



NZNO Gerontology Nurses Section monthly news bulletin Friday 3 May 2019

"Due to an unexpected technical difficulties, the newsletter was unable to be sent out to members last month. We do apologise for any inconvenience this may have caused."

Consultation

NZNO is presently consulting with members on a range of issues. The full outline can be found at: http://www.nzno.org.nz/get_involved/consultation

'Better Later Life He Oranga Kaumātua 2019-2034' Strategy

The Minister for Seniors the Hon. Tracey Martin has released a draft of the strategy 'Better Later Life He Oranga Kaumātua 2019-2034' for consultation.

[better-later-life-strategy-web-accessible.pdf](#)

The key areas for action and possible initial priorities are:

- Preparing for financial and economic security
- Improving access to health and social service
- Providing housing choices and options so people can age in the community
- Enhancing opportunities for social connection and participation
- Providing accessible built environments so people can participate in their community.

Please send feedback to sue.gasquoine@nzno.org.nz by Monday 27th May 2019.

Technological change and the future of work

The Government has asked the Commission to examine disruptive technological change and its impact on work.

Technological change will affect the future of nurses' work in terms of both increased risks and opportunities, via advances in information and communication technology, robot technology and artificial intelligence etc. This consultation is an important opportunity for NZNO members to offer ideas, opinions and evidence to inform the inquiry on how such change may affect nursing.

Please review this [issues paper](#), the first stage of the Commission's inquiry, after which a series of reports will be released for further feedback.

Please send feedback to policyanalysts@nzno.org.nz by **30 May 2019**.

Australian and New Zealand Standard Research Classification (ANZSRC) Review

NZNO seeks your feedback on this review which aims to ensure that the ANZSRC reflects current practice and is sufficiently robust to allow for long-term data analysis. ANZSRC is the collective name for the three related classifications used in the measurement and analysis of research and experimental development (R&D) undertaken in Australia and New Zealand. The three constituent classifications are: Type of Activity (ToA), Fields of Research (FoR), and Socio-economic Objective (SEO).

Please see the attached document: [Australian and NZ Standard Research Classification Review 2019](#)

Please send feedback to jinny.willis@nzno.org.nz by **31 May 2019**.

Management of Hospital Medical Devices

NZNO invites your feedback on the next phase of consultation regarding PHARMAC's management of hospital medical devices.

District Health Boards (DHBs), PHARMAC, suppliers and others are working towards a new way of managing medical devices used or supplied to people by DHBs, either in hospitals or in the community. This would see PHARMAC's role expand to include making funding decisions on these devices, as well as medicines.

PHARMAC is seeking our feedback on whether we agree or disagree with what they propose and how they can address issues we may identify.

Please find the consultation document attached here:

www.pharmac.govt.nz/devices

Please send feedback to policyanalysts@nzno.org.nz by **21 June 2019**

Clinical issues

Newly developed tool helps train clinicians to optimally care for older people

Among many breakthroughs that have made living longer possible, better health care--and more experts to make that care possible--loom large. Given that all of us are aging, we need more clinicians, researchers, and advocates to keep that momentum going. Ideally, for example, we'd already have more than 22,000 geriatricians in the U.S. (though at present less than 7,000 certified clinicians are practicing nationwide). With a limited number of geriatricians, how are we to train the next generation of clinicians to optimally care for older people? A new tool from the American Geriatrics Society (AGS) and Aquifer (the non-profit leader in developing clinical learning tools for health professions education) holds promise for bridging that gap. Aquifer Geriatrics (available at Aquifer.org/Courses/Aquifer-Geriatrics/), the AGS national online curriculum in geriatrics, is leveraging e-learning and geriatrics' thought-leadership to advance much-needed training to care for older adults.

Impaired chair-to-bed transfer ability leads to longer hospital stays among elderly patients

Milene Silva Ferreira ... et al

BMC Geriatrics 2019:89

Background

The study objectives were to identify the main predictive factors for long hospital stays and to propose new and improved methods of risk assessment.

Methods

This prospective cohort study was conducted in the clinics and surgical wards of a tertiary hospital and involved 523 elderly patients over 60 years of age. Demographic, clinical, functional, and cognitive characteristics assessed between 48 and 72 h after admission were analyzed to investigate correlations with lengths of stay greater than 10 days. Univariate and multivariate analyses were performed, and in the final model, long-term probability scores were estimated for each variable.

New trauma care pathway reduces delirium and likelihood of returning to the hospital

A standardized interdisciplinary clinical pathway to identify and manage frailty in older patients has reduced the rate of one of the most debilitating complications for older

patients -- delirium -- and kept patients from returning to the hospital within 30 days of treatment for traumatic injury.

These articles are not freely available but may be sourced from databases available via the NZNO library or those of a DHB or educational institution

Travers, Catherine, [Henderson, Amanda](#), Graham, Frederick, & Beattie, Elizabeth (2018) **Turning education into action: Impact of a collective social approach to improve nurses' ability to recognize and accurately assess delirium in hospitalized older patients.** *Nurse Education Today*, 62, pp. 91-97.

Although cognitive impairment including dementia and delirium is common in older hospital patients, it is not well recognized or managed by hospital staff, potentially resulting in adverse events. This paper describes, and reports on the impact of a collective social education approach to improving both nurses' knowledge of, and screening for delirium.

[Read more here](#)

Watkins, S. , Murphy, F. , Kennedy, C. , Dewar, B. and Graham, M. (2019), **Caring for an older person with dementia in the Emergency Department (ED): An Appreciative Inquiry exploring family member and ED nurse experiences.** *J Clin Nurs*. Accepted Author Manuscript. doi:[10.1111/jocn.14854](#)

Aims and objectives

To generate insights about what matters and is valued by family members of older people with dementia in the Emergency Department. To explore the experiences of emergency nurses looking after older people with dementia in an episode of care.

Background

In the emergency department older people with dementia are at risk of suboptimal care. Little is known of the experiences of family members of being with an older person with dementia in the Emergency Department or the experiences of emergency nurses looking after older people with dementia in this environment.

Integrative review of the social determinants of health in older adults with multimorbidity. Northwood, M., Ploeg, J., Markle-Reid, M. and Sherifali, D. (), *J Adv Nurs*. Accepted Author Manuscript. doi:10.1111/jan.13408

To examine how the social determinants of health have been considered in conceptualizations of multimorbidity in older adults in the literature and to identify implications for nursing practice, research and health-care planning and policy.

[Dementia and mental health](#)

[When a Person with Alzheimer's Rummages and Hides Things](#)

Someone with [Alzheimer's disease](#) may start rummaging or searching through cabinets, drawers, closets, the refrigerator, and other places where things are stored. He or she also may hide items around the house. This behavior can be annoying or even dangerous for the caregiver or family members. If you get angry, try to remember that this behavior is part of the disease.

[Bathing, Dressing, and Grooming: Alzheimer's Caregiving Tips](#)

At some point, people with [Alzheimer's disease](#) will need help bathing, combing their hair, brushing their teeth, and getting dressed. Because these are private activities, people may not want help. They may feel embarrassed about being naked in front of caregivers. They also may feel angry about not being able to care for themselves. These suggestions may help with everyday care.

[New type of dementia identified](#)

Millions of elderly people have a form of dementia that has been misdiagnosed as Alzheimer's disease, according to researchers.

[Caring for baby dolls lessens anxiety in nursing home residents](#)

PASS CHRISTIAN, MS (WLOX) - Researchers are finding new and creative ways to treat patients with Alzheimer's and dementia. Baby doll therapy ...

These articles are not freely available but may be sourced from databases available via the NZNO library or those of a DHB or educational institution

Providing culturally sensitive dementia care in the acute setting

Aysha Mendes

British Journal of Nursing, Vol. 27, No. 14: 831-831.

Yamaguchi, Y, Greiner, C, Ryuno, H, Fukuda, A. **Dementia nursing competency in acute care settings: A concept analysis.** Int J Nurs Pract. 2019;e12732. <https://doi.org/10.1111/ijn.12732>

Aim

To critically analyse the concept of dementia nursing competency in acute care settings.

Backgrounds

The nursing care needs of patients with dementia are increasing in acute care settings. However, a framework for the dementia nursing competency has not been explicitly outlined.

[Falls management](#)

[Risk factors for hip fracture in New Zealand older adults seeking home care services: a national population cross-sectional study](#)

Rebecca Abey-Nesbit ... et al

BMC Geriatrics 2019;93

Hip fractures are a common injury in older people. Many studies worldwide have identified various risk factors for hip fracture. However, risk factors for hip fracture have not been studied extensively in New Zealand. The interRAI home care assessment consists of 236 health questions and some of these may be related to hip fracture risk.

Finnegan S, Bruce J, Seers K

[What enables older people to continue with their falls prevention exercises? A qualitative systematic review](#)

BMJ Open 2019;9:e026074. doi: 10.1136/bmjopen-2018-026074

Objectives To review the qualitative literature that explores the barriers and facilitators to continued participation in falls prevention exercise after completion of a structured exercise programme.

Design A systematic literature review with thematic synthesis of qualitative studies exploring older adults' experiences of continued participation in falls prevention exercise.

[Healthy ageing \(social, nutrition, quality of life\)](#)

[Morning exercise can improve decision-making across the day in older adults](#)

A study of older Australians has found a morning bout of moderate-intensity exercise improves cognitive performance like decision-making across the day compared to prolonged sitting without exercise. It also shows that a morning bout of exercise

combined with brief walking breaks to frequently disrupt sitting throughout an eight-hour day can boost short-term memory compared to uninterrupted sitting, according to the study.

Poll: Pets help older adults cope with health issues, get active and connect with others

Pets help older adults cope with mental and physical health issues, according to a new national poll. But pets can also bring concerns, and some people may even put their animals' needs ahead of their own health, the poll finds. Three-quarters of pet owners aged 50 to 80 say their animals reduce their stress and give them a sense of purpose. But 18 percent also said having one puts a strain on their budget.

Pharmacy and medication management

Family involvement in managing medications of older patients across transitions of care: a systematic review

Elizabeth Manias ... et al,
BMC Geriatrics 2019; 19:95

<https://doi.org/10.1186/s12877-019-1102-6>

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As older patients' health care needs become more complex, they often experience challenges with managing medications across transitions of care. Families play a major role in older patients' lives. To date, there has been no review of the role of families in older people's medication management at transitions of care. This systematic review aimed to examine family involvement in managing older patients' medications across transitions of care.

Residential care

Study explores how to improve skin care for elderly people in residential care homes

Skin problems, ranging from generalized skin dryness to pressure ulcers, are common in older, care-dependent people. Care workers attempting to improve skin health face an array of good practice recommendations. A study led by Charité - Universitätsmedizin Berlin is now investigating whether the sundry treatment standards currently in use ought to be replaced by a structured skin care program capable of addressing the full range of skin conditions seen. The project has been awarded approximately €975,000 in funding by the Federal Ministry of Education and Research (BMBF).

This article is not freely available but may be located using the databases available to readers via a DHB or tertiary institute library or from the NZNO library

Doran, C, Noonan, M, Doody, O. **Life-story work in long-term care facilities for older people: An integrative review.** J Clin Nurs. 2019; 28: 1070–

1084. <https://doi.org/10.1111/jocn.14718>

Aim

To systematically review the literature regarding the experience of older people, families and staff using life-story work in residential care facilities for older people.

Background

Life-story work has been promoted as an approach to enhance care provided and involves collecting memories and moments that are important to the person assisting them to regain their sense of self.

Training and online resources

Brushing: Information for Caregivers

This fact sheet offers practical suggestions about how to provide guidance or direct care, as well as tips that may make brushing easier. Part of the “Oral Health & Aging: Information for Caregivers” series.

Flossing: Information for Caregivers

A companion to the “Brushing” fact sheet, “Flossing” offers a step-by-step guide to those who can floss independently, and provides tips for caregivers on how to floss someone else’s teeth. Part of the “Oral Health & Aging: Information for Caregivers” series.

University of Tasmania – Preventing Dementia

Course opens: 14th May 2019

Course duration: 4 weeks

Course closes: 28th June 2019 (content is accessible across 6 weeks)

Cost: FREE

For more information: <https://mooc.utas.edu.au/courses/preventing-dementia-2019-05>

The above bulletin has been compiled by Linda Stopforth, SNIPS, on behalf of NZNO Gerontology Nurses Section.

It is provided on the first Friday of each month and contains an overview of news items, articles and research papers of interest to the Section members.

All links are current at the time of being compiled and distributed.

For feedback please contact your section administrator:

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