



**NZNO College of Gerontology Nurses  
monthly news bulletin  
Friday 6 February 2020**

**College of Gerontology Nursing NZNO Conference 2020**

*“Sex, Drugs and Light Sabers”*

Monday 4<sup>th</sup> and Tuesday 5<sup>th</sup> May 2020  
Wellington

**Registration is now OPEN!** Early bird prices available but only prior to 11th March

For more information please refer to the [website](#).

**Consultation**

NZNO consults with members on a range of issues.  
The full outline can be found [here](#)

**Nursing Matters NZNO Manifesto**

In election year NZNO publishes a manifesto “*Nursing Matters*”, to profile for members and other voters, health related election issues from the perspective of this member led organisation.

Please respond with issues that you believe need to be included in NZNO’s manifesto.

**Please send feedback to this [email](#) by Fri February 21st.**

**Taumata Arowai - Water Services Regulator Bill**

NZNO seeks your feedback on the above Bill which, if passed, would create a regulatory body to oversee, administer, and enforce a new drinking water regulatory system.

Taumata Arowai—the Water Services Regulator (Taumata Arowai) would be established as a new Crown agent dedicated solely to drinking water.

**Draft Disability Employment Action Plan**

NZNO welcomes your feedback on a draft action plan specifically for disabled people and people with health conditions because they often face barriers to getting and staying in work. In particular, we would like feedback on whether the action plan includes the right actions to improve outcomes for disabled people and people with health conditions.

**Options to reform the Burial and Cremation Act 1964 and related legislation**

NZNO welcomes your feedback on a consultation that sets out a range of options for modernising the legislation relating to death, burial, cremation and funerals in New Zealand.

**New Zealand**

**No time to care: Is there a crisis in caring for the elderly?**

Mary Singleton is 82. The former pianist and teacher has outlived her family and many of her friends. She can go weeks without seeing anyone, apart from her home-care workers, for whom she has great affection [Read more](#)

**Clinical issues**

*The article below is not freely available but may be sourced from databases available via the NZNO library or those of a DHB or educational institution*

**Factors influencing missed nursing care for older people following fragility hip fracture**

Fitzgerald, Amanda et al. Collegian, Volume 0, Issue 0

**Background**

Older people suffering fragility hip fractures are among the most fragile and vulnerable hospital patients. They often have complex care needs due to pre-existing and chronic conditions which may exacerbate as a consequence of surgery and hospitalisation. When deviations from best practice occur, care can be missed.

**Aim**

To identify factors that influence missed care for the older person with a hip fracture; inform recommendations for change and highlight the need for further research to achieve best practice nursing care for older people following a fragility hip fracture.

## **Dementia and mental health**

### **New study suggests cautions about antipsychotic medications for hospitalized older adults**

Delirium (sudden confusion or a rapid change in mental state) remains a serious challenge for our health care system. Delirium affects 15 to 26 percent of hospitalized older adults and can be particularly problematic because those experiencing the condition may interfere with medical care or directly harm themselves or others. Besides behavioral therapy and physical restraints, antipsychotic medicines are among the few therapeutic options healthcare providers can use to ease delirium and protect patients and caregivers—but antipsychotics also come with risks of their own.

[Read more](#)

### **Staying connected helps mental health in elderly**

Loneliness among elderly people can lead to a downward spiral where poor mental health is intertwined with isolation, according to research. [Read more](#)

### **Getting to the 'art' of dementia: Researchers highlight benefits of art intervention**

University of Canberra researchers have shown that art gallery programs can improve the wellbeing of people living with dementia—and they've backed it up by testing study participants' saliva. [Read more](#)

### **The effect of a purpose-built memory support unit on the transition to high level dementia care; Perspectives of multiple participants**

Broadbent, Marc et al. Collegian, Volume 0, Issue 0

Background

Australia faces the challenge of an ageing population. The incidence of people with dementia unable to live in the community is expected to rise leading to demands on care facilities to provide specialised care. This paper reports on the effect a purpose-built Memory Support Unit has on multiple participants during the transition from home, or an aged care residence, to high level dementia care.

Aim

The aim of this research was to understand the effect of a purpose-built Memory Support Unit on the experiences of those with dementia who are transitioning into this environment, their family or carers and staff. [Read more](#)

*The article below is not freely available but may be sourced from databases available via the NZNO library or those of a DHB or educational institution*

### **Dementia care in acute hospitals– A qualitative study on nurse managers' perceived challenges and solutions.**

Scerri, A., Innes, A. and Scerri, C. (2020), J Nurs Manag. Accepted Author Manuscript. doi: [10.1111/jonm.12941](https://doi.org/10.1111/jonm.12941)

Aim

The aim of this study was to explore the perceived challenges of nurse managers when caring for patients with dementia in acute hospitals and identify possible solutions to address these challenges.

Background

Although dementia care in acute hospitals is suboptimal, few solutions have been identified. Multilevel factors need to be considered to promote changes in practice.

## **End of life care**

### **How are older people's care preferences documented towards the end of life?**

Williams, Sue et al. Collegian, Volume 0, Issue 0

Background

Meeting individuals' preferences is essential to achieve quality care at the end of life. Documenting these preferences in the healthcare system is an essential step to achieve them.

Aim

To investigate the documentation of older people's care preferences including end of life care preferences in health records. [Read more](#)

## **Healthy ageing (social, nutrition, quality of life)**

*The article below is not freely available but may be sourced from databases available via the NZNO library or those of a DHB or educational institution*

### **Interventions to prevent and treat malnutrition in older adults to be carried out by nurses: A systematic review.**

ten Cate, D., Ettema, R.G., Huisman–de Waal, G., Bell, J.J., Verbrugge, R., Schoonhoven, L., Schuurmans, M.J. and (2019), J Clin Nurs. Accepted Author Manuscript. doi: [10.1111/jocn.15153](https://doi.org/10.1111/jocn.15153)

Aims and objectives

To identify interventions to prevent and treat malnutrition in older adults, which can be integrated in nursing care, and to evaluate the effects of these interventions on outcomes related to malnutrition.

Background

Older adults are at great risk for malnutrition, which can lead to a number of serious health problems. Nurses have an essential role in nutritional care for older adults. Due to a lack of evidence for nursing interventions, adequate nursing nutritional care still lags behind.

## **Residential care**

*The articles below are not freely available but may be sourced from databases available via the NZNO library or those of a DHB or educational institution*

### **How to ... assist older residents to share and record their experiences**

Nursing and Residential Care, Vol. 22, No. 2: 72-73.

Many older people have a wealth of valuable experiences and memories waiting to be revealed. Adrian Ashurst shares some ideas regarding how to record and share residents' thoughts and perspectives on their past and their future

### **Developing an effective fire awareness training course**

Nursing and Residential Care, Vol. 22, No. 2: 101-103.

Ensuring resident and staff safety is paramount. Adrian Ashurst reflects on the importance of delivering an excellent practical fire awareness course that includes eLearning modules and face-to-face training

**Nursing Home Residents' Perspectives on Their Social Relationships.** Kang, B., Scales, K., McConnell, E.S., Song, Y., Lepore, M. and Corazzini, K. (2019), J Clin Nurs. Accepted Author Manuscript. doi: [10.1111/jocn.15174](https://doi.org/10.1111/jocn.15174)  
Aims and objectives

To explore nursing home residents' perspectives on their relationships with other residents, family members, and staff.  
Background

The cultivation of social relationships is central to promoting well-being in nursing homes, as these relationships allow residents, family members, and staff to be valued as unique persons and empowered as partners in care. Few studies have examined how nursing home residents perceive the relationships in their social networks, both within and beyond the facility.

## **Wellbeing**

### **5 Responses Guaranteed to Shut Down Nurse Bullying as Soon as You See it**

Even if you're not part of the [85 percent of nurses who've been abused by a fellow nurse](#), you're still probably aware that bullying among healthcare workers is a pervasive problem. Perhaps you've heard that [1 in 3 nurses has considered quitting](#) a job due to bullying — or you've seen it at your own workplace. [Read more](#)

### **5 ways to revitalize after a tough shift**

We've all had those tough shifts where you walk out both mentally and physically exhausted. This is not uncommon for healthcare professionals and here are some tips to help you invigorate your energy and mind. [Read more](#)

## **Articles of interest**

**Interprofessional education in geriatric medicine: towards best practice. A controlled before–after study of medical and nursing students.** Thompson S, Metcalfe K, Boncey K, *et al*

*BMJ Open* 2020;**10**:e018041. doi: 10.1136/bmjopen-2017-018041

**Objectives** To investigate nursing and medical students' readiness for interprofessional learning before and after implementing geriatric interprofessional education (IPE), based on problem-based learning (PBL) case scenarios. To define the optimal number of geriatric IPE sessions, the size and the ratio of participants from each profession in the learner groups, the outcomes related to the Kirkpatrick four-level typology of learning evaluation, students' concerns about joint learning and impact of geriatric IPE on these concerns. The study looked at the perception of roles and expertise of the 'other' profession in interprofessional teams, and students' choice of topics for future sessions. Students' expectations, experience, learning points and the influence on the understanding of IP collaboration, as well as their readiness to participate in such education again were investigated. [Read more](#)

*These articles are not freely available but may be located using the databases available to readers via a DHB or tertiary institute library or from the NZNO library*

**Supporting staff as change leaders in consumer engagement in aged care: Learnings from action research.**

Petriwskyj, A. and Power, S. (2020), J Nurs Manag. Accepted Author Manuscript. doi: [10.1111/jonm.12968](https://doi.org/10.1111/jonm.12968)

Aim

The aim of this paper is to explore the process of staff leading change in consumer engagement practice in aged care.

Background

Shifting expectations make engagement practice increasingly complex for service providers. This requires adaptive change within organisations. Organisations need to empower and support staff to critically assess practice, identify issues, and pursue opportunities for innovation.

## **Miscellaneous**

**Review of Innovative Models of Aged Care. (2019) Flinders University, Adelaide, Australia.**

To assist the Royal Commission into Aged Care Quality and Safety (established in October 2018), a review of international models of aged care has been undertaken, identifying key innovative models of care from Australia and around the world.

[Read more](#)

**Review of International Systems for Long-Term Care of Older People.** Dyer SM, Valeri M, Arora N, Ross T, Winsall M, Tilden D, Crotty M (2019). Flinders University, Adelaide, Australia.

The quality of life of older people is significantly affected by the way in which long-term care (LTC) is provided. This presents a challenge to governments to find ways to finance and regulate LTC to provide accessible and high-quality services. This review of international approaches to the provision of LTC has been conducted by Flinders University for the Royal Commission into Aged Care Quality and Safety. The aim of this review is to provide learnings for the aged care system in Australia and to situate the Australian aged care system within the appropriate global context.

[Read more](#)

*he above bulletin has been compiled by Linda Stopforth, SNIPS, on behalf of College of Gerontology Nursing NZNO. It is provided on the first Friday of each month and contains an overview of news items, articles and research papers of interest to the College members.*

*All links are current at the time of being compiled and distributed.*

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