

Research Participation Request: The BURDEN Study

Dear NNCA Members,

I am Mr. Benjamin Austin, a PhD Candidate at The University of Queensland, Australia. Along with A/Prof. Samudragupta Bora, Prof. Helen Liley, and Dr. Stacey Parker, I am conducting a research study investigating burnout, work engagement, and work context in Neonatal Intensive Care Units across Australia and New Zealand. Our hope is that we can broaden our understanding of the occurrence of and relationships between these factors, while demonstrating the impact they can have within NICUs.

The purpose of this email is to request your participation in this study, which involves completing an anonymous online survey.

Please access the survey using this link: <https://tinyurl.com/BURDENstudy>



By clicking this link, you will be directed to the survey administered via Qualtrics secure online platform. As a token of our appreciation, participants will be given a tips-sheet on how to manage workplace stress, as well as the opportunity to nominate a children's health charity to receive a AU\$1 donation.

The survey will take approximately 25 minutes to complete, and participation is completely voluntary. Any and all information collected will be analysed anonymously, with personal identifiers purely being used for demographic and categorisation purposes.

We would request that you encourage your colleagues working in the NICU to also complete this survey. Specifically, we are targeting all patient-facing clinicians and nurses. **If you feel comfortable, we kindly request that you forward the survey link onto any colleagues or associates who may like to participate.** Additionally, if you are in a director or manager role, it would be greatly appreciated if you could circulate the survey link amongst your team.

This survey, study protocol, and all procedures have been approved by The University of Queensland Human Research Ethics Committee (Approval Number: 2019001566).

If you have any questions regarding this study, please contact me at benjamin.austin@uq.net.au or A/Prof. Samudragupta Bora, Principal Investigator at samudragupta.bora@mater.uq.edu.au.

Thank you for taking the time to read this e-mail. We hope that you're willing to participate in our study.

Sincerely,

Benjamin Austin, PhD Candidate