

Back row (L-R) Rob Schakelaar, Lea Thompson (TR rep), Treve Swan, Sue Goodwin, Tina Giles (Treasurer) Debbi Handisides

Front row (L-R) Robyn Hewlett (Chairperson), Deborah Urquhart



Enrolled Nurse Section committee 2018 – August meeting

Enrolled Nurse Section Pānui



Issue 10, August 2018

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**“He ora te whakapiri”
There is strength in unity**

Highlights from the editor

Lea Thompson



Celebrating the Māori New Year

Welcome to the August edition of the Pānui. This period also celebrates the Māori New Year between mid-June and mid-July.

An almighty tribute to the Canterbury Regional Enrolled Nurses Section, celebrating the 40th NZNO EN Conference. ResiliENT and Resourceful demonstrated how gifted our Enrolled nurses truly are and that working in a wide range of areas with the capacity that showed no bounds was exhilarating, thank you.

Presentations are now on the Enrolled Nurse Section, website.

Together we ensure that enrolled nursing remains in the minds of our stakeholders.

We look forward to the 2019 NZNO EN Conference which takes you to the mighty Waikato, in Hamilton! Details and updates will be posted on the NZNO website.

2018 NZNO AGM, September-remits

Please give some thought to presenting at the next conference – share your working knowledge and contribution with your fellow Enrolled Nurses.

Articles and portfolio's – a word count has been introduced. Articles of 500 words and profiles to reach a 200-word count. If the word-count super-exceeds the quota, your work will be directed to another webpage for the audience to enjoy your material in full.

Chairperson's News

Robyn Hewlett



Welcome to our second newsletter of the year.

Our 40th Annual Enrolled Nurse Section NZNO Conference was

hosted by the Canterbury Regional Enrolled Nurse Section from the 15th – 17th May 2018. I was elected Chairperson at the Annual General Meeting. This is the third time I have had the privilege of having the role of Chairperson and leading Enrolled Nurses throughout New Zealand. When accepting the position, I indicated that during my term as Chair I would be making it my goal to find the next Chairperson. If you may think you have what it takes, please get involved at a regional enrolled nurse section level. We currently have 9 regional enrolled nurse sections throughout New Zealand, who meet regularly and they all welcome enrolled nurses along to their meetings.

The enrolled nurse section committee recently met in Wellington and we met with Pam Doole from Nursing Council of New Zealand and the Jane Bodkin, Chief Nursing Advisor from the Ministry of Health over the two days. The Committee indicated to both that we would like to see "Direction & Delegation" in our scope of practice removed, due to Direction and Delegation causing so much confusion in the nursing workforce. Not for Enrolled Nurses, who know their scope of practice and direction and delegation, but for our colleagues, who do not understand it fully. We would like a review also of the scope of

practice and indicated we would be more than happy to do the work for this. They both agreed as this has lately put up barriers for enrolled nurses being able to work to their full scope of practice in some settings in the community.

Previous chairperson Leonie Metcalfe mentioned in the April edition that the committee was compiling a worksheet "Barriers for Enrolled Nurses". This has been completed and will be a continuous working and living document. Since our August meeting we have added to this document.

Some of the barriers we have prioritised are:

- ✓ A fully funded new graduate enrolled nurse programme
- ✓ Enrolled Nurses not included in the ACE programme
- ✓ No workforce plan for enrolled nurses and no accurate enrolled nurse workforce data
- ✓ Removal of Direction and Delegation
- ✓ Lack of understanding of the enrolled nurse scope of practice
- ✓ Pay equity for enrolled nurses
- ✓ Enrolled Nurse graduates not utilised in the health workforce of New Zealand
- ✓ Enrolled Nurse not accepted by ACC to be a nurse treatment provider.
- ✓ Enrolled Nurses not included in inteRAI training

All of the barriers have been allocated a time frame to be achieved by.

For those enrolled nurses working in General Practices please be aware of the following:

"In 2014 changes were made to the Health Cards Entitlement Regulations and the Primary Health Care Services

Agreement to enable a broader range of health practitioners (including enrolled nurses) to provide general medical services (GMS) as part of the general practice team". Please pass this information onto any enrolled nurses that you know of that work in general practices.

Since the ratification of the DHB/NZNO MECA, which included all the DHB's committing to CCDM and safe staffing and the Minister of Health announcing an Accord which the Ministry of Health, the 20 DHBS and NZNO signed we have seen an increase in the advertising of new graduate enrolled nurse positions and experienced enrolled nurses in some of our DHB's, in a variety of settings. This is great news for enrolled nurses and the profession of enrolled nursing

Face Book: The Enrolled Nurse Section has joined Face book and enrolled nurses who are members of the enrolled nurse section can request to join our face book page, which is a closed group. We aim to keep members informed, allow discussion on issues relating to enrolled nursing, post study days, conferences. The site is moderated and every post by our members has to be approved.

Save the Date: The 2019 41st Annual Enrolled Nurse Section NZNO Conference will be hosted by the Midlands Regional Enrolled Nurse Section from the 21st -23rd May 2019. The Conference theme is "The Challenge of Change".

Snippets from the regions

Northland/Tai Tokerau

Charmaine Hand

A big congratulations to Alwyn Slade - EN, the winner of the Te Tai Tokerau Nursing and Midwifery Awards 2018 - Te Mana Whakahaere: Consistency Category Award.

Top of the South (Marlborough)

Debbie Hawkey

On the 30th June 2018, 9 Enrolled Nurses from across the Top of the South region celebrated National Enrolled Nurse day with a high tea at Apples for Charlotte in Havelock. With a combined 243 years of Enrolled Nursing between them, there was good reason for celebration. It was a time to reflect and reminisce, while enjoying the fine china and delicious delights

Greater Wellington

Angela Crespin

Greater Wellington Study Day, 6th September 2018

Christchurch

Maree Hurst

The 40th Annual Enrolled Nurse Section NZNO Conference

ResiliENT and Resourceful, held at Rydges Latimer Hotel, Christchurch, 15th – 17th May 2018.

We had a fantastic attendance, with 159 registrations, which included 2 colleagues from Australia, our guest speaker from Canada, 2 RN's, and our EN Section PNA.

[See full report on NZNO/EN website](#)

Te Runanga ō Aotearoa

Lea Thompson

We celebrated our Indigenous Nurses Aotearoa Conference 2018 in Auckland.

Tai timu Tai pari, Changing tides

From the Pullman Hotel, we walked a circuit leading down to and along Queen Street, then back again. On our hikoi (walk) we made new connections, learned about each other, sang together and laughed together. We were united, proud to be Māori and proud to be nurses.

We heard of the struggles and similarities that our indigenous cousins endure on a regular basis.

The calibre of speakers caught my attention, so that I am reminded that I have so much to be grateful for.

Congratulations to Anita Kahu and Alyla Fisher, recipients of awards at the Indigenous Nurses Awards ceremony.

REMINDERS:

1. The Enrolled Nurses Education Fund: Applications are available, four times a year – for details, see the EN website.
2. Encourage our new Enrolled Nurses in your areas to become involved with the Section, after all, they are the future!
3. NZNO & Section Committees: To avoid email and phone rejections, please check and update your contact details.
4. “Facebook” Check-it-out, the Enrolled Nurses Section Committee has entered the digital age.

Full reports available on

NZNO/EN website

http://www.nzno.org.nz/groups/colleges_sections/sections/enrolled_nurses/regional/regional_reports

Articles

Te Tai Tokerau Nurses, A voice to lead Health is a human right

Melissa Peterson,

Enrolled Nurse.
NZNO member
for 6 years.



Started employment with Te Hiku as a GP clinic nurse also leading the diabetes prevention project.

She is the women's health champion across all 3 clinic sites servicing 13,400 patients. She has just gained mental health credentialing and delivers extended mental health visits for patients.

Melissa stepped up to receive extra training to be the mental health credentialed nurse across the 3 clinics sites when none of her colleagues were interested in taking on the role or the training. She delivers mental health visits with skill and compassion. Because she took on this role it has enabled patients to access care sooner, without waiting for referrals to be accepted and lists to be traversed in our limited availability of community counselors. It's points to her character of always being willing to go the extra mile take on the extra projects take up the extra training to further yourself and expand her role always wanting to provide better care for your patients, to provide holistic continuity of care.

Melissa began her employment here by stepping into a row created for over 13,000 patients with diabetes or pre-diabetes and making her or her

own thing going on to receive Northland recognition for this project's excellent outcomes of weight loss an improvement in HBA sees levels. She continues to work with her patients on diet and weight loss and is involved in a telemedicine project call PopinTV delivering virtual consults with diabetic patients in their homes to optimize insulin therapy and overall health literacy.

Melissa works at the top of her scope as an EN Practice Nurse doing acute care, cervical screening, immunizations, chronic care management and health promotions. When she is not directly helping patients, she is helping colleagues boosting morale, assisting with tasks brain storming and organizing. She is the angel on our shoulders.

International Nurses day 12th of May 2018 – Southern Region

Pauline Baird

Enrolled Nurse,
working at a
rural GP's



In the last year, I have had the responsibility of working every fortnight with Dr Rebecca Canner in the Skin Clinic. We remove lesions and use varying techniques for our Lumps and Bumps clinic.

To support this, my Charge Nurse thought it would be good experience to observe procedures on the Mobile Surgical Bus and I was interested to see inside the mobile facility when it was here in Balclutha.

The Mobile Surgical Bus had a staff member off sick and they asked if I was happy to help them out for the

day as they required me to work as a circulating nurse. The theatre for the day was Plastics Surgery. This did put me on the spot and challenged me! I found the work great and it brought back many memories of the wonderful atmosphere in a well-run theatre.

The Surgical Bus was very spacious, well organised and everything had its place. One of the operations was a Dupuytren's contracture repair which was the very first operation I observed back when I was training.

The highlight was the liposuction to harvest fat and tissue, this was then transplanted into a thumb joint for muscle wasting after an amputation many years ago. The result was remarkable. Having seen a lot of liposuction procedures years ago for cosmetic reasons, it was very exciting to see this reconstruction surgery. I also gained education in new procedures and what changes have been achieved in plastic surgery in my short time on the Bus

Article:

Charmaine Hand

Both my parents died 6 months apart over the last 8 months - and were Hospice patients that I nursed at home, and I sourced these products from overseas as I could do a bed wash on my own then. Hospice nurses asked if I could approach Hospice to have these products ranged with them, because they are really cheap and wonderful, and clients would really benefit from using them. For example the usual shampoo cap that's been in use in hospitals for some time costs wholesale \$24.00 and New Zealand Medical Distribution's Foam shampoo is under \$5.00 and does a few washes and is so easy to use.

Bath in a Bag, and Waterless Shampoo Foam, for clients that have a water phobia, hospice clients, and bed based clients, or clients in the community whom want their own independence but don't want to risk the hazard of attempting a shower on their own, PACU - for freshen up straight after surgery - saving water towels and a wet bed - and prevents spread of infection, PH balanced and for sensitive skin, highly moisturized infused towelettes, fully disposable for ease. Saves money on time and containers and towels and sheets/full bed changes and keeps skin intact and feels absolutely wonderful and moisturized.

New Zealand Medical Distribution Limited.

For inquires contact:
Charmaine Parker 0275 65 9907

**PROFILE National Enrolled
Nurse Section
Committee member**

Hi, my name is Treve Swan.

An Enrolled Nurse, I am currently employed by Tairāwhiti District Health NASC as a Needs Assessor.



A member of the BOP/ Tairāwhiti Enrolled Nurse Section and on the National Enrolled Nurse Section committee.

We discussed some of the feedback from Conference this year in Christchurch at our meeting. It was noted that people commented on the

lack of presentations from Enrolled Nurses.

In the past I have presented an abstract.

At first, I thought it would be overwhelming. I was pleasantly surprised that when I did my presentation it was OK. In fact, when I completed this I felt empowered of my achievement. It was also a positive to add this to my PDRP.

I kept saying to myself, when preparing my abstract that i was going to be telling my enrolled nurse friends and colleges about what i do daily in my work. It was important to remember that the audience of enrolled nurses would be interested in what I do as there are many aspects of working day that they can relate to.

I had never used a power point before and required assistance from my colleagues to achieve this, so I could add pictures etc to my presentation. My koha of home baking was helpful and well received.

So, my challenge to ALL Enrolled Nurses out there is, GIVE IT A GO!!! You've got this 😊

Put your name forward to do an abstract. You won't be disappointed, you may even surprise yourself.

GOOD LUCK, Treve

CONGRATULATIONS



**INDIGENOUS NURSES, AWARDS
CEREMONY**



**Anita Kahu –
GREATER
WELLINGTON**

receives the award for services to Te Poari.

Anita was awarded a certificate at the

Indigenous Hui, awards evening.

Anita worked tirelessly to keep the Te Runanga chair's position open until a successor was appointed. Lizzy, Te Rūnanga Chair for Greater Wellington, says it's important that Anita's mahi and support to Te Runanga is acknowledged. If we don't acknowledge them, then everyone goes unnoticed. Anita is thanked for her hard mahi and contribution as an enrolled nurse of 30 odd years. Lizzy holds the same regard for all her members and acknowledges that all her members deserve recognition.

**Ayla Fisher – Southern District
Health Board, recipient of**

certificate for outstanding services to Tē Rūnanga



Ayla is a local Invercargill kotirō (girl) who began her academic journey in 2014. She successfully graduated with her Diploma of nursing from Southern Institute of Technology in 2016. Ayla impressed the panel so much that her position as a young Māori Enrolled Nurse working on the medical ward commenced

following her interview. This benefited our whanau throughout the rohe (district) of Murihiku greatly. Not only did our people gain a passionate nurse, we gained a passionate Māori nurse to provide nursing care to our whanau, kaumatua, mama, rangatahi, tamariki, our mokopuna and pepi (baby) during a very vulnerable time in their lives as they are admitted as a patient into the medical ward at SDHB.

This is what all nurses are trained to do however, in Ayla's case this care does not just stay with her patients, but filters through to their whanau too. This for Māori is what makes the difference to their engagement of treatment, on to the recovery. She has made an impression on the whanau in her care, that they likened being cared for by her to being treated like royalty in a western system. They initially thought it would be a scary place, but Ayla indigenised their care enough to make it count.

Parting comment from her Senior RN, Ayla has so much potential and I am very proud of her for making that difference in SDHB for our whanau.

Southland Māori population is approximately 40%. Māori nurses required to service this population is approximately 167. There are 50 Māori nurses caring for Māori.

TE TAI TOKERAU NURSING AND MIDWIFERY AWARDS 2018

Te Mana Whakahaere: Consistency Category Award

Alwyn Slade - EN



I have worked with Alwyn for nearly 10 years now and have found her nursing skills, knowledge and work ethic at the same excellent level when I first worked with her. Furthermore, Alwyn has been involved in mentoring/guiding student nurses and new nurses, a resource person for setting up orthopaedic tractions which is a vital skill especially when managing fractures of the neck of the femoral bone. Alwyn has always turned up to work, ahead of time and was always, I mean 99% of the time, always available when she is called up to help on the ward.

I recalled one particular night shift where I was the nurse coordinator and I was working with Alwyn, another experienced EN and a new graduate nurse. We had a code blue that night and the new graduate nurse was not IV therapy designated yet. The patient needed IV boluses and blood transfusions. Alwyn made a difference that night by helping me run the floor while I was attending to the deteriorating patient. Due to Alwyn's orthopaedic nursing experience, all of our jobs that night were done safely within the shift.

Alwyn is also consistently involved in quality projects and help run clinical audits, part of my job as nurse educator is to perform clinical audits and ask volunteers from staff to assist in this quality projects and Alwyn was always keen to help in any way or form with ward projects.

Currently Alwyn is performing a monthly pressure injury audit in the ward to ensure that our patient's risk of getting PI is significantly reduced.

Networking at the Indigenous Nurses Hui in Auckland, Elaine and Jocelyn.



Elaine Ngatai –
Adult Mental
Health, Waikato
– Enrolled Nurse

Elaine Ngatai is Midland's Te Rūnanga proxy. Elaine works at Henry Bennett Centre of Waikato hospital, (mental health facility). Elaine will stick up and fight for anyone she believes has been unjustly treated or does not have a voice for themselves. She is highly respected and will do anything to support and encourage her nursing colleagues.



Jocelyn White –
Community nursing,
Central
– Enrolled Nurse

Jocelyn is a Community Enrolled Nurse. She enjoys her work as her role varies in many ways, and from client to client. She enjoys working with our people and makes special mention of her passion to work with her 90-plus year olds.

Upcoming events and awards

2018

Please see NZNO/EN website for full details of Study Days and Conference updates

6 th September	Greater Wellington EN Section Study Day Matters of the heart
19 September	EN Study Day – Timaru
6 th October	Southern Region EN Section Study Day – Dunedin
29 October	Auckland Region EN Section Study Day
15 th November	Midlands Region EN Section Study Day – Hamilton
16th November	Whangarei, Venue Barge Park, Maunu Registrations 08.30hrs, 09.00hrs to 17.00hrs.

21 – 23 May 2019

41st Annual Enrolled Nurse Section Conference
Hosts, Midlands Regional Enrolled Nurse Section

NZNO Grants and Scholarships available

http://www.nzno.org.nz/support/scholarships_and_grants

Regional Study Day dates will be available on the website once the regions have confirmed dates.

http://www.nzno.org.nz/groups/colleges_sections/sections/enrolled_nurses/regional/regional_study_days



Midlands Regional Enrolled Nurse Section

Study Day

Thursday 15th November 2018

“Facing the Challenge”



*Grain Exchange
16 Maui Street, Pukete
Hamilton*

The future is now: Transform your practice for the changing face of disease in New Zealand

A one-day seminar for health practitioners which explores how the path for chronic disease is laid down in early life and how practitioners can support clients to make lasting lifestyle behaviour change for better health.



How well-equipped are you to treat and support those with chronic lifestyle diseases such as obesity, diabetes and heart disease?

Register for this one-day seminar and learn:

- How the development of lifestyle disease is set in early life
- Why clinical practice needs to change to treat chronic disease
- Practical skills to support clients to make lifestyle behaviour change.

You'll hear from a range of renowned speakers in the field of early life science, health psychology and behaviour change and leave empowered to become an agent of change!



**g Healthy Start
Workforce Project**

A healthy start to life starts with all of us

Māu, māku, mā tātou e ora ai
An initiative funded by the Ministry of Health

31 August 2018

Kohia Centre, Gate 1, 78 Epsom Ave, Epsom, Auckland

\$149 General Admission | \$75 Student/Unwaged

Register at: transform-your-practice.eventbrite.co.nz