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Journey to ANNP & beyond...

- In this presentation I will outline
 - 1. My journey to ANNP....
 - 2. Evolution of the ANNP role in UK
 - 1. Supporting DoH / NHS documents
 - 3. ANNPs developing leadership skills
 - 4. Neonatal Nursing structure / framework
 - 5. Workforce needed to care for neonates
 - 6. Role modelling
 - 7. Social media & neonatal nursing

The Story of the Growth of Nursing, as an Art, a Vocation and a Profession.

Pavey, Agnes E. London Faber and Faber, 1938.



RSCN/RGN 1981/83







St. Vincent's University Hospital





Dublin, Ireland – Jeddah, Saudi Arabia (1984-1987) – Sultanate of Oman (1987-1989) – Plymouth, Devon, UK (1989-......)



















ANNP BSc Neonatal Studies 2002/03

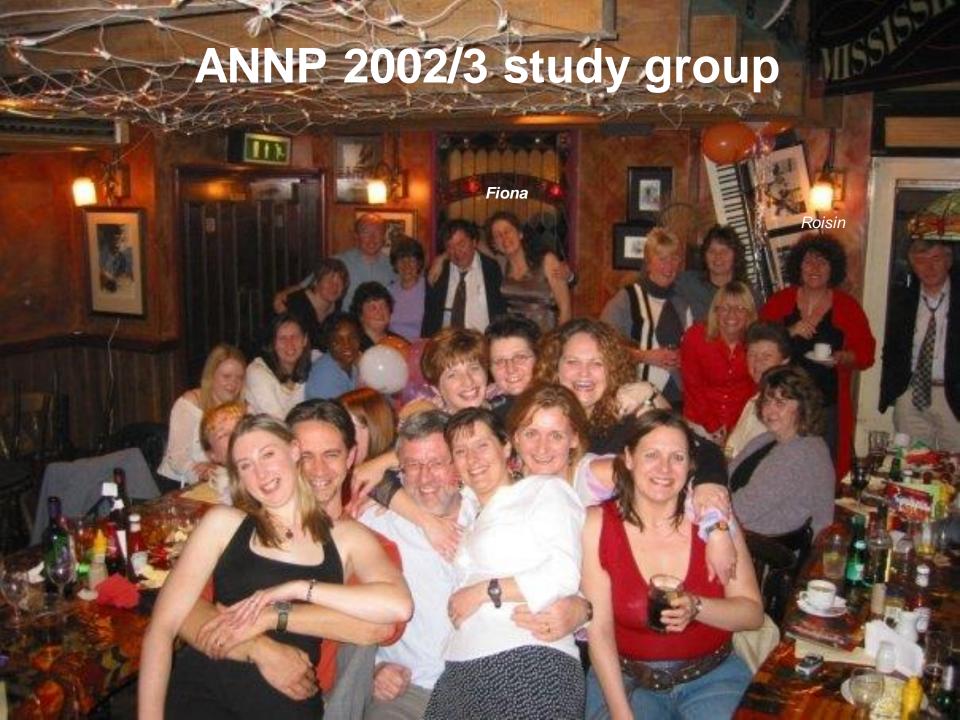


Southampton









Evolution of ANNP role in UK

- 1982 Nurse Practitioner (adult) introduced into UK
- 1992 S'ton trained 1st cohort of ANNPs (Cert→BSc →MSc →PhD)
 - Only university to offer training
- 1999 UK nurses given prescribing rights
- 2006 Nurse Independent Prescribing (NIP)
- 2012 NIPs prescribing CDs
- Current Universities offering Clinical Doctorates –
 ANNPs directed onto that pathway

Chronology of Changes that impacted on the neonatal service & ANNP role

2003 Neonatal Services Review→



2004 Neonatal Networks (centralisation) / Transport -



Advanced Practice Nurses as

Collaborators

2006 Specialist Commissioning→



2007 FY doctors → Specialist trainees→



2009 Implementation of EWTD-



2010 Economic challenges →



2013 Operational Delivery Networks→



2015 NHS £Billions in debt.....



Guidance for Commissioners & Employers re ANNPs

NHS

TOOLKIT FOR HIGH-QUALITY
NEONATAL SERVICES



Optimal Arrangements for Neonatal Intensive Care Units in the UK including guidance on their Medical Staffing

A Framework for Practice

June 2014





Neonatal Critical Care (IC, HDU & SC) & Neonatal Transport





Career, education and competence framework for neonatal nursing in the UK



ANNP roles investigated!

- Training / roles
 - Medical v Advanced Nursing focus (Nursing qualifications.....on NMC register - nurses NOT on GMC)
- Medical Lead in SCU's
 - □ Wansbeck & Brighton ANNP led, no medical staff present!
- Tier 1 (Junior Dr/SHO) rotas
 - □ Carry 1st emergency bleep, ICU, Baby checks/NIPE
- Medical lead on transport teams
- Tier 2 (Middle Grade/Registrar) rotas
 - □ Carry 2nd crash bleep, supervise medical trainees......
- Nurse Consultant
 - Leadership / Transport / Surgical

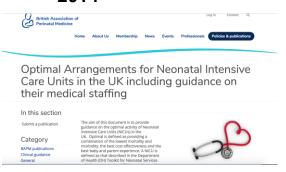


ANNPs in Plymouth - team established in 2002......

- ANNPs were 'all things to all people'....
- Lost profile as 'senior nurses'
 - □ We were all in senior roles prior to ANNP course
- Treated / seen as 'junior doctors'
 - □ No perks study leave etc!
 - □ Senior nurse (Matron) didn't *understand* the role
 - ANNPs were misrepresented at senior nurse meetings didnt know 'what we did all day.....we were 'not nurses'!
- Worried about governance....
 - □ Who would support us if there was an 'incident'? especially on transport
 - □ Not on NMC (governing body) as ANNPs
 - No place on register only for adult or child branch etc

ANNPs integral in all NHS, DOH & BAPM documents for neonatal services since 2003





SERVICE STANDARDS FOR HOSPITALS PROVIDING NEONATAL CARE (3rd edition)









ANNP means Advanced Neonatal Nurse Practitioner by allaeronyms.com

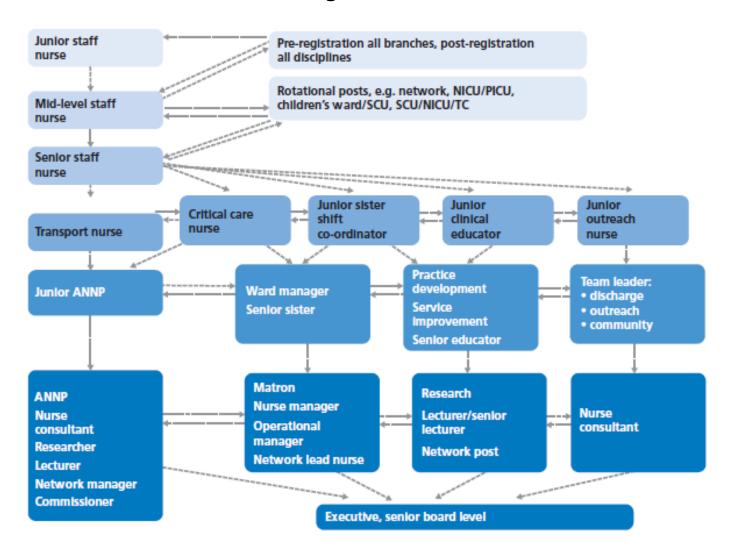


TOOLKIT FOR HIGH-QUALITY NEONATAL SERVICES 2009



Department of Health Toolkit 2009

Nursing Structure Guidance for Trusts



Foundation programme at 3–6 months

Critical care specialist course at 6–18 months

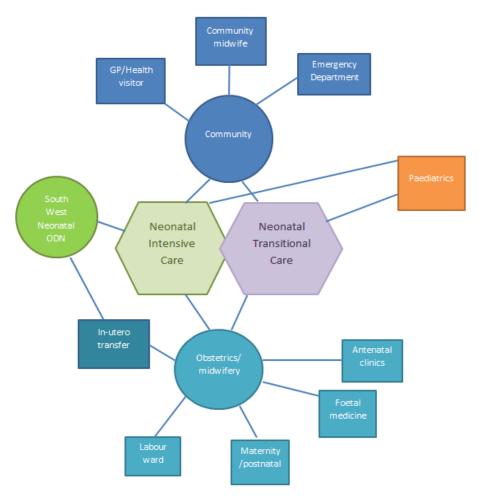
Specialist short courses, e.g. Infection control, enhanced practice and discharge

Foundation management ANNP BSc Cert Ed Leadership

MSc MBA

PhD

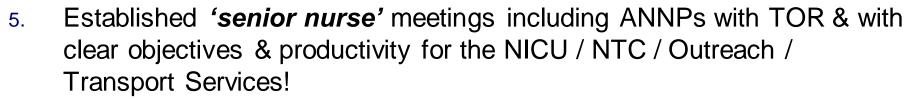








- Identified a lead ANNP
- 2. 'Fought' to get 80% clinical 20% non-clinical
- 3. Maintained an 'hours log'
- 4. Developed lead roles
 - 1. Leadership
 - 2. Education
 - Governance
 - 4. Medicines Management
 - 5. Transport







RAISED PROFILE OF ANNPS AS 'SENIOR NURSES'

Value of ANNP's 20% non-clinical time – developing service

- Leadership / Service
 - □ Momentum of standard care guidelines etc
 - Established MDT working previous silo working with midwifery
 - □ Led Neonatal Transitional Care development SOPs /
 Guidelines MDT with midwifery & medical consultants
 - Supported Neonatal Outreach development to 7 day service
 - □ Board on Regional Neonatal Network
 - Developed partnerships with other units etc



Value of ANNP's 20% non-clinical time – developing service

Education

- □ Teach on in-house education days nurses / midwives / junior doctors
- □ Support university QIS (neonatal speciality) teaching
- □ Developed Midwifery 1st day check / NIPE
 - Newborn examination is now midwifery led
- Developed links with University of Plymouth & established local ENNP & MSc ANNP course
- □ On research committee for ReASoN a national medical / nursing conference – nurses integral in program due to ANNP input
- □ Developed a UK ANNP forum 3rd year



Governance

- Medicines management reduced drug errors & established a program in collaboration with clinical pharmacist to include nursing & medical staff
 - CQC applauded innovation

Advanced Level Practice

ANNP role 2002-2012

- Clinical / direct care practice
- Leadership and collaborative practice
- Improving quality and developing practice
- Developing (self) and others.
- (Council for Healthcare Regulatory Excellence 2009).





'Developing self'

Advanced Level Nursing:

Scholarships for nurses, midwives and health visitors



The Florence Nightingale Foundation provides scholarships to promote innovation in practice, extend knowledge and improve patient care. There are three types of scholarship:

Research

Need help funding your MA or PhD? Up to £5,000 to fund a clinically focused research component of an academic course of study.

Travel

Study best practice through travel abroad or within the UK.

Up to £5,000 to fund projects which will benefit patients/users and the professions more widely.

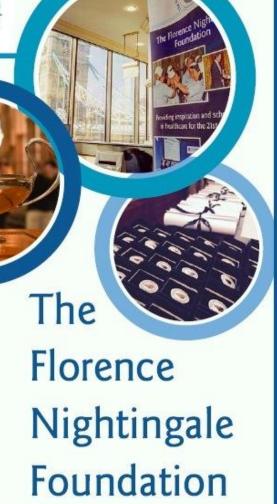
Leadership

Giving you the skills and confidence to contribute positively to healthcare. Up to £15,000 to fund bespoke programmes of personal development.

Applications reopen on our website in early 2018.

Available to healthcare professionals living and working in the UK and on the appropriate register.

W: www.florence-nightingale-foundation.org.uk E: admin@florence-nightingale-foundation.org.uk T: 020 7730 3030 @fnightingalef



Connected with hospital executives

Executive Director Team



Ann James Chief Executive Secretary: Lucy Baber - 39084



Nick Thomas Deputy Chief Executive and Director of Planning and Site Services Secretary: Bryonie Deeming -39491



Neil Kemsley Director of Finance 39085



Kevin Baber Chief Operating Officer



Secretary: Sarah Visick - 32559



Dr Phil Hughes

Medical Director

Lee Budge



Greg Dix

Director of Nursing

Steven Keith

Raised MY Profile in the hospital 'Brave & Bold' & consequently raised profile of NICU

Head of Midwifery / **Associate Director** of Nursing





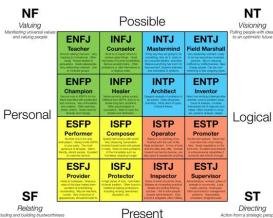
FNF Scholar

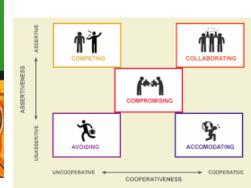
FNF Scholarship – 2012 Developed me as a <u>leader</u> & then WHOLE NICU Senior team (consultants & Senior Nurses) leadership skills – 'tools in the toolbox'



Thomas-Kilmann NFLICT MODE Instrument













THE 9 BELBIN TEAM ROLES

				Team Role Contribution	Allowable Weakness
Thinking	Plant	PL	(-)	Creative, imaginative, free-thinking. Generates ideas & solves hard problems.	Ignores incidentals. Too pre- occupied to fully communicate.
	Monitor Evaluator	МЕ	0	Sober, strategic and discerning. Sees all options and judges accurately.	Lacks drive and ability to inspire others. Can be overly critical.
111	Specialist	SP	0	Single-minded, self-starting, dedicated. Provides rare knowledge and skills.	Contributes only on a narrow front. Dwells on technicalities.
	Shaper	SH	9	Challenging, dynamic, thrives on pressure. Has drive to overcome obstacles.	Prone to provocation. Offends people's feelings.
	Implementer	IMP	50	Practical, reliable, efficient. Turns ideas into actions and organizes tasks.	Somewhat inflexible. Slow to respond to new possibilities.
	Completer Finisher	CF	0	Painstaking, conscientious, anxious. Finds errors. Polishes and perfects.	Inclined to worry unduly. Reluctant to delegate.
)	Coordinator	со	8	Mature, confident, identifies talent. Clarifies goals. Delegates effectively.	Can be seen as manipulative. Offloads own share of the work.
and a	Team Worker	TW	00	Co-operative, perceptive and diplomatic. Listens and averts friction.	Indecisive in crunch situations Avoids confrontation.
	Resource Investigator	RI	0	Outgoing, enthusiastic, communicative. Explores opportunities, develops contacts	Over-optimistic. Loses interest once initial enthusiasm expires.

Florence Nightingale Scholarship – connections with New Zealand









Carole Heatley
CEO Southern Health Board



Christchurch NZ comes to Plymouth Nov 2017









Commemoration Service Westminster Abbey 2014















ANNP to Clinical Director

- 1. FNF Scholarship 2012
- 2. Raised my profile with Hospital Board
- Developed Leadership skills 'tools in the toolbox'
- 4. 2013 'Head hunted' by HOM/CEO to lead Neonatal Services Clinical Director (usually a medical doctor role)
- 5. Raised profile of NICU historically a 'Cinderella' service in large teaching hospital
 - Result in increased investment more nursing & medical staff





Woman's & Children Care Group

Care Group Clinical Director: Dr Peter Rowe

Care Group General Manager: Keith Chapman

Service Line Cluster Manager: Ali Cowls

Director of Midwifery / Associate Director of Nursing: Sue Wilkins

38 Service Lines in PHNT – NICU is the most important.....

Gynaecology & IVF

SLD: Peter Scott **SLM:** Ali Cowls

Matron: Cath Williams

Wards: Meavy, Colposcopy, Gynae OPD, Ocean Suite,

Lancaster Suite

Breast Surgery

SLD: Vacant Post SLM: Ali Cowls

Matron: Cath Williams

Wards: Primrose Unit

Obstetics (Medical)

SLD: Peter Scott SLM: Ali Cowls

Matron: Sheralyn Neasham

Wards: Argyll, Transitional Care

Ward (TCW)

Neonatal

SLD: Roisin McKeon-Carter

SLM: Rachel Deakin **Matron:** Anita Dykes

Wards: NICU, Transitional Care

Ward (TCW), Neonatal

Outreach & Peninsula Neonatal

Transport Service (PNTS)

Maternity

SLM: Ali Cowls

Matron: Sheralyn Neasham,

Charlotte Wilton

Wards: Argyll, TCW, Labour, Antenatal, Day Case Services,

Community Bases

GU Medicine PAC & HIV

SLD: Zoe Warwick
SLM: Amanda Worley
Matron: Cath Williams

Wards: Your Sexual Health

Plymouth

Acute Paediatrics

SLD: Dr Simon Courtman **SLM:** Rachel Deakin

Matron: Anita Dykes

Wards: Wildgoose, Woodcock,

CAU, CYPD, CHDU

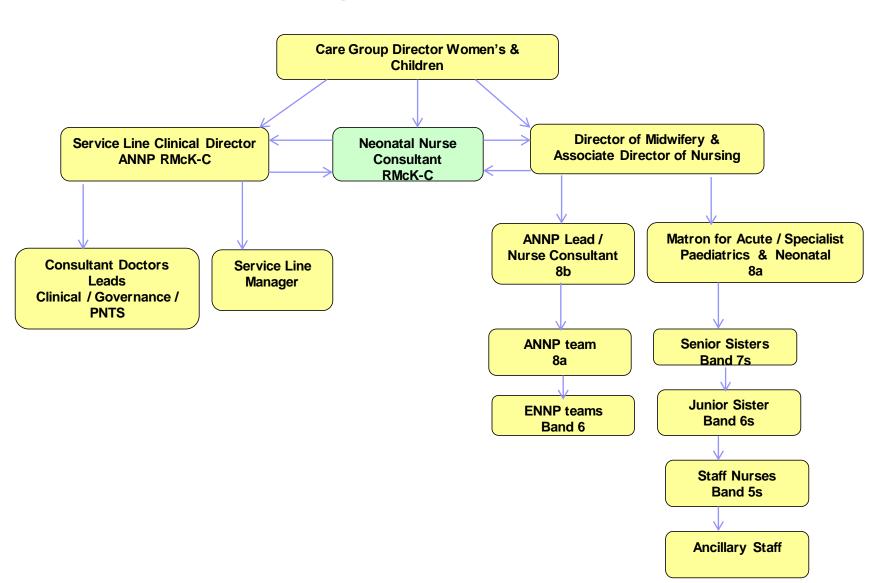
Community Peadiatrics

SLD: Ben Marsh SLM: Sue Frise Nurse Consultant:

Wards: Child Development

Centre (CDC)

Organisational Structure Neonatal Services



NICU PHNT Nursing Workforce Framework (DoH Toolkit + BAPM)



Band 4 Neonatal Support Assistant

Band 5 Neonatal Staff Nurse

QIS

Trainee Transport

Outreach

Special Interests

Transport Nurse/Critical Outreach

Band 6 Neonatal Junior Sister

Clinical Facilitator

ENNP's

Band 7 Neonatal Senior Sister Outreach/ Safeguarding

PNTS Co-ordinator

Senior Educator

NICU / TCW / Outreach / PNTS Nursing Structure

Trainee ANNP

Clinical Governance

Ward Manager

Band 8a

Matron

Tier 1 ANNP

Band 8b

Tier 2 ANNP / Nurse Consultant

Band 8c

Nurse Consultant / Clinical Lead Nurse



References:

Neonatal Toolkit for High-Quality Neonatal Service

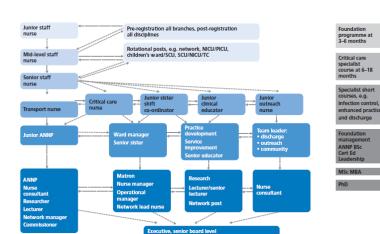
DoH 2009

Service Standards for Hospitals providing Neonatal Care

BAPM 2010

BAPM 2014

Optimal Arrangements for Neonatal Intensive Care Units in the UK including guidance on their Medical Staffing



Safe clinical neonatal care – who/how?

- Midwives
 - □ Newborn Infant Physical Examination (NIPE) (1st day check)
 - University or certification course (SRENC)



- Ancillary nurses
 - □ Nursery nurses / HCA / MCA SC/NTC/HD (supported by registered nurse)
 - □ Education package to support working on NTC & NNU (HD/SC)
- Neonatal Nurses
 - □ Registered nurses (QIS 70%) competent in IC / transport
- Critical care nurses / Enhanced Neonatal Nurse Practitioners (Post Grad / MSc modules) – succession planning for ANNP

Skilled QIS – learning packages / workshops ('tools in the toolbox')

- □ IV cannulation / blood letting / arterial gasses
- □ NLS + (1st attendee at low risk deliveries)
- □ NIPE 1st day check
- □ Ventilation management
- □ Transport nurse led



Safe clinical neonatal care – who/how?

- ANNP (Masters level)
 - Tier 1 medical duties + education / research / governance
 - □ Tier 2 medical duties + Transport + education / research / governance + clinical leadership
- Nurse Consultant (Masters / PhD)
 - Clinical expert / Service Development / Board level in Trust / ODN / National bodies



The Neonatal Nurse Consultant Role

 Influence service developments; challenge cultures and organisational structures



 Promote multi-disciplinary working; support the development of advanced practice Challenge traditional hierarchies; break down historical boundaries within healthcare





A framework for the Nurse Consultant Role

- Expert practitioner either as generalist or specialist, developing clinical practice - <u>ANNP</u>
- Educator and enabler of others ANNP
- Researcher with specific expertise in practice-based research MSc/MBA / PhD ANNP
- Expert and process consultant from the clinical to executive and strategic levels - <u>ANNP</u>
- A transformational leader enabling culture development and empowerment - <u>ANNP</u>

Social Media?

Raise profile of Neonatal Nursing / ANNPs

Develop the 'BRAND'!





















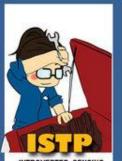






HO ARE YOU?

MBTI CHART



INTROVERTED SENSING THINKING PERCEIVING olerant and flexible, quie observers until a problem

principles, value efficiency.

Mechanic

appears, then act quickly to find workable solutions. Analyze what makes things work and readily get through large amounts of data to isolate the core of practical problems. Interested in cause and effect, organize facts using logical



INTROVERTED SENSING **FEELING PERCEIVING**

Quiet, friendly, sensitive, and kind. Enjoy the present momen what's going on around them. Like to have their own space and to work within their own time. frame. Loyal and committed to their values and to people who are important to them. Distike disagreements and conflicts, do not force their opinions or values on others.



INTROVERTED INTUITIVE **FEELING PERCEIVING**

Idealistic, loval to their values and to people who are important to them. Want an external life that is congruent with their values. Curious, quick to see possibilities, can be catalysts for implementing ideas. Seek to understand people and to help them fulfill their potential Adaptable, flexible, and accepting unless a value is

bealist



INTROVERTED INTUITIVE THINKING PERCEIVING

Seek to develop logical explanations for everything that interests them. Theoretical and abstract, interested more in ideas than in social interaction. Quiet, contained, flexible, and adaptable. Have unusual ability to focus in depth to solve problems in their area of interest. Skeptical, sometimes critical, always analytical:



EXTRAVERTED SENSING THINKING PERCEIVING

Flexible and tolerant, they take a pragmatic approach focused on immediate results. Theories and conceptual explanations bore them they want to act energetically to solve the problem. Focus on the here and now. Spontaneous, enjoy material comforts and style. Learn est through doing.



EXTRAVERTED INTUITIVE **FEELING PERCEIVING**

Warmty enthusiastic and imaginative. See life as full of possiolities. Make connections between events and information very quickly, and confidently proceed based on the patterns they see. Want a lot of affirmation from others, and readily give appreciation and support. Spontaneous and flexible, often ely on their ability to improvise and their verbal fluency. Grapitet

Misionary



THINKING PERCEIVING

Quick, ingenious, stimulating, alert, and outspoken. Resourceful in solving new and challenging problems. Adept at generating conceptual pos sibilities and then analyzing them strategically. Good at reading other people. Bored by routine, will seldom do the same thing the same way, apt to turn to one new interest after another.



INTROVERTED SENSING THINKING JUDGING

Quiet, serious, earn success by thoroughness and dependability. Practical, matter-of-fact, realistic, and responsible. Decide logically what should be done and work toward it steadily, regardless of distractions. Take eleasure in making everything orderly and organized - their work, their home, their life. Value traditions and lovalty



INTROVERTED SENSING **FEELING JUDGING**

Quiet, friendly, responsible, and conscientious. Committed and steady in meeting their obligations. Thorough, painstaking. and accurate. Loyal, considerate, notice and remember specif ics about people who are important to them, concerned with how others feel. Strive to create an orderly and harmonious environment at work and at home.



INTROVERTED INTUITIVE **FEELING JUDGING**

Seek meaning and connection in deas, relationships, and material possessions. Want to under stand what motivates people and are insightful about others. Conscientious and committed to their firm values. Develop a clear vision about how best to serve the common good. Organized and decisive in implementng their vision.



INTROVERTED INTUITIVE THINKING JUDGING

Have original minds and great drive for implementing their ideas and achieving their goals Quickly see patterns in external events and develop long-range explanatory perspectives. When committed, organize a job and carry it through. Skepti cal and independent, have high standards of competence and performance - for themselves

Scientist



EXTRAVERTED SENSING THINKING JUDGING

Practical, realistic, matter-offact. Decisive, quickly move to implement decisions. Organize projects and people to get things done, focus on getting results in the most efficient way possible. Take care of routine details. Have a clear set of logical standards, systematically follow them and want others to also. Forceful in implementing

Guardian



Outgoing, friendly, and accept-

ing. Exuberant lovers of life.

people, and material comforts

Enjoy working with others to

make things happen. Bring

approach to their work, and

make work fun. Flexible and

spontaneous, adapt readily to

new people and environments

Learn best by trying a new skill

Entertainer

with other people.

common sense and a realistic

EXTRAVERTED SENSING FEELING JUDGING

Warmhearted, conscientious, and cooperative. Want harmony in their environment, work with determination to establish it. Like to work with others to complete tasks accurately and on time. Loyal, follow through even in small matters. Notice what others need in their day-by-day lives and try to provide it. Want to be appreciated for who they Gre and for what they contribute.



EXTRAVERTED INTUITIVE FEELING JUDGING

Warm, empathetic, responsive, and responsible. Highly attuned to the emotions, needs, and motivations of others. Find potential in everyone, want to help others fulfil their potential. May act as catalysts for individual and group growth. Loyal, responsive to praise and criticism. Sociable, facilitate others in a group, and provide inspiring leadership

Giver



THINKING JUDGING

Frank, decisive, assume lead ership readily. Quickly see itlogical and inefficient crocedures and policies, develop and implement comprehensive systems to solve organizational problems. Enjoy long-term planning and goal setting. Usually well informed, well read, enjoy expanding their knowledge and passing it on to others. Forceful in presenting Executive

Future for ANNPs



Develop ANNP teams

- Clinical / Education /Transport / Research
 - ANNPs in NICUs / LNUs / SCUs

Nurse Consultants

- □ Leadership / Clinical / Transport / Surgical / Research
- □ Every ANNP team should have a nurse consultant lead

Clinical Directors / Leadership

- Managing services
- Commissioning
- Advising Department of Health

The greater the number, the louder the voice. Make a difference! Be heard!

http://www.nna.org.uk





"I think one's feelings waste themselves

in words; they ought all to be

distilled into actions which

bring results."

:- Florence Nightingale



