

Fatigue online survey Questions and Answers

Who is conducting this survey?

The survey is being carried out by the Fatigue Management and Minimisation Steering Group, a collaborative initiative between District Health Boards (DHBs), unions and the Massey University Sleep/Wake Research Centre. The initiative was established to look at the issues around fatigue and ways we can manage and reduce it for health workers in the DHBs.

Why are we doing this survey?

The aim of the survey is to find out more about how fatigue affects different groups of health workers in the DHBs to gain a better understanding of the factors associated with fatigue. The survey will inform further work around how to manage fatigue.

Who can participate in the survey?

All staff who work for a DHB – including clinical, corporate, support and administrative staff and managers. This includes those who are employees and contracted including both union and non-union members. We are capturing all work a person has done in the last 7 days – not just that done at the DHBs.

The survey takes about 5-10 minutes to complete and asks a range of questions about people's work patterns and their experiences with fatigue. DHB staff who belong to a union will be provided a link to the survey by their union. Those staff who aren't in a union can get access to the survey at their DHB via their intranet or their HR teams.

We are asking people if their work has been affected by recent industrial action that they please wait until they have returned to their usual work patterns for 7 days before they complete the survey.

How will the survey data be collected?

The survey is being conducted via the Qualtrics survey tool used by the Massey University Sleep/Wake Research Centre. The survey is anonymous, and people will not be asked for personal details, including which DHB they work at.

All responses will be treated confidentially and will only be seen by the independent researcher and the biostatistician from the Massey University Sleep/Wake Research Centre involved in compiling and analysing the data.

Your data will only be used for research purposes and will be stored securely by the Massey University Sleep /Wake Research Centre (complying with security protocols) until the report is completed.

How long is the survey open for?

The survey opens on Monday 23 May and closes Wednesday 15 June at 5pm. *Please respond to the survey only once and at a time when you can finish it in one attempt.*

How will the information be used?

The survey results will be used to develop a report outlining the key findings and insights and to inform further work on how we can manage and minimise fatigue. The analysed data and the report will be shared with the Fatigue Steering Group and will be made available later in the year for participants to access.

If I have any questions about the survey, who can I contact?

You can contact us at fatiguresurvey@tas.health.nz