



**NZNO College of Gerontology Nurses
monthly news bulletin
Friday 3 April 2020**

College of Gerontology Nursing NZNO Conference 2020
“Sex, Drugs and Light Sabers”

The new dates for our conference are Monday 19th and Tuesday 20th October 2020.

Mark these dates in your diary.

Continue to keep abreast of the conference programme and speakers on this [website](#).

Consultation

NZNO consults with members on a range of issues.
The full outline can be [found here](#)

New Zealand

Covid 19 Coronavirus: Rest home staff move in with their residents

Taking your work home with you is one thing, but making your work home is going above and beyond the call of duty. [Read more](#)

Clinical issues

Nursing care for older patients with pressure ulcers: A qualitative study.

Lindhardt, CL, Beck, SH, Ryg, J.

Nursing Open. 2020; 00: 1– 6. <https://doi.org/10.1002/nop2.474>

To explore the experience and perception of pressure ulcers in a group of nurses caring for older patients. [Read more](#)

Covid-19

Time To Introduce Supermarket Hours For The Elderly?

With supermarket home delivery services inundated, Grey Power say they'd like to see set hours introduced for older shoppers who can't get on-line or people to help them out. Grey Power's National Vice President Pete Matcham and Countdown's General Manager Corporate Affairs, Quality, Safety and Sustainability Kiri Hannifin speak with Kathryn Ryan. [Read more](#)

COVID-19 infection prevention and control in long-term care facilities

Scientists have recently released guidance for prevention and management of COVID-19 among elderly in long term care facilities. The article outlines the objective of WHO interim guidance on Infection Prevention and Control (IPC) in Long-Term Care Facilities (LTCF) in

the context of COVID-19 which is to prevent COVID-19-virus from entering the facility, spreading within the facility, and spreading to outside the facility. [Read more](#)

Guidelines and best practices to provide care for seniors during COVID-19 pandemic

Older adults are at elevated risk for complications from COVID-19 and are dying at a higher rate than younger patients. In light of these concerns, Regenstrief Institute and Indiana University School of Medicine scientist Kathleen Unroe, M.D., MHA, and colleagues lay out guidelines and best practices for healthcare providers and family caregivers who are providing care for seniors during the COVID-19 pandemic. Their recommendations are published in the Journal of Geriatric Emergency Medicine. [Read more](#)

Blood pressure meds won't make COVID-19 worse - experts

Experts are urging people with high blood pressure to keep taking their medications as usual during the COVID-19 epidemic. [Read more](#)

Older people and COVID-19: Isolation, risk and ageism.

Brooke, J. and Jackson, D. (2020),

J Clin Nurs. Accepted Author Manuscript. doi:[10.1111/jocn.15274](https://doi.org/10.1111/jocn.15274)

Internationally, health authorities and governments are warning older people that they are at a higher risk of more serious and possible fatal illness associated with COVID-19. Mortality data from Oxford COVID-19 Evidence Service (25/3/20) indicates a risk of mortality of 3.6% for people in their 60s, which increases to 8.0% and 14.8% for people in their 70s and over 80s. Therefore, the global recommendation for older populations includes social isolation, which involves staying at home and avoiding contact with other people, possibly for an extended period of time, currently estimated to be between three and four months. Older populations in this current context, refers to people over 70 years, and 50 years in some particularly vulnerable Indigenous populations. [Read more](#)

Community/in-home care / Age friendly communities

Homecare professionals' observation of deteriorating, frail older patients; a mixed methods study.

Strømme, T., Aase, K. and Tjøflet, I. (2020),

J Clin Nurs. Accepted Author Manuscript. doi:[10.1111/jocn.15255](https://doi.org/10.1111/jocn.15255)

Aim and objectives

To develop knowledge about homecare professionals' observational competence in early recognition of deterioration in frail older patients.

Background

The number of frail older patients in homecare has been rising, and these patients are at higher risk of deterioration and mortality. However, studies are scarce on homecare professionals' recognition and response to clinical deterioration in homecare. [Read more](#)

Dementia and mental health

Reducing antipsychotics is a 'blunt instrument'

An experienced nurse practitioner labelled the potential reduction in the use of antipsychotic medication a "blunt instrument" for dying patients suffering from dementia during a symposium held in Melbourne last week. [Read more](#)

The article below is not freely available but may be sourced from databases available via the NZNO library or those of a DHB or educational institution

"You've got to keep moving, keep going": Understanding Older Patients' Experiences and Perceptions of Delirium and Non-Pharmacological Delirium Prevention Strategies in the Acute Hospital Setting.

Lee-Steere, K., Liddle, J., Mudge, A., Bennett, S., McRae, P. and Barrimore, S.E. (2020), J Clin Nurs. Accepted Author Manuscript. doi:[10.1111/jocn.15248](https://doi.org/10.1111/jocn.15248)

Aims and Objectives

To explore older inpatients' experiences and perceptions of delirium and non-pharmacological delirium prevention strategies (NDPS).

Background

Delirium is a distressing and serious complication in hospitalised older adults. NDPS (supporting nutrition, mobility and cognitive participation) have strong supporting evidence. Few studies have explored older inpatients' perspectives of these strategies. This information may assist staff to better support patient participation in NDPS.

Falls management

Location of broken bone in older people can have major impact on long-term health outcomes

In older individuals, the location of a broken bone can have significant impacts on long-term health outcomes, according to research accepted for presentation at ENDO 2020, the Endocrine Society's annual meeting, and publication in a special supplemental section of the Journal of the Endocrine Society. [Read more](#)

Study provides better understanding of relationship between hearing loss and risk for falls

What people hear and do not hear can have a direct effect on their balance, according to new research from the New York Eye and Ear Infirmary of Mount Sinai (NYEE). The research, published in the March 12 issue of JAMA Otolaryngology-Head & Neck Surgery, provides a better understanding of the relationship between hearing loss and why people fall, especially in the elderly population. The findings could lead doctors to screen for hearing loss in patients at high risk for falls, detect hearing loss in its early stages, and treat it quickly. [Read more](#)

Healthy ageing (social, nutrition, quality of life)

LGBT elders, isolation and loneliness

As LGBT people grow old, they can become particularly vulnerable to social isolation and loneliness. Reasons for this can include economic marginalisation, and a relative lack of access to the norms and safety nets offered by the heteronormative family structure. Simone de Beauvoir had a keen appreciation of the challenges of ageing – “old age exposes the failure of our entire civilisation” – so can we find resources in her brand of existentialism that address some of the issues raised by LGBT elders? (Audio)

Articles of interest

The articles below are not freely available but may be sourced via databases available through DHBs, academic institutions or NZNO library

Supporting staff as change leaders in consumer engagement in aged care: Learnings from action research.

Petriwskyj, A, Power, S.

J Nurs Manag. 2020; 00: 1– 10. <https://doi.org/10.1111/jonm.12968>

The aim of this paper is to explore the process of staff leading change in consumer engagement practice in aged care.

Background

Shifting expectations make engagement practice increasingly complex for service providers. This requires adaptive change within organisations. Organisations need to empower and support staff to critically assess practice, identify issues and pursue opportunities for innovation.

Emotion-focused care requested by hospital patients with dementia via advance care planning

Stephanie Petty, Donna Maria Coleston, Tom Denning, and Amanda Griffiths
British Journal of Healthcare Assistants, Vol. 14, No. 3: 134-139.

Background This study responds to international pressures to improve hospital care for patients with dementia. **Aim** To reach a concise overview of ways to improve the emotional wellbeing of patients with dementia when in hospital by exploring their personal care requests. **Methods** Written advance care planning (ACP) documents completed by patients with dementia and their caregivers were retrieved from a UK hospital (n=21) and analysed using descriptive phenomenology. **Findings** Care requests showed the changeable and personal nature of emotional distress and gave the responses that patients require from hospital staff. Responses included attending to physical health, offering reassurance, being with the patient, treating the patient as a person and providing a different physical environment. **Conclusion** ACP documents offered a structured tool for informing care with succinct, personalised requests of patients with dementia. Patient requests were consistent with extensive literature defining person-centred care. Increased use of ACP in hospitals requires evaluation.

The above bulletin has been compiled by Linda Stopforth, SNIPS, on behalf of College of Gerontology Nursing NZNO.

It is provided on the first Friday of each month and contains an overview of news items, articles and research papers of interest to the College members.

All links are current at the time of being compiled and distributed.

For feedback please contact your section administrator: nznogerontology@gmail.com

Where to find SNIPS

Twitter - [@snipsinfo](https://twitter.com/snipsinfo)

Facebook – [Snips Info](#)

Linda Stopforth, BA, Dip Bus; NZLSC, RLIANZA

PO Box 315 WELLINGTON 6140

PH: 04-383-6931 or 021-107-2455

email: stop4th@xtra.co.nz