

On Target

March 2020



Aotearoa College of Diabetes Nurses Committee:

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Secretary:	Anne Waterman
Treasurer:	Nana Tweneboah-Mensah
Accreditation Coordinator:	Amanda De Hoop
Committee Member:	Helen Ashton
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Committee Update

Nobody thought we would be living in lockdown just three short months ago at the time of our last newsletter – hard to imagine that our worries then were mainly whether we had finished the Christmas shopping and whether there really had to be a hot dinner on Christmas day.

Now most of us are frantically busy trying to work out how to still support our patients without putting ourselves and our families at risk so this is just a brief newsletter to say thank you for the work you do.

We've seen the cancellation of the annual NZSSD meeting and the special interest study days before hand, clinics and elective surgery but not cancellations of new diabetes diagnoses or development of complications. We're scrambling to increase phone and video support and find some PPE.

We've postponed the ACDN AGM. We're asking NZNO if there is a way to push it right out to next year. At this stage we are tentatively making plans to invite you all to a virtual AGM in August.

Marvellously, while people are staying home and saving lives we've seen some great recognition of nurses and our value from both fellow New Zealanders and people overseas. There have been articles saying that maybe the countries who have better hospital survival rates are the ones who have higher nursing numbers. Maybe that'll all be useful in our unknown future.

When we come out of isolation please let us know how your area achieved it

and what, if anything, you're going to do differently because of it. It would be great to hear people's stories. Please email acdnewsletter@gmail.com. Until then as our Prime Minister would say continue to be strong, be kind and we'll be okay!

Nurse Prescribing

On your behalf the Committee asked Nursing Council if vildagliptin could be added to the prescribing list at least while we are at level 4 Covid-19 alert to help simplify care.

Nursing Council has advised us that this will not be happening but suggested if additional prescribing medications would be useful you could consider asking the doctor you normally work with for a standing order.

Covid-19

The NZSSD website <https://www.nzssd.org.nz/> has a lot of good information about COVID-19 and diabetes. People with diabetes which is not that well managed who get COVID-19 are more at risk of serious complications so we have to continue our efforts to help them get their blood glucose down. NZSSD have also provided clarity about the use of ACE-I and ARB in patients with COVID-19 following questions being raised about their use. They will also be putting up information for people about moving out of level 4.

Many of you will have been helping anxious patients. The NZSSD website has resources developed by Jo

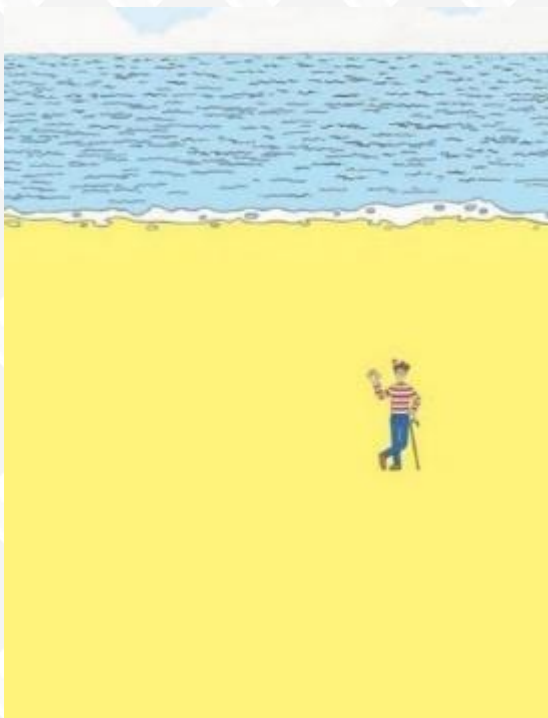
McLintock, psychologist from Waikato for adults and children.

<https://www.nzssd.org.nz/>. There is also a CBT course available at <https://www.justathought.co.nz/>.

In case you missed it, here is some good news:

Pharmac has made [some amendments to the funding arrangements for insulin pump consumables in an effort to relieve the pressure on the health system at this time.](#)

Nursing Council has said that nurses currently selected for audit will instead receive automatic recertification this time.



Accreditation Update

October 2019 round:

Congratulations to Bryan Gibbison, Lyn McPherson, Ashley Gage and a large contingent from Wellington - Heather Campbell, Gilli Lewis, Christine Curry, Lindsay McTavish,

and Val Crawford who were accredited in the October round.

May 2020 round:

Four applications were received for this round and they are currently being assessed.

New process:

The new accreditation process is now available and was used by two of the most recent applicants. The changes include the removal of requiring a PDRP, improved layout of forms, and the addition of the assessors' tool to the accreditation handbook. The changes have led to reduced application fees.

Funding Support:

Remember that ACDN has a grants fund that may be used to help cover some of the costs of accreditation or for assessor training. Details of the fund and how to apply are on the [ACDN website](#).

Confidentiality:

There are still breaches of both patient and colleague confidentiality in the accreditation applications. Examples include unconsented photos, using vivid or twink to partially block out patient identifiers that remain visible, including patient email addresses, and listing colleague's names without consent. Maintaining confidentiality for colleagues and patient/clients is legislatively required and breaches mean the portfolio will not be assessed.

NZNO have updated their practice guideline titled **Privacy, Confidentiality and Consent in the Use of Exemplars of Practice, Case Studies and**

Journaling, 2016. This can be accessed from the NZNO website: http://www.nzno.org.nz/resources/nzno_publications under the section titled 'Practice'

Assessors' Study Day

An assessors' study day was held on 12th March. Nine of our fourteen assessors attended along with our moderator Kate Smallman. The purpose of the day was to learn about managing confidentiality breaches, moderation, to network, and to share and grow assessment skills. Many thanks to Harpreet Kaur and Imelda Milich for joining the assessor pool.

Next round: Opens on 29 June and closes on 7 August 2020. We will let you know if this changes.

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Diabetes in schools

The National Child and Youth Clinical Diabetes Network and consumer representatives have developed a collection of diabetes action and management plans. These should provide a formal guide for consistent care of children and young people with diabetes in schools and early childcare organisations.

<https://www.starship.org.nz/health-professionals/diabetes-in-schools/>

The network has also created NZQA medical certificate templates for both T1DM and T2DM on insulin, to support '[special assessment condition applications](#)' for students with diabetes.

With thanks to our sponsors:



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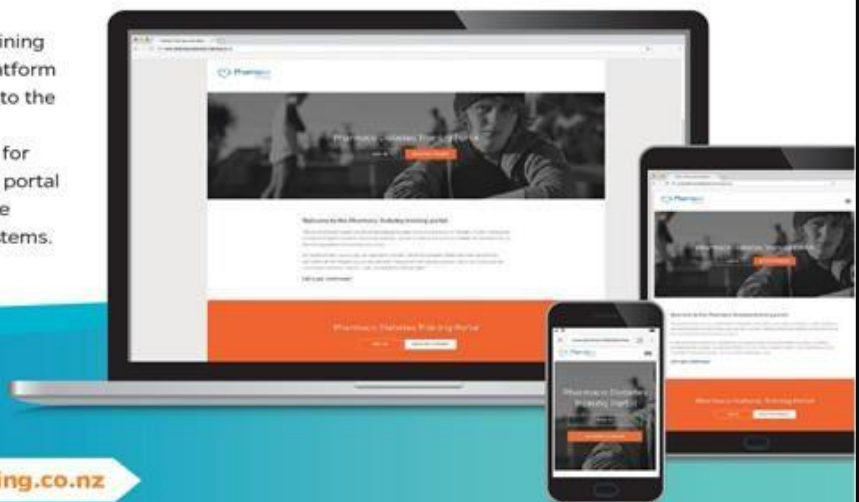
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†The indication for children (age 4 - 17) is limited to those who are supervised by a caregiver who is at least 18 years of age.

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