National Gerontology Conference 2018

We would like to announce registration is now open for the National Gerontology conference 2018.

Please refer to this Conference flyer for more information.

We look forward to seeing you in Hamilton this November.

National Gerontology Section Committee Nominations

The call for committee nominations went out to all members in September. We received two nominations for one position on the committee. We will now hold an election to vote in your new committee member. Profiles of the nominees are below.

Nominee Profiles
Please read these profiles and vote using the survey monkey link below.
https://www.surveymonkey.com/r/NGS_vote
Voting closes on Friday 2nd November 2018 – You must be a current member of the section to vote.

Consultation

NZNO is presently consulting with members on a range of issues. The full outline can be found at: http://www.nzno.org.nz/get_involved/consultation

National Guidance on Follow up and a Supportive Care of lung cancer patients after curative intent therapy

Your feedback is sought on the second draft (Consultation V2) of the ‘National Guidance on Follow up and a Supportive Care of lung cancer patients after curative intent therapy’ – Provisional developed by the National Lung Cancer Working Group (NLCWG) and sub work group.

The guidance document is available below.

Please send feedback either directly or using the feedback form below to marilyn.head@nzno.org.nz by 14 October 2018.

Read or Download
2018_10_01_Consultation Follow up Guidance document (1002 KB)
Feedback form Follow up and surveillance second consultation (275 KB)

Rewrite of family justice reforms
The 2014 changes were meant to help people resolve parenting disputes without having to go to court, but have in fact led to the opposite as there's been a huge increase in the number of urgent 'without notice' applications which have to be put before a Family Court judge. This may have affected you personally or in your role as nurses. Feedback will inform the Independent Panel’s understanding of how the system is working for children, parents, guardians, family and whānau.

Please find the draft guidance attached here, in English and Te Reo Māori:

Please send feedback to leanne.manson@nzno.org.nz by 2 November 2018.

Clinical issues

Older people encouraged to consider whether they really need that medical test
Medical colleges are urging older people to consider whether they really need that test, treatment or procedure, on International Day of Older Persons.

Read more here

Treatment shown to reduce fractures in older women
Researchers from the University of Auckland have shown that a treatment known to reduce fractures in women with osteoporosis is equally effective in reducing fractures in women over the age of 65 who have only mild bone loss.

Read more here

Partners at Care Transitions: exploring healthcare professionals’ perspectives of excellence at care transitions for older people
BMJ Open 2018;8:e022468. doi: 10.1136/bmjopen-2018-022468

Introduction Hospital admissions are shorter than they were 10 years ago. Notwithstanding the benefits of this, patients often leave hospital requiring ongoing care. The transition period can therefore be risky, particularly for older people with complex health and social care needs. Previous research has predominantly focused on the errors and harms that occur during transitions of care. In contrast, this study adopts an asset-based approach to learn from factors that facilitate safe outcomes. It seeks to explore how staff within high-performing ('positively deviant') teams successfully support transitions from hospital to home for older people.

Read more here

Dementia and mental health

Support systems for Kiwis with dementia 'woefully inadequate'
Fed up with perceived inaction, the head of Alzheimers New Zealand is calling on the Government to do more to support the increasing number of Kiwis living with dementia.

Read more here

Southern DHB announces winners of 2018 Southern Innovation Challenge
The Southern DHB will fund a feasibility study into the prospect of establishing community care cottages for people living with dementia in Central Otago, after the idea was named overall winner of the Southern DHB's 2018 Southern Innovation Challenge.

Read more here

Managing Behavioral Symptoms in Dementia: Podcast with Helen Kales
In this week's podcast we talk with Helen Kales, Professor of Psychiatry at the University of Michigan the VA Center for Clinical Management and Research. We've spent a great deal of effort in Geriatrics describing what we shouldn't do to address behavioral symptoms in dementia: physical restraints, antipsychotics, sedating antidepressants. Read more here

How do you change attitudes towards dementia and older people?
Attitudes to dementia and older people need to change, a lead nurse at Dementia UK tells Nursing Standard podcast. Director of clinical services Paul Edwards, who has worked with older people for 25 years as a nurse, tells #nspod he is concerned by how difficult it is to navigate health and social care services for people with dementia. During the interview, Mr Edwards begins explaining what dementia is and provides tips for general practice nurses, nurses in the independent sector and those working in acute settings. He emphasises how important it is to be aware of dementia and not allow it to mask other conditions. Read more here

This article is not freely available but may be sourced from databases available via the NZNO library or those of a DHB or educational institution


Aims and objectives
To understand the intersection of healthcare professionals’ and care workers’ culture and their provision of person-centred care for people with dementia.
Background
Due to the nature of global immigration and recruitment strategies, health care is provided by a culturally diverse workforce. Consequently, there is a need to understand healthcare professionals’ and care workers’ cultural values of illness, disease and dementia. Cultural values and beliefs regarding dementia and care of the older person differ, and currently, there is a lack of clarity regarding the intersection of culture in the provision of person-centred dementia care.

Falls management
Older adults with 'fall plan of care' less likely to suffer fall-related hospitalizations
Older adults at risk for falls are less likely to suffer fall-related hospitalizations when they have a "fall plan of care," according to new research featuring faculty at Binghamton University, State University at New York. Read more here

These articles are not freely available but may be located using the databases available to readers via a DHB or tertiary institute library or from the NZNO library

Baris, V. K. and Intepeler, S. S. (2018), Views of Key Stakeholders on the Causes of Patients Falls and Prevention Interventions: A Qualitative Study Using the
Aims and objectives
This study aimed to examine the views and suggestions of healthcare professionals, patients, and family members on the causes of inpatient falls and fall-prevention practices. Background
Patient falls are one of the most prevalent medical errors in the hospitals. In order to prevent patient falls, it is necessary to identify and classify the situations causing falls in detail and preventive interventions for these situations need to be developed.

Healthy ageing (put social, nutrition, quality of life)
Older people with more friends do better at preventive health (Reuters Health) - Older adults with bigger social networks of family members and close friends may be better at staying on top of recommended preventive health screenings and checkups than their more isolated peers, a UK study suggests. Read more here

Pharmacy and medication management
Introduction Improved medicines’ management could lead to real and sustainable improvements to the care of older adults. The overuse of mental health medicines has featured in many reports, and insufficient patient monitoring has been identified as an important cause of medicine-related harms. Nurse-led monitoring using the structured adverse drug reaction (ADRe) profile identifies and addresses the adverse effects of mental health medicines. Our study investigates clinical impact and what is needed to sustain utilisation in routine practice in care homes. Read more here

Impact of a nurse-based intervention on medication outcomes in vulnerable older adults
Michael A. Steinman … et al BMC Geriatrics201818:207
Medication-related problems are common in older adults with multiple chronic conditions. We evaluated the impact of a nurse-based primary care intervention, based on the Guided Care model of care, on patient-centered aspects of medication use. Read more here

Residential care
High-tech aged care rest home to use tablets, nurse communication badges A new rest home is planning to be the first in New Zealand to use an iPad-style tablet to connect residents with family and nurse staff at the touch of a button, allowing them to order dinner, watch TV and make phone calls. Read more here
Workforce
NZ Nurses: World Bank suggestion of Pacific labour 'insulting'
The New Zealand Nurses Organisation has hit out at a World Bank report which suggests Pacific labour could fill shortfalls in the Aged Care sectors.
Read more here

Articles of interest
Rendering visible the previously invisible in health care: the ageing LGBTI communities
Recent legislative and policy measures aim to raise awareness of the needs of older LGBTI people
Read more ...

Patient safety culture in nursing homes – a cross-sectional study among nurses and nursing aides caring for residents with diabetes
Irit Titlestad, Anne Haugstvedt, Jannicke Igland and Marit Graue
BMC Nursing 2018 17:36
https://doi.org/10.1186/s12912-018-0305-z
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Background
Due to the high morbidity and disability level among diabetes patients in nursing homes, the conditions for caregivers are exceedingly complex and challenging. The patient safety culture in nursing homes should be evaluated in order to improve patient safety and the quality of care. Thus, the aim of this study was to examine the perceptions of patient safety culture of nursing personnel in nursing homes, and its associations with the participants’ (i) profession, (ii) education, (iii) specific knowledge related to their own residents with diabetes, and (iv) familiarity with clinical diabetes guidelines for older people.
Read more here

Training and online resources
Practical guides to healthy ageing (UK)
Free guides are available to provide older people with practical advice to support healthy ageing and caring. The Healthy Ageing and Healthy Caring guides provide information to older people and carers about staying healthy, fit and independent during the winter months. They also identify the support available to help maintain health and wellbeing.
The guides have been co-produced with Age UK, Fire Rescue Service, Carers UK, Carers Trust, Public Heath England, NHS England, carers networks and people with lived experience including older people. They will be of interest to community groups, older people and carers living in the community, and health professionals, who can order copies to distribute.
Read more here

The above bulletin has been compiled by Linda Stopforth, SNIPS, on behalf of NZNO Gerontology Nurses Section.
It is provided on the first Friday of each month and contains an overview of news items, articles and research papers of interest to the Section members.
All links are current at the time of being compiled and distributed.

For feedback please contact your section administrator: nznogerontology@gmail.com
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