# Critical Comment New Zealand College of Critical Care Nurses

## Message from the Chair

Welcome to the spring Critical Comment and an update from the national committee.

The draft Education Standards were circulated shortly after the last newsletter. Thank you to those who provided us with feedback. Thank you also to Rod Bowen (Southern Region) and Lyn Maughan (Central Region) who have put so much time and effort into moving this project forward. For those of you who have been keeping upto-date on the Education Standards you will be aware that these have been divided into three phases. Phase 1 is the NZCCCN Position Statement Critical Care Nurse Education. This defines what a qualified critical care nurse is and makes recommendations on critical care nurse education. Phase 2 is the Critical Care Nursing Education Standards. These provide the framework for education providers to develop and deliver post-registration critical care nursing programmes and outline minimum requirements for critical care nursing programmes. It is important that these are not too prescriptive so programmes can be designed to meet local critical cares' needs which vary immensely throughout NZ. Phase 3 will be the development of a standardised knowledge and skills framework. A working party will need to be formed ensuring representation across intensive/critical care units nationwide and other stakeholders.

Both this Critical Comment and the next will profile the PICU at Starship Children's Health who will be hosting the next regional ANZICS meeting. Those of you who have previously attended either regional or federal ANZICS meetings will have benefitted from the learning and networking opportunities these provide. As there are limited funding opportunities to support nurses to attend these conferences, we encourage our members to apply for one of our scholarships. More information about these will be circulated to members in early 2018.

Later in the year we will be requesting nominations for 4 new representatives to the national committee. Our Central Region (Lyn Maughan and Elinore Harper-Spiller) members will be completing their terms on the national committee as will I (Northern Region). Our Mid-South Region representative (Leah Hackney) will also be stepping down as she will be pursuing further post graduate study. Networking with critical care nurses across New Zealand is interesting, rewarding and challenging. If this sounds like something you would like to be involved with, please contact us for more information.



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Message from the chair	1
Letter from Editor	2
National Committee members	2
ODNZ extended link nurse	3
Changing the face of PICU	3
NZNO conference & AGM	4
ANZICS Annual Scientific Meeting	5
Membership updates	6

#### Letter from the Editor

The committee are looking forward to and planning for the up and coming ANZICS conference in Auckland to be hosted by the Starship hospital team. We are hoping to see a lot of you there, start to plan now so you can take advantage of the early bird fees and plan for spending some time in Auckland.

Both Erin and I attended the NZNO AGM and conference with the College and sections day starting the whole proceedings. Erin has written a wonderful report for you that sums up the day's events very nicely. I will not say much more other than for me it was a great networking experience and time to share with the other colleges and sections. The newsletter is starting to benefit from more articles from yourselves and I really hope that this will continue as we have so much to gain from sharing our knowledge and experiences.

Please enjoy this newsletter. Steve

NZ College of Critical Care Nurses [NZNO] 2017 national committee members					
Position	Name	Term	Region		
Chair	Dayle Pearman	3 <sup>rd</sup>	Northern		
Vice Chair	Steve Kirby	2 <sup>nd</sup>	Northern		
Secretary	Elinore Harper- Spiller	3 <sup>rd</sup>	Central		
Treasurer	Lyn Maughan	3 <sup>rd</sup>	Central		
Membership	Leah Hackney	2 <sup>nd</sup>	Mid-South		
Website/Newsletter	Steve Kirby	2 <sup>nd</sup>	Northern		
Committee	Sarah Rogers	1 <sup>st</sup>	Midlands		
Committee	Erin Williams	1 <sup>st</sup>	Lakes		
Committee	Rodney Bowen	1 <sup>st</sup>	Southern		
NZNO Liaison	Margaret Cain				

## Interested in becoming a NZCCCN national committee member?

Four new national committee member roles will soon become available, commencing April 2018.

- 1 position from Northern Region
- 2 positions from Central Region
- 1 position from Mid-South Region

Being a committee member is a rewarding experience, having the ability to network with likeminded nurses and have an impact on critical care nursing in New Zealand. This is a volunteer role, whereby you will have work to do outside of the committee meetings. You must be able to commit to teleconference's and three face-to-face meetings in Wellington each year.

Region Geographical areas:

Northern = Northland and Auckland

Central = Taranaki, Whanganui, Palmerston North, Masterton, Hutt Valley, Wellington, Nelson and Marlborough Mid-South = Canterbury, Southern Canterbury, and West Coast

There will be formal advertising of these positions in the coming Critical Comment Newsletter.

### A year in review: ODNZ Extended Link Nurse

Department of Critical Care Medicine Vivienne Walker & Katie Thomson

In November 2016 Vivienne Walker and Katie Thomson started in the role of Organ Donation New Zealand (ODNZ) Extended Link Nurse in the Department of Critical Care Medicine (DCCM) at Auckland City Hospital. We joined a national team of extended link nurses, a role funded by ODNZ, who all work towards improving the process of organ donation within their individual ICUs.

Initially, we surveyed the DCCM team to identify the areas where our services could be of most benefit to the team and lead to the greatest improvement in practice. The areas of main focus were; to develop an in-service education program for both organ and tissue donation and to provide user friendly resources and support for the nursing team.

Over recent years within DCCM, tissue donation has been a nurse led initiative and very much a part of our end of life care. At the beginning of 2017, we undertook an audit of the data from October 2016 to August 2017, to identify how many families had the opportunity of tissue donation offered to them. Results showed that only half the families had been formally spoken to in regards to tissue donation. The data revealed that often presumptions were being made, so that patients were excluded from being a tissue donor; therefore conversations were not taking place. As a result, changes have been made to documentation in order to provide a reminder to refer deceased patients to either ourselves or the donor coordinators to check for medically suitability. An education session was then provided to staff within the unit and initiatives developed to raise the profile of tissue donation. Consequently, during January 2017 to October 2017 over 80% of families were spoken to, or the patient had been correctly determined as not medically suitable for tissue donation.

Over the past twelve months we have witnessed an extraordinary increase of organ donors within DCCM. There has been an increase from an average of eight donors a year in previous years, to a total of 17 donors to date this year. An increase in the number of donors following circulatory death has led to a noticeable shift in confidence from both medical and nursing staff in regards to donation after circulatory death (DCD).

In September we collaborated with CVICU at Auckland City Hospital to jointly facilitate an End of Life study day for 25 staff, nurses and members of the multidisciplinary team. The program of speakers was very well received by participants with excellent feedback. We hope this will be the first of more collaboration with CVICU, as it was an excellent way to combine our resources.

We would like to express our gratitude to the donor coordinators and fellow extended link nurses who have supported us, shared with us their wealth of knowledge and resources within this role.



# The Changing Face of PICU

#### INTRODUCING THE ROLE OF THE LONG TERM CARE CO-ORDINATOR

I have worked in the intensive care (ICU) environment for over seventeen years as a staff nurse. During this time, I developed a passion for working with children and families that end up staying in PICU for long periods of time. I find this work to be both incredibly challenging and rewarding. I am constantly in awe of how families find ways to survive and cope with the very difficult situation of living in PICU. I am also aware that some of their care needs are different to those of our acute patients. For this reason I was very excited when PICU advertised the new role of a Long Term Care Co-ordinator.

In June 2017, I was appointed to the new role of a Clinical Nurse Specialist – Long Term Care Co-ordinator. The number of Long Stay Patients (a patient who's stay has exceeded 14 days) in the Paediatric Intensive care at Starship Child Health has increased over recent years, and with that so has the complex needs of the children/young people and their families.

The Long Term Care Co-ordinators (LTCC) responsibilities are to provide specialist nursing care and coordination of care through case management of long term and complex patients. It involves co-ordinating multidisciplinary and family meetings while also providing support to families and to bedside nurses. I support families by advocating for their care needs and their complex discharge planning. I also provide support for staff nurses by acting as a resource and I assist with creating complex care plans. When appropriate I also provide bereavement support. The LTCC is also responsible for co-ordinating the successful implementation of invasive ventilation for children back in their home environment when required.

The anticipated outcomes of the role are an enhanced patient and family experience incorporating better navigation and understanding for families, improved co-ordination of care through the service with appropriate and timely referrals, and involvement of the multidisciplinary team.

Fiona McIver CNS-LTCC

#### NZNO conference & AGM 2017

Committee members attended – Steve Kirby (Counties Manukau) and Erin Williams (Lakes)

#### Wednesday 20 September - Colleges and Sections Day

After discussion with the NZCCCN committee prior to conference, a template was completed that included professional issues, committee activities, education issues and leadership issues. This has been compiled into a file of all Colleges and Sections activities. A two minute presentation was given of committee activities over the past year, focusing on the NZCCCN education position statement, standards, and future development of a knowledge and skills framework.

#### Other sessions included:

- The NZNO student unit past, present and future.
- Discussing and exploring themes for working collaboratively between the professional and industrial voice of NZNO. This touched on sustainability, core funding, volunteer time of committee members, leadership and sharing of expertise.
- Activating change A presentation by Dr Chris Walsh talking of her personal journey and the campaign to have Herceptin funded by Pharmac.
- Group work covered such topics as how to raise issues at the NZNO AGM and how to disseminate this nationally, how to manage external pressures placed on committees with minimal support and are we using social media appropriately and what safeguards are there to protect us?

#### **NZCCCN**

criticalcarenurses@gmail.com

#### Find us on the Web:

http://www.nzno.org.nz/groups/college s\_sections/colleges/new\_zealand\_colle ge\_of\_critical\_care\_nurses



New Zealand College of Critical Care Nurses

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#### Thursday 21 September - Annual General Meeting

Thursday focused on the industrial activities of NZNO. The morning included sessions of current campaigns of how to build and use the power NZNO members have to influence policy; the equal pay strategy detailing the history and outcome for our members who are care givers and where the campaign is going for gender pay equality; and a current project developing strategies to raise the visibility of nursing in day to day New Zealand life. This included the launch of an animated video to highlight to the public how nurses working across all sectors of society touch individual lives.

The AGM took place in the afternoon with all the remits passed. The most notable of these was the extension of members being able to join three Colleges or Sections, an increase from the previous two. Members have been notified of this via email.

The evening social Awards Dinner was held at Te Papa. An enjoyable evening was had by all with full details of the awards covered in the current issue of Kai Tiaki

#### Friday 22 September – Conference

A number of really interesting sessions were given by plenary speakers. These included:

- How can we better influence political decisions about health? Warren Lindberg discussed how change can be a long process but can be achieved through determination and perseverance.
- Nurses as advocates for our patients and communities: Jean Ross, co-president of National Nurses United, a nursing union in the United States, advocated for the continued combined voice of nurses to ensure patients are protected and advocated for within health policy and care. She stressed the importance of continuing the NZ state run health care system and preventing further privatisation in the interests of health care users.
- Population health and our whanau: Pare O'Brien detailed her Nurse Practitioner journey within her community of Te Teko. She discussed the development of her professional practice along with her dynamic and evolving nursing vision to provide a service that reflected her community and whanau needs.
- Panel discussion on 'Assisted Dying': A fascinating discussion of a current controversial topic from a multiple of nursing perspectives including
  the nurse's role in assisted dying, ethical concerns and issues, and the equality of Maori in policy determination.
- Improving children's lives through policy: Professor Innes Asher discussed the background and statistics of New Zealand child poverty and the work of the Child Poverty Action Group to continually raise this important social concern to policy makers.

#### "Size Does Matter!"

4-6 April 2018 The Hilton Hotel, Auckland, New Zealand

#### www.anzics2018.nz

It is with great pleasure that we welcome you to the City of Sails for the NZ Regional ANZICS Annual Scientific Meeting which will be held from 4-6 April 2018 at the Hilton Hotel in Auckland's Viaduct Harbour.

The Paediatric Intensive Care Unit at Starship Children's Hospital are proud to host this event for the first time. The theme of the meeting is "Size Does Matter!" reflecting the innovative and challenging differences between critically ill neonates, children and adults. The programme will deliver thought provoking and challenging plenary sessions with interactive case based discussions from an inspirational national and international panel that includes parents, doctors, nurses and allied health professionals.

The conference venue is located in the heart of Auckland's vibrant Viaduct Harbour. The traditionally lively social programme will showcase New Zealand's rich maritime history. Following the Welcome Reception, stroll past the super yachts to Dr Rudy's Rooftop Bar where teams can compete in a ten pin bowling challenge.

Join us on Thursday for canapés at the Blue Water-Black Magic Gallery, a tribute to one of New Zealand's sporting heroes, Sir Peter Blake where the winning team can ask our special guests, Richie McCaw and Gemma Flynn the first question at the Champagne Q&A.

Comedian Jesse Griffin AKA country singer Wilson Dixon from Cripple Creek, Colorado will make you roar with laughter throughout The Gala Dinner at The Maritime Room. Dance the night away or watch the world sail past on the balcony with spectacular views of Waitemata Harbour.

Don't fall victim to your overindulgence - renew your body and mind with the highly spirited and enthusiastic team from Lululemon who will guide you through complimentary yoga at the mindful breakfast session.

We hope you enjoy your time in Auckland! NZ Regional ANZICS ASM Organising Committee





# **NZCCCN**



New Zealand College of Critical Care Nurses

# Are you a member? Membership is FREE

- ✓ Join a large community of likeminded nurses
- √ Scholarships available for courses and education
- ✓ Discounted registration to ANZICS conferences
  - ✓ Critical Comment Newsletter
- √ Support education and safe staffing standards



For more information or to join, visit our website: www.nzno.org.nz/groups/colleges\_sections/colleges/new\_zealand\_college\_of\_critical\_care\_nurses



**New Zealand College of Critical Care Nurses** 



#### Update your NZNO or NZCCCN Membership

If you move address, change your name, change your job/position, or no longer want to be a member of a college of section please update your details with NZNO. You can do this by emailing Sharyne Gordon: <a href="mailto:SharyneG@nzno.org.nz">SharyneG@nzno.org.nz</a> with NZNO number and a simple request to alter your details or remove you from the membership database.