



NEW ZEALAND  
**NURSES**  
ORGANISATION

TŌPŪTANGA  
**TAPUHI**  
KAITIAKI O AOTEAROA

## Top of the South Regional Council Newsletter May 2022

**NZNO National Office Membership  
Support Centre**  
**Phone: 0800 28 38 48**

[www.nzno.org.nz](http://www.nzno.org.nz)

**The NZNO Nelson Office**  
Ground floor, Monro Building,  
190 Bridge Street, Nelson 7010.  
PO Box 1195, Nelson 7040.

**Nelson Organisers:**  
Shannyn Hunter  
Jacki Nixey  
Phone: 0800 28 38 48

**Regional Administrator:**  
Abby McWatt  
Office: 03 546 7217  
Hours: Mon-Fri 9.00am-2.30pm  
Email: [Abby.McWatt@nzno.org.nz](mailto:Abby.McWatt@nzno.org.nz)

**Regional Council Chairperson:**  
Carolynn Hannah  
Email: [carolynn.hannah@nmdhb.govt.nz](mailto:carolynn.hannah@nmdhb.govt.nz)

**Regional Council Vice-Chair:**  
Joan Knight  
Email: [joan.knight@nmhs.govt.nz](mailto:joan.knight@nmhs.govt.nz)

**NSU representative:** Hamish Duncan  
Email: [hamishmduncan@gmail.com](mailto:hamishmduncan@gmail.com)

**Membership Committee Representative:**  
Vacant

**Te Rūnanga Representative:** Vacant

**NSU Te Runanga Tauira representative:**  
Vacant



[maranga-mai.nzno.org.nz](http://maranga-mai.nzno.org.nz)



### Grants, Scholarships & Funding

Contact the Regional Administrator, Phone 546 7217 or visit [www.nzno.org](http://www.nzno.org) for more information about how to access funds to attend conferences and/or other training opportunities.

## Regional Chair Report

### Greetings to all our members in the Top of the South!

It was great to be involved in the recent launch of Maranga Mai! A dedicated small group of nurses marched from the church steps down Trafalgar Street to the NZNO offices, chanting and hearing lots of support from the public! Then we enjoyed a light lunch and a video presentation together. There will be more rallies coming up and I urge you to take part and be seen (and heard)!

The Regional Council Conventions were postponed until later in the year. We are unsure of a new date at the moment but will keep you informed.

Welcome to our new NZNO Organiser, Jackie Nixey. Many of you will know Jackie from the DHB and her involvement as a delegate. There's a bio on Jackie and her new role in this newsletter.

We are looking forward to presenting a Forum on Thursday 9<sup>th</sup> June in the Nelson NZNO office.

The topic is "Suicide Prevention and the Nursing Role", a rather sobering topic which affects so many people. The presenter is Paul Martin, NMDHB Suicide Prevention Coordinator.

The 2022 NZNO Conference website is live, and the theme is Nurses-Fronting the Battle for Health.

The date for the Conference is 15<sup>th</sup> September. The AGM is held on the 13<sup>th</sup> September and is open to all NZNO members. Registrations open on the 1<sup>st</sup> June. The Conference programme is not final as yet. Conference is open to NZNO members and non-member nurses, health professionals, and anyone with an interest in nursing.

Carolynn Hannah – TOP RC Chair

### Top of the South Educational Fund

Through prior bequests our region has a fund of money set aside to provide for educational grants for members. To ensure the continuation of these funds we are only allowed to use the interest to provide grants. Every newsletter on the front page includes details for members to contact our administrator for information and application paperwork for not only the Top of the South Educational fund but also for other grants and scholarships available through NZNO.

### MEMBER SUPPORT CENTRE

**0800 28 38 48**

Remember this is the one-stop shop, so to speak, for any queries about NZNO, professional practice, and industrial advice. Please ensure you also update NZNO when any of your details change, for example your name, your contact details, or your workplace.

## Introducing Jacki Nixey NZNO Nelson Organiser

Kia ora Top of the South members,

I am delighted to have this opportunity to introduce myself as the new organiser for Top of the South.

I will be responsible for Wairau Hospital, Aged care, PHO, and the PHC areas.



Some of you may already know me from my time at Nelson Hospital.

I trained as a registered Nurse at NMIT and completed a NETP in Ward 10 and ATR at Nelson Hospital in 2005. In 2016 I completed a Post Graduate Diploma with Victoria University Wellington, in the Clinical Nursing Science.

I worked on the Medical unit, in the ICCU/CCU and as a Flight Transfer Nurse at Nelson Hospital. I was an NZNO workplace delegate and joined the NZNO TOP regional council in 2021 to have input into the work NZNO does on behalf of the members locally. I also joined the National Membership committee to ensure the voices of the NZNO members from the top of the south are heard on a National Level.

As much as I loved my Nursing career, I also loved the NZNO aspect of my role so when the organiser position came up, I applied and was successful, so in 2022 I started this new chapter in my life.

I am looking forward to getting to know you so please feel free to contact me via email [jacki.nixey@nzno.org.nz](mailto:jacki.nixey@nzno.org.nz) or via the NZNO Member support Team on 0800 28 38 48.

## Representation on Council

By participating in an NZNO regional council you are representing your region's views at a national level. NZNO policy and direction is formed by the feedback and information gathered at the regional level. Regional council meetings and events provide useful opportunities to network with colleagues and communicate your concerns and issues and have your say about the way NZNO works. They are one of the ways NZNO information gets to members. Regional councils sponsor professional forums and nursing events.

## WE NEED YOU!

TOP Regional Council currently has only 4 members. We need more members to represent all nursing sectors. Please consider joining our regional council. You will find a nomination form attached.

### Top of the South Regional Council Members:

Carolynn Hannah (Chair), Joan Knight (Vice Chair), Maria Briggs and Hamish Duncan (NSU).

## Care and support petition

The NZNO / PSA / Etū petition in support of our care and support members has received 2100 signatures so far. That's a good start but we can do much better. NZNO has 55,000 members alone. Please sign it then share it through your networks and get people to take this simple action in support of carers. You can get to the petition here: [https://maranga-mai.nzno.org.nz/fair\\_pay\\_for\\_care\\_and\\_support\\_workers](https://maranga-mai.nzno.org.nz/fair_pay_for_care_and_support_workers)

## Meetings & Activities

| Date     | Meeting type<br>(T=Teleconference;<br>F= face-to-face) | Purpose of meeting<br>(RC, Mgt Team, IND etc)  | Location  | Duration<br>(ie. 1 day, 1 hour) |
|----------|--|--|---|---------------------------------|
| 2022/23  |  |  |   |                                 |
| 09/06/22 | F+ Zoom  | Forum – “Suicide Prevention – and the nursing role”<br>Paul Martin, Suicide Prevention Coordinator NMDHB | NZNO Training Room<br>Ground floor, Monro Bldg, 190 Bridge Street, Nelson | 1730-1930<br>2 hours            |
| 16/06/22 | F + Zoom   | Regional Council Meeting   | Nelson  | 2 hours                         |
| 28/07/22 | F + Zoom   | Regional Council Meeting   | Nelson Training Room  | 2 hours                         |
| 04/08/22 | Zoom   | Remit Forum  | Zoom  | 2 hours                         |
| 08/09/22 | F + Zoom   | Regional Council Meeting   | Nelson Training Room  | 2 hours                         |
| 13/09/22 | F/T  | NZNO Annual General Meeting, and awards dinner   | Te Papa Museum, Wellington  | TBA                             |
| 14/09/22 | F/T  | NZNO Regional Delegates Day  | Te Papa Museum, Wellington  | TBA                             |
| 15/09/22 | F/T  | NZNO Conference  | Te Papa Museum, Wellington  | TBA                             |
| 13/10/22 | F  | Regional Council Planning Meeting  | Nelson  | 3 hours                         |
| 01/12/22 | F + Zoom   | Regional Council Meeting   | Nelson Training Room  | 2 hours                         |
| 01/12/22 | F  | Christmas Dinner   | Nelson TBC  | 2 hours                         |



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# DELEGATE ELECTIONS



**Nominations are being called  
for a new NZNO delegate**



## NOMINATION FORM FOR NZNO REGIONAL COUNCIL DELEGATES

### SECTION A (to be completed by nominator)

I \_\_\_\_\_ wish to nominate  
\_\_\_\_\_ for the position of Committee Representative  
to the NZNO Top of the South Regional Council.

Signed (by nominator) \_\_\_\_\_ Date: \_\_\_\_\_

### SECTION B (to be completed by nominee)

I am a financial member of the NZNO and willing to accept the position.

Signed: \_\_\_\_\_ Full name: \_\_\_\_\_

Address: \_\_\_\_\_

Email: \_\_\_\_\_ Home phone: \_\_\_\_\_

Representing: \_\_\_\_\_ Workplace, Section, Student Unit, Runanga.



**Please return to Abby McWatt, Returning Officer**

Freepost envelope provided or scan and e-mail to [abby.mcwatt@nzno.org.nz](mailto:abby.mcwatt@nzno.org.nz).

Top of the South  
Regional Council Forum

# Suicide Prevention and the Nursing Role

Presented by

Paul Martin  
Suicide Prevention Coordinator NMDHB

Thursday 9th June 2022

5.30-7.30pm

*(2 hours Professional Development certificate included)*

NZNO Training room  
Ground floor Monro building  
190 Bridge street, Nelson

RSVP [abby.mcwatt@nzno.org.nz](mailto:abby.mcwatt@nzno.org.nz)

