Te Hauora O Te Hiku O Te Ika
PHARM
Reception

CHALLENGES OF MENTAL HEALTH NURSING IN RURAL NZ

WHY ENTER PRIMARY MENTAL HEALTH CARE?

MENTAL HEALTH CREDENTIALED

- POPIN TV PROJECT
- OWN D&MH PROGRAMME
- REACH OUT TO OTHER SERVICES
- ONLY MENTAL HEALTH NURSE

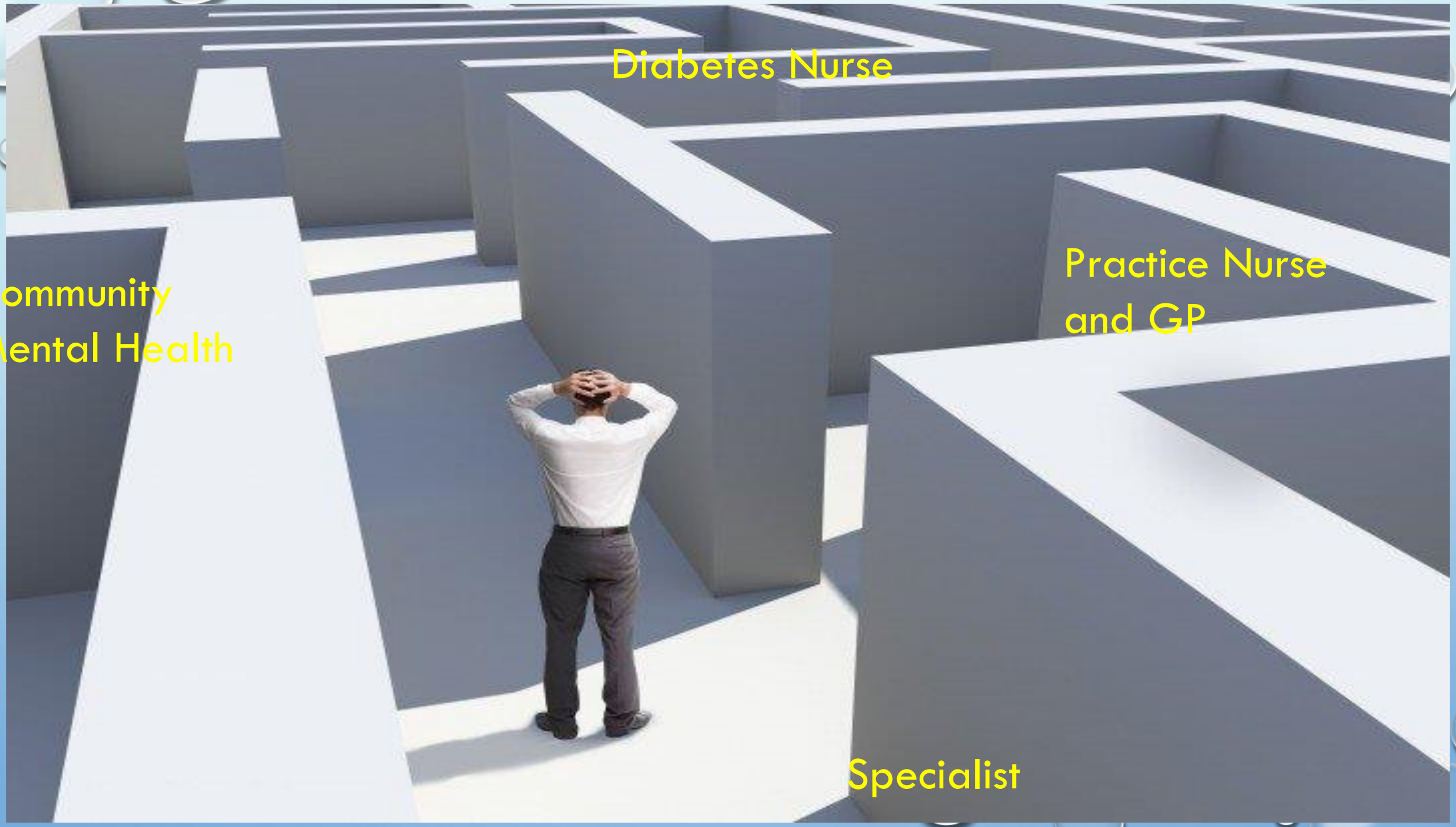
ADVANTAGES OF HAVING PMHC INTEGRATED INTO GENERAL PRACTICE

FOR THE EMPLOYER

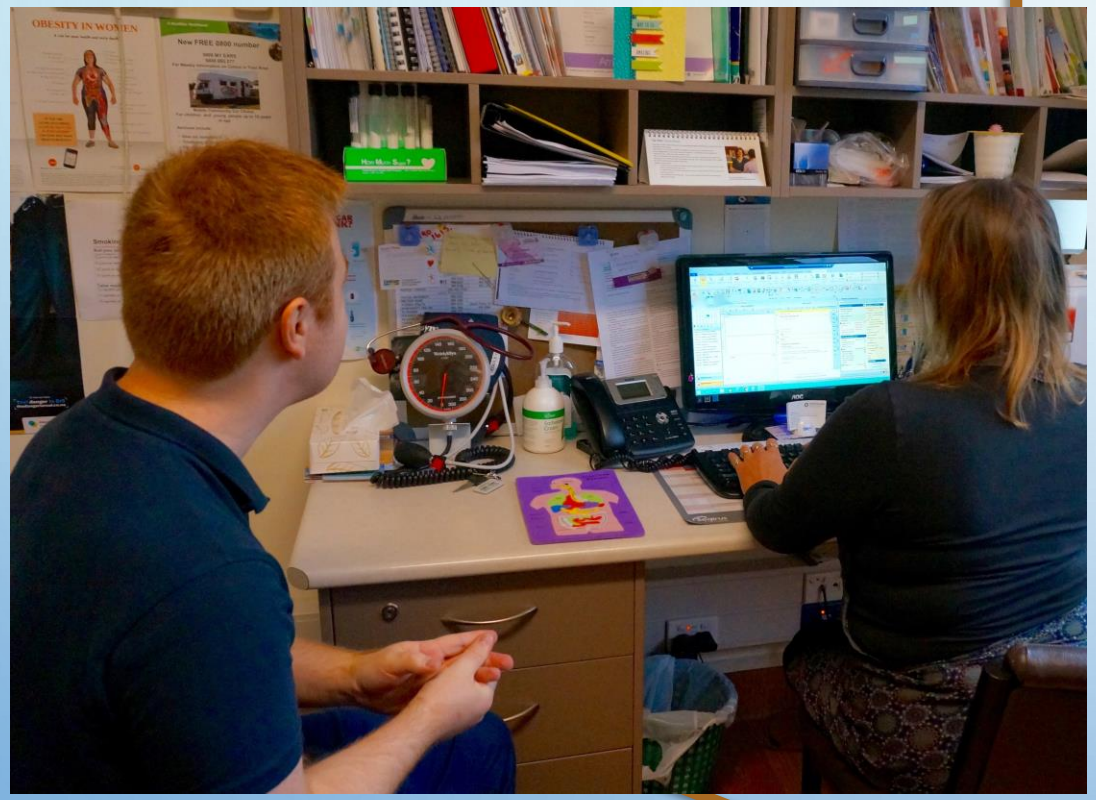
- DECREASES WAITING TIME DRASTICALLY
- MENTAL HEALTH CARE PATIENTS ABUNDANT
- ONE STOP SHOP – PROVIDING MORE HOLISTIC CARE

PERSONAL REASONS

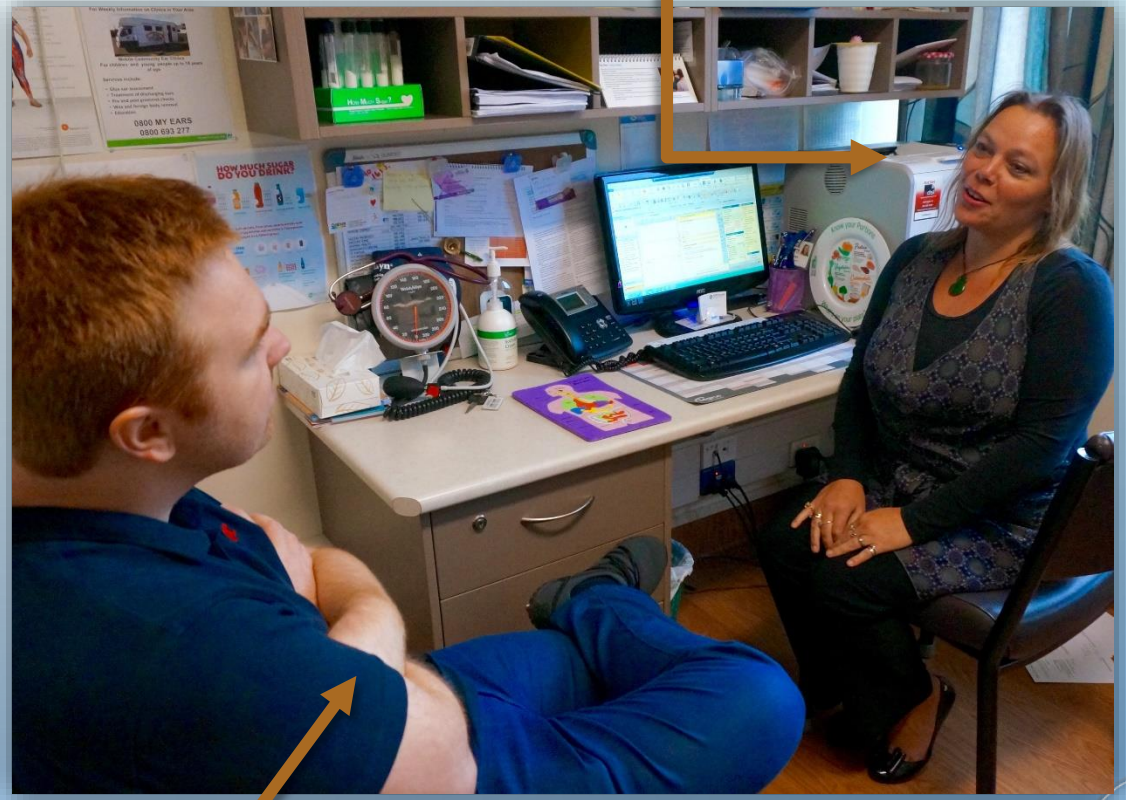
- LEARN ABOUT COPING STRATEGIES
- INTERESTED IN PROVIDING BETTER CARE
- INCREASE IN PERSONAL KNOWLEDGE


Diabetes Nurse
Practice Nurse and GP
Community Mental Health
Specialist

Turned away from patient

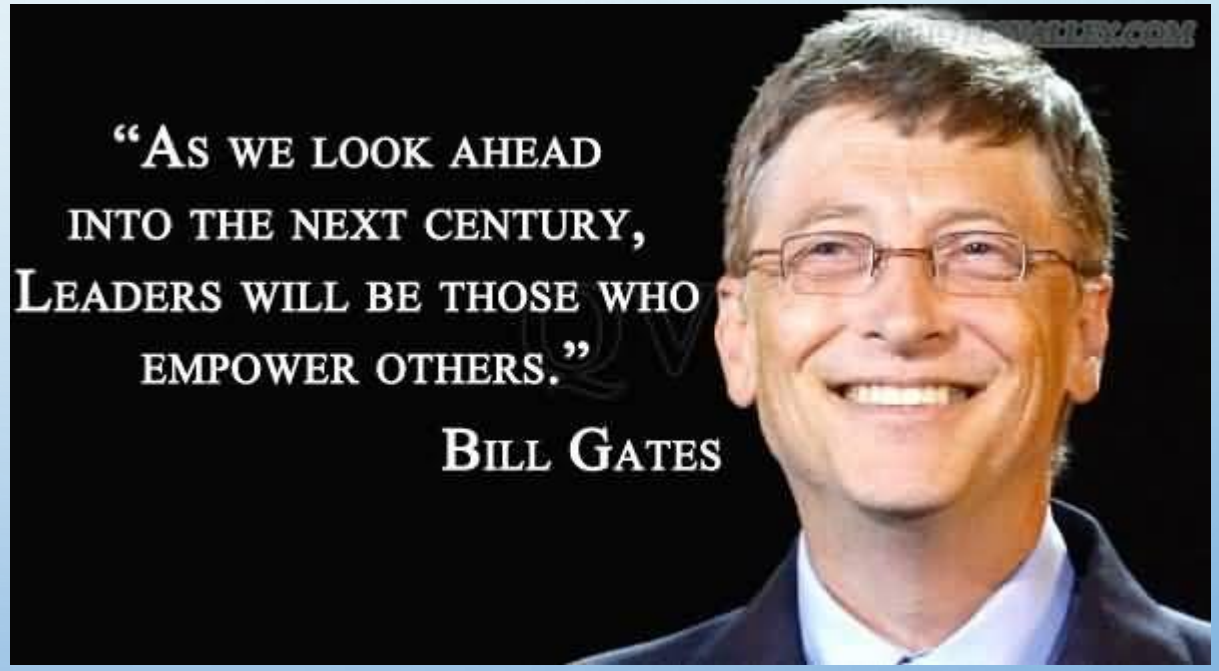


Approach patient



React to body language

EMPOWERING PATIENTS

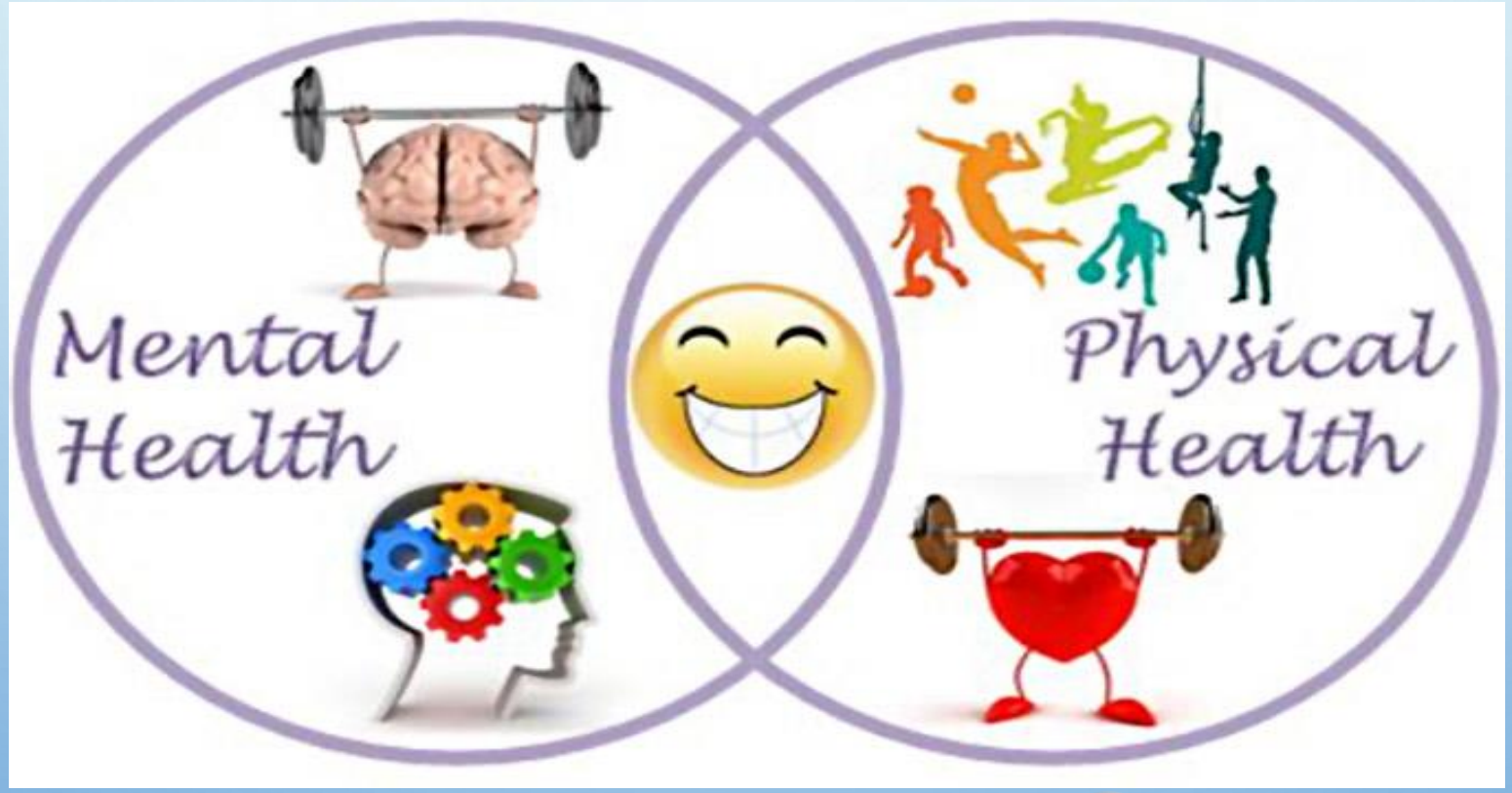


INTERDISCIPLINARY APPROACH

Depression

The benefits of multidisciplinary team:

- Improved health outcomes.
- Enhanced satisfaction for clients.
- More efficient use of resources.
- Enhanced job satisfaction for team members.
- staff acquire new skills, participate in decision making and take on more
- delivering services that are planned and co-ordinated
- delivering services that are cost effective .
- enhancing information sharing and reorganization of work practices

Anxiety

TAKE HOME MESSAGE