAND
NURSES
ORGANISATION

TŌPŪTANGA
TAPUHI
KAITIAKI O AOTEAROA

Top of the South Regional Council Newsletter February 2022

NZNO National Office Membership Support Centre

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www.nzno.org.nz

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Jacki Nixey
Email: jacki.nixey@nmdhb.govt.nz

Te Rūnanga representative: Vacant

NSU representative: Hamish Duncan
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NSU Te Runanga Tauira representative:
Vacant



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DELEGATE ELECTIONS



**Nominations are being called
for a new NZNO delegate**

Scan me with your phone's camera
to find our more information about
being an NZNO delegate



Grants, Scholarships & Funding

Contact the Regional Administrator, Phone 546 7217 or visit www.nzno.org for more information about
how to access funds to attend conferences and/or other training opportunities.

Welcome to 2022....and February already!

I hope that some of you have been able to take holidays over the summer and that everyone has enjoyed some family time.

The International College of Nurses (ICN) theme for International Nurses Day (IND) 2022 is:

Nurses: A Voice to Lead – Invest in nursing and respect rights to secure global health.

This is focusing on the need to protect, support and invest in the nursing profession to strengthen health systems around the globe.

Coming up soon is our Annual Regional Convention in May. Sadly, and due to COVID we are unable to hold our Annual Dinner and Convention in person. The Convention will be an on-line hybrid mega convention. It is anticipated that the morning will consist of a set program from NZNO, and the afternoon will be “breakout rooms” with regional input. This will be pre-recorded. Please remember to apply for EREL for the convention. More details will be available soon.

Our March forum in Blenheim is also cancelled at this stage. The AGM will be held in Nelson on 10th March. We are looking at other options for the forum to be held on an alternative date.

The 3rd year NMIT Bachelor of Nursing students were recently treated to a pizza lunch courtesy of the Top of the South Regional Council/NZNO, and thanks to Hamish (our student rep) for organizing this! At the time of writing this newsletter we are in the process of trying to organize an NZNO presence at the NMIT nursing student’s orientation week.

For those in the DHBs the MECA will be expiring at the end of October which means negotiations will be recommencing.... Please start thinking about what you would like to see in the new MECA and let your delegates know.

Please feel free to get in touch, stay safe and take care,

Carolynn Hannah – TOP RC Chair

TOP Regional Convention

Volunteers needed to share their stories

We are keen to hear from members who would be happy to share their story via a short video for our section of the regional input for the convention. If you would like to share with fellow members your journey/story please let Abby (NZNO administrator) know. We would especially love to hear from HCAs, International nurses, and those members working in Aged Care.

ANZNN Conference Feedback

Faced with the prospect of cancelling yet another conference, the Australian and New Zealand Neonatal Network (ANZNN) - Clinical Practice Improvement team utilised their recently polished online skills and organised a webinar instead.

To accommodate the attendance of presenters and attendees from differing time zones across the Pacific, e.g. Canada, Singapore and Hong Kong as well as Australia and NZ, the webinars were split over two afternoons, with two presentation streams running concurrently. Thank you to NZNO for funding the very reasonable registration fee which meant that eight of our Neonatal nurses from Nelson SCBU were able to attend at least one afternoon.

Keynote speaker, Professor Gillian Harvey, Professor of Health Services and Implementation Research in the College of Nursing and Health Sciences, Flinders University, Adelaide, was most inspiring for me. She talked about closing the evidence/practice gap since 30-40% of care delivery is not considered best practice. Energy is being invested in research but not in implementation. Harvey explained we need a dynamic approach to implementing best practice using PDSA cycles. We can identify barriers and enablers, concentrate

on the 'active ingredient' and understand the 'What, Who, Where, How'. This fits with how we've been implementing Family Integrated Care (FICare) in our unit, trying out new care plans, reviewing and refining, and we are still in the process of adapting to better suit the whanau who use our services.

Also pertinent to us was Sarah Wiegele's presentation on Parent Education: Listening to Parental Feedback, since we are currently redesigning our whanau feedback forms and seeking a Parent Advocate. FICare is about shifting power to the parents, giving them control of their learning, involvement and opportunities in caring for their baby. Wiegele explained that parents need different information at different times as their baby's journey changes. A couple of sample questions from the feedback questionnaire that we will be borrowing; 'Did you have enough information about..?' and 'Did you feel like you need permission to hold your baby?'

Other interesting sessions extremely relevant to our secondary level unit were; Increasing the Use of Breastmilk in Late Preterm Infants; Optimising Availability of Early Expressed Breast Milk; Improving Growth Monitoring; Improved Lactation in the NICU; and Handovers.

The webinar itself was extremely well organised, the presentations short and snappy, with a break half-way through the afternoon to avoid "zoom fatigue". The day concluded with a Q&A forum where all the speakers were able to answer questions submitted from attendees throughout the afternoon.

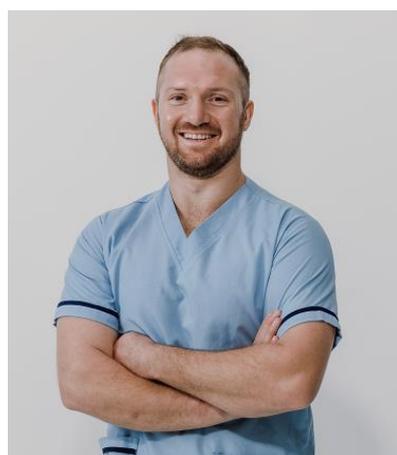
It was inspiring to hear what other units across Australasia were doing and the innovative ideas from both medical and nursing staff was energising. It was also reassuring for us to realise that here in our little corner of NZ, our SCBU compares well and many of the issues identified for improvement, we have already addressed or are currently working on. Thank you to NZNO for funding us in this way, and thanks to the ANZNN for the great collaborative work that goes on.

Jan Kirk
CNM SCBU Nelson

SAVE THE DATE

Top of the South Regional Convention
Thursday 12th May 2022

Introducing Hamish Duncan **TOP Regional Council** **(NSU Representative)**



Greetings, my name is Hamish Duncan, I am a third year Student in the Bachelor of Nursing at NMIT. I have been an NSU/NZNO rep in this region from November 2021.

I began my academic journey in Dunedin, starting with the Foundation for Health Science First Year, Health Science First Year at Otago University and then in 2016 completed my first year of the Bachelor of Nursing at Otago Polytechnic. During my second year I had to take a hiatus from study for personal/healing reasons. During this time, I achieved some other goals which were doing stunts and acting on several regional and international movies. Nursing remained my calling and I decided to return to complete my degree but chose to stay close to home for support and love of the area.

I became an NZNO representative because I believe in fair treatment for everybody and if we have healthy, well trained nursing students entering the workforce with enthusiasm and energy, then current nurses

will also benefit from that rejuvenating energy and in turn society will benefit. Going through my training and personal experiences has increased my respect and admiration for nurses and the work they do. It also brings me immense pride to join the profession and be blessed to serve within the healthcare community.

My passions within nursing are broad at this time but I have been drawn to rural health and the varying work that is done in that field. I would love to experience ICU and emergency nursing and contribute to nursing research.

Outside of nursing I enjoy going for walks with my dog George, going to the gym, practicing ballet, training in martial arts, practicing transcendental meditation, contemplating the existence of the universe, and observing the nuances of humanity.

Feel free to contact me via email: hamishmduncan@gmail.com.

Representation on Council

Top of the South Regional Council Members:

Carolynn Hannah (Chair), Joan Knight (Vice Chair), Maria Briggs, Jacki Nixey (Membership Committee Representative) Tessa Easton and Hamish Duncan (NSU).

MEMBER SUPPORT CENTRE

0800 28 38 48

Remember this is the one-stop shop, so to speak, for any queries about NZNO, professional practice, and industrial advice. Please ensure you also update NZNO when any of your details change, for example your name, your contact details, or your workplace.

Meetings and Activities

Date 2022/23	Meeting type (T=Teleconference; F= face-to-face)	Purpose of meeting (RC, Mgt Team, IND etc)	Location	Duration (ie. 1 day, 1 hour)
10/02/22	F + Zoom	Regional Council Meeting	Nelson Training Room	2 hours
10/03/22	F	AGM and Regional Council Meeting	Wairau	2 hours
14/04/22	F + Zoom	Regional Council Meeting	Nelson Training Room	2 hours
03/05/22	F+ Zoom	Regional Council Meeting	Nelson	2 hours
12/05/22	T	NZNO Convention	Online	7 hours
09/06/22	F+ Zoom	Forum TBC	Nelson Training Room	2 hours
16/06/22	F + Zoom	Regional Council Meeting	Nelson	2 hours
28/07/22	F + Zoom	Regional Council Meeting	Nelson Training Room	2 hours
04/08/22	Zoom	Remit Forum	Zoom	2 hours
08/09/22	F + Zoom	Regional Council Meeting	Nelson Training Room	2 hours
XX/09/22	F/T	NZNO AGM	Wellington	
XX/09/22	F/T	NZNO Conference	Wellington	
13/10/22	F	Regional Council Planning Meeting	Nelson	3 hours
01/12/22	F + Zoom	Regional Council Meeting	Nelson Training Room	2 hours
01/12/22	F	Christmas Dinner	Nelson TBC	