

Ara Poutama Aotearoa

Department of Corrections

Sarah Roberts

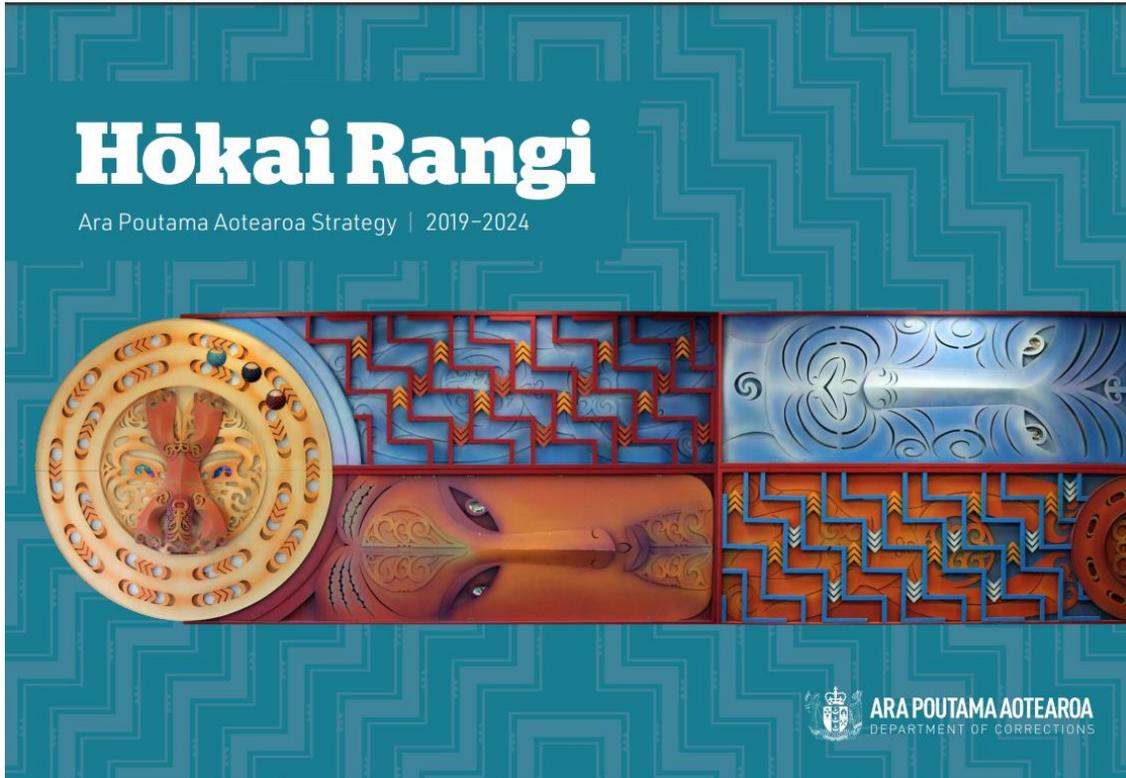
Spring Hill Health Centre Manager

Allison Lovelock

Clinical Quality Assurance Adviser



Kōrero whakataki - Our Hōkai Rangi Outcomes



- Partnership and leadership
- Humanising and Healing
- Whānau
- Te ao Māori worldview
- Whakapapa
- Foundations for participation

Kotahi anō te kaupapa: ko te oranga o te iwi

There is only one purpose to our work: the wellness and wellbeing of people

The Transformation of Health

Ara Poutama Aotearoa's Hōkai Rangi strategy calls for the development of a Kaupapa Māori Health service, inclusive of Rongoā Māori practitioners (Hōkai Rangi action 2.4)

Te Matatiki o Te Oranga (the Spring of Wellbeing) is the name given to the design phase of the kaupapa and this is to be co-developed with tangata whenua (Māori partners and stakeholders) and tangata Tiriti (non-Māori partners and stakeholders).

Te Matatiki o te Oranga will be developed over four phases and is currently in Phase 2 of the design of the service

Our prison network

As of 30 June 2023

KEY

Custody Status  Remand  Sentenced

Security Classification **MINIMUM** **LOW** **LOW-MEDIUM** **HIGH** **MAXIMUM**



A **Northland Region Corrections Facility** (est. 2005)
 Gender  Custody status 
 Security classification ●●●●●

B **Auckland Prison** (est. 1968)
 Gender  Custody status 
 Security classification ●●●●●

C **Mt Eden Corrections Facility** (est. 2011)
 Gender  Custody status 
 Security classification ●●●●●

D **Auckland Region Women's Corrections Facility** (est. 2006)
 Gender  Custody status 
 Security classification ●●●●●

E **Auckland South Corrections Facility** (est. 2015)
 Gender  Custody status 
 Security classification ●●●●●

F **Spring Hill Corrections Facility** (est. 2007)
 Gender  Custody status 
 Security classification ●●●●●

G **Waikeria Prison** (est. 1911)
 Gender  Custody status 
 Security classification ●●●●●

H **Tongariro Prison** (est. 1978)
 Gender  Custody status 
 Security classification ●●●●●

I **Hawke's Bay Regional Prison** (est. 1989)
 Gender  Custody status 
 Security classification ●●●●●

J **Whanganui Prison** (est. 1978)
 Gender  Custody status 
 Security classification ●●●●●

K **Manawatu Prison** (est. 1979)
 Gender  Custody status 
 Security classification ●●●●●

L **Rimutaka Prison** (est. 1967)
 Gender  Custody status 
 Security classification ●●●●●

M **Arohata Prison** (est. 1944)
 Gender  Custody status 
 Security classification ●●●●●

N **Christchurch Men's Prison** (est. 1915)
 Gender  Custody status 
 Security classification ●●●●●

O **Christchurch Women's Prison** (est. 1974)
 Gender  Custody status 
 Security classification ●●●●●

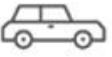
P **Rolleston Prison** (est. 1958)
 Gender  Custody status 
 Security classification ●●●●●

Q **Otago Corrections Facility** (est. 2007)
 Gender  Custody status 
 Security classification ●●●●●

R **Invercargill Prison** (est. 1910)
 Gender  Custody status 
 Security classification ●●●●●

Our prison industries and vocational education

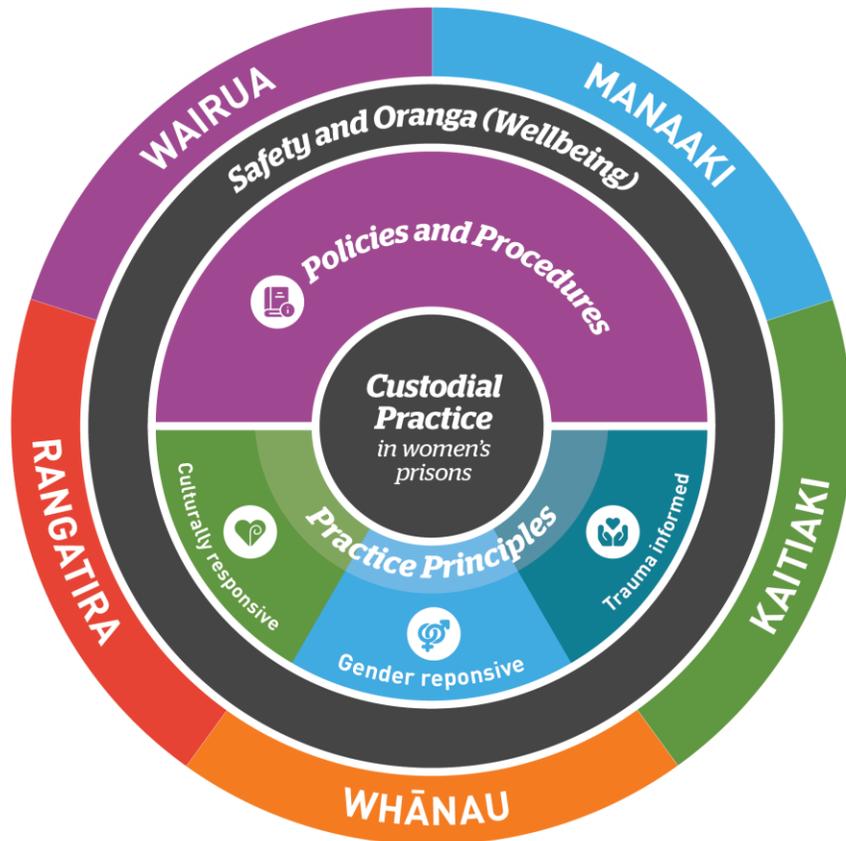
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 Agriculture	 Apiculture	 Arboriculture	 Asset maintenance	 Automotive	 Bakery	 Barista	 Café	 Carpentry	 Concrete product production
 Construction	 Dairy	 Distribution	 Engineering	 Farm maintenance	 Farming	 Forestry	 Grounds maintenance	 Horticulture/ nursery	 Hospitality
 Joinery	 Kitchen	 Landscaping	 Laundry	 Light assembly	 Manufacturing	 Painting	 Piggery	 Plastering	 Plumbing/ gas fitting
 Printing/design	 Recycling	 Silviculture	 Textiles	 Tiling	 Timber/wood processing	 Toi Māori (Māori arts)	 Waste management	 Whakairo (wood carving)	

Corrections Act – Equivalency of care

- Prisoners are entitled to receive medical treatment that is reasonably necessary (sections 69(1)(g), 75(1)). All prisons must have a health centre that is adequately equipped for the health needs of prisoners (regulation 71(2)):
- The equipment and facilities must be such that the Department is able to provide health care to a standard that is reasonably equivalent to the standard of healthcare available to the public (section 75(2)).

Trauma informed care – ‘Every interaction matters’



Trauma informed approaches means working within the principles of trauma informed practice:

- **Safety** – we look after the physical and emotional safety of women prisoners, staff, and the site.
- **Trustworthiness** – our boundaries, decisions, and operations are transparent and consistent.
- **Choice** – we provide choice where possible, even if these are limited or small.
- **Collaboration** – we make decisions about women with women. Where this isn't possible, we communicate decisions and actions with women, explaining *why*.
- **Empowerment** – we build women's skills and resilience.
- **Cultural, historical, and gender issues** – we are gender responsive, acknowledge historical trauma, and leverage the healing value of traditional cultural connections.

What is it like to work in a prison?



- It's a bit like going through airport security
- Your bags are scanned
- Security checks - You will go through a detector and may be wanded
- Rules about what can be brought in
- No day is the same
- You get real job satisfaction

Health services provided in prison

Nurse led service

- Primary care plus
- Acute/emergency care
- Long-term conditions management
- Palliative care (Compassionate release)
- Residential (medication rounds)
- Alcohol and Other Drug (AOD) support



What does a day in the life of a nurse look like?



Pae ora approach and working to the top of your scope of practice, which could include:

- Health assessment, screening & immunisation
- Emergency Care
- Long term conditions
- Women, men, elderly and youth health focus
- Venepuncture, examinations, smears, swabs
- Wound care
- Mental health and addiction
- Oncology, palliative care
- Education, training, mentorship, coaching, precepting
- Nurse led clinics & dental triage
- Liaison with external health providers
- Health education and promotion

Mental health

- Forensic services – tertiary
- List who's who – ACC, psychologists, trauma counsellors
- Improving Mental Health services
- Intervention Support Practice Teams
- Mental Health Act...in prison – Intensive Support Units

What does a day in the life of a mental health nurse look like?



Mental health service provision for Māori with an equity approach, which could include:

- Assessment, triage and care coordination
- Education, training and mentoring for colleagues
- Health promotion and skills development for people in our care
- Liaising with external mental health providers
- Quality assurance
- Clinical governance
- Providing a nursing perspective to the mental health MDT

Other Health Services Provided Include but not limited to:

- Dentistry
- General Practitioner (GP)
- Physiotherapy
- Forensics (tertiary mental health)
- Midwifery
- Podiatry (diabetic patients)
- Venepuncture
- ACC counsellors (sensitive claims)



Why is prison nursing different?

- Refusing medical treatment
- Voluntary refusal of food
- Self-harm and suicide
- Internal concealment
- Prescribing risks and mitigations
- Managing people in directed segregation
- Major and minor site incidents, riots, escapes (rare)

‘The tough stuff’



**Image 2. Auckland South Corrections
Facility disability cell shower (high security)**



When you are a nurse in the Ara Poutama health team, you make a difference every single day

Our nurses are valued and supported members of the Ara Poutama whānau. We will support you on your journey to:

- Develop assessment and decision-making skills
- Develop excellent communication skills
- Have a strong understanding of professional boundaries to keep you safe
- We will help grow your confidence to work to the top of your scope
- We will support you to manage workload and juggle priorities
- We will support you to develop and grow

Employment & Placement Opportunities in Ara Poutama



What can we offer you?

- We enjoy genuine work-life balance
- There is no night duty
- We are paid competitively and receive penal rates
- Opportunities to develop new skills and knowledge through exposure to a wide range of specialties and health scenarios in practice
- We support our nurses to grow and develop through education, training and professional career opportunities
- Everyday you get to work alongside a dynamic and committed multidisciplinary team that strengthens and supports your practice

Kotahi anō te kaupapa, ko te oranga o te iwi



There is only one purpose to our work: the wellness and wellbeing of people

Questions



ARA POUTAMA AOTEAROA
DEPARTMENT OF CORRECTIONS



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New Zealand Government