

important vital standards need to know  
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## > FOAM: Month in Review

Free Open Access Medical Education Online



**St John**

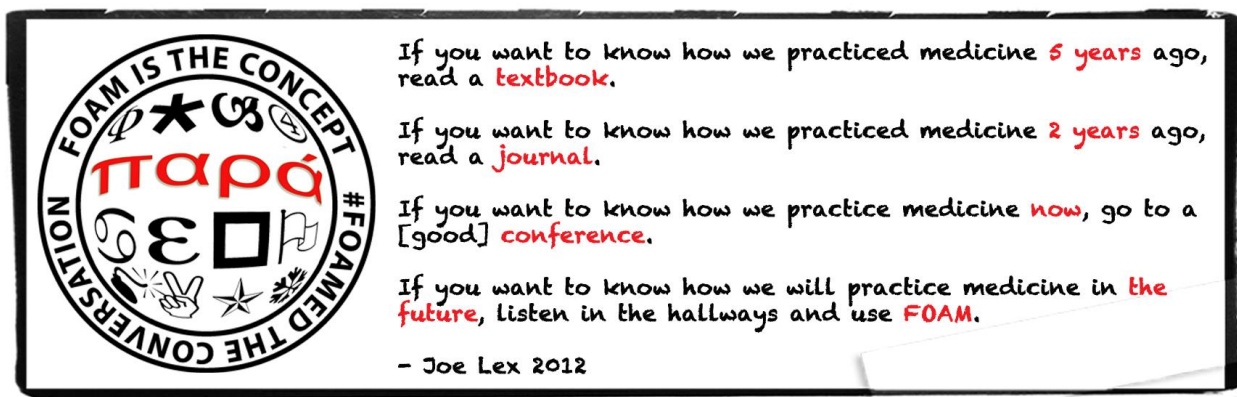
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ISSUE #41 | CLINICAL DEVELOPMENT | OCTOBER 2017 | OPERATIONS STAFF

### FOAM

FOAM is Free Open Access Meducation – medical education for anyone, anytime, anywhere. The term emerged from the increasing collection of evolving, collaborative and interactive education resources being distributed on the web. It includes blogs, podcasts, tweets, Google hangouts, online videos, text documents, photographs, Facebook groups and more. (<http://lifeinthefastlane.com/foam/>)

Remember that the content shared is clinical ‘food-for-thought’ and not necessarily endorsed by Clinical Development or reflected in the Clinical Procedures & Guidelines. The CPG’s and Standard Operating Procedures still apply over anything that you read in the links supplied in this document.



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### Sample Size: A Practical Introduction



This brief overview gives an introduction to sample size in research studies, which is important to understand when evaluating published studies.

<https://buff.ly/2hiLJOe>



### Are YOU Ok?



General Practitioner Tim Senior talks about the importance of looking after ourselves, and each other, as health professionals.

<https://buff.ly/2zfnxan>



### Airways: Optimizing the Basics



Emergency Medicine specialist Justin Morgenstern talks about how to optimize the basics in airway management.

<https://buff.ly/2yRGBbP>



### Excellence in Clinical Care



Paediatric Surgeon and presentation expert Ross Fisher talks about excellence, in his presentation at the DFTB17 paediatric conference earlier this year.

<https://buff.ly/2iFV5az>



### Road to Resus: ROSC

### THE RESUS ROOM

This 'Road to Resus' podcast discusses the evidence that exists to guide and support practice once return of spontaneous circulation is achieved after cardiac arrest.

<https://buff.ly/2zN0JLh>



### Managing Acute Asthma in Kids



Emergency nurse Ian Miller reminds us of the 'Dirty Dozen' of human errors, that commonly act as conditions or pre-cursors to human error.

<https://buff.ly/2zMZijL>



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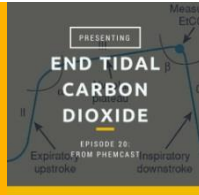
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### End Tidal Carbon Dioxide

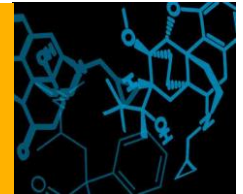


Guest contributor, anaesthetist and prehospital doctor Lauren Weekes, gives us an overview of end tidal carbon dioxide.

<https://buff.ly/2hj0NeN>



### Opioids

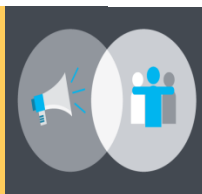


Professor of Emergency Medicine Jeanmarie Perrone, and Assistant Professor Rachael Wightman, give an overview of opioids.

<https://buff.ly/2hkAHlo>



### Patient Advocacy



This discussion article looks at advocacy, a new and developing role of paramedics that is closely linked to the developing professionalism of paramedicine.

<https://buff.ly/2ySnikS>



### Lessons from Palliative Care



Emergency Medicine resident Brittany Ellis shares her top 10 lessons after working in a palliative care setting.

<https://buff.ly/2yW0QFg>



### Modified Valsalva Manoeuvre for SVT



The 'REVERT' trial for the modified Valsalva manoeuvre for SVT was published in *The Lancet* in 2015, but this article gives us a nice reminder & overview of the technique.

<https://buff.ly/2yW3nPM>



### Acute Pancreatitis



Assistant Professor of Emergency Medicine Anand Swaminathan, gives an overview of the presentation, diagnosis, and management of acute pancreatitis.

<https://buff.ly/2yTFXg1>

