Lodestone

A nurse owned business providing a lifestyle intervention service in rural Waikato

Karry Durning, RN
These people
Lodestone
Move, Nourish, Connect
My sister!
Move
Move
Move
And always with kids... so many kids!
Nourish
Nourish
Nourish
Nourish
Nourish
Nourish
Nourish
Connect
Connect
Connect
Connect
Connect
Connect
Connect
Learnings
Learnings
Learnings
Learnings
Learnings
Learnings
Learnings
Learnings
Move, Nourish, Connect…it really is that simple