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Dec 2019

LINKING EDUCATION AND RESEARCH IN NURSING
EVIDENCE/DISSEMINATION

NEWSLETTER OF THE NZNO NURSING RESEARCH SECTION

Welcome to the Summer 2019 edition of the Nursing Research Section (NRS) Newsletter.

Your Current Committee members are:

Dr Jed Montayre	Chairperson	Greater Auckland
Emma Collins	Treasurer	Southern
Dr Ruth Crawford	Secretary	Greater Wellington
Dr Priya Saravanakumar	Committee Member	Greater Auckland
Louise Chan	Vice Chair	Greater Wellington
Rachel Sayers	Committee Member	Southern
Wendy Blair	PNA	National

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CHAIRS REPORT

Dear Members,

Welcome to December NRS Newsletter, the last one for the year. As it is the time of the year to reflect on things that happened in 2019, I would like to share something about reflecting on research ideas that you and your team had and how to effectively reinstate that interest and passion for that particular research topic.

As researchers, we have several research questions in mind and novel ideas for research. Over the years in our careers, some of these ideas might have been undertaken successfully and culminated in beneficial and translational research outcomes. However, there were also those ideas that have gone, disappeared and you have lost track what happened to them. You were left wondering 'what happened to that research idea or proposal?' or 'what happened to that manuscript?'. The fact that you have reflected and thought about it again, shows that you wanted to see if you can still pursue that 'forgotten' research topic and put some energy to it this time. If you are thinking about reviving that research passion, I would like to point out three things you need to consider.

Firstly, the current state of the literature about the topic is a major consideration. I suggest you search for systematic reviews undertaken on that particular research idea and find out if your research question has been answered already. If you found out that recent studies have been undertaken, ensure that you have outlined the point of difference for your research or modify it to produce novel and relevant outcomes.

Second, reflect on why this particular research did not progress initially. Explore your current time commitments, funding availability and examine possible challenges that would possibly hinder this project to materialise. Depending on the length of time that these research ideas have been put on hold, you need to recollect the previous barriers to effectively manage these this time. Develop a workable research plan.

Lastly, re-energise the team or parties interested in progressing the research idea. It is important that a common restored interest occurs for all to finally advance the research topic, idea or article. Teamwork is a key to all successful research projects.

As you reflect on these tips and the research activities that you still want to pursue in the new year, do not forget to appreciate the positive things that you have achieved this year. It is important to recognise the research activities you have done in 2019, whether it was an oral/poster conference presentation, grant proposals, articles published, thesis completion, data collection and related-research activities. We do know, those take time and efforts and are worth celebrating.

This December Newsletter presents some of the recent activities NRS has been involved and also the first few NRS events in 2020 such as the NRS Research Forum. I also would like to welcome the new NRS committee member, Dr Priya Saravanakumar. We are all excited to have Priya on board.

I wish you all a festive break and enjoy our stunning New Zealand summer!

Best wishes,
Dr Jed Montayre, Chair- Nursing Research Section
jed.montayre@aut.ac.nz

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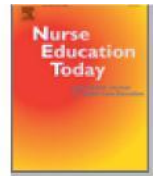
FEATURED PUBLICATIONS BY NZ NURSE RESEARCHERS

This section features and provides the link of newly published articles by and with NZ Nurse Researchers.



Nurse Education Today

Volume 84, January 2020, 104213



The type and amount of paid work while studying influence academic performance of first year nursing students: An inception cohort study

Yenna Salamonson ^a  , David Roach ^b  , Ruth Crawford ^c  , Belinda McGrath ^d  , Angela Christiansen ^e  ,
Peter Wall ^f  , Mandy Kelly ^f  , Lucie M. Ramjan ^a  

Link: <https://doi.org/10.1016/j.nedt.2019.104213>



EDITORIAL |  Free Access |

Letting go of our past to claim our future

Jenny Carryer RN, PhD, MNZM 


First published: 09 August 2019 | <https://doi.org/10.1111/jocn.15016> | Citations: 2

Link: <https://doi.org/10.1111/jocn.15016>



Nursing And Health Policy Perspectives |  Full Access |

Being effective at the top table: developing nurses' policy leadership competencies

Jane Salvage RGN, BA, MSc, HonLLD, HonDSc, HonDUniv, FQNI, FRCN  , Jed Montayre RN, MN, PhD  ,
Michelle Gunn RN, BN, LLB (Hon 1), Grad Dip (Legal Pract) 

First published: 12 November 2019 | <https://doi.org/10.1111/inr.12567>

Link: <https://doi.org/10.1111/inr.12567>

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GRANTS and FUNDING

NRS GRANTS

The NRS is providing its members the opportunity to apply for grants to attend or participate in events related to nursing research, that will further their knowledge base of the field they work in, for example:

- workshops,
- conferences,
- study days,
- seminars,
- post-graduate study, and
- publications etc.

Applications must show evidence of scholarly activity, and have tangible costs that the grant can contribute to. Applicants who are awarded the grant are expected to write a short piece for the NRS newsletter.

The next rounds of applications close **10 April 2020** (first round) and **9 September 2020** (second round).

More details including the application form, can be found on the NRS Grants page:

https://www.nzno.org.nz/groups/colleges_sections/sections/nursing_research_section/research_grants

NRS Grant Recipient Report

eHealth Nursing and Health Informatics New Zealand Conference

20th – 22nd November, 2019, Hamilton. Emma Collins

The eHealth Nursing conference was held as a preliminary session before the commencement of the HiNZ conference. It was well attended by a number of nurses who work in a variety of areas of digital health from throughout New Zealand.

The first keynote was delivered by Elizabeth Borycki, Professor in the School of Health Information Science, University of Victoria, Canada. The session was 'Virtual care and the changing role of nurses', and discussed disruptive technologies. Disruptive technologies will disrupt nursing as we know it. She stated that it is important to include nurses in the designing, development, configuring and implementation of new technologies. She also discussed personalized healthcare and how this will transform nursing practice. Nurses will need to use technology to personalize health needs. This will result in a change to nursing practice. Nurses will help patients and citizens to navigate the new digital health ecosystem.

Next was a presentation from Michelle Honey, Sally Britnell and Emma Collins discussion the Nursing Informatics Guidelines for Nurses Entering Practice (2018) that were launched at HiNZ in 2018. Feedback was given from a number of roadshows that occurred this year, exploring the barriers and enablers to ensuring curriculums are preparing students for the digitally equipped environments that they will be working in.

Following this was a presentation from Carey Campbell (DoN, Southern Cross Hospitals) titled 'Wise workflows or wasteful workarounds: Which one wins in the workplace? In this presentation the speaker discussed that nurses are always discovering workarounds, and better ways of doing this, and that this needs to occur with using digital technologies as well.

In the next block of sessions, we heard from Isabella Smart and Hayley Gill from CMDHB, discussing 'what do you do when the paper is gone?' They discussed the new maternity clinical information system and the implementation of this. They reiterated that when introducing a new piece of software, it is important to know the psychological resilience of staff. They also stated that it is important to be honest about the system – what it is and what it isn't.

Next John Hewitt from CDHB discussed acute hospital nurses' perception of using tablets at the point of care. He stressed the importance of involving nurses in the implementation of new systems, rather than have new systems just enforced upon them. Andrew Jones from ADHB discussed innovation through data and human-centered design. He discussed the digitally enhance workflow, improving the day to day role of the charge nurse.

Grassy Zhao, IPC Nurse from Southern Cross, gave a very interesting presentation about surgical site infection surveillance. The data that has been collected has ensured effective and efficient infection and prevention control practices.

The final presentation for the eHealth Nursing session was from Lisa Maxwell, Nurse Coordinator, Waikato DHB. Lisa took us on her tech journey implementing point of care technology with primary health care nurses in the Waikato.

The Health Informatics NZ conference commenced at 13:00. The opening keynote address reminded us all what this conference was all about. Terry Lee, the victim of an Australian bush fire, gave the delegates a very inspiring talk about how digital technologies have enabled him to live an independent and full life, admin

significant disability. This set the tone for the entire conference – that using digital technologies in healthcare is about people. This was evident throughout the conference where many presenters told stories about patients they have worked with and how technology has helped to ensure a better patient outcome.

The second keynote was delivered by Shayne Hunter (Deputy Director General, Data and Digital, Ministry of Health (MoH)) and Ashley Bloomfield (Director General of Health). They discussed that technology needs to be fit for purpose, and that the MoH are trying to be enablers of digital health. They stated that their next steps include work in the following areas: leadership and governance, workforce, data and digital, infrastructure, quality, safety and innovation, and service, sustainability and enhancement. Following this was an address by the Right Honorable David Clarke, to discuss the importance of access to digital health. There were many breakout sessions from nurses, doctors, allied health, computer scientists, informaticians, software developers, consumers and others, over the next 2 days. Highlights included discussions about how to build a nursing informatics career, implementing electronic health records, ethics and machines, leadership, the value of data, etc. Overall however, what came through strongly in the majority of talks, was the importance of keeping people at the center of what we do. Whilst many may think that this conference was about all things digital and technology, it was all about people. About how people can help and care for other people, in the most beneficial way.

Dr Priya Saravanakumar- New Committee Member

Priya has a rich clinical, educational and leadership experience having practiced, taught and led teams in adult and older person nursing in various settings in:

- India,
- Sri Lanka,
- Seychelles and
- New Zealand.

She has also led and developed undergraduate and post graduate papers in Nursing in Sri Lanka and in New Zealand universities. Her teaching philosophy is 'creating teaching/learning partnerships with her students where teaching is meaningful, purposeful and valuable for both the student and the teacher'. She teaches undergraduate and postgraduate programmes in:

- the School of Clinical Sciences,
- AUT and
- supervises candidates in Masters, DHSc and PhD programmes.



Priya received a competitive and prestigious 'Australian Leadership Award' in 2010, which led to her PhD in Nursing from the University of Newcastle, Australia. Her PhD research project involved trialing yoga and tai chi for frail older adults in residential aged care settings using mixed methods research. As an early career academic, she continues to explore ways to improve quality of life and to promote healthy aging for older persons.

EVENTS

ANEC 2019- AUSTRALASIAN NURSE EDUCATORS CONFERENCE

NRS at the event- Committee members, Ruth Crawford, Louise Chan, Jed Montayre, Rachel Sayers, Emma Collins and PNA- Wendy Blair



2019 Australasian Nurse Educators Conference (ANEC) – Dunedin 18th-20th November

Report by Wendy Blair

This was a very interesting and valuable conference for nurses with a focus or interest in education in any setting. Key note speakers included Dr Kathie Lasater; Professor Tracy Levett-Jones, Dr Lance O’Sullivan, Professor Jane Mills, Dr Stephen Neville, Dr Jed Montayre, Margreth Broodkoorn, and Callum McKirdy. Along with these excellent key note speakers there were six streams of concurrent presentations related to ‘practice’, ‘people’ and ‘purpose’. Dr Lasater, from Oregon Health & Science University in the USA, spoke about supporting the development of clinical reasoning, the Lasater Clinical Judgement Rubric and the integration of public health into nursing curricula. She suggested there needs to be greater focus on population health and associated language to improve health care for all. Dr Lasater suggested that a nurse’s background influenced clinical judgement and that this meant preceptors and lecturers needed to know the student on a different more personal level. She also suggested that it takes more than 1 year to develop adequate clinical reasoning skills so expectations of new graduate nurses should be adjusted so they are realistic rather than the current push for ‘work ready graduates’. She referred to the Tanner Clinical Judgement Model during this presentation.

Professor Tracy Levett-Jones from the University of Technology, Sydney, spoke about patient safety and vulnerable populations. She described the development and implementation of a patient safety framework and a cumulative risk algorithm. Professor Levett-Jones stressed the importance of empathy in maintaining patient safety and the need to focus on teaching patient safety skills and knowledge. She provided a link a survey by the empathy institute for delegates and other nurses who would be interested to complete (<https://www.surveymonkey.com/r/62MF3QL>). Dr Lance O’Sullivan spoke about the need for the New Zealand health care system to change. He suggested that rather than non-compliant patients/clients, issues were related to uninspirational health care workers. He challenged us to think outside the box and be disruptive to force the system to change. He suggested that digital technologies can help with this disruption and described non-health

care workers carrying out digital health assessments on children. Dr O'Sullivan also spoke about the need to take health care to the people and the mobile clinics he is setting up in the top of the North Island.

Professor Jane Mills from Massey University spoke about different options for transition to practice. She suggested that current new graduate programs lack consistency and need to be improved. She stressed that these programs should develop the person alongside the nurse and that transition to practice is shaped by the individual's readiness and experiences. She also suggested that registered nurses need broad capacity and a high level of emotional intelligence and that these should be being developed alongside clinical skills. Dr Steven Neville from Auckland University of Technology spoke about older people, nursing and ageism. He suggested that current nursing practice is ageist and positions people negatively by using a deficit rather than strength based. He went on to say that we need to replace 'health' with 'wellbeing' in our dialogue in order to help the shift to a strength based model.

Dr Jed Montayre from Auckland University of Technology spoke about the importance of having good mentors, being strategic and being mentor-able in order to maximise career progression. He explained that this was his first key note presentation and was very entertaining as he described how he had progressed his career. Margreth Broodkorn, Chief Nursing Office from the MoH, spoke about the future of nursing in Aotearoa New Zealand. She suggested that we need to think of priorities and goals such as equity and child well-being, and focus on cultural safety. Priorities for workforce growth include growing the Māori and Pacifica workforces, enhancing workforce well-being, strengthening shared skills, collaboration and values across professions, sharing data intelligence in relation to workforce planning, developing leadership pathways and a sustainable rural workforce. The final keynote presentation was from Callum McKirdy who was described as a speaker, facilitator, mentor. Cullum talked about the three P's, people, purpose and place. He also talked about the importance of kindness. The dinner speaker was the curator of the Dunedin Museum. He talked about the contribution of New Zealand Nurses in World War One. His presentation was very informative and at the same time very sad as he told the stories of several nurses from the Otago region who lost their lives during the conflict. Overall the conference was a huge success and very enjoyable and well worth attending.

NRS Treasurer attended the eHealth Nursing and Health Informatics New Zealand Conference





CALL FOR NOMINATIONS AND NURSING RESEARCH ANNUAL FORUM

TO:	All members of the Nursing Research Section, NZNO
FROM:	The Nursing Research Section (NRS) Committee
DATE:	17 December 2019
RE:	IMPORTANT POSTING: Notice of 2020 Biennial General Meeting and call for nominations and remits

The Nursing Research Section BGM will be held on
21 February 2020 at 16:00
Te Auaha
65 Dixon St, Wellington

The following information is included below:

1 Call for Committee Nominations:

Due 19 January 2020

NRS have four vacancies

Please complete the nomination form available on the link under NRS Forum 2020 if you wish to nominate someone.

2. Call for Remits

Due 12 January 2020 – please [click here](#) for NRS Rules. Please note the 2018 revisions are currently under review by the Board.

3. Other subjects for discussion at AGM - Due 12 January 2020

If you are proposing a topic for discussion at BGM, please:

- be clear that it is for discussion, and
- provide all supporting material for the topic.

4. Call for notification of resignations Due 14 February 2020

Resignations from the Nursing Research Section Committee must be received by Ruth Crawford, NRS Secretary, ruthc9512@gmail.com one week ahead of the BGM.

Note: resignations from a NZNO College or Section does not equal a resignation from NZNO. Please contact the NZNO Membership Support Centre 0800 28 38 48 to do this.

5. NRS Forum 2020 information

https://www.nzno.org.nz/groups/colleges_sections/sections/nursing_research_section/conferences_events

The NRS Newsletter welcomes your articles and short reports of research activities that you would like to share to the wider NRS membership! Email them to jed.montayre@aut.ac.nz