ANITA’S JOURNEY

ANITA TE KAHU
EN SECTION CONFERENCE
MAY 2018
DISTRICT NURSING FOR AN ENROLLED NURSE @ EWART HOSPITAL WELLMINGTON

SERVICE VISION:

THE AIM OF THE COMMUNITY HEALTH SERVICE (CHS) IS TO DELIVER A HIGH STANDARD OF COMMUNITY HEALTH CARE, BY PROVIDING AN EFFECTIVE, RESPONSIVE SPECIALIST COMMUNITY NURSING SERVICE IN PARTNERSHIP WITH THE PATIENT (PT) THEIR FAMILY AND OTHER PRIMARY AND SECONDARY HEALTH SERVICES. INTERPRETATION: BY KEEPING THE PT AT HOME IN THEIR ENVIRONMENT, SURROUNDED BY THEIR LOVED ONES, BE IT HUMAN, THE CAT OR DOG; THE PT HEALTH AND WELLBEING ARE NOT IN A POSITION OF VULNERABILITY, THAT THEIR NEEDS HAVE BEEN MET, ACCORDING TO THE STANDARDS OF PRACTICE.

HEALTH AND DISABILITY COMMISSIONER ACT 1994 INCLUDING THE CODE OF RIGHTS (AMENDED 2009)

HEALTH PRACTITIONERS COMPETENCY ASSURANCE ACT (HPCA) 2003

NURSING STANDARDS FOR CHS ARE DIRECTED BY NURSING COUNCIL OF NEW ZEALAND (NZNC)

NURSING COUNCIL OF NEW ZEALAND CONTINUING COMPETENCIES FRAMEWORK (2006)
WELLINGTON CITY IS BROKEN DOWN INTO 11 AREAS.
ORIENTATION AND NEW LEARNING

- ✔ PROTOCOLS, PROCEDURES, GUIDELINES
- ✔ MEETING COMPETENCIES
- ✔ UNDERSTANDING THE TEAM STRUCTURE
- ✔ MEETING NEW CHALLENGES
USING MY KNOWLEDGE AND SKILLS IN A NEW SETTING

- WOUND MANAGEMENT
- MEDICATIONS ADMINISTRATION INCLUDING FENTANYL PATCHES
- CATHETERISATIONS
LEARNING NEW SKILLS

- ASSISTING WITH USING A DOPPLER
- INTERPRETING AND UNDERSTANDING RESULTS
- CAREFUL DOCUMENTATION
USE OF COMPRESSION BANDAGING

- UNDERSTANDING THE PRINCIPLES OF COMPRESSION BANDAGING
- TYPES OF BANDAGES
- CORRECT APPLICATION
WOUND MANAGEMENT

• WOUND TYPES
• DRESSING PRODUCTS
• WOUND MONITORING
• DOCUMENTATION
DOCUMENTATION

- NOTE BOOK
- DISCHARGE PLANNING
- CLEAR AND CONCISE DOCUMENTATION
THE LOADING SHEET.

- ONE IS TEN MINUTE'S; THAT INVOLVES A PHONE CALL TO THE PT. FOR A MEDICATION PROMPT, OR A PT HAS A WOUND DRAIN, WANT TO KNOW THE MEASUREMENTS AND WHAT THE EXUDATE LOOKS LIKE, OF CAUSE THESE ARE ALL DOCUMENTED. ONCE BELOW 35LS FOR 2 DAYS DRAIN CAN BE REMOVED.

- 20 MINUTES IS CHANGING A FENTANYL PATCH WHICH ONLY TAKES A COUPLE OF MINUTES, IT IS THE TRAVEL WHICH IS ACCOUNTABLE.

- 30 MINUTES IS A STRAIGHT FORWARD, DRESSING, EPREX INJECTION WERE THE B/P IS TAKEN, OR INSULIN FOLLOW UP, CATHETERISATIONS.

- 40 MINUTES ARE THE APPLICATION OF COMPRESSION BANDAGING, CHANGING A VAC MACHINE & THE WOUND DRESSING.

- 50 MINUTES WHEN THERE ARE TWO LEGS FOR COMPRESSION & THE PT MAKE NEED EXTRA ATTENTION.

- 60 MINUTES ARE FOR MULTIPLE WOUND DRESSING, WHICH ARE COMPLEXED.
SUPPORTED LEARNING