

# Breaking Through the Barriers

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<https://www.youtube.com/watch?v=LODkVkpaVQA>



**I GET  
KNOCKED  
DOWN BUT  
I GET  
UP AGAIN**

A movie poster for 'The Pursuit of Happyness'. It features Will Smith as Chris Gardner, dressed in a dark suit and tie, walking on a city sidewalk while carrying a briefcase. He is walking towards the camera. Behind him, a young boy (Jaden Smith) is running, also carrying a briefcase and a shopping bag. The background shows a city street with buildings and a wooden fence. The title 'the PURSUIT of HAPPYNESS' is written in a large, bold font at the top right, with 'HAPPY' in red and 'PURSUIT' and 'NESS' in black.

# the **PURSUIT** of **HAPPY**NESS

**Chris Gardner  
(Will Smith)**

<https://www.youtube.com/watch?v=DvtxOzO6OAE>





# Inspiring Self Belief in Others; Enabling Transformational Change and Fulfilment



# What's your purpose Statement?

1. WHAT do you love to do at work?
2. HOW do you do it? (skills, knowledge, experience) turn this into a verb or 3
3. WHO do you do it for?
4. What are their NEEDS or CONCERNS that they come to you for / you help with?
5. How do they CHANGE or TRANSFORM as a result?

**2+3+5 = Purpose Statement**

**“Inspiring Self Belief in Others;  
Enabling Transformational Change and Fulfilment”**

# My Beliefs

Linked to values;

- Everything happens for a **reason**
- It's not luck it's **hard work**
- Respect for one another is **key**
- Value staff and they will value **you**
- Transform any challenge into an opportunity for **success**
- Remember to **communicate** and **celebrate** success
- Run your operation as if you **own** it
- Have **trust** in yourself and others

**My  
8  
Beliefs**











- Financial Sustainability
- Quality and Safety of Services
- Work Environment



# Quality + Safety

Where quality of care and  
the safety of our patients  
guides everything we do.









SUCCESS





A close-up photograph showing a person's hand holding a small, rectangular white piece of paper. The paper has the words "I can't" on the top line and "do it" on the bottom line, written in a black, casual, handwritten font. A pair of scissors with dark blue handles is positioned diagonally across the paper, with its blades cutting through the text between the words "can't" and "do". The background is a soft, out-of-focus light beige color.

I can't  
do it





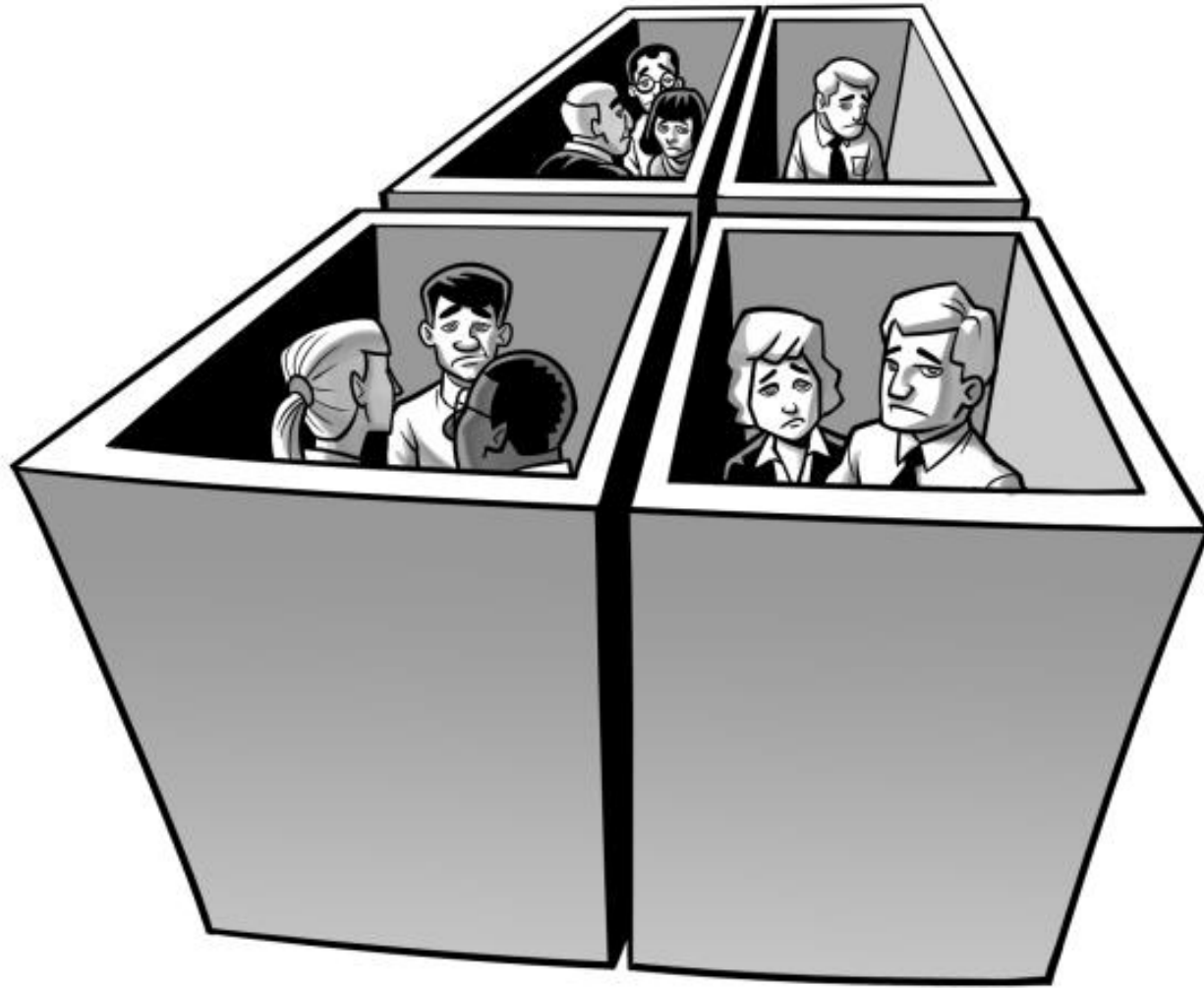


Your understanding  
what makes people  
tick?



Your a mentor





Your Breaking Down  
Boundaries



Your Creating  
Networks



Your Creating A Safe  
Supportive  
Environment



Shouldn't you be removing barriers  
instead of adding them?



Your Removing  
Barriers



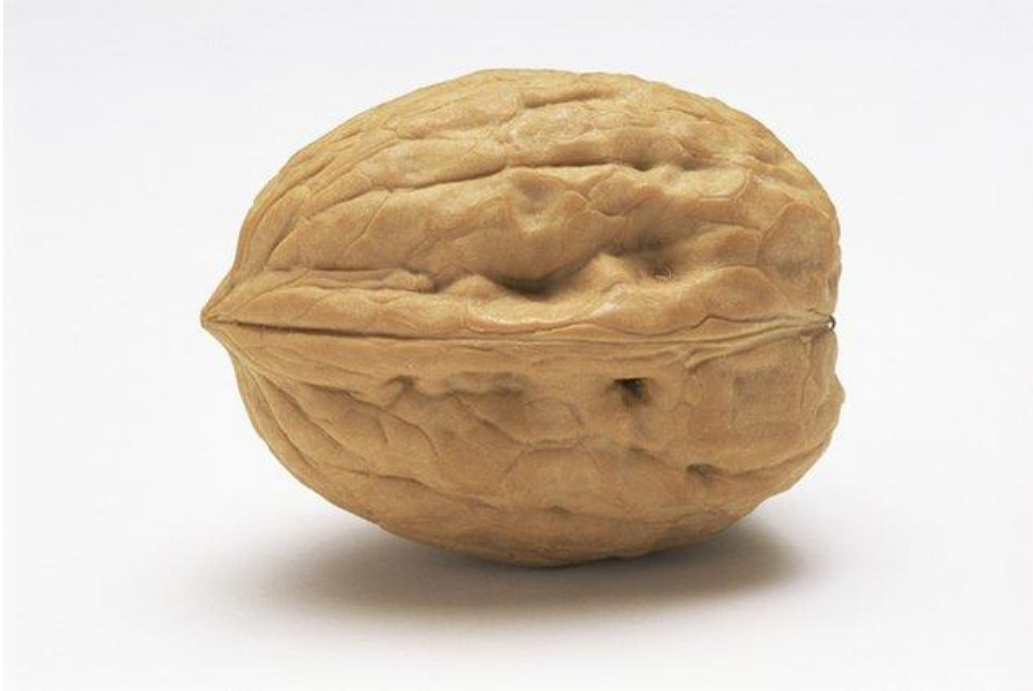
**SELF REFLECTION**



# instagram followers

<https://www.youtube.com/watch?v=fW8amMCVAJQ>

Are you the 'Lone Nut' or the 'First Follower'?



**follower**







**1**

**Identifies the problem**



**2**

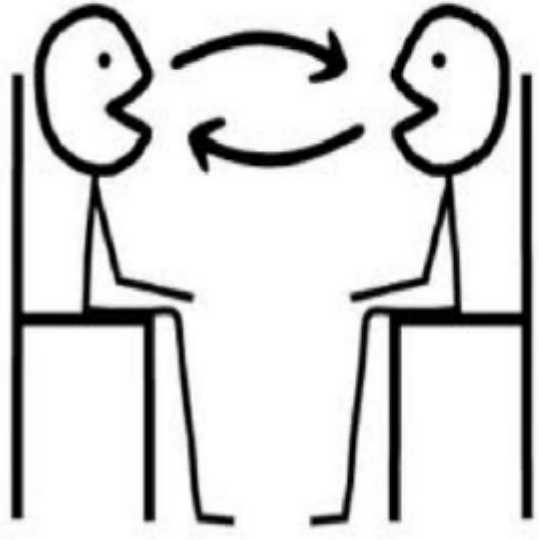
**Identifies the Problem  
Identifies Solutions**



**3**

**Identifies the problem  
Identifies Solutions  
Enacts positive change**

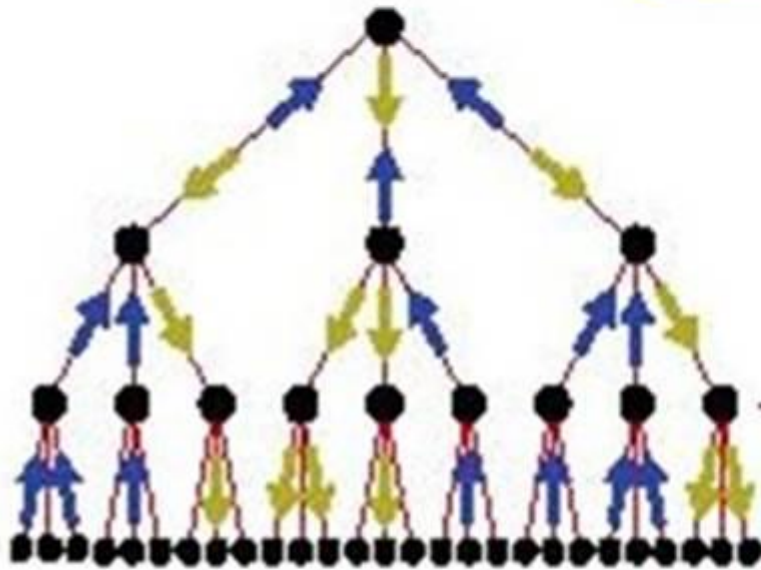
“*The single biggest problem  
in communication is the  
illusion that it has taken  
place*”



George Bernard Shaw

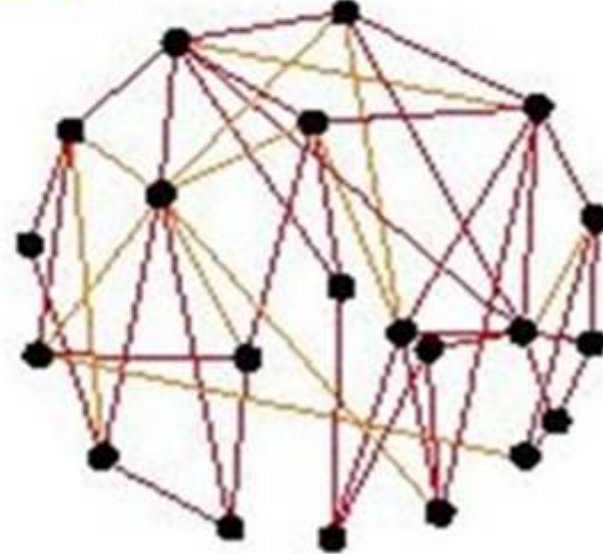
# The radical shift in communication paradigm:

Clay Shirky



***From***

*one-to-many standard  
top down diffusion*

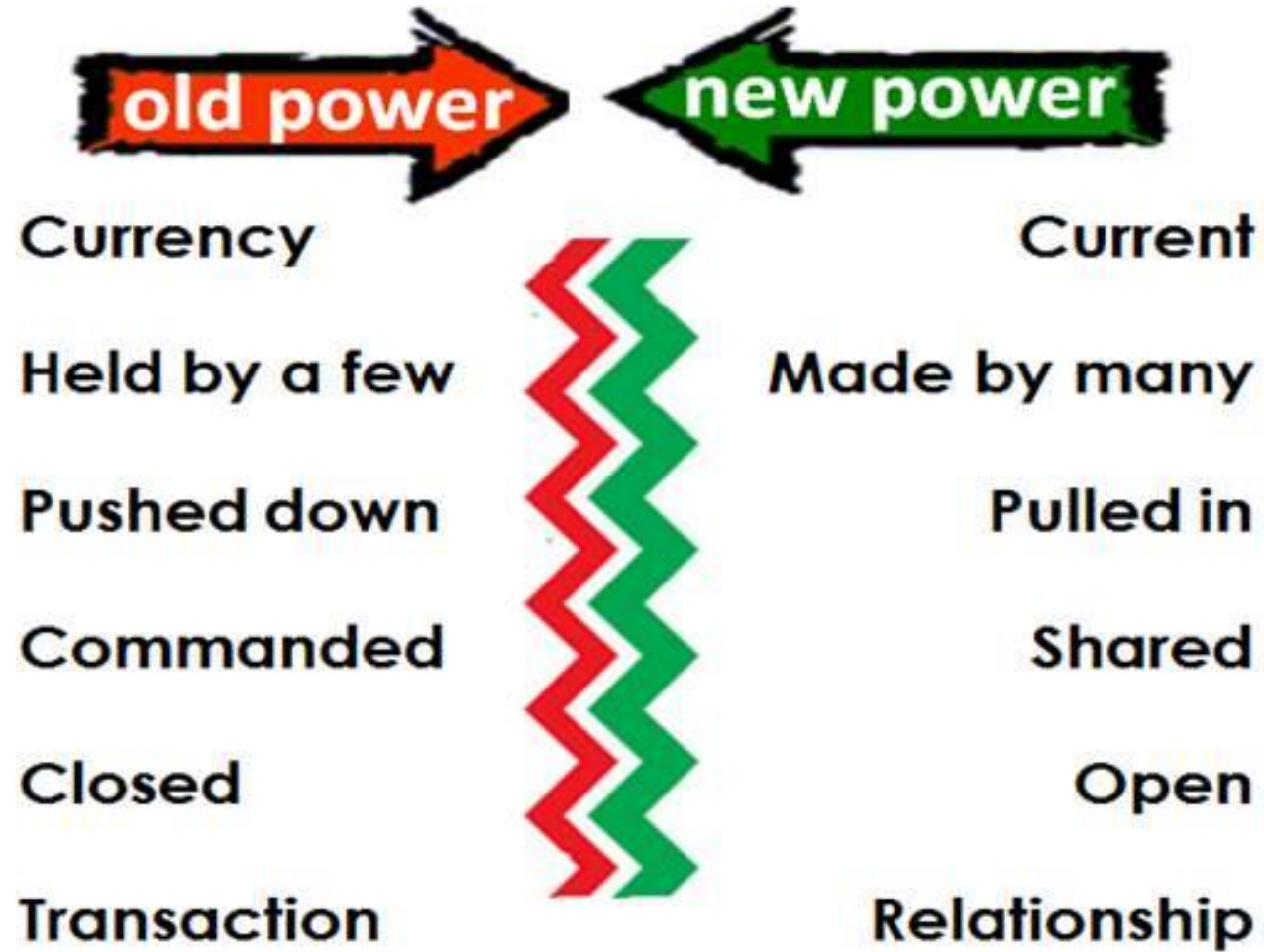


***To***

*many-to-many  
networked  
communication*

Source of images: <http://www.necsi.edu/projects/yaneer/Civilization.html>





Want to break the rules,  
make a change...  
but don't know  
where to start?

Join the



**School for  
Change  
Agents**

**HORIZONS**

### 2018 School Dates:

- Thursday 15th February
- Thursday 22nd February
  - Thursday 1st March
  - Thursday 8th March
- Thursday 15th March

Live sessions 15:00 to 16:00 GMT  
via live webinar.

Can't attend the live sessions?  
Each webinar is recorded and made  
available on our website.

- Five modules
- Absolutely free
- Handbook and study guides
- Guided Social Learning
- Meet fellow change agents from all over the world

More info:

<http://theedge.nhsiq.nhs.uk/school>



[england.si-horizons@nhs.net](mailto:england.si-horizons@nhs.net)



@Sch4Change #S4CA





Don't let security be your Anchor!







PASS *the* PARCEL





# LETTING GO

PAST FEAR DOUBT GUILT

# Future of Leadership...

- Co creation – ‘Design Systems Thinking’
- Partnerships
- Distributed Leadership
- Networks
- Inter Professional Teams
- Engagement
- Leadership + Followership





**A GOAL  
WITHOUT A PLAN  
IS JUST A  
WISH**





How can I help you succeed?



*SUCCESS*





**HELP**

**SUPPORT**

**ADVICE**

**GUIDANCE**



# ABOVE OR BELOW THE LINE BEHAVIOUR

Feelings:
<ul style="list-style-type: none"><li>• Honest</li><li>• Powerful</li><li>• Positive</li></ul>

TRUST BUILT

Behaviours:
<ul style="list-style-type: none"><li>• Ownership</li><li>• Accountability</li><li>• Responsibility</li></ul>

*FUTURE*  
ABOVE THE LINE

Words:
<ul style="list-style-type: none"><li>• "I"</li><li>• "Me"</li><li>• "Us"</li><li>• "We"</li></ul>

LEADER

---

TRUST ERODED

Feelings:
<ul style="list-style-type: none"><li>• Shame</li><li>• Guilt</li><li>• Frustrated</li><li>• Angry</li><li>• Depressed</li></ul>

BELOW THE LINE

Behaviours:
<ul style="list-style-type: none"><li>• Blame</li><li>• Excuse</li><li>• Deny</li><li>• Justify</li><li>• Avoid</li></ul>

VICTIM

Words:
<ul style="list-style-type: none"><li>• "You"</li><li>• "They/Them"</li><li>• "It"</li><li>• "S/He"</li></ul>

<https://www.youtube.com/watch?v=fLqzYDZAqCI>

Hit the Reset Button!





WHAT'S  
YOUR  
CHOICE?





You'll never learn to  
fly if you don't take  
the leap



**DO THE  
RIGHT  
THING!**

LEADERSHIP  
IS ABOUT MAKING OTHERS  
**BETTER** AS A  
RESULT OF YOUR PRESENCE  
AND MAKING **SURE**  
THAT IMPACT LASTS IN YOUR  
**ABSENCE.**

*abbi*