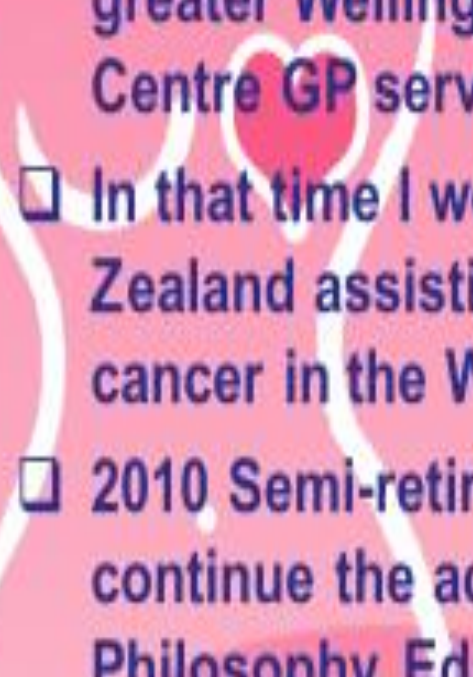


NO HEA AHAU



Ko wai ahau



- 
- ❑ 1988 Registered Comprehensive Nurse
 - ❑ 1990 Lecturer in Nursing Studies Wellington Polytechnic
 - ❑ 1996 Māori health liaison nurse and co-ordinator Victoria University
 - ❑ 2003 Manager of Whānau Ora Outreach Health Services in the greater Wellington region, and manager of Te Ngawari Medical Centre GP service.
 - ❑ In that time I worked on a voluntary basis for Cancer New Zealand assisting Polynesian and Māori women with breast cancer in the Wellington Public Hospital and community.
 - ❑ 2010 Semi-retired from urban Wellington to rural Whatatutu – to continue the academic journey 2014 Completed PhD Doctor of Philosophy Education.
 - ❑ 1969 – 2010. A nurse for 42 years.
 - ❑ 1981 - 2015. A breast cancer survivor 35 years

Questions

- What are the experiences which impact on wāhine Māori who have suffered breast cancer?
- What coping mechanisms do wāhine Māori with breast cancer use to address their health and cultural issues experienced?

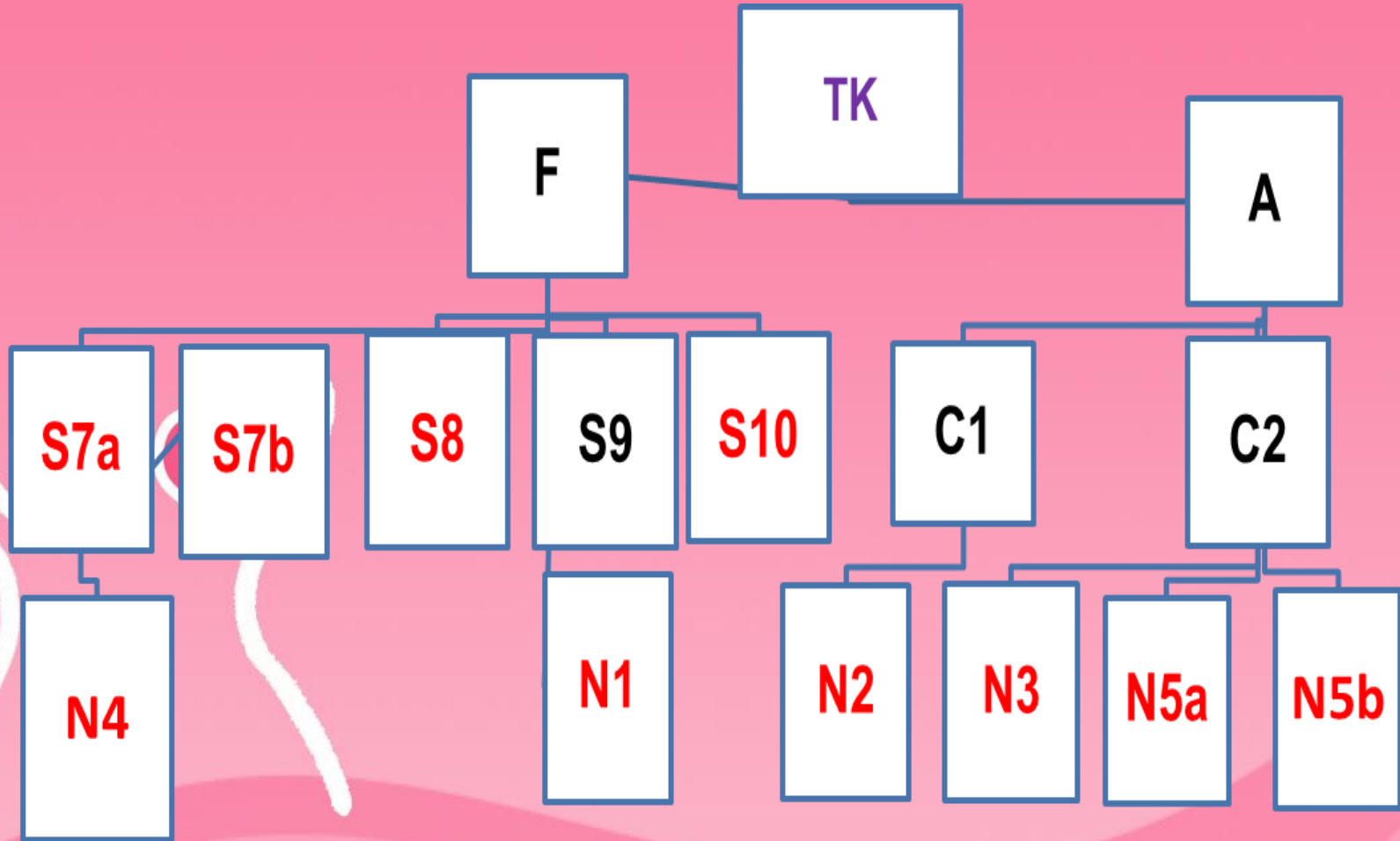


KO TE WAIŪ TE ORANGATANGA O TE TANGATA

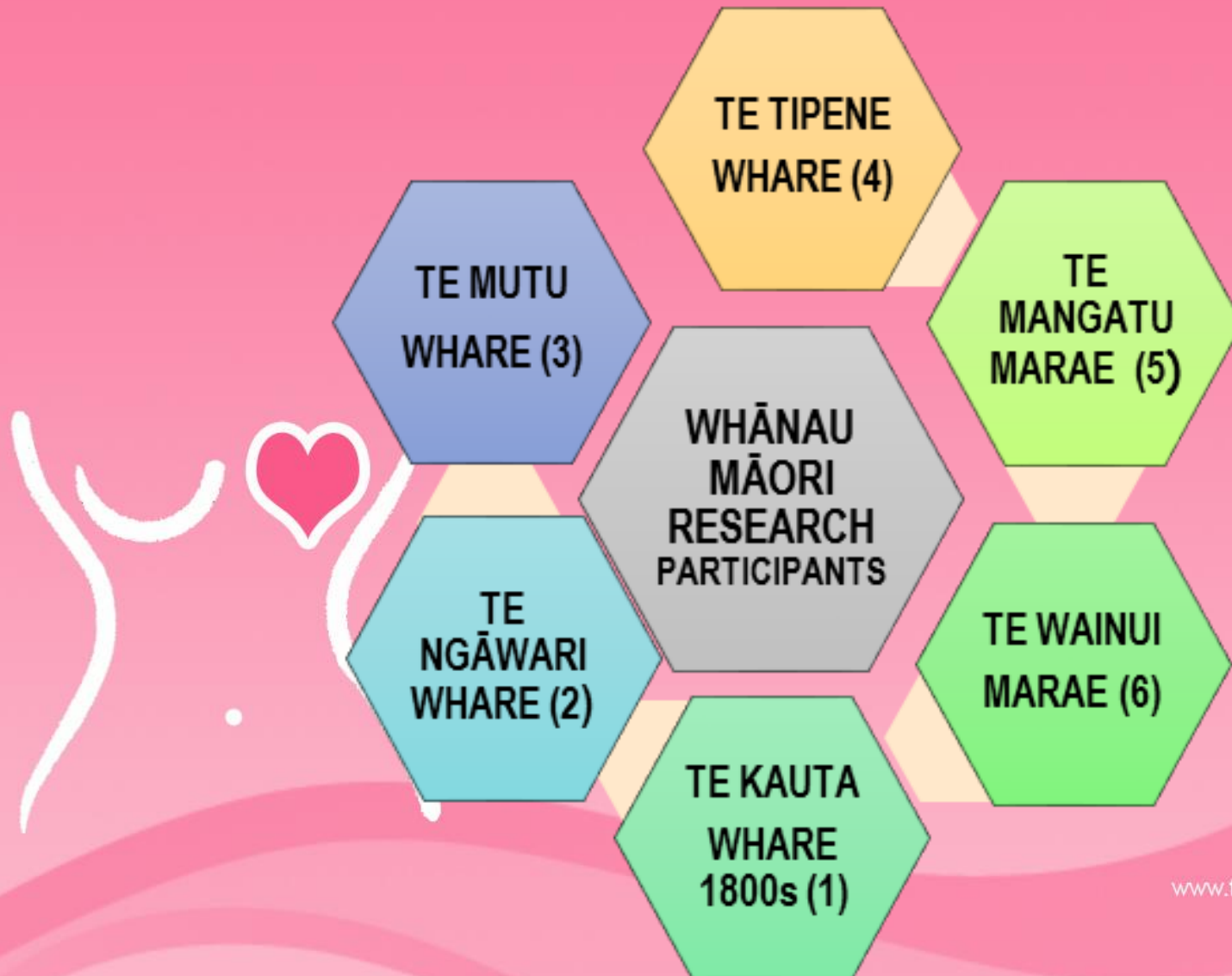


An in-depth understanding
of the impact and coping mechanisms of a whānau of wāhine Māori and breast cancer

Whānau participants



No Hea Rātou Whānau



TE RINGATU HAAHI CHURCH SEAL



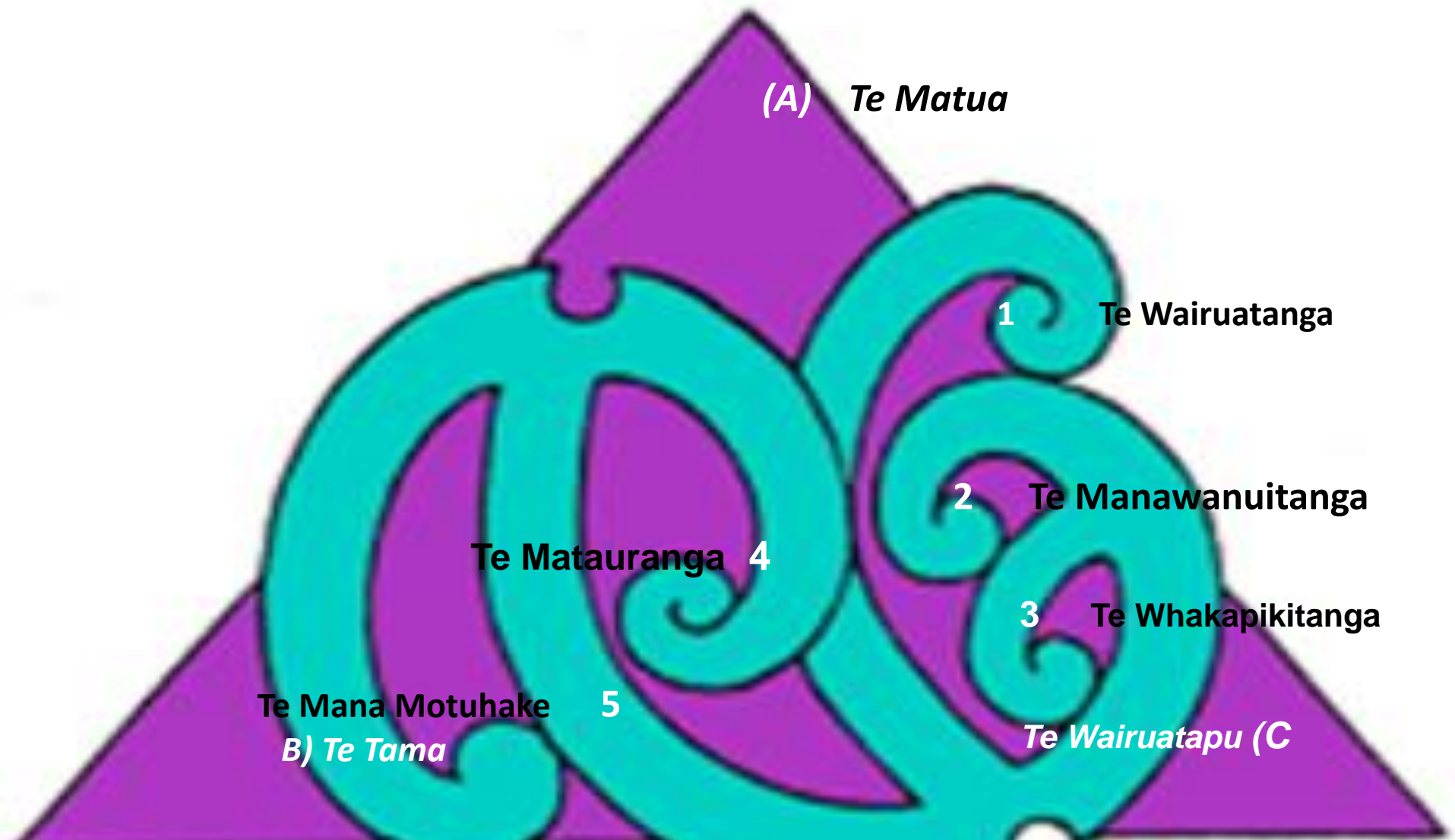
- Founded by Te Kooti
- Began in The Chatham Islands / Wharekauri
- Year 1867
- Wairua connections to the wahine Maori
- Essential element to their health

**‘Ko te whenua me te
wahine ka ngaro te
tangata’**

Statistics

- 650 women die with breast cancer (MOH:2011)
- Māori women have the worst access to health services in NZ. (Sarfati et al:2006)
- Most commonly diagnosed cancer leading to death in NZ is breast cancer (MOH:2010)
- The poor outcome is attributed to late detection of breast cancer (Tsark & Braun:2001)

Te Ngāwari Hauora Model



Te Ngawari Hauora Model

1. **Te Wairuatanga:**
Religion, sanctity, faithful
 2. **Te Manawanuitanga:**
Self empowerment and treatment
 3. **Te Whakapikitanga:**
Sustenance, love and belonging
 4. **Te Matauranga:**
Education both patient and family
 5. **Te Mana Motuhake:**
Liberation from te po to te ao marama
- a. The three triangle points signify Te Matua; Te Tama; Te Wairua Tapu.
 - b. It is whanau outcomes based
 - c. Situated within a Maori paradigm
 - d. Classified in a form of 5 koru


Future Strategies

Ahakoā ngā uaua Kia kaha, Kia toa, Kia manawanui

1. Promote and educate early detection of breast cancer
2. Ensure priority for genetic screening due to high incidence
3. Has access to other breast cancer groups
4. Promote Maori survivors as health workers are preferable
5. Disseminate literature on coping mechanisms
6. Delivered for Māori by Māori approach
7. Promote TNMPU as a tikanga based educative tool

Te Mutunga Kōrero

*Mā te rongo, ka mōhio; Mā te mōhio, ka mārama;
Mā te mārama, ka mātau; Mā te mātau, ka ora.*



Through resonance comes cognisance;
Through cognisance comes understanding;
Through understanding comes knowledge;
Through knowledge comes life and wellbeing.

Literature Review

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