



New Zealand College of Air, Surface & Transport Nurses Magazine

College of the New Zealand Nurses Organisation

COASTN Committee 2017



Rear Left to right: Annie Bradley-Ingle, Joanna Knight, Kelvin Still,

Front Left to Right: Angela Coward, Toni Johnston, Gill Robertson, Rachel Pringle, Anju Sethi

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Welcome to the March 2017 Edition

With Summer closing its doors on us I noticed for the first time this year snow on the mountains as we flew into Wellington. I must admit I do like flying in the Winter. The clear morning skies can be spectacular.

With lots of discussion in our flight office about the up-coming MECA negotiations I strongly urge everybody to get out and make our voice heard. Not only do we as Flight Nurses, need to get some standard Flight Nurse pay rates across New Zealand sorted. (Which the committee are involved in currently.) But we also need to urge the NZNO negotiation team to push hard for decent pay for all RN's, CA's and anybody else covered within our MECA.

The COASTN AGM and symposium is being held in Christchurch this year, please make it if you can. It is great to see and find out what everybody is doing around the country. Info for this is later in the magazine and also on the COASTN Website.

It is important for people to attend so that our AGM is representative of all our members. There will also be a vacant committee position this year so please think about joining the COASTN committee and having your say about the direction of Flight Nursing in New Zealand.

Lastly my usual comments about photo's, articles and regional updates. Please forward them on to me or to a committee member so we can put them into your magazine. This is your forum and is only as good as the information we get.

My thanks to Anju for her photo's.

Enjoy the last of the summer warmth and of course, happy and safe flying

Kelvin

(kelvin.still@gmail.com)



New Zealand Nurses Organisation | College of Air & Surface Transport Nurses

One Day Symposium & AGM

Commodore Hotel, Christchurch Airport

Monday 13th November 2017



COASTN Aeromedical Symposium

“Ready Steady Go...”

Commodore Hotel, Christchurch Airport
13th November 2017

INFORMATION

Our next symposium is designed as a one day “fly-in fly-out” to save costs on accommodation for those who cannot be away overnight. With a starting time of 9am and with late flights departing Christchurch to all major cities there will be time to enjoy refreshments at the Commodore Hotel Bar prior to departing.

GETTING THERE:

There is a courtesy bus to and from the Commodore Hotel situated outside Christchurch International Terminal beside the Domestic Terminal, operating 24/7. The Commodore Hotel is situated 2.2km from the airport, at 449 Memorial Ave.



WHATS ON:

For those of you fortunate enough to get time off to stay overnight for the Tuesday following the symposium (14th November), the New Zealand Trotting Cup meeting is held; New Zealand’s equivalent to the Melbourne Cup! This is a great opportunity to get your colleagues together following the symposium to enjoy some team bonding at the races.



Admission to the NZ Trotting Cup ranges from \$20-\$70; and many pubs do pre-booked champagne breakfasts with transport to and from Addington raceway. The first race starts at 11:50, with the NZ Cup at 17:30, not to be missed.

ACCOMMODATION:

As this is the beginning of Canterbury Cup and Show week ensure you **book your accommodation** early to avoid disappointment. Many websites offer accommodation with **free cancellation** and no deposit such as WOTIF.COM, so book even if you are unsure of your plans. Cancellations are accepted up to 72 hours before the booking date in most instances.

Accommodation on Wotif.com near the Commodore Hotel and Symposium venue includes:

The Commodore Hotel 5 star \$250 p/n.

Airport Gateway Motor Lodge \$159 p/n (500m walk to symposium venue)

Airport Palms Motel \$165 per night (550m walk to symposium venue)

Airport Christchurch Motel \$182 p/n (600m walk to symposium venue)

Airport Delta Motel \$196p/n (650m walk to symposium venue)

GARDEN CITY AIR CENTRE:

If anyone is interested in viewing the new Garden City Air Centre then there is opportunity on Tuesday morning for a short tour. The multi-purpose centre is the largest of its kind in Australasia offering a fully integrated, single-purpose Emergency Medical Service air ambulance facility, and a purpose-built reception gateway base for the rapidly growing tourism and corporate jet market. The new 9,000sqm building currently under construction air-side along with new runway access at Christchurch International Airport is due for completion in May 2017. Email COASTN2017@outlook.co.nz to express your interest in a look around on the Tuesday morning.



OTHER ACTIVITIES:

The **International Antarctic Centre** is a short walk from the Airport and has real snow and ice, little blue penguins, Hagglund rides and is the closest to Antarctica you can get. Come and enjoy one of New Zealand's best tourist attractions.



The **Air Force Museum of New Zealand** is the national museum for the Royal New Zealand Air Force (RNZAF) and one of New Zealand's premier attractions. Located on the site of the former Air Force Base at Wigram, the Museum offers a unique and memorable visitor experience. With over 30 historic aircraft, hands-on exhibitions and programmes, guided tours and even a flight simulator, all with FREE entry, it is the ideal place to come for plane enthusiasts.



The **Gondola** offers a unique Christchurch sightseeing experience that you'll never forget. Soar suspended above the valley as the birds fly beneath your cable car. Enjoy breathtaking views of the Christchurch cityscape, over the Canterbury Plains out to the mighty Southern Alps and the dramatic hills of Banks Peninsula.



The Christchurch **Rebuild Tour** offers a unique guided experience through the past, present & future of Christchurch city. Follow the innovative progress that Christchurch is making following the earthquakes of 2010 and 2011.

The Rebuild Tour is one of the best things to do in Christchurch and one of the best ways to experience the sights of this emerging, new city.



Punting



Tram



Botanic Gardens

THANK YOU:

On behalf of the Christchurch Air Retrieval Service and the COASTN Committee we thank you in advance for your support of the COASTN 2017 Symposium and hope it will be beneficial to your practice and the people you care for. We also hope you get the opportunity to explore Christchurch and meet some of the wonderful, resilient people who live here.



Aeromedical Symposium

“Ready Steady Go...”

Commodore Hotel, Christchurch Airport

13th November 2017

CALL FOR ABSTRACTS

Submission deadline: 31st July 2017

You are invited to share your knowledge, skills and experience through presenting a piece of research or a clinically based, issue of development. Presentations will be 15 minutes + 5 minutes for questions and answers (we would like to encourage audience engagement).

Abstract Content and Format Guidelines:

- 11 or 12 point font.
- Maximum of 250 words.
- Only use standard and well-accepted abbreviations.
- Include the background, purpose, method and results (or summary of clinical/ practice issue or innovation) and conclusions.
- The theme of the symposium is “ready steady go” looking at decisions made prior to and during transfer. Your abstract may focus on any topic relevant to the aeromedical field, including research or practice.

Submission Details:

- Email abstracts to: COASTN2017@outlook.co.nz
- Submissions must be received by 31st July 2017

Abstracts will be reviewed by the organising committee and you will be contacted by email when the process is complete.

Thank you for supporting this symposium

This is Canterbury Cup and Show week so ensure you book early to avoid disappointment, many websites offer accommodation with free cancellation.

Upcoming Events



AirMed 2017 World Congress

The key driver for improvements and innovative change has always been constructive criticism, be it in terms of medicine, management, flight operation, maintenance, design or development guidelines. For more than 30 years, AIRMED World Congresses have been organised to inform about the latest facts, share experiences and define the future in professional aeromedical services.

It's about time for the next AIRMED World Congress.

Please **mark your calendar** for the **3-5 October 2017, ExCel Exhibition Centre, London. United Kingdom.**



31 AUGUST - 3 SEPTEMBER 2017, CROWNE PLAZA QUEENSTOWN



The triennial combined AMSNZ and ASAM conference will be held on 31 August – 3 September 2017 at Crowne Plaza Queenstown in the southern hemisphere's premier four season lake and alpine resort, Queenstown New Zealand. The conference theme is "Horizon Scanning - Improving Aeromedical Risk Management". - See more at:

<http://event.icebergevents.com.au/amsnz2017><http://event.icebergevents.com.au/amsnz2017>

Regional



Roundups



*Saving Lives
IN THE South Pacific*

The team at NZAAS have had a few busy months flying with some interesting and challenging jobs in the mix. We have welcomed several new staff members. On the 350 King Air service - First Officer Matt and captain Don as well as crewman for the Starship service Aleks.

Faye has also recently commenced working with NZAAS as a mission coordinator, Faye will be working closely with Annabel and Jess as she transitions into the new role.

Once again the NZAAS SkyRunners team competed in the Auckland Round The Bays run and this year achieved some great personal best times at the same time raising money for StarShip Hospital.

We are looking forward exhibiting at the Wellington ANSICS conference in April, so please come and introduce yourselves to us if you are attending. We love meeting our colleagues from around the country.

Safe Flying

From the Team at
NZAAS



Tauranga

We have just had our 2017 Philips Search and Rescue Trust open day at the hanger onsite at Tauranga hospital .

A fantastic day , great weather and well supported by the local community .

Also present were our latest additions to the flight team. Three new nurses have just come onboard so they are looking forward to experiencing first hand all the stories they have heard !!

Amanda Thompson
David Taylor
Rachel Miller

Also present in the photo is Neil Barr (up the back) who is about to go and do the flight nurse course very soon, Vicky Inman in the middle of the photo is one of our ICU consultants. Todd the pilot is hard to mistake and myself on the far left .

Dianna Keys



WAIKATO ICU TRANSPORT TEAM



Hello from the mighty Waikato team.

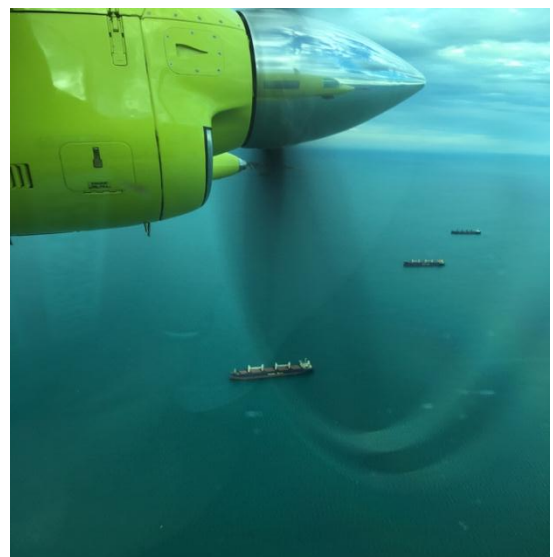
Hope everyone is well and out and about flying in the summer weather as sadly it is starting to come to an end. I know we have!

We had our annual flight nurse study day at the end of last year where it gives us all the opportunity to get together and run through safety procedures

and talk about our experiences. We ran a CPR scenario in the BK which certainly gave most of us the opportunity to see how difficult it is in such a confined space – as most of us have never had to resuscitate anyone while flying!

Recently we have said farewell to a couple of members of the team as they go off to other opportunities.

This gave the chance for a new member to come on board. I would therefore like to welcome Jane to the team. Jane has worked on the unit for a number of years, so she brings with her a wealth of knowledge. I'm sure she will be another great asset to the team.



We have also recently welcomed the new addition of another MU2 to our vehicles



It can carry two stretcher patients, has a large cargo door, to accommodate the ever growing demand for bariatric transfers, and has a fully automated stretcher system.

The cruise speed is 300 knots, which is slightly faster than our other machine.



This means no more manual lifting and pushing of patients into the aircraft.

Inside the cockpit is a full glass avionics suite which includes an EGPWS – Enhanced Ground Proximity Warning System (technical name for the ‘Pull Up,



Pull Up’ safety mechanism), TCAS – Traffic Collision Avoidance System.

The pilot displays also have a synthetic vision display (above), which highlights hills to the pilots.

Well that’s all from us here in the Waikato.

Fly safe everyone, from Leanne and the Waikato ICU crew.

Hawkes Bay Flight Team

Hawkes Bay team have been busy over the summer months with transports all over New Zealand.

We said farewell to one of our longest serving Flight Nurses . Marg Gueon who has been on the team since its inception



Marg has retired from flight duties and all the team wish her well for her future.

With this retirement and some other staff changes we have seen new staff come onto the team.

So we welcome

Andrew Rorrison

Madie Robertson and

Marina Strong to the team.

Two of our staff have been away on the recently completed COASTN Flight Nurses Course. We look forward to sending more next year.

From a busy little corner of the country, stay safe, and may you all have clear skies and bright sunny days to fly in.

Cheers

Hawkes Bay Flight Team.

As a side note I know that some our team and I'm sure others went to the Ohakea airshow recently. A great weekend for those who got to attend. So here's a couple of photo's from the Saturday show.





Your committee hard at work at a recent meeting There is a lot achieved in the background.

NZ FLIGHT SERVICE CONTACTS

Northland	Sarah.Pickery@northlanddhub.org.nz
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Auckland NZAAS	assistance@nzaas.co.nz
Starship	assistance@nzaas.co.nz
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Wellington	
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Nelson	Robyn.Price@nmhs.govt.nz
Christchurch	shane.mckerrrow@cdhb.govt.nz
Christchurch NICU	Sue.moore@cdhb.health.nz
Dunedin	antonia.johnston@southerndhub.govt.nz

Wanted desperately

Articles, items of interest,
& photos!

Have you got an article or update that
could go on this page. Photos always
appreciated.

Send it to the magazine editor

Kelvin Still

C/o Transport Team

Hawkes Bay DHB

or email kelvin.still@gmail.com