









A quality improvement project October 2014

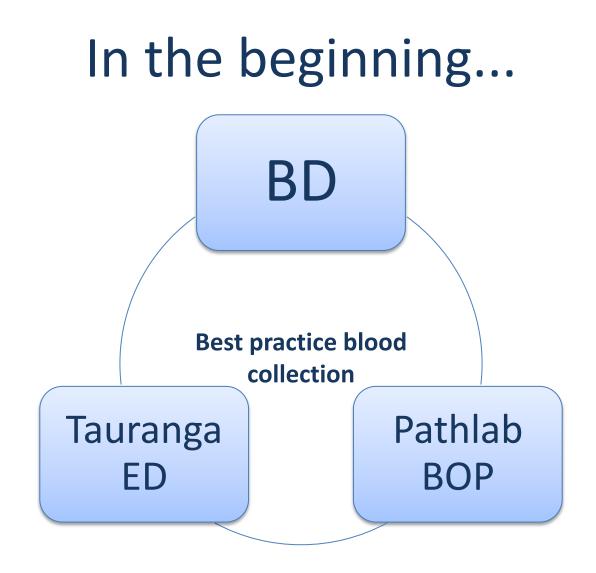
> Esther Walker RN Zoe Wathey RN



healthy, thriving communities

Kia Momoho Te Hāpori Ōranga







#### Six Sigma Methodology

Define	<ul> <li>Define the problem goal and scope of the project or improvement</li> </ul>
Measure	<ul> <li>Gather the information on the current state</li> </ul>
Analyse	<ul> <li>Identify potential root causes and validate with data</li> </ul>
Improve	<ul> <li>Identify test and proof solutions to address the root cause</li> </ul>
Control	<ul> <li>Standardise processes and document improvement</li> </ul>



# The issues

Haemolysis

Gross and Moderate

# Mislabelling

• Human error

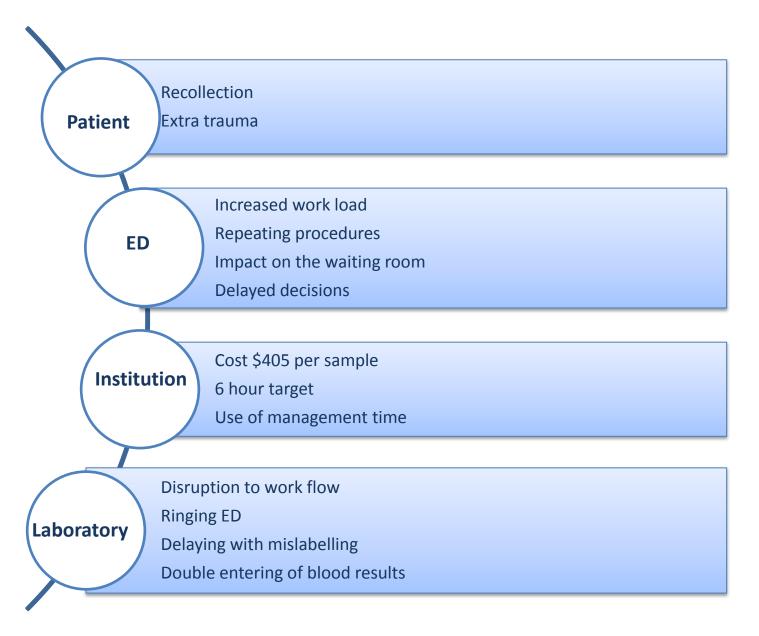


#### Why does haemolysis occur?





#### Impact of haemolysis and mislabelling





## Best practice recommendations

Clinical practice was reviewed with the Best practice guidelines Clinical Laboratory Standards Institute, 2007

- Technique
- Cleansing of the site
- Tourniquet
- Order of draw
- Inversion of the tubes
- Syringe draw
- Identity of the patient
- Labelling of samples



## **Observational study**

- Phlebotomy process, from identity of the patient to specimen transportation
- 5 days 72 collections
- Data capturing: BD audit tool using a standardised checklist
- Included all aspects of the phlebotomy process, devices and infection control issues
- Excluded: Paediatrics & transportation to the labora process

AUORA A

## Findings of the study

- Identity of the patient
- Peripheral cannula versus venepuncture
- Swabbing of the collection site
- Touching of the site
- Tourniquet time & distance
- Order of the draw
- Inverting of the blood tubes
- Bedside

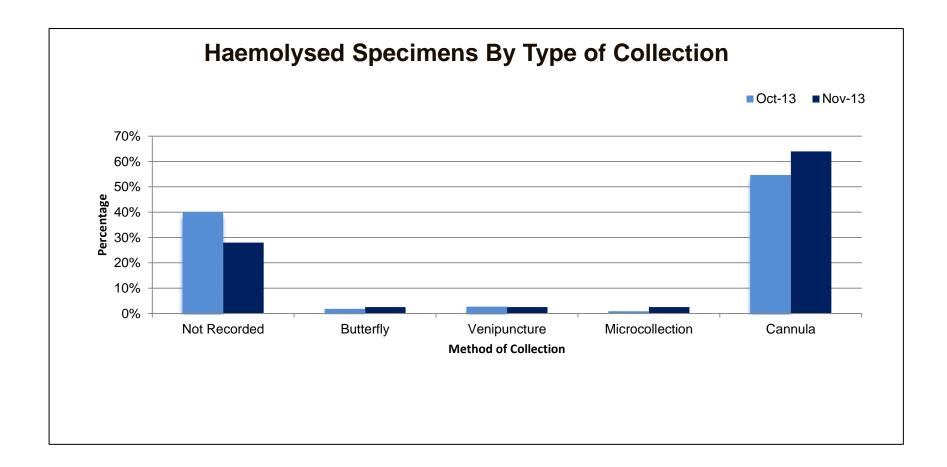


#### Mechanisms to improve practice

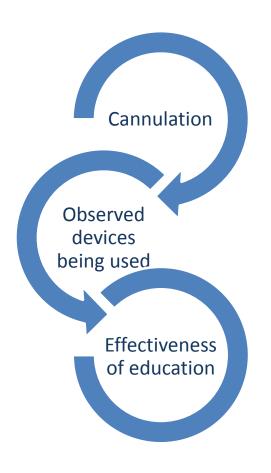




#### The Method Of Collection Appeared To Have A Larger Impact on Quality



# Root cause analysis of current cannulation





#### Findings of IV cannula audit: still potential for improvement

- Prolonged tourniquet times
- Inadequate drying time of antimicrobial
- Gauge of cannula
- Manual blood flow control
- Blood drawn through existing catheter
- Use of a syringe on cannula
- A sample of blood was not drawn and discarded prior to collection
- Tube inversion
- Tube fill



#### Staff survey

Did staff change their practice according to best practice recommendations?



#### Further improvements



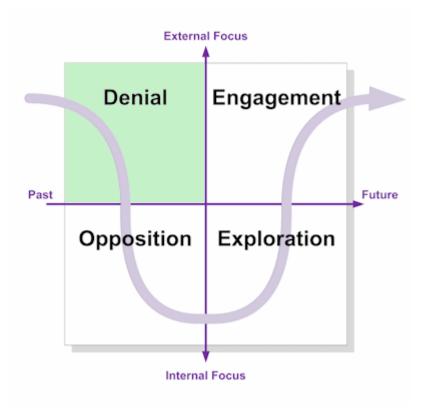
#### Proposal to Project Evaluation Group Team (PEG)

Rapid serum tube trial

Trial of cannula BD Insyte Autoguard with blood control cannula



## Staff learning through change





Progressing through change model (2014)

## Personal growth and change

- Achievements
- Collaboration
- Persistence and determination
- Ongoing process



#### Lessons learned





- Haemolysed blood samples are most likely to occur when drawn at time of cannula insertion.
- We managed to reduce the gross haemolysis rates > 1%
- We managed to decrease moderate haemolysis rates from 20% to 12%
- The rapid serum tube has the potential to increases laboratory turn around time by 22 minutes
- Incorrect specimen labelling is largely due to human error and not following protocol, however identification and specimen labelling at the bedside prevents errors from occurring
- Labelling errors have decreased to an average of less than 10 a month
- Education about haemolysis needs to include all aspects off the how what and why
- The change process requires commitment and continuation as culture and process do not change overnight



#### Where to from here



- Decision for trial of IV catheter trial from PEG team
- Is the criteria for cannulation and level of cannulations being performed? Design criteria
- Stronger requirement to venepuncture for collection of laboratory samples



#### Acknowledgements

The project team

Peter Ford Clinical sales Specialist BD Marama Tauranga Nurse Manager ED & APU Jill Barron ED Nurse Educator

Kathy Hamilton Account Manager BD Rachel Coxon Continuous Improvement Consultant BD

Nick Page Operations Manager Pathlab BOP Bobby Tagore Head of Biochemistry Department Pathlab BOP



#### Joanne Baird Associate Clinical Nurse Manager ED





Ardagh, M., Tonlin, G., & Possenniskie, C. (2011). Improving Acute Patient Flow and Resolving Emergency Department Overcrowding in New Zealand HospitalsThe Major Challenges and the Promising Initiatives. *The New Zealand Medical Journal: Journal of the NZ medical Association*. Vol 124 No 1344; pg 64-72.

Center for Phlebotomy Education. Procedures for the Collection of Diagnostic Blood Specimens by Venipuncture; Approved Standard - Sixth Edition, 2007, ISBN Number: 1-56238-650-6).

Green, SF. The cost of poor blood specimen quality and errors in preanalytical processes, Clin Biochem(2013), <u>http://dx.doi.org/10.1016/j.clinbiochem.2013.06.001</u>

Richard, D., Damato, C., Harris, C. (2009). *Chasing Six Sigma: reducing Haemolysis in the ER and Housewide*. Sarasota Memorial Hospital. Laboratorty services.

Lowe, G., Stike, R., Pollack, M., Bosley, J., O'Brien, P., Hake, A. Et al. (2008). Nursing Blood Specimen Collection Techniques and Heamolysis Rates in an Emergency Department: Analysis of Venipuncture Versus Intravenous Catheter Collection Techniques. *Journal of Emergency Nursing* 34:1 26-32

Ministry of Health. (2009). Shorter Stays in Emergency Departments Health Target. Wellington: Ministry of Health - Manatu Hauora

Heyer, N., Derzon, J., Winges, L., Shaw, C., Mass, D.Snyder, S. Et al. (2012). Effectiveness of Practices to Reduce Blood Sample Haemolysis in ED's: a laboratory Medicine Best Practices Systematic Review and Meta-analysis. *Clinical Biochemistry*: Sep; Vol.45 (13-14), pp. 1012-1032.

Dugan, L., Leech, L., Speroni, K., Corriher, J. Leesburg, V. (2005). Factors Affecting Heamolysis Rates in Blood Samples Drawn From Newly Placed IV Sites in the Emergency Department. *Journal of Emergency Nursing* 31:4 338-345.

Bush, V. (2003). The Haemolysed Specimen: Causes, Effects and Reduction. LabNotes Vol 13 No 1. Pg 2 -7.

Pretlow, L., Gandy, T., kenimer, E., Russell, B. & Kraj, B. (2008). A Quality Clinical laboratory Sciene Improvement Cycle: Haemolysed Specimens in the Emergency Department. *Emergency Nursing Journal*(21) NO 4 pg 219-224.

Fang, L., Fang, S., Chung, Y. & Chien, S. (2008). Collecting Factors Related To The Haemolysis of Blood Specimens. *Journal of Clinical Nursing* 17, 2343-2351.

J. R. Gonzalez-Porras, I. F. Graciani, M. Alvarez, J. Pinto, M. P. Conde, M. J. Nieto & M. Corral (2008). Tubes for pre-transfusion testing should be collected by blood bank staff and hand labelled until the implementation of new technology for improved sample labelling: Results of a prospective study. Blackwell Publishing LTD.

CLSI (2007). Procedures for the collection of diagnostic blood specimens by venepuncture; Approved Standard. (96<sup>th</sup> ed). CLSI c H3-A6 (ISBN 1-56238-650-6). Clinical and Laboratory Standards Institute, 940 West Valley Road, Suite 1400, Wayne, Pennsylvan 1898 USA.



#### Please contact us for further information:

<u>esther.walker@bopdhb.govt.nz</u> <u>zoe.wathey@bopdhb.govt.nz</u>



healthy, thriving communities

Kia Momoho Te Hāpori Ōranga

