# Being Child-Centred: Fad or Foundation? (and other important challenges)

Neonatal Nurses College Aotearoa Wellington, 2 November 2017

Judge Andrew Becroft Children's Commissioner for New Zealand Te Kaikōmihana mō ngā Tamariki o Aotearoa





### Interruptions welcome



### New Zealand's children (under 18 years old)



# New Zealand has 1,123,000 children - that's 23% of the population



(Stats NZ estimate as at 30 June 2017)

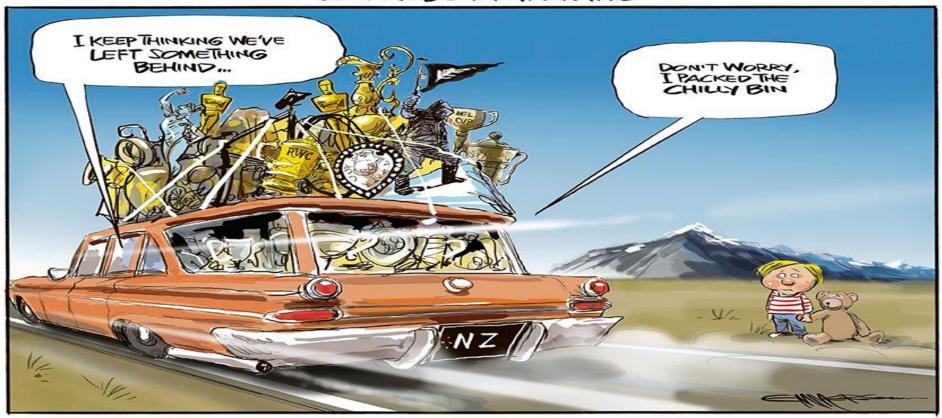
### Aotearoa/NZ's children... an overview

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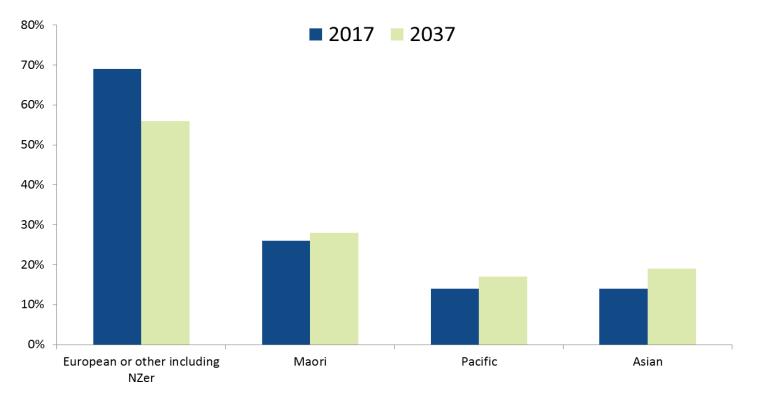
### Who's being left behind???

WE ARE BETTER THAN THIS



Ethnicities of New Zealand Children 2017 and 2037

Can choose more than one ethnicity



Source: Stats NZ, August 2017 estimated population projections based on 2013 census.





# Tupac Shakur.. "I wonder if Heaven got a Ghetto"

... It ain't a secret don't conceal the fact The penitentiary's packed and it's filled with blacks I wake up in the morning and I ask myself Is life worth living, should I blast myself I'm tired of being poor and even worse I'm black My stomach hurts so I'm lookin' for a purse to snatch Cops give a damn about a negro Pull a trigger, kill a n\*gga, he's a hero Mo' n\*gga, mo' n\*gga, mo' n\*ggas I'd rather be dead than a po' n\*gga Let the Lord judge the criminals If I die, I wonder if Heaven got a ghetto...



The small picture and the big picture

"micro" and "macro"



"If I cannot do great things, I cm do small things, in a great way." - Rev. Dr. Martin Luther King, Jr.





Power at its best is Love implementing the demands of Justice. Justice at its best is Power correcting everything that stands against Dr. Martin Luthor King Jr. August 16, 1967



My key message: being truly child-centred and hearing children's voices...





### Why indeed?

....and what could you do to become more child centred in your practice?



The United Nations Convention on the Rights of the Child

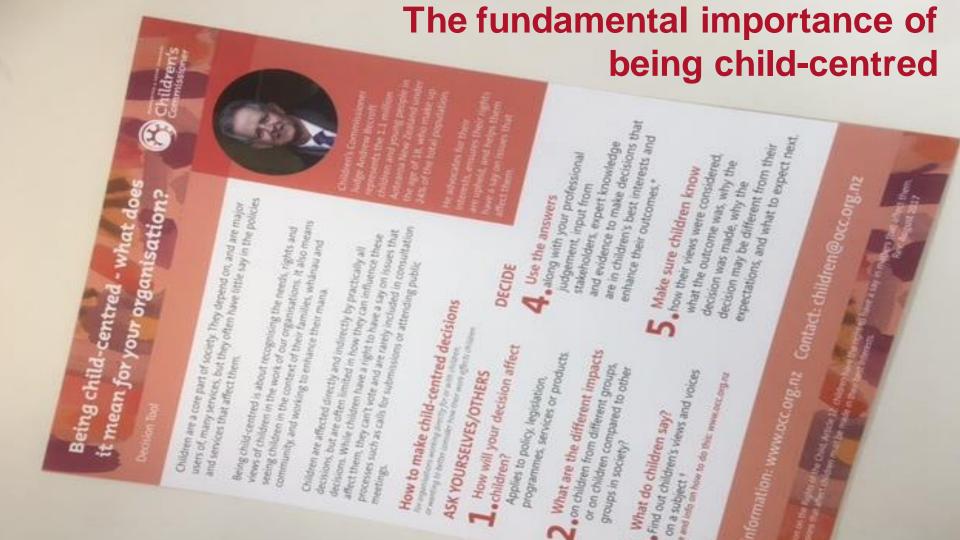






### Article 12

States Parties shall assure to the child who is capable of forming his or her own views the right to express those views freely in all matters affecting the child, the views of the child being given due weight in accordance with the age and maturity of the child.

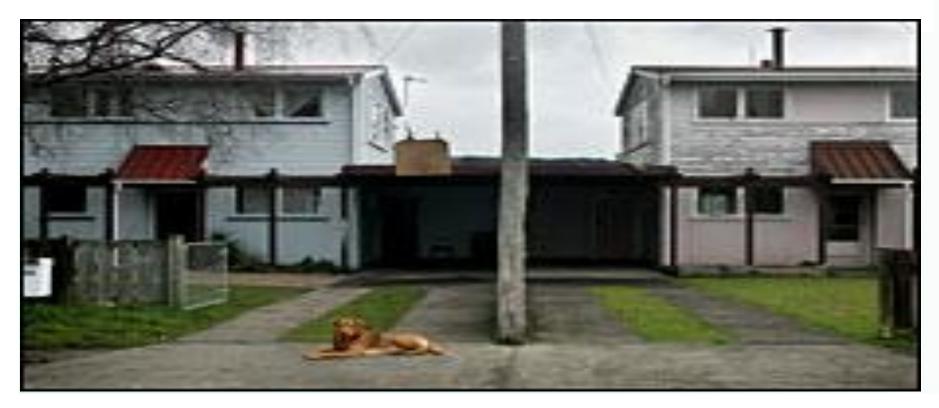


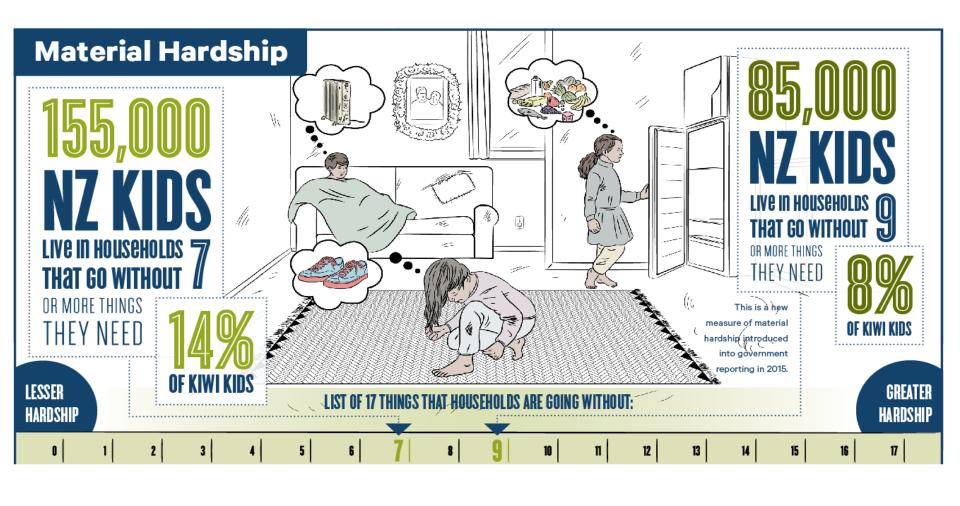
# A child-centred approach: five questions

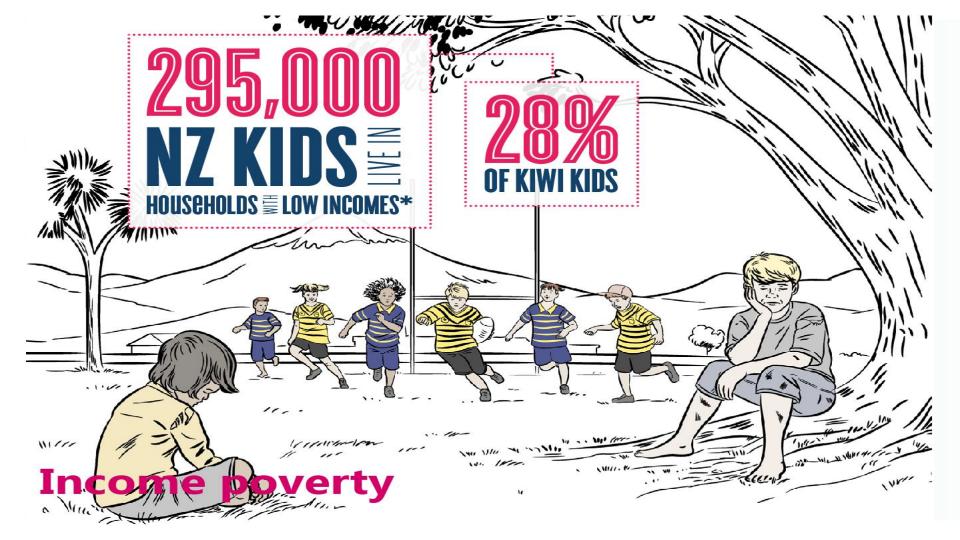
- 1. How will the decision affect children?
- 2. Will it affect some children differently?
- 3. What do children say? And how do we hear them?
- 4. How will you make a decision? Factoring in children voices along with the views of others.
- 5. How will you report back to children?



# 2. Three specific challenges: The first challenge: relative child poverty and inequality and disadvantage





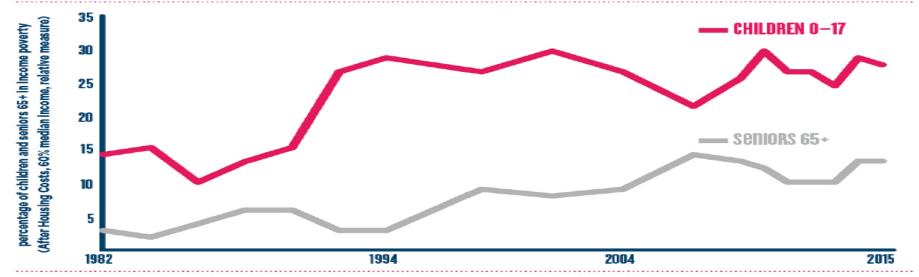


### **Child Poverty Trends Over Time**

INCOME-RELATED CHILD POVERTY RATES ARE MUCH HIGHER NOW THAN IN THE 1980S

LIVING IN HOUSEHOLDS & INCOME POVERTY





ELEVEL OF INCOME POVERTY 14%

E Level of Income Poverty 28% TODAY = 28%

### LISTENER



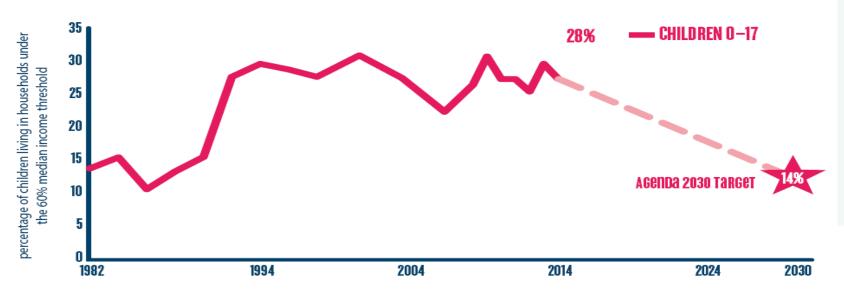
### **Reaching our Sustainable Development Goals**

### New Zealand Signed up to the Un's 'Agenda 2030' Sustainable Development Goals. One of the Goals is:

"By 2030, reduce at least by half the proportion of men, women and children of all ages living in poverty in all its dimensions according to national definitions."

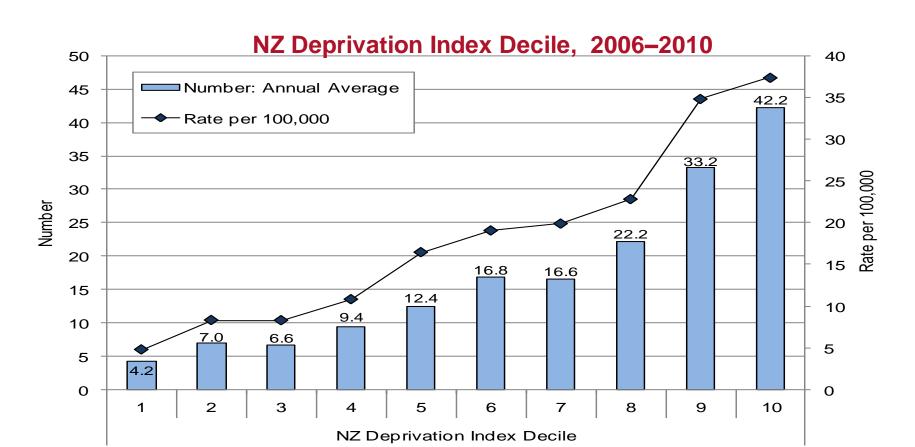
### Halving Poverty Return 1980s

### Halving Poverty by 2030 - Children in Low Income Households

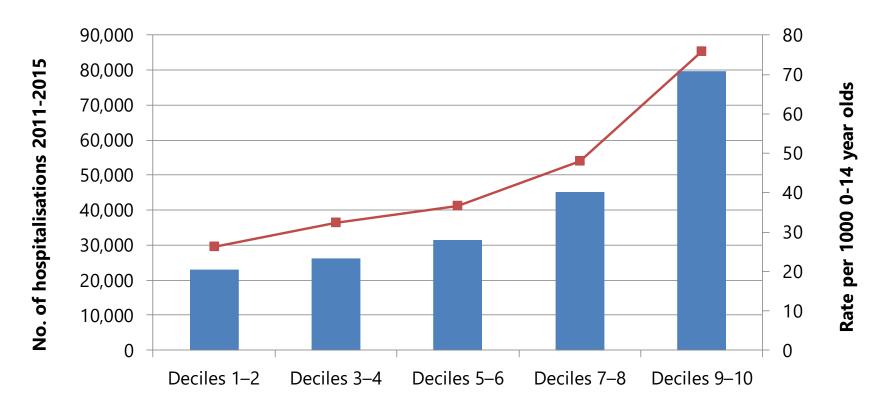




### Hospital admissions for injuries arising from assault, neglect or maltreatment of children 0–14 years



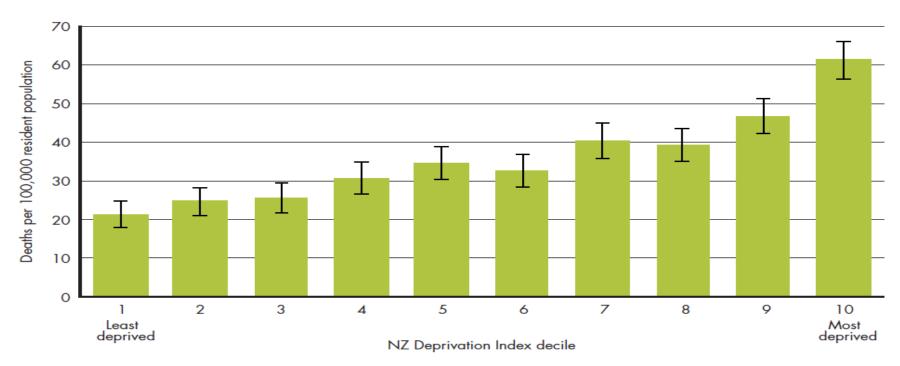
### Hospitalisation of children for illness & accidental injury



(Source: 2016 Child Poverty Monitor)

### Mortality is related to poverty

Mortality rates in children and young people aged 28 days to 24 years by NZ Deprivation Index decile



Graph kindly provided by Health Quality & Safety Commissioner (HQSC)

# An accepted relationship between childhood poverty and greater likelihood of mental health problems and intellectual functioning

Child poverty -

- · poor nutrition,
- · inadequate housing,
- increased likelihood of adverse events and
- living in poor neighbourhoods

all put children at higher risk of having mental health problems.



### Who is most affected by poverty in NZ?

Age	% of individuals in low-income households* 2016
Children 0-17 years	26%
18-24 years	24%
25-44 years	19%
45-64 years	17%
65+ years	14%
Overall	20%

Source: Household incomes in New Zealand: Trends in indicators of inequality and hardship 1982 to 2016 MSD 2017 p130

<sup>\*</sup> Using the 60% of median "relative" (not anchored) threshold after housing costs

### We do much better for seniors than children!

Country	Overall	65+	<18	ratio
Belgium	11	8	15	1.9
Denmark	5	3	5	1.7
France	14	11	17	1.5
Germany	16	10	21	2.1
Ireland	12	5	17	3.4
Netherlands	5	4	6	1.5
New Zealand	11	3	18	6.0
Spain	11	9	13	1.4
Sweden	3	2	3	1.5
United Kingdom	11	6	16	2.7

Deprivation rates

EU & NZ reported 2017 from approx 2008 data

# The second specific challenge: disproportionate wellbeing for tamariki Māori





### An inescapable and fundamental challenge

Disparity between Māori and NZ European child wellbeing rates



Child/youth policy and practice affects Māori and non-Māori equally – yeah right!



## Comparison of selected measures of wellbeing between Māori and New Zealand European children

Targeting the root causes of inequity and improving outcomes for Māori children across the board will transform the New Zealand landscape for children and come closer to achieving the full implementation of the United Nations Convention on the Rights of the Child. (Submission to the Committee on the Rights of the Child, Geneva, 2016)

Education:	Māori	NZ European (unless specified as non-Māori or total NZ population)
18 year olds with NCEA L2 or above (2014)	67.1%	85.1%
Children in State care with NCEA Level2 or above	15%	25%
Early Childhood Education participation	92.3%	98.2%

### **Health:**

### Māori 40.6%

total NZ population) 15.2%

Women: 83.9 yrs

Men: 80.3 yrs

17.3 per 100,000

(non-Māori)

**NZ European** 

(unless specified as non-Māori or

Current smokers (aged 15 above, 2013-14) Life expectancy at birth

Women: 77.1 yrs Men: 73 yrs

48.0 per 100,000

All ages: 3.4 <1 year: 32.3 1-4 years: 15.7 13.3

1.8

(non-Māori) All ages: 1.5 (total NZ pop.) <1 year: 18.4 1-4 years: 5.2 4.2 (non-Māori)

0.4

Meningococcal infection (per 100,000. 2013) Rheumatic fever (all ages, per 100,000. 2012-2014)

(SUDI)

Youth suicide (15-24 years)

Sudden Unexpected Death in Infants

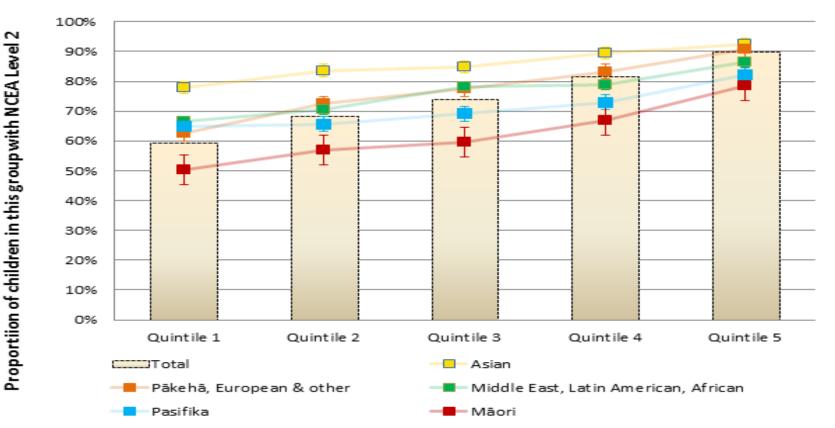
(per 1.000 deaths, 2010-2012)

Living standards:	Māori	NZ European (unless specified as non-Māori or total NZ population)
Child poverty (0-17years, below 60% median household income, after housing costs, 2014)	33%	16%
Child material hardship (0-17years, 2014)	24%	8%
Children in crowded housing (2014)	25%	5%
Unemployment (all ages, 2014)	12.1%	4.4%
Not in Education, Employment or training (NEET) rate (15-24 years, 2015)	20.9%	9.4%
Youth justice: (number and percentage of children aged 10-16 charged	1,152 (59%)	489 (24%)

in court, 2014/15)

### The "tramline gap" faced by tamariki Māori

### NCEA Level 2 achievement of school leavers, 2016



### The new legislation... an improvement?

- Hapu and iwi involvement in danger of evaporating?
- Essentially the same foundation & content as 1989 Act, but stronger and with a clearer focus on dealing with Māori children, young people and their whānau/hapu/iwi
- Addition of the 3 "pou" guiding principles expressed as universal for all children
  - Mana tamaiti (tamariki)
  - Whakapapa
  - Whanaungatanga
- New duties on the CE to recognise and provide a practical commitment to the principles of the Treaty of Waitangi (s7AA)

# Third challenge: identifying and working with neuro-developmental issues earlier

Table 1. The prevalence of neurodevelopmental disorders

Neurodevelopmental disorder	Reported prevalence rates amongst young people in the general population	Reported prevalence rates amongst young people in custody
Learning disabilities <sup>3</sup>	2 - 4%4	23 - 32% <sup>5</sup>
Dyslexia	10% <sup>6</sup>	43 - 57% <sup>7</sup>
Communication disorders	5 - 7% <sup>8</sup>	60 - 90% <sup>9</sup>
Attention deficit hyperactive disorder	1.7 - 9% <sup>10</sup>	12% <sup>11</sup>
Autistic spectrum disorder	0.6 - 1.2% <sup>12</sup>	15% <sup>13</sup>
Traumatic brain injury	24 - 31.6% <sup>14</sup>	65.1 - 72.1% <sup>15</sup>
Epilepsy	0.45 - 1% <sup>16</sup>	0.7 - 0.8% <sup>17</sup>
Foetal alcohol syndrome	0.1 - 5% <sup>18</sup>	10.9 - 11.7% <sup>19</sup>

Source: "Nobody Made the Connection: The Prevalence of Neuro-disability in Young People who Offend" 2011, Report by the Children's Commissioner of England

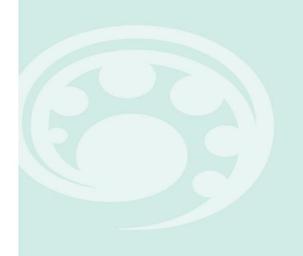












### A challenge

What will you do?

### an invitation

How can we help you?

### and a thank you

for all that you do in our communities.





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### **Thank You**

