

Critical Comment

New Zealand

College of Critical

Care Nurses



Message from the Chair

Earlier this year the national NZCCCN committee met in Wellington where some changes were made to the committee positions (current roles are in the table below). Since then we have also welcomed onto the committee Rod Bowen representing Southern. Rod has been seconded onto the committee to fill a vacancy left by Maree Fraser who is currently on leave. As a committee we would thank Maree for her huge input, particularly in her role as editor of the Critical Comment.

A major focus for the national committee is the planning of our 2nd Critical Care Skills Workshop. This will take place at Waikato Hospital Clinical Skills and Simulation Centre on 14 November 2016. The previous workshop received very positive feedback and we are excited to be able to offer the workshop in November. We are working towards making this a biennial event moving between the north, central and south of New Zealand so it is more accessible to ICU nurses throughout New Zealand. Applications for scholarships this year have closed however we will continue to offer registration scholarships to assist nurses to meet the costs involved with attending future workshops.

The timetable is packed with sessions covering a wide variety of topics. These will include legal implications of social media for nurses, sepsis, ventilation / intensive care workshops, recognising the deteriorating patient and relevant clinical skills for practice application. For a more detailed timetable see the NZCCCN website.

The New Zealand Standards for Critical Care Nurse Staffing (2016) review has been published and is available on the website. The committee is currently reviewing the Standards / Post Registration Critical Care Education.

It is important for the NZCCCN national committee to remain relevant and reflective of both smaller regional ICUs and larger ICUs. Ongoing representative and participation on the national committee from both groups is very important. If you would like to be more involved, talk to your local college representative or email us and find out how you can play a part.

Dayle Pearman
Chair

Committee Members September 2016

NZ COLLEGE OF CRITICAL CARE NURSES [NZNO] COMMITTEE MEMBER LIST				
Position	First Name	Surname	Term	Region
Chair	Dayle	Pearman	2 nd	Northern
Vice Chair	Adele	Ferguson	3 rd	Midlands
Secretary	Elinore	Harper-Spiller	2 nd	Central
Treasurer	Lyn	Maughan	2 nd	Central
Membership	Leah	Hackney	1 st	Mid South
Website/Newsletter	Steve	Kirby	1 st	Northern
Committee	Sarah	Walker	2 nd	Midlands
Committee	Rodney	Bowen	1 st	Southern
NZNO Liaison	Margaret	Cain		

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Find us on the Web:

http://www.nzno.org.nz/groups/colleges_sections/colleges/new_zealand_college_of_critical_care_nurses

To be the recognised professional organisation of all Critical Care Nurses in New Zealand

NZCCCN Workshop 14th Nov 2016

Details & application forms can be found on the workshop website

<http://confer.co.nz/nzcccn/>



Letter from the Editor

As the incoming editor I should introduce myself. I am Steve Kirby and I am an Associate Charge Nurse Manager, critical care complex, Middlemore hospital. I have been nursing for about 22 years in critical care in both England and New Zealand.

Experience has been gained as an educator, nurse unit manager, honorary lecturer Victoria university and nursing in the Royal Navy. Currently I am focused on the long term patient and their journey through the critical care complex.

I aim to continue the valuable work and commitment that has already been put into this newsletter and make it easier to access and use by linking it to the website.

Talking of which don't forget to check out the website for information and news, also catch up with comments and Post's on Facebook.

The next critical comment will be out for Christmas so please write an article or comment for that issue and e-mail it to Sharyne Gordon at SharyneG@nzno.org.nz

I thank you in advance for your support and contributions.

Steve

Articles of Interest

- Chalmers, D. & Black, E. (2014). Critical Care Transition and Prevention of ICU Readmissions: A Bridge Over Troubled Waters. *Critical Care Medicine*, 42(1).
A good, small article from the UK discussing outreach and readmissions, looking at discharge times and staff education
- Hwang et. al. (2014). Consistency of Communication Among Intensive Care Unit Staff as Perceived by Family Members of Patients Surviving to Discharge. *Journal of Critical Care*, 29, p. 134-138.
A prospective cohort study from the US questioning adult survivors of ICU about the consistency of information given
- McKinley et al. (2013). Sleep and Psychological Health During Early Recovery from Critical Illness: An Observational Study. *Journal of Psychosomatic Research*, 75, p. 539-545.
An Australian study, using a self-reporting methodology looking at sleep disruption in the ICU
- Website to try – propofol.com This is good resource for information and education.**

NZNO College and Sections day with AGM and Conference

Leah Hackney and myself attended the College and Sections day, NZNO AGM and NZNO conference. The three days were packed with information and networking opportunities. The College and Sections day started with feedback from each of the colleges/sections using a single slide and time limited to two minutes. Some of the information presented related to international conferences they had organised, the violence that is increasing in emergency care, and various quality and professional issues. Emma Brooks and Victoria Santos discussed their roles on the membership committee and discussed greater engagement and communication with the chairs of the colleges and sections. Rosemary Minto talked on power in nursing. She talked about barriers and raising our voice in the political arena. Rosemary used examples from her own experience to demonstrate leadership in nursing, it was very powerful. The rest of the day was made of group workshops on the major issues facing the colleges and sections. This allowed for some excellent networking and sharing of ideas.

The AGM commenced with various presentations and reports: The Te Poari Report on indigenous pay inequalities was presented and is an obvious human rights issue that all of the nursing community should be behind and supporting. A report by the membership committee discussed the need for possible restructuring of the voting structure for membership voting. They also talked about the visibility of nursing. There was a presentation for climate change and why nursing should have a strong voice in guiding policy that could affect or be affected by climate change and the impact for health.

The last day was the NZNO conference, Dr Frances Hughes CEO of the International Council of Nurses presented on epidemiology change, demographical changes and healthcare systems. This included universal healthcare coverage and global challenges. She also challenged us to look at where we were and how we could view the world. Karyn Sangster from CMH talked about shared care plans and integrated healthcare, predominantly a primary healthcare initiative to get the best care to the right people and to have good documentation that is readily available. It is starting to change the model of care for the community healthcare team in CMH. Junel Padigos presented his study on antimicrobial stewardship. He presented that infection control is well established but antimicrobial stewardship is not as well established and one of his main outcomes from this piece of work. His conclusion was more education and training are required. Linda Silas, President of the Canadian Federation of Nurses Unions gave a presentation titled "if you are not at the table, you are on the menu". One of her catch phrases for discussing pay and budgeting was 'I am not overspent I am under budgeted'. She was also very strong on 'safety is not negotiable'.

Steve



Understanding Death in Critical Care: A Nursing Symposium



DATE: 9am-4.30pm, 9th December 2016

LOCATION: Level 8, Clinical Services Block, Wellington Regional Hospital

This symposium is relevant to all nurses with an interest in critical care and will explore:

- the physiology of death
- best practice at end of life
- nursing care of the critically ill dying patient
- challenges in organ donation
- ethical and legal issues at end of life.

INTERNATIONAL SPEAKER:

Associate Professor Tracy Long-Sutehall PhD, MSc, BSc (hons), C.Psychol. Tracy comes to us from the UK with 15 years nursing experience followed by five years as a transplant psychologist. Since 2007 Tracy has been undertaking consultancy work with the National Health Service Blood and Transplant Tissue Services. Tracy has spent the last 14 years as a researcher investigating issues of death and dying; end-of-life decision making; and organ and tissue donation. From this body of research, three articles were cited in the RCN's survey of most influential nursing research in the past 50 years.

NEW ZEALAND SPEAKERS INCLUDE:

- Janice Langlands: Donor co-ordinator team leader, Organ Donation NZ
- Dr Emma Merry: Intensivist, Hawke's Bay Hospital. Medical specialist, Organ Donation New Zealand. Emma is dual qualified in Intensive Care Medicine and Palliative Medicine
- Dr Alex Psirides: Intensive care specialist, ICU, Wellington
- Iris Reuvecamp: Specialist health sector lawyer, Claro Law Firm
- Alison Rowe: Nurse practitioner palliative care, Wellington

Chair: Dr Maureen Coombs MBE, professor in clinical nursing (critical care)

Registration fee \$120 | Morning tea and lunch provided

For further information and to register please contact:

Annette John | Phone: 04 806 2795

Email: annette.john@ccdhb.org.nz



COMMS: 00118-1603

News from Victoria University of Wellington

Dr. Kathryn Holloway has been appointed as the new Director of the Graduate School of Nursing, Midwifery and Health at Victoria University of Wellington. Dr. Holloway has been Dean of the Faculty of Health at Whitireia New Zealand since 2012.



NZNO Award for Edna

Out PhD student Edna 'Ungatea Tu'itupou was recently presented with an award from the Pacific Nurse's section of New Zealand Nurse's Organisation (NZNO).

3 Minute Thesis Competition

The 3MT is an exercise in developing academic and research communication skills. All currently enrolled postgraduate students may enter the VUW competition. Participants will have 3 minutes and one PowerPoint slide to give an engaging and dynamic talk on their thesis topic and its significance in language appropriate to an intelligent but non-specialist audience.

Research Excellence Awards

Victoria University of Wellington established the Postgraduate Research Excellence Awards in 2009 which recognise research by VUW students that:

- Display academic rigor, excellence, originality, and/or creativity;
- Demonstrates an impact within the scholarly, economic, or wider stakeholder communities;
- Displays clarity of expression that addresses an educated but non-expert audience;
- Advances knowledge in the field and/or contributes to knowledge.

Critical Care Workshop, Hamilton, 14th November 2016

This is a one-day event with plenty of choice and variety for all nurses working in the area of Critical Care. We have practical hands on workshops covering adult and paediatric aspects of care. Each session will have a variety of engaging and dynamic presentations on a range of topics, with a focus on collaborative practice.

Further details: <http://confer.co.nz/nzcccn/>

Costs for the 2016 Workshop:

Before 30th September 2016

- NZCCCN Member – Early Registration \$180.00
- NZCCCN Non-Member - Early Registration \$210.00

After 30th September 2016

- NZCCCN Member – Full Registration \$210.00
- NZCCCN Non-Member – Full Registration \$230.00



NZCCCN

criticalcarenurses@gmail.com

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New Zealand College of Critical Care Nurses

Update your NZNO or NZCCCN Membership

If you move address, change your name; change your job/position etc., or no longer want to be a member of a college of section you need to actively update your details with NZNO. If you do not do this your membership details for NZCCCN will be incorrect. In our experience NZNO members are not aware of this process. The NZCCCN are working on solutions, but would like to request that if you no longer wish to be a member of NZCCCN, or you need to update your details that you contact NZNO directly. You can do this by emailing Sharyne Gordon: SharyneG@nzno.org.nz with NZNO number and a simple request to alter your details or remove you from the membership database.