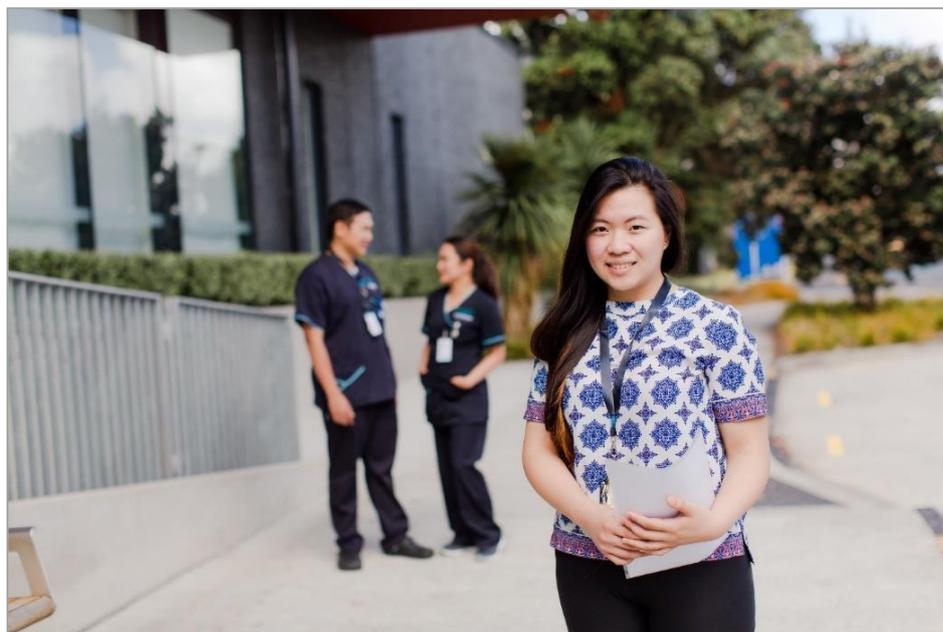


Fatigue Snapshot survey – we want to hear from you.



Fatigue is a serious issue in our DHB workforce, and we want to understand this better to develop ways to address it. We're running an online survey to find out more about your experiences with fatigue and how it affects you and the impact of your work patterns. Your contribution is important, and we value you taking the time to participate.

The survey is being carried out by the Fatigue Management and Minimisation Steering Group, a collaborative initiative between DHBs, unions and the Massey University Sleep/Wake Research Centre.

- The survey is open from **Monday 23 May to Wednesday 15 June**, it takes about 5 to 10 minutes to complete via a link to the Massey University Sleep/Wake Research Centre survey tool
- The survey is anonymous – you will not be asked for personal details or which DHB you work for. All data will be stored securely complying with security protocols.
- All responses will remain confidential and be seen only by the Massey University Sleep/Wake Research Centre researcher and biostatistician.
- If you're a member of a union, the survey and information will be sent to you, so look out for it
- If you don't belong to a union, you can get access to the survey at your DHB as information will be available
- *If your work has been affected by recent industrial action, please wait until you have returned to your usual work patterns for 7 days before you complete the survey.*
- Please only respond to the survey only once and at a time when you can finish it one attempt
- The survey results will be used to inform further work on how we can manage and minimise fatigue and will be published in a report.
- If you have any questions, contact us at fatiguesurvey@tas.health.nz



All District Health Boards

