

Critical Comment New Zealand College of Critical Care Nurses



Message from the Chair

Welcome to the final addition of the Critical Comment for 2017. Best wishes for an enjoyable festive season and I hope you have a break at some point during the summer.

Next year the NZCCCN is looking toward an alternative way we can support education in smaller centers. Although our past three workshops have been successful, this model is best suited to larger centers. As a committee, we are very cognisant that many members do not have the opportunity to travel to attend the workshops in main centers. We will also continue to offer scholarships to assist members to go to regional meetings.

Scholarship applications for funding to attend the NZ Regional ANZICS Meeting in April 2018 hosted by PICU will be available soon on the website. This will be a fantastic meeting with a stimulating scientific programme, fun social line-up and an opportunity to network.

The NZCCCN General Meeting will be held during the regional meeting. The call for NZCCCN committee nominations, remits, rule changes, and other business 2018 has been emailed to members. The nominations forms are available from the website

https://www.nzno.org.nz/groups/colleges_sections/colleges/new_zealand_college_of_critical_care_nurses/conferences_events

Wishing you a safe and happy Christmas,

Dayle Pearman

Letter from the Editor

I wish you all a very Merry Christmas and a Happy New Year. I hope that you have enjoyed, benefited and maybe even shared the information from the critical comment this year. It has been a very busy year for everyone and I hope that you have got some rest coming up over this festive season.

We have now had released the call for members has come out by email and we hope that many of you may consider the chance to stand for the committee. The general meeting in April will be held during the conference in Auckland. This looks set to be a very good and full conference at which we hope to see as many people as possible from the college.

Please enjoy this newsletter, and looking forward to next year.

Steve

NZ College of Critical Care Nurses [NZNO] 2017 national committee members			
Position	Name	Term	Region
Chair	Dayle Pearman	3 rd	Northern
Vice Chair	Steve Kirby	2 nd	Northern
Secretary	Elinore Harper-Spiller	3 rd	Central
Treasurer	Lyn Maughan	3 rd	Central
Membership	Leah Hackney	2 nd	Mid-South
Website/Newsletter	Steve Kirby	2 nd	Northern
Committee	Sarah Rogers	1 st	Midlands
Committee	Erin Williams	1 st	Lakes
Committee	Rodney Bowen	1 st	Southern
NZNO Liaison	Margaret Cain		



Interested in becoming a NZCCCN national committee member?

Four new national committee member roles will soon become available, commencing April 2018.

- 1 position from Northern Region
- 2 positions from Central Region
- 1 position from Mid-South Region

Being a committee member is a rewarding experience, having the ability to network with likeminded nurses and have an impact on critical care nursing in New Zealand. This is a volunteer role, whereby you will have work to do outside of the committee meetings. You must be able to commit to teleconference's and three face-to-face meetings in Wellington each year.

Region Geographical areas:

Northern = Northland and Auckland

Central = Taranaki, Whanganui, Palmerston North, Masterton, Hutt Valley, Wellington, Nelson and Marlborough

Mid-South = Canterbury, Southern Canterbury, and West Coast

**Annual meeting of the NZ Critical Care Outreach Forum
15 September 2017
HQSC Boardroom Wellington.**

On the 15th September the National Critical Care Outreach Meeting was held at the Health Quality and Safety Commission's boardroom in Wellington. This national group has been regularly meeting for the past few years and has a core group looking at terms of reference, the future direction of the group, and possible operational standards for critical care outreach services.

The meeting was attended by a wide range of either outreach nurses or those who have an interest in providing outreach services. We had nurses from far and wide – Wellington (public and private), Auckland (Waitemata and Counties Manukau), Dunedin, New Plymouth, Rotorua, Wairarapa, Whanganui and Waikato. It was great to hear from all of these places about what services they provide, what they hope to provide and challenges that are occurring within small and large hospitals around the country.

An agenda was run for the day and after the welcome Jennifer Hill (Specialist – Patient Deterioration HQSC) updated the group on the HQSC program about the five year quality improvement programme on Patient Deterioration. There are five key areas with time frames with the rapid response systems (EWS) July 2016 – June 2018. Jennifer shared the learnings from the five DHBs who ran the trial of the National EWS (Whanganui, Auckland hospital, Tairāwhiti, Nelson Marlborough, Christchurch – public and private). There was a site which had electronic scoring systems and those who were working with paper based systems. Escalation plans had to be site specific and be able to provide rapid response to deteriorating patients within the resources available at each site. The programme is now out to the rest of the DHB's to implement going into 2018. Trial sites are happy to be contacted with any questions from all other DHB's who are now working through the implementation phase. The next part of the program is the move into family and whānau activation of concern and shared goals of care. The shared goals of care workshop was held at the end of October at Te Papa.

Eve Christophers from the Middlemore Outreach team presented their project about patient and family initiated call for concern – Call for Concern 24/7. This is a resource for patients and family/whānau members to call for immediate help if they become concerned about changes in a patient's medical condition. This is part of the five year HQSC programme at improving the recognition and timely response to patient deterioration. This patient and family whānau escalation has the target dates of implementation July 2017 – June 2019. The project was piloted on two wards – adult general medical and general surgical. As part of the study 41 patient or family members were interviewed by the research team. Of the 41, 28 had experienced deterioration either via medical emergency (MET) call or at patient at risk (PAR) review, and 13 ward patients were interviewed as part of their admission. Five themes emerged – knowledge of illness and deterioration, what matters most to patients and families, cultural/spiritual and personal beliefs, feelings of relief and reassurance on escalation, and support for a 'call for concern' service.

There is overwhelming support for a call for concern service and patients, family/whānau and staff have been interviewed. Pro's and con's have been listed and ideas for implementation have been identified. The project was run with a partnership model which included nurse leader sponsorship, project wards supported by a project team, consumer involvement, PAR team and the quality team. There are posters and pamphlets about the project to help advertise it in the project wards.

Sara Olley from the Waitemata Outreach team presented their Acute Care Training (ACT) for the Multidisciplinary Team on behalf of Sonya English who had presented it to the ANZICs Deteriorating Patient Conference in Sydney earlier this year. This course which has been 10 years in the making utilises the familiar ABCDE assessment process and communication tool ISBAR. The course has pre course e-learning, that includes use of the communication tool, scenarios, and relevant information about the patient. The course has a 70/ 30 split of time – 70% of the time being spent in practical training and simulation and 30% of the time in discussion and review of theory. Waitemata DHB had five key goals which were underpinned from the ACT course – evidenced based oxygen therapy and humidified high flow nasal prongs, CLAB prevention, Surviving Sepsis, ISBAR referral and practical vs technical interface. The Waitemata team like to own their own course as it allows course to be inclusive and flexible, and for them to run a realistic multidisciplinary team approach.

The outreach core group had decided to canvas the wider outreach nursing community by undertaking a survey monkey about the future direction of the group, official name and if we should head down a competencies route. Susan Takerei presented the results on behalf of the core group. There were 50 responses, with 28 of those working within outreach/PAR teams, 8 from critical care/ICU/flight nurses, 4 nurse practitioners and 4 clinical nurse specialists (and a scattering of other areas). 76 % of respondents were members of NZ College of Critical Care Nurses, 55% worked at a tertiary hospital, 25% secondary hospital, 5% rural hospital and 15% private hospitals. 60% of responders had attended the national outreach meeting in the past. There was a canvas of what people would find interesting to be presented at future meetings, with education, networking, research sharing and core competency training all scoring well. We asked how often the meeting should be held – 57% stated yearly, with the remaining 43% saying twice yearly. The UK has national outreach forum which advises and provides specific guidance regarding core competencies – we canvassed the group about if our national group should take this path – most respondents strongly agreed that we should follow this path. 83 % said that a website would be useful and that they would be prepared to pay a small membership fee (82%). The final question was about what name the national group should adopt – there were three choices which suggestions also an option – the final name that was agreed on by the group present at the meeting was New Zealand Critical Care Outreach Forum.

The core group (Susan Takerei, Leslie Kazula, Kate Smith and Anna Lawson) lead a discussion about the National Outreach Forum Operational Standards and Competencies for Critical Care Outreach Services. This document has been generated from The National Outreach Forum (NORF) in the United Kingdom – it is endorsed by the National Early Warning (NEWS) Score Development and Implementation Group of the Royal college of Physicians and The Intensive Care Society. The NORF document is very comprehensive and outlines core elements of comprehensive critical care outreach as a continuum with seven core elements: Patient track and trigger, rapid response, education, training and support, patient safety and clinical governance, audit and evaluation; monitoring of patient outcomes and continuing quality care, rehabilitation after critical illness and enhancing service delivery. The feedback from the survey monkey indicated that the NZ group should look at adopting competencies. NORF are happy to share as long as they are acknowledged. The core group would like the wider group to consider this document and how we can possibly adopt here. The document can be found at: www.norf.org.uk

The next NZCCOF meeting will be held in Hamilton in October in 2018.

If you have any enquiries about NZCCOF or wish to be added to the email database please email either: Kate Smith (Waikato) Kate.Smith@waikatodhb.health.nz or Anna Lawson (Whanganui) anna.lawson@wdhb.org.nz

The NZCCOF would like to thank the HQSC for the use of their boardroom for the day and for Emma Mountier who assisted with refreshments and being the point of contact.

 NZCCCN

criticalcarenurses@gmail.com

Find us on the Web:

http://www.nzno.org.nz/groups/colleges_sections/colleges/new_zealand_college_of_critical_care_nurses



New Zealand College of
Critical Care Nurses

 NZCCCN

Articles of interest

For this edition we have put another copy of the FOAM kindly shared by the St Johns Ambulance service onto the website.

“Size Does Matter!”

4-6 April 2018

The Hilton Hotel, Auckland, New Zealand

www.anzics2018.nz

It is with great pleasure that we welcome you to the City of Sails for the NZ Regional ANZICS Annual Scientific Meeting which will be held from 4-6 April 2018 at the Hilton Hotel in Auckland's Viaduct Harbour.

The Paediatric Intensive Care Unit at Starship Children's Hospital are proud to host this event for the first time. The theme of the meeting is “Size Does Matter!” reflecting the innovative and challenging differences between critically ill neonates, children and adults. The programme will deliver thought provoking and challenging plenary sessions with interactive case based discussions from an inspirational national and international panel that includes parents, doctors, nurses and allied health professionals.

The conference venue is located in the heart of Auckland's vibrant Viaduct Harbour. The traditionally lively social programme will showcase New Zealand's rich maritime history. Following the Welcome Reception, stroll past the super yachts to Dr Rudy's Rooftop Bar where teams can compete in a ten pin bowling challenge.

Join us on Thursday for canapés at the Blue Water-Black Magic Gallery, a tribute to one of New Zealand's sporting heroes, Sir Peter Blake where the winning team can ask our special guests, Richie McCaw and Gemma Flynn the first question at the Champagne Q&A.

Comedian Jesse Griffin AKA country singer Wilson Dixon from Cripple Creek, Colorado will make you roar with laughter throughout The Gala Dinner at The Maritime Room. Dance the night away or watch the world sail past on the balcony with spectacular views of Waitemata Harbour.

Don't fall victim to your overindulgence - renew your body and mind with the highly spirited and enthusiastic team from Lululemon who will guide you through complimentary yoga at the mindful breakfast session.

We hope you enjoy your time in Auckland!

**NZ Regional ANZICS ASM
Organising Committee**





NZCCCN

New Zealand College of Critical Care Nurses



Are you a member? Membership is FREE

- ✓ Join a large community of likeminded nurses
- ✓ Scholarships available for courses and education
- ✓ Discounted registration to ANZICS conferences
 - ✓ Critical Comment Newsletter
- ✓ Support education and safe staffing standards



For more information or to join, visit our website:
www.nzno.org.nz/groups/colleges_sections/colleges/new_zealand_college_of_critical_care_nurses

or



New Zealand College of Critical Care Nurses



http://www.nzno.org.nz/groups/colleges/new_zealand_college_of_critical_care_nurses/newsletter

Update your NZNO or NZCCCN Membership

If you move address, change your name, change your job/position, or no longer want to be a member of a college of section please update your details with NZNO. You can do this by emailing Sharyne Gordon: SharyneG@nzno.org.nz with NZNO number and a simple request to alter your details or remove you from the membership database.