



Hauora Tāhine

Pathways to Transgender
Healthcare Services

NORTHLAND DISTRICT
HEALTH BOARD
Te Pouri Hauori A. Rohe O Te Tai Tokerau



Waitemata
District Health Board
Best Care for Everyone

COUNTIES
MANUKAU
HEALTH

AUCKLAND
DISTRICT HEALTH BOARD
Te Toka Tumai

Proudly
celebrating

Transgender Week of Awareness

12 to 20 November 2018

New health pathways

Visit www.healthpoint.co.nz
and search '*Hauora Tāhine*' to learn more.

*Northland, Waitemata, Auckland and
Counties Manukau DHBs welcome all
Gender Diverse and Transgender people
and their whānau.*



Rerenga Wairua

<https://www.youtube.com/watch?v=a8bgfx-mhQk>

Rerenga wairua

Tēnā whakarongo mai

Pāpaki tū ana

Ngā tai o Te Tokerau

Ueoneone rā

He tangata rangatira e

Nō te Aupōuri

Ngāpuhi nui tonu e

NURSING GERONTOLOGY PRESENTATION 2018

**TRANSGENDER COMMUNITY
AT A GRASS ROOTS LEVEL**

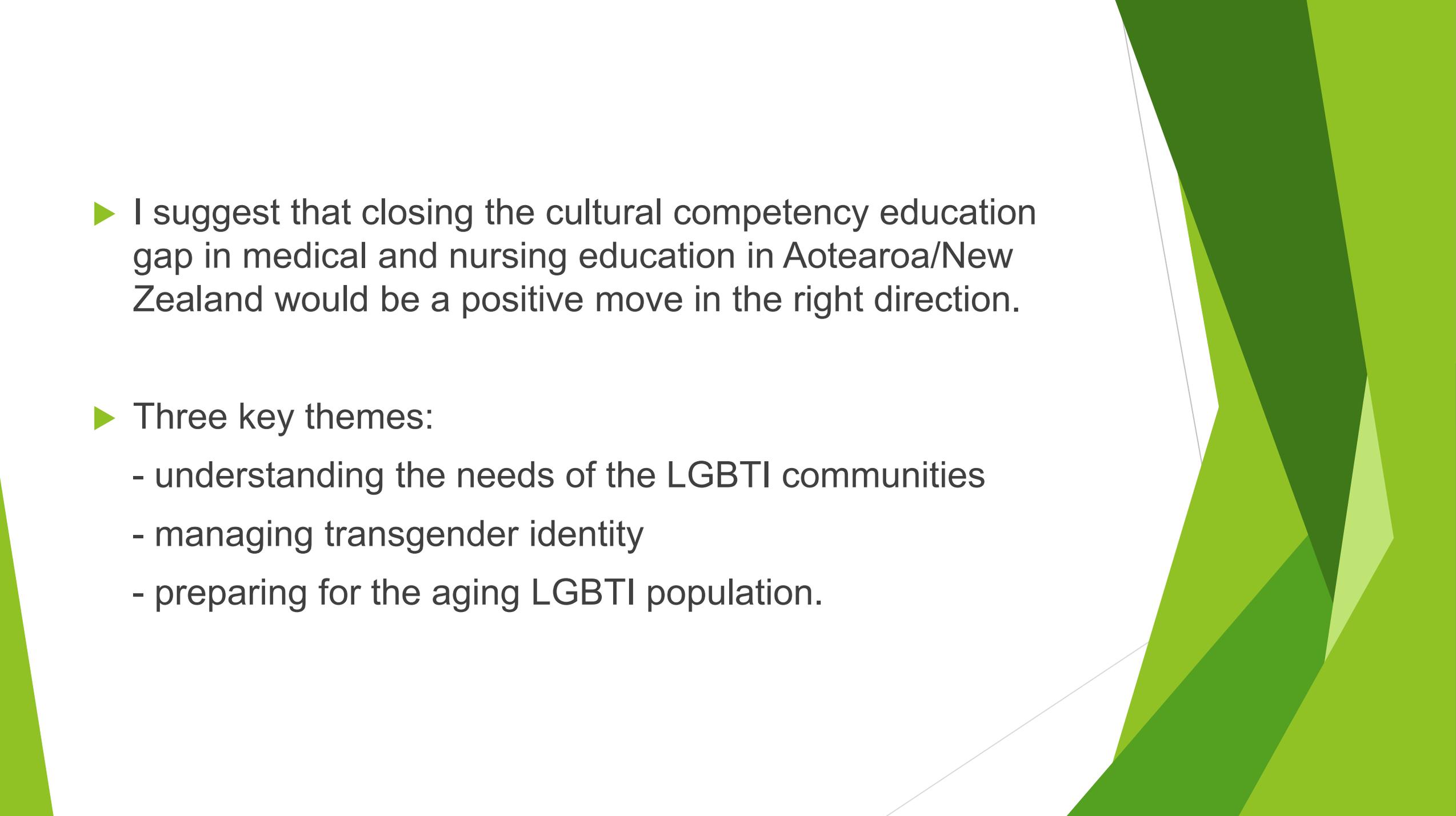


Case description:

The ability to live full safe and open lives is a fundamental right of every individual in Aotearoa/New Zealand

yet Lesbian/Gay/Bisexual/Transgender and Intersex (LGBTI) people are subjected to:

- stigmatization and discrimination

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- ▶ I suggest that closing the cultural competency education gap in medical and nursing education in Aotearoa/New Zealand would be a positive move in the right direction.

 - ▶ Three key themes:
 - understanding the needs of the LGBTI communities
 - managing transgender identity
 - preparing for the aging LGBTI population.

Mihi

- ▶ Ko Roxanne Peoples- Henare ahau
- ▶ Ko Ngapuhi toku iwi
- ▶ Ko Ngati Hine toku hapu.

MY HISTORY TO DATE

- ▶ transitioned in 1984
- ▶ worked as a sex worker for 11 years
- ▶ alcohol and drug addiction

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- ▶ New Zealand Prostitutes Collective in 1989
 - ▶ New Zealand Aids Foundation (Burnett Centre for 2 years)
 - ▶ currently work for ADHB Sexual Health (22nd year)
 - ▶ Currently on the National Transgender Advisory Committee
 - ▶ Member of the ADHB LGBTQI group

Auckland Sexual Health Department- Auckland District Health Board

ELIGIBILITY

- ▶ Auckland Sexual Health Department
- ▶ GP referrals internal DHB referrals
- ▶ General Check up symptomatic/asymptomatic/ specialized clinics i.e. laser, biopsies, Vulval and transgender clinics

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- ▶ patients can also “self refer”
 - ▶ Confirmation of eligibility and publicly funded health care
 - ▶ patients who are not eligible are referred to other services such as Family Planning

Gender Markers And Cultural Identities

CULTURE

- ▶ Whakawahine/Hine Hua
- ▶ Whakatane/ Hine Hi
- ▶ Fafafine (Samoa)
- ▶ Fakaleiti
- ▶ (Tonga); Mahu (Tahiti)

TRANSLATION

- ▶ Maori- Transgender-Male to female
- ▶ Maori- Transgender-Female to Male
- ▶ Pacific Islands and some other cultures do not recognise Western gender constructs

GENDER FLUIDITY

What is gender fluidity?

- ▶ gender is fluid along the gender spectrum line
- ▶ it is where a person starts to transition wise along the gender spectrum at any point in their life
- ▶ our society only in the last 15 years has recognised Transgender as the preferred identity or umbrella

What would I expect from Health Care If I am in a rest home- where I am Transgender

- ▶ I would like my family and friends to be ambassadors of my care
- ▶ I would like my whanau to be notified of my care and have them involved in decision making
- ▶ I would like my partner (if any) to be involved in any decision making and care
- ▶ As a trans woman or trans male I would like to have and be treated as such in my own gender
 - ▶ Have access to my make up
 - ▶ Have my hair and nails done according to my gender
- ▶ Be able to shower or have a bath without prejudice
- ▶ Be treated with Dignity and respect

Important things to remember when dealing with a Transgender Patient

- Use the correct pronouns, he, she or they
- Don't feel awkward, the patient won't
- Don't be shy to ask appropriate questions
- They may be nervous about how your going to react to them

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- ▶ each of us identify uniquely under the Transgender umbrella
 - ▶ you might have patients that identify as Pansexual or Asexual, non binary sometimes this group will sometimes wish for “They” pronoun to be used.

The Process at Sexual Health when a Transgender patient arrives at reception

- ▶ A video recently created and released 3 weeks ago by the WDHB-Transgender Project for the DHBs
- ▶ <https://drive.google.com/open?id=1N2EjLPVcAxfcQpMV6iuTamvQb9hdeHle>

TRANSGENDER ONLINE RESOURCES

▶ Ministry Of Health (MOH)

▶ *Transgender Resources For Health Care Professionals*

- ▶ <https://www.health.govt.nz/your-health/healthy-living/transgender-new-zealanders/resources-transgender-new-zealanders>

▶ The Human Rights Commission (HRC)

▶ *The Inquiry into Discrimination Experienced by Transgender People - 2008*

- ▶ <https://www.hrc.co.nz/your-rights/social-equality/our-work/inquiry-discrimination-experienced-transgender-people/>

▶ Hauora Tāhine - Pathways to Transgender Healthcare Services & Sexual Health Services- HEALTH POINT (portal)

▶ *Health point Portal for the Transgender NZ Service*

- ▶ <https://www.healthpoint.co.nz/public/sexual-health/hauora-tahine-pathways-to-transgender-healthcare/>

Q & A Answer Time with Roxy

