



# Newsletter of the Perioperative Nurses College of NZNO

March 2018

Volume 2, Number 1

## In This Issue

- PNC Membership Renewal
- CNI Study Day
- National Committee
- Research Report Summary
- ACORN & ASIORNA Conference
- History Corner

## Useful Links

### Knowledge and Skills Framework

The framework is available to download and print free of charge or purchase from the secretary for a cost of \$20.00 inclusive of postage and packaging.

To view – [Click Here](#)

### Career Planning in Perioperative Nursing

Check out our new resource:

To view - [Click Here](#)

## Contact Us

Email [pnc.sec@xtra.co.nz](mailto:pnc.sec@xtra.co.nz)

Website [click here to access](#)

## PNC Membership Renewal

Membership renewal occurs on April 1<sup>st</sup>. Look out for an email and follow the link to reapply online.

PNC now has 881 members  
 A 15% increase since August 2017  
 35 Regional life members  
 114 Student members

## Central North Island Study Day

CNI members keep 5<sup>th</sup> May in your diaries for the next CNI study day. More information will be emailed. This is also our AGM so we would love to see all CNI members including students. We need a new secretary, treasurer, chairperson and National Committee Representative. Come and get involved!

## National Committee

Position/Portfolio	Name	Region
Chair	Johanna McCamish	Auckland / Northland
Secretary (Ex-officio)	Sue Claridge	Canterbury West Coast
Treasurer	Mike Ashton	Ruahine / Egmont
Membership	Sarah Eton	Otago
Project Coordinator Trade Stand / Posters	Sabine Mueller	Marlborough / Nelson
Awards	Amanda Gibson	Hawkes Bay
Regional Liaison	Kirstie Cooke	Central North Island
Professional & Education Committee Liaison	Juliet Asbery	Wellington
Website	Simon Bryne	Southland
Editorial Committee Liaison	Tracey Lee	Auckland / Northland
Submissions	Ali Perry	Canterbury West Coast
NZNO Prof. Nurse Advisor	Suzanne Rolls	

## History Corner

1969

Out of a common interest and desire for a forum in which to discuss issues unique to operating theatres a gathering of likeminded theatre nurses occurred in Wellington in November 1969 – thus forming the *Wellington Theatre Nurses Group*

1971

This special interest group was accepted as a *Special Interest Section* of the NZNA – NZ Nurses Association (now known as the NZNO)

1972

Auckland became the second group to be accepted as a *Special Interest Group* and in October 1972 (I was only 2 then!) Auckland and Wellington ‘mooted’ the idea of a Seminar.

1973

Sponsored by *Wellington Theatre Nurses Group* the first *Theatre Nurses Seminar* was held in Wellington – 12-13 October.

Thus was the birth of the *Conference*. There have been 44 conferences – that is 44 years! With the 45<sup>th</sup> Conference this year in Sunny Nelson <http://www.confer.nz/periop2018/>

## Research Report Summary - In patients having undergone nerve sparing radical or robotic prostatectomy, how does administering Phosphodiesterase type-5 inhibitors (PDE5 Is) compared with placebo or no treatment affect erectile function within a six week-twelve month period?

Prostate cancer is the most common cancer affecting New Zealand men (Prostate Cancer Foundation of New Zealand, 2017). Due to increased awareness and improved screening methods, diagnosis and treatment often occurs at a young age when men are still sexually active, and expect to remain so for some time (Tran et al., 2015). Despite advanced surgical techniques since the nerve sparing method was founded in 1982, erectile dysfunction (ED) continues to be a primary side effect post nerve sparing prostatectomy (NSRP) (Alzweri & Burnett, 2017).

First line treatment for ED is commonly prescribed Phosphodiesterase type 5 Inhibitors (PDE5 Is) and there is uncertainty about the effect of these medications on penile rehabilitation post NSRP (Montorsi et al., 2014.). Following review of four randomised control trials results largely suggest active treatment with PDE5 Is positively influences EF post NSRP compared to placebo, but to what extent still remains unclear and further study is still required. There is no gold standard treatment.

It also appears that once daily or three times per week drug administration achieves statistically better results than on demand in three of the four studies reviewed. The evidence will encourage me to continue to promote PDE5 Is to my patients post NSRP as part of long term penile rehabilitation. I suggest that when cost is perceived to be a barrier to treatment, PDE5 Is should be prescribed on a three times per week regime as opposed to no treatment at all.  
Natasha Burgess, Registered Nurse

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Early bird registration closing soon....



## 2018 International ACORN & ASIORNA Conference



23–26 May 2018  
Adelaide Convention Centre  
South Australia

[www.acorn.org.au/conference2018](http://www.acorn.org.au/conference2018)