



## Pacific Nursing Section

### Highlights from the Editor, by Ellaine Ete-Rasch

**Malo e lelei, Fakalofa lahi atu, Ni sa bula vinaka, Namaste, Kia orana, Taloha ni, Fakaalofa lahi atu, Talofa lava, and warm Pacific greetings.**

Welcome to the August edition of the Pacific Nursing Section (PNS) newsletter for 2017. Trust you are all keeping well with some seriously cold temperatures throughout the country in the past months.

This year has gone by so fast it is hard to believe. The PNS committee has held its third meeting for 2017 in Wellington on July 28th. At this meeting, the committee had the opportunity to hear Eldred Gilbert presented on the NZNO Strategy for Nursing. The PNS proposed the need for a Pacific Nursing Strategic action plan within the NZNO strategy for nursing document. A consultation regarding this document will roll out in a couple of months, look out for it and have your say.

Each association has been occupied with projects regarding workforce development and health promotions in the communities. Well done everyone, keep up the community spirit.

The PNS welcomes new members, see link below to register. Also don't forget to join us in November for our AGM & Symposium. Please contact your representative on the committee.

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**The Pacific Nursing Section Committee 2017**



**Standing: left to right** Ellaine Ete-Rasch, Anne Strickland, Margaret Cain, Abel Smith

**Sitting: left to right**

Eseta Finau, Violani Wills, Vaifagaloa Naseri

**Missing in the photo:** Sipaia Kupa, Maima Joseph and Metua Bates.

## Word from the PNS Chair,



Warm Greetings from the languages spoken in Aotearoa! Kia Ora, Talofa lava, Malo e lelei, Kia orana, Fakaalofa atu ki a mutolu oti, Ni sa bula vinaka, Namaste, Ta-loha ni, Kam na mauri, Halo olketa, Aloha mai, Iorana, Alofa atu, Noa ía é mauri, Koe kia, Malo le kataki, Kulo malulo, Kaoha nui, Alií, Dada namona, Kaselhia Maign, Bonjour and Hello!

Welcome to our Pacific Nursing Section (PNS) August Newsletter 2017.

It is a proud moment to be a Pasifikan, even more to be a nurse in Aotearoa contributing to the well-being of our Pasifika families. This newsletter is for all Pasifikans and it certainly covers a wide variety of the actions at the workplace. It also contains reports of some of the Pacific Nursing groups that participates in our Pacific Nursing Section.

On behalf of our PNS Committee, I would like to thank you all most sincerely for your continued support. Your blessing is greatly appreciated.

We invite you all to join our Section, Membership is open and free to any Pacific person who is a member of the NZNO. The membership registration form is available at the NZNO website under the Pacific Nurses Section, and once filled can be forwarded to the NZNO office, or register online using link below.

[http://www.nzno.org.nz/groups/colleges\\_sections/sections/pacific\\_nursing/join\\_us](http://www.nzno.org.nz/groups/colleges_sections/sections/pacific_nursing/join_us)

Long live Pasifikans!

Fakaápaápa atu  
'Eseta Finau, Chair PNS



Pacific Nursing Section committee meeting at the NZNO Wellington office in July





## **Tongan Nurses Association (TNA)**

Malo e lelei. Kia ora and Greetings to you all!

The Tongan Nurses association (TNA) continues to work on growing our group and increasing membership and we hope you will connect us to the rest of our members out there. Memberships have been steady but we hope the numbers will increase as we journey through. The membership registration form is available on request, do let us know and we will email.

TNA Activities as follows:

1. TNA Committee and members continue to hold it's monthly meetings, and numbers have not been great but we ensure the meeting is held and issues arises are discussed.
2. International Qualified Nursing Conference March 2017 – would like to thank our TNA members Maúkakala, Alosi and Sia for attending on behalf of our members.
3. Greater Auckland Regional Council meeting: would like to encourage our members to participate and attend these meetings, for more information please contact us.
4. Cook Island Nurses Association hosted 2017 International Nurses Day Celebration. Would like to thank Violani Wills for attending and to all the TNA members that attended the evening, most enjoyable and colourful evening. Malo áupito CINA for a truly awesome evening.
5. International Conference of Tongan Nurses July 13-16 hosted by TNA of USA and Co-host with TNA of Tonga. Keynote Speakers were Debbie Sorensen, CEO Pasifika Futures Ltd and Jocelyn Peach, Director Nursing Waitakere DHB. Malo Debbie and Jocelyn for your support, much appreciated. Wonderful attendance by members of TNA of NZ. Malo Sia, Maú, Peta, Susi, Alosi, Lesieli, Luseane, Jenny, Ane, Tupou, Pauline, Debbie, Hulita n Eseta. My apology if I've forgotten some you.

Once again many thanks to all our members and families for your continued support.

Tu'a 'ofa atu & God Bless

'Eseta Finau ONZM

TNA of NZ









## Tausi Soifua Samoa March - August Activities



Talofa lava, malo le soifua. This brief report outlines the main activities the Tausi Soifua Samoa (TSS) members were engaged in since the last newsletter. Despite work and family obligations, the members' commitment to the association was obvious in their coming together to achieve some of the activities highlighted here.

### Siloma Masina's Scholarships

Scholarships at a value of \$1,500 were established in honor of Siloma's contribution to the Pacific Nursing in New Zealand particularly her work with the Tausi Soifua Samoa. On March 24th, scholarships were granted to three third-year nursing students from the Pacific Nursing Program at Whitireia.



The 3 successful recipients pictured here are, Faasala Tuigamala, Keromesa Kome and Limoe Kelly. Siloma's daughter Alexa presented the awards on behalf of the Tausi Soifua Samoa Association and the Wellington Branch members. We wish the students all the best in their studies.

### *Nafa o Tausiga - Samoa Nursing Philosophy of Caring Workshops*

The implementation of the *Nafa o Tausiga - Samoa Nursing Philosophy of Caring Workshops* was the key focus of the TSS activities in the past four months. The key purpose of the workshops is to increase members' knowledge and understanding of the concepts and principles of the Tofa Manino o le Tausiga – Samoan Philosophy of Caring and the applications when caring for Samoan patient/client and families.

Our very own Samoan senior nurses, Galumalemana Togia'i Vaifagaloa Naseri and Tai'ivao Siniva Cruickshank, were the key presenters. Three workshops were carried out in Auckland, Wellington and Hamilton in the months of June and July. Galumalemana and Tai'ivao have been providing cultural trainings for TAHA Tapuaki.



Overall, over 60 participants including the TSS members and non-members attended the three workshops. The target audience was mainly Samoan nurses and student nurses, however the workshops attracted other Samoan health workers such as social workers, a Samoan podiatrist, radio/media personnel including non-Samoans. Participants found the workshops productive and rewarding. The information further their understanding and knowledge about their identity as Samoans and how the principles of the Nafa-o-Tausiga can be incorporated into nursing practice.

#### Auckland



Excerpts from participants' feedback and reviews include the following:

*'This [workshop] has extended and enhanced my understanding of the Samoan culture'*

*'I have realised how important it is to be reminded about our own philosophy of caring so we don't get absorbed in the medical model philosophy that we are practicing...'*

*'These workshops should be done more often'*

Train-the-trainer approach was also incorporated in the workshops to form part of the TSS association and workforce sustainability plan. Despite the short time allocated for preparation and planning, the workshops were executed successfully. A great faamalo to everyone! Another workshop on the *Nafa o Tausiga - Samoa Nursing Philosophy of Caring* will be the main focus of the TSS



Hamilton

**Symposium on October 27<sup>th</sup> in Auckland.** A flyer will be out in the next couple of weeks. The project was made possible through the health workforce development funding from the Ministry of Health and Pacific Perspectives.

#### Wellington Workshop





## Niue Nurses Association of NZ

Niue Health Day was held at Ngatapuwa Community Centre in Mangere on the 24<sup>th</sup> June 2017. The theme of the day was **“Tu Tokaga e Tau Malolo Tino”** meaning: To stay alert, remain cautious, promote, encourage and work collaboratively at all times to be healthy – by Ane Strickland. The day was well attended by the Niue community. Significantly this has been the first Niue nurses attempt at being visible in our community and was assisted financially by funds from Pacific Perspectives. The community took advantage of the free health checks including B/P and BSL.

Nurses presented on the following health topics;

- Eva Siakia and Sifa Leavai: Health of Elderly
- Hayley Patutaue – Rheumatic Fever
- Lorna Kunitau – Asthma and Eczema
- Luisa Falanitule and Penni Otto - Palliative Care.
- Mental Health & Depression - Anne Strickland and Sieni Lagaluga-Seve.



<b>PNS Committee Members Contacts</b>	
Eseta Finau - Chairperson <i>Tongan Nurses Association rep</i>	eseta@pasifikafutures.co.nz
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## PNS Calendar Events for the rest of the Year

Date - 2017	Event	Location
4 August	NZNO PNS Committee meeting 9am – 3pm	NZNO Office Wellington Office
19, 20, 21 September	NZNO 19 <sup>th</sup> Colleges and Sections Day 20 <sup>th</sup> - AGM 21 <sup>st</sup> - Conference	Te Papa, Wellington
28 – 30 September	PMA conference Noumea	Noumea, New Caledonia
14 October	CIHNA Fundraising Dinner/Ball	Malaeola Community Centre 16 Waiokauri Place Mangere
27 October	Tausi Soifua Samoa Symposium & AGM	TBC
28 October	Tonga Nurses Annual Ball Theme: <b>Fire and Ice</b> Formal Wear	Rendezvous Hotel Auckland
23 November	Cook Islands Health Network Association TURAMA 2020 Conference: <i>Child &amp; Adolescent Health</i>	Pukapuka Hall Canning Crescent Mangere, TBC
17 November	AGM & Symposium “Our Success Is Your Success”	MIT Pasifika Community Centre Tanoa Room Gate 13 Alexander Cres Otara
9 February, 2018	NZNO PNS Committee meeting	TBC
15 - 19 October, 2018	19 <sup>th</sup> South Pacific Nurses Forum (SPNF)	Rarotonga, Cook Islands

