



## Electronic Resources of Information Relevant to Primary Health Care Nurses



## **Introduction**

Welcome to this information resource for Primary Health Care nurses which has been updated by members of the New Zealand College of Primary Health Care Nursing NZNO, professional practice committee.

With the increasing volume of valuable information available on the internet, the committee's aim is to maintain and update this list of relevant resources for college members. It is hoped that the list will help primary health care nurses know about, navigate and utilise electronic information resources. However, it must be acknowledged that this list is not complete and further resources are continually being developed and becoming available.

It should also be noted that the cited web pages and resources often have their own list of links to more web sites and more resources. Website are listed wherever possible in alphabetical order, for ease of exploration rather than preference to a certain website.

Access to some web pages requires payment to become a member. For others web site access is free or requires free registration for membership. Read carefully the terms and conditions of all web pages you enter.

This document can be used from the college web site (within the resources folder), or downloaded and saved electronically on your own computer. The links can then be utilised in their current form by hovering your cursor over the link, pressing control and simultaneously clicking. Finally, the document can be printed off and the link addresses can be re typed into any web browser to access the resources.

YouTube links have not been cited in this resource; however, YouTube is an additional area that specialist and generalist healthcare information can be found by entering any search item into that web page search system <http://www.youtube.com/>

The college professional practice standing committee aims to review and update this resource every six months. If you would like to contribute any additional resource references, please contact us through the college web page.

Finally, thank you to all of those who participated in the collection and preparation of these links. The NZCPHCN hold no responsibility of any of the content in any of the cited resources.

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## Web pages with portals to multiple links

<http://nursingcouncil.org.nz/>

The Nursing Council of New Zealand site is designed to help the general public, employers and nurses alike. It contains guidelines, resources and publications relating to nursing practice, nurse prescribing, the code of conduct and annual practising certificates.

[http://www.nzno.org.nz/services/resources/useful\\_links#nz](http://www.nzno.org.nz/services/resources/useful_links#nz)

This link is on the main page of the NZ Nurses Organisation (at the bottom of the page under resources) and has many generic and useful National and International nursing links.

[http://www.nzno.org.nz/groups/colleges\\_sections/colleges/college\\_of\\_primary\\_health\\_care\\_nurses](http://www.nzno.org.nz/groups/colleges_sections/colleges/college_of_primary_health_care_nurses)

This is the NZNO link to the New Zealand College of Primary Health Care Nurses home page. Within this web page there are links to topical documents and upcoming events for Primary Health Care Nurses.

<https://www.esr.cri.nz/>

ESR is a Crown Research Institute that provides science services and research capability across a number of science disciplines. This is a particularly useful site in order to track trends in health surveillance in relation to pandemics and populations health.

<http://www.health.govt.nz/>

The Ministry of Health Web site has information, resources and links for health professionals and health care consumers in New Zealand. It contains government publications and reviews pertaining to health, health and disability, health statistics, along with links to Healthline and mental health support.

<http://www.healthworkforce.govt.nz/>

Health Workforce New Zealand (HWNZ) was set up to provide national leadership on the development of the country's health and disability workforce. A section on tools and resources are useful to health professionals.

<http://www.hiirc.org.nz/>

This is Ministry of Health link to the latest health information, improvement and innovation occurring throughout New Zealand's health care system. The HIIRC supports this by providing an extensive knowledge library of literature/ directories of individuals and organisations /access to improvement projects, tools and initiatives .Although this site is currently not actively maintained, all resources remain and there is a link to a fortnightly email digest in which you can link into news, events and innovations of your interest.

Visitors are welcome to browse the site, but registered users are able to contribute material, post comments and join specialist networks.

<https://www.hqsc.govt.nz/footer/sitemap/>

Kupu Taurangi Hauora o Aotearoa \_Health Quality & Safety Commission New Zealand. Working with clinicians, providers and consumers to improve health and disability support services throughout NZ. Highlights healthcare experience and health variation and offers recommendations for clinical practice

<http://www.pha.org.nz/>

This is the Public Health Association (PHA) website. The PHA is a voluntary association that takes a leading role in promoting public health equity and influencing public policy. Health policy submission documents and related information and events. Visitors are welcome to browse the site, but registered users are able to contribute material, post comments and join specialist networks.

## Web pages with a broad range of material

The following links may appear in the previously sited portals but have been categorised into subject areas. Each link has a brief content descriptor to assist deciding if the information is useful to your requirements particularly in relation to continuing professional development.

<https://www.acc.co.nz/resources/#/>

This section of the ACC website contains comprehensive A-Z health support guidelines, reviews, reports and resources for health care providers /workers in relation to best clinical best practice.

<https://www.clinicalkey.com/info/anz/>

MD Consult Australia brings leading medical resources together into one integrated online service to help physicians and other health care professionals efficiently find answers to pressing clinical questions and make better treatment decisions. This site is initially free to use on a trial period

[https://www.nzno.org.nz/support/education/international\\_nursing\\_websites](https://www.nzno.org.nz/support/education/international_nursing_websites)

This is the link into the NZNO international Nursing Websites, most of which lead to multiple portals, covering a wide variety of educational links and eLearning sites across the globe.

<http://www.ncgc.ac.uk/Guidelines/>

The National Clinical Guideline Centre (NCGC) is a multi-disciplinary health services research team funded by the National Institute for Health and Clinical Excellence (NICE). They produce evidence based clinical practice guidelines on behalf of NICE. Their guidelines aim to improve the quality of patient care within the NHS in England and Wales.

<http://www.nice.org.uk/Guidance/Topic>

NICE guidance sets the standards for high quality healthcare and encourages healthy living. Developed in the UK's NHS, the guidance sets can be used by the NHS, Local Authorities, employers, voluntary groups and anyone else involved in delivering care or promoting wellbeing.

<http://www2.niddk.nih.gov/>

The National Institute of Diabetes and Digestive and Kidney Diseases (NIDDK) is part of the National Institutes of Health (NIH) and the U.S. Department of Health and Human Services. The NIDDK conducts and supports basic and clinical research on many of the most serious diseases affecting public health and its web site is available to the public and health professionals. It covers Diabetes, digestive, endocrine, hematologic, kidney, liver, metabolic and urologic disease, along with nutrition and obesity.

<https://www.pharmac.govt.nz/seminars/>

Pharmac seminars provide high quality education covering a variety of topics related to health, drugs medicinal treatments and medical devices. Seminars cater to a range of health professionals; with options to attend or watch seminars and gain PD hours.

## Web pages on specific health information

### Aged Care

<http://www.waitematadhb.govt.nz/health-professionals/aged-care/registered-nurse-care-guides-for-residential-aged-care/>

Care Guides provide a quick reference for 18 common conditions encountered when caring for older people in residential aged care. They are based on the best available evidence and published guidelines. They do not replace sound clinical judgement. The guides were produced by Waitemata DHB in collaboration with Residential Aged Care clinical and managerial staff.

<https://consultgeri.org/>

ConsultGeriRN.org, is your source for evidence based information about nursing care of older adults. Content includes: Geriatric protocols, evidence-based for managing over 30 common geriatric syndromes and conditions; Linkage to 55 specialty nursing associations' offerings in geriatric care and geriatric web-sites; The 'Try This Assessment series' with 30 nationally recommended instruments for use with older adults; Hospital competencies for older adults for use in nurse orientation and evaluation; Opportunities to acquire continuing education contact hours.

### Aged Care / Residential Care - Guides For Medicines

<http://www.health.govt.nz/publication/medicines-care-guides-residential-aged-care>

The aim of the Medicines Care Guides is to provide a quick medicine management reference tool for all care staff working in residential aged care in New Zealand.

Guidance is provided for key medicine safety topics relevant to the care of older adults. This guidance is based on current legislation, best available evidence and published guidelines, and is consistent with the New Zealand medicines strategy, Actioning Medicine in New Zealand (Associate Minister of Health and Minister of Health 2010).

## Children and Young People

<http://www.healthystartworkforce.auckland.ac.nz/en.html>

The Healthy Start Workforce Project has launched its eLearning programme to further understanding about the impact of lifestyle factors in conception, pregnancy and infancy on a child's metabolic, physiological and neurological development.

[www.safeguardingchildren.org.nz](http://www.safeguardingchildren.org.nz)

Safeguarding children is a not for profit organisation aimed at raising awareness of child abuse and safety issues in New Zealand. Aimed at both the general public and health professionals. It offers information resources, national seminars and eLearning courses in order that all people have the knowledge and skills to protect our Tamariki.

[www.sureskills.co.nz/elearning](http://www.sureskills.co.nz/elearning)

This is an eLearning site you update your youth knowledge and communication strategies in certain areas of youth assessment such as HEARTS, Child Health Literacy and HEEADSS. There is a fee for courses undertaken whether they are online or organised for within your clinical setting

<http://www.werryworkforce.org/elearning>

This eLearning includes a series of three e-modules developed in collaboration with Oranga Tamariki and Werry Workforce Whāraurau. It is one of the Early Enhancements offered by Oranga Tamariki as part of the work to improve the lives of Aotearoa New Zealand's most vulnerable children. The e-module series includes: Childhood trauma: impact on development & behaviour, Trauma-informed care for caregiver's Trauma-informed care for the children's workforce. These courses provide foundation learning and development for everyone working with children/tamariki and their whānau to raise awareness of trauma-informed care within Aotearoa New Zealand.

## Continence

<http://www.continence.org.nz>

The New Zealand Continence Association is a non-profit organisation dedicated to helping people with bladder and bowel incontinence. The New Zealand Continence Association provides professional and public education and promotes research into incontinence and related problems to improve genitourinary health.

<http://www.continence.org.au/index.php>

The Continence Foundation offers a wide range of free information resources for individuals, carers and professionals. These resources can be ordered by visiting the Browse resources section of the website.

## Diabetes

<https://www.diabetes.org.nz/>

Diabetes New Zealand is an incorporated society, and is a nationwide, non-governmental, non-profit organisation. Established in February 1962, the aim of the organisation is to support its 14,000 members, 39 diabetes societies throughout New Zealand, and health professionals involved with diabetes.

<http://pro.healthmentoronline.com/>

The National Diabetes Nursing Knowledge and Skills Framework 2009 (NDNKSF) has been developed to assist all registered nurses to demonstrate that they are adequately prepared to provide the required care and education for the person with diabetes and related co-morbidities, whatever their practice setting. To promote best practice the NDNKSF is linked to national guidelines, standards of practice and the Nursing Council of New Zealand's competencies for registration.

<http://www.nzssd.org.nz/>

The NZ Society for the Study of Diabetes is the national advisory body on scientific and clinical diabetes care and standards. NZSSD's objectives are to promote the study of diabetes and the best standards of care of diabetes in New Zealand. It also provides the national reference source in the subject. There are some interesting resources in the website, including a CVD risk assessment calculator.

## Gastroenterology/Hepatitis

<https://nzsg.org.nz/resources/>

New Zealand Society of Gastroenterology, information, resources and links towards screening and management of Hepatitis Band C, wide variety of gastro intestinal and colorectal conditions, disease screening and management and educational links

## Heart disease

<http://www.heartfoundation.org.nz/programmes-resources/health-professionals>

Information on the programmes, courses and guidelines and cardiovascular risk assessment available from the Heart Foundation for Health Professionals.

<https://www.rhdaustralia.org.au/>

Rheumatic Heart Disease Australia is designed for the public and health professions to learn more about causes of Rheumatic fever and Rheumatic Heart Disease (RHD). Site links in to multiple resources, guidelines and offers RHD eLearning.

## Information for patients

<http://www.healthline.com/symptom-checker>

The Healthline Symptom Checker phone app makes it easier to get free health advice for patients and their family. The Healthline Symptom Checker lets patients enter their symptoms on a body map or search by name from a list.

Once the symptoms have been found, courses of action are suggested. Based on the type and severity of the illness, that could be to call an ambulance, see the doctor within 24 hours, or advice on how to manage the condition at home.

<https://www.everybodypatientsheets.co.nz/>

The Everybody patient sheets have been supporting patient care for the over 15 years. The health information is written by New Zealand medical professionals especially for New Zealand health consumers. Health professionals simply register to enable then can download all of the 22 health topics.

## Immunisations

<http://www.immune.org.nz/>

IMAC (Immunisation Advisory Centre) is a useful site for learning how to prevent certain diseases through immunisation, along with vaccine developments, immunisation schedules and vaccinator information. It is an excellent resource for supportive education material to download for patients and professionals. It also links into local and online vaccinator training and update courses

## Medicines

See medicines in Age Care

<http://nzformulary.org/>

The NZF is a resource that is available free of charge for all healthcare professionals prescribing, dispensing and administering medicines across community and hospital care. The NZF addresses the need for general purpose, point-of-care information about the use of medicines in New Zealand. It aids decision making and contributes to best practice through standardised and evidence-based information about medicines. Over time the NZF will be fully integrated into the e-health environment, including prescribing and dispensing systems across primary and secondary care.

The NZF builds on the New Zealand Universal List of Medicines, and incorporates information from the British National Formulary (BNF). It is adapted for the New Zealand context and covers medicines used in New Zealand. Content and coverage will be continually updated.

[www.medsafe.govt.nz](http://www.medsafe.govt.nz)

Medsafe is the New Zealand Medicines and Medical Devices Safety Authority. It is responsible for the regulation of medicines and medical devices in New Zealand. Medsafe ensure that medicines and medical devices are acceptably safe. Prescribing information and data sheets available.

See medicines in Palliative care

## Motor Neurone Disease

<http://www.mndcare.net.au/>

MND Aware is an online training resource for health or community care professionals wanting to learn about motor neurone disease. Health professionals can access the MND Aware free online training materials about MND

## Pain

<http://www.paincommunitycentre.org/>

The content on this site is free to access. This site is owned and maintained by Cardiff University's MSc in Pain Management team, who are responsible for its content. Every article, eLearning video and CPD course that is uploaded to this website is available to all visitors

<https://www.molnycke.com/>

This site is sponsored by Mölnlycke Health Care and offers free access to Wound Knowledge, research articles Pain Awareness, Live Seminars, News, Knowledge Tests and a Pain Dictionary

## Palliative care

<http://www.advancecareplanning.org.nz/>

A New Zealand web page on Advance Care Planning which describes the process of thinking about, talking about and planning for future health care and end of life care.

<http://www.hospice.org.nz/home>

A New Zealand web page on Hospice palliative care with access to links to related resources, Member Forum Discussions Hospices' Directory Resources Education information and materials

<https://marypotter.org.nz/health-partners/education/>

Mary Potter Hospice provides a wide range of learning opportunities in palliative care for health professionals, health workers, community colleagues and groups. The aim is to provide and promote evidence based knowledge and skills to meet the needs of patient, families and whanau.

[www.palliative.org](http://www.palliative.org)

Palliative care is the special care of a person whose disease cannot be cured. This North American site is full of useful literature, resources and programmes valuable to health professionals dealing with terminal patients at end of life care.

[www.palliativedrugs.com](http://www.palliativedrugs.com)

Palliativedrugs.com provides independent information for health professionals about drugs used in palliative and hospice care. It includes unlicensed (unlabelled) indications and routes, and details about the administration of multiple drugs by continuous subcutaneous infusion.

Register to obtain free access to most areas of the site, i.e. Latest additions, News, Bulletin board (for both drug and non-drug issues), syringe driver survey drug compatibility database (SDSD) and Document library. There is also a search facility for the whole site. A subscription is required to access the on-line Palliative Care Formulary (PCF). This is based on the 4th UK edition published in October 2011.

<http://www.waitematadhb.govt.nz/health-professionals/medicines/palliative-care-guidelines/>

These guidelines are provided to assist primary care health professionals with the use of medicines that may be used for palliative care. Users of these guidelines must always consider current best practice and use their clinical judgement with each patient. These guidelines are not a substitute for individual clinical decision making.

## Respiratory

<http://asthmafoundation.org.nz/>

As New Zealand's leading authority on asthma and other respiratory conditions, the Asthma Foundation website provides comprehensive information for health professionals, researchers, supporters and for anyone wanting help to manage a wide variety of respiratory conditions.

<http://www.sleepapnoeanz.org.nz>

The objective of this site is to promote awareness and education of sleep apnoea and sleep disorders. It provides information to the general public and to health professionals; it also provides emotional support to sufferers and their families.

<http://www.sleepwellclinic.co.nz>

This is a private practice site. There is information on available services and referral forms. The site also offers information on sleep apnoea, insomnia and snoring.



## Reproductive Health

<http://www.familyplanning.org.nz/>

Family Planning has a Clinical Training and Development (CTD) arm. CDT supports doctors and nurses with opportunities to learn new skills and continue their professional development. This training is also available to doctors and nurses working in sexual and reproductive health for organisations other than Family Planning. Family Planning is the largest producer of sexual and reproductive health resources in New Zealand. Developed resources are available for health professionals, teachers, young people, adults, parents and carers, and people with learning disabilities.

## School Nursing

<http://www.schoolnurse.org.nz/>

The Auckland School Nurses Group (ASNG) is a non profit, non GST registered body of predominantly Registered Nurses working in school based health centres, most of which are based in secondary schools. School nurses contribute to the wellbeing and resilience of young people by ensuring they are healthy, happy, safe and participating positively in New Zealand society.

The Auckland School Nurses Group strives to promote excellence by supporting evidence based professional practice, empowering nurses in schools to enhance their skills and knowledge through professionally development and supervision.

## Screening

<https://www.nsu.govt.nz/>

The National Screening Unit (NSU) is within the National Health Board of the Ministry of Health and is responsible for the development, management and monitoring of nationally-organised population-based screening in New Zealand. This website aims to provide information on the five nationally-based screening programmes, and one quality improvement initiative, the services provided and how to access them.

Health professionals or other providers offering services within these programmes or providing people with information about them can view information and resources of interest at the web site.

## Skin/Ulcers/Wounds

<http://www.dermnetnz.org/>

DermNet NZ was established by the New Zealand Dermatological Society, the national association of New Zealand registered dermatologists, to provide information about skin diseases, conditions and treatment for patients and their health professionals.

[www.epuap.org](http://www.epuap.org)

The "European Pressure Ulcer Advisory Panel" was created to lead and support all in the efforts to prevent and treat pressure ulcers. To provide the relief of persons suffering from or at risk of pressure ulcers, in particular through research and the education of the public and by influencing pressure ulcer policy in all European countries towards an adequate patient centred and cost effective pressure ulcer care.

<http://www.globalwoundacademy.com/>

The Global Wound Academy is pharmaceutical industry sponsored interactive education resource designed to support the wound management needs of healthcare professionals. The Academy offers the learner a series of modular courses at different levels through which they can extend their knowledge of wound care. To this effect, 'The Learning Zone' presents the theory of wound management moving from basic principles of physiology to advanced wound care and applications and current research in the management of patients with wounds.

<http://www.nzwcs.org.nz/>

The New Zealand Wound Care Society Inc (NZWCS) is a voluntary organisation made up of health care professionals from a variety of disciplines who share a common interest in wound management. As an organisation it gives its members an opportunity to share experience, expertise and knowledge providing a forum to network with other members throughout the country.

<http://www.pilonidal.org/index.php>

This web site aims to help patients, those who care for them, doctors and other medical professionals learn about Pilonidal Disease which you will find referred to in various places as Pilonidal Cysts, Pilonidal Abscesses, and Pilonidal Sinus.

<http://www.worldwidewounds.com/>

An independent online journal, World Wide Wounds is dedicated to promoting excellent practice and better communication across the speciality. The information provided will vary in complexity and depth. Basic articles will be provided to meet the needs of inexperienced nurses or those in training. More detailed articles will be provided for those with experience in wound care, whilst articles at the cutting edge of scientific research will attract leaders of the field. The focus of the majority of articles will remain clinically based and be of direct practical relevance to those who manage wounds on a daily basis.

[www.woundvac.com](http://www.woundvac.com)

The web site for KCI VAC wound therapy, which includes user manuals, published articles and fact sheets for professionals.

### **Smoking cessation**

<http://learnonline.health.nz/>

This website hosts an online smoking cessation tool (among others) where registration is free. In this course for health practitioners, including GPs, Nurses, Midwives, Oral health professionals, Mental health professionals and Pharmacists, you'll get to see and experience the benefits of using the revised ABC pathway with each of your patients or clients. Everyone completing the module receives a printable certificate.

<http://www.smokefreenurses.org.nz/>

This website pulls together practical information so that New Zealand nurses have a one-stop shop to help them deliver effective smoking cessation interventions. The website contains a wealth of evidence based information, tools, networking opportunities and personal stories which support the valuable role nurses play in helping people to quit smoking.

<http://www.quit.org.nz/51/about-us/the-quit-group>

The Quit Group (which operates as Quitline) is an incorporated charitable trust that grew out of the national Quitline, established in 1999. They are committed to helping all New Zealanders quit smoking, with a particular focus on Māori, Pacific peoples and pregnant woman.

Smokers can access our support via telephone, text or online. They help enable health professionals in the community to provide subsidised nicotine patches, gum and lozenges and coordinate the Quit card programme.

### **Stroke**

<http://www.strokecorecompetencies.org/node.asp?id=home>

This eLearning resource provides a learning tool for health and social care staff to enable them to become more knowledgeable and skilful in the challenging area of stroke care. The resource is based on the Stroke Core Competencies which were published by NHS Education for Scotland (NES) in 2005.

The website provides a multidisciplinary resource which focuses on a wide range of core knowledge and skills required by all staff when delivering stroke care.

<http://www.stroke.org.nz/>

The Stroke Foundation of New Zealand is the national organisation in New Zealand dedicated to reducing the incidence of stroke, improving treatment outcomes, and supporting those affected by stroke. On the health professionals page, resources and Stroke management guidelines.

### **Travel information and vaccinations**

<http://wwwnc.cdc.gov>

Centres for Disease Control and Prevention provide information on a variety of health and safety topics and is a good resource for traveller's health.

<http://www.worldwise.co.nz/>

WORLDWISE Online offer Health Professionals membership to a 24-hour accessible online Travel Medicine and Travellers' Health service containing the most up to date global health information.

## **Sites specific for learning**

<https://www.cpd4nurses.co.nz/>

This is the Professional development site NZNO and Kia Tiaki nursing magazine association with continuing professional development for nurses (CPD4Nurse .NZ). There are a wide range of articles of

interest on this site for nurses to read and enhance their knowledge base. There is also an option at the end of certain subject articles to answer multi choice question for CPD hours. Dealing with addiction, the biology of aging, Healing chronic wounds, understanding Stroke, Stress and disease, Type 2 diabetes are the latest titles in this series.

<http://www.goodfellowunit.org/>

The Goodfellow Unit works in conjunction with the University of Auckland, to provide certified quality eLearning continuing professional education (CPE) and regular updates for health professionals working in General Practice and Primary Health Care.

This site assists health professionals gain new knowledge and skills to improve health outcomes.

Catering for a diverse range of health professionals they offer: innovative and engaging interactive learning; access to case studies, quizzes and other resources; resources for doctors, nurses, physiotherapists, pharmacists, audiologists and others; content developed and updated by relevant practitioners

Examples of subject area include: Child Abuse. Shaken baby syndrome. SIDS / SUDI. Paediatric Asthma. Community-acquired Pneumonia in Children. Non-Cystic Fibrosis Bronchiectasis in Pacific Children. Tuberculosis and BCG Vaccination in Children Under Five Years of Age. Primary Prevention of Rheumatic Fever. Rheumatic Fever Management in the Community. Paediatric Atopic Eczema in Primary Healthcare. Childhood Stuttering. Autism Spectrum Disorder. Chlamydia Infection in Adolescents. Intrauterine contraceptive devices. Jadelle contraception. Constipation and Faecal Incontinence. Nutrition brief advice for patients. Smoking Cessation. CVD Risk and Smoking Cessation. CVD Guidelines Update. Type 2 Diabetes. Understanding macular degeneration. Gout treatment management. Multiple System Atrophy. Leg Ulcers. Acute low back pain. ACC Series—multiple articles relating to ACC injuries and treatments. Palliative Care Series. Diagnosing dying. Cultural Safety

<http://joannabriggs.org/jbi-education.html#educationHome>

The Joanna Briggs Institute (JBI) is an international not-for-profit, membership based, research and development organisation based within the Faculty of Health Sciences at the University of Adelaide, South Australia. The Joanna Briggs Institute offers a wide range of research and education services for health and educational organisations and for clinicians, managers, educators, academics and students from the fields of nursing, allied health, medicine, information science and the health sciences. Check with your employing organisation who may have membership on your behalf.

Examples of eLearning courses: Breastfeeding Programs in Acute and Primary Healthcare Settings

Effectiveness of Parent-Centred Interventions for the Prevention and Treatment of Childhood Overweight and Obesity in Community Settings. Support for Older People with COPD in Community Settings

Adults. Assisting. Educational Interventions to Raise Men's Awareness of Bladder and Bowel Health Introduction to Evidence-Based Health Care and the Systematic Review of Evidence

<https://koawatealearn.co.nz/>

KoAatea LEARN is a health sector focused eLearning and education community with a wide range of programmes, courses, and community forums. Currently LEARN has 15 DHB partners across New Zealand and many of these DHBs are facilitating access to their resources to their PHOs, NGOs and primary care partners. Its goal is to create a collaborative environment for DHB staff, and the wider health sector, to continue their learning journey, helping develop a safe, competent and compliant workforce.

To give some examples: - Building Cultural Competency with CALD groups, Drug Calculations, GP Practice Nurses IV Generic Certification. Infection Prevention and Control Principles in Practice, Legislative Compliance, Smokefree, Venous Thromboembolism Prevention, Wound care.

<http://learnonline.health.nz/>

LearnOnline.Health.nz is a vocational training resource hub for New Zealand's community of health practitioners. There is a growing number of courses available provided by different organisations for health workers either studying or working in different fields of practice. From Alcohol ABC, B4 schools, Breast cancer in primary care, Code of Practice, Cultural Competency, Health Identity, Hepatitis C, Open disclosure, Maori Health, Serious events Review, Train the Trainer - to name but a few.

<http://www.learningnurse.com/>

The Learning Nurse Resource Network is informal nurse learning, continuing education and professional development. The Learning Nurse website provides an independent, resource for all levels of nurses to assess, maintain and enhance their professional competence. The learning resources are suitable for nursing students, nursing assistants/aides, registered nurses (RN), and registered psychiatric nurses (RPN), as well as nurse educators, trainers and instructors.

<http://www.learnwell.org/>

LearnWell Resources Inc. is a California non-profit public benefit corporation. For a fee, you can receive your nursing continuing education (CE) certificate immediately after completing the online course test.

<https://www.nursece.com/>

NurseCE.com is a fee based North American National Center of Continuing Education's (NCCE) website providing accredited nursing continuing education for Nurses & Allied Health Care Professionals.

[http://www.nurseceu.com/free\\_nursing\\_ceus.htm](http://www.nurseceu.com/free_nursing_ceus.htm)

This site is a Directory and links to free Online American Continuing Education resources for Nurse and other Healthcare Professionals.

<http://nurseducation.org.nz/>

NETS vision is of excellence in nursing education to enable registered nurses to meet the health needs of all people in Aotearoa / New Zealand.

[www.wildirismedicaleducation.com](http://www.wildirismedicaleducation.com)

Wild Iris Medical Education, Inc. is a privately-held, woman-owned company providing online healthcare continuing education. In 1998, Wild Iris began offering online accredited nursing continuing education courses and since then, have expanded to provide CEUs for nursing case managers, occupational therapists, physical therapists, paramedics, EMTs, and other healthcare professionals.

## Web pages designed for professionals and public

<http://www.healthnavigator.org.nz/>

Health and self-help information for all New Zealanders. Resources include health topics such as heart disease, arthritis, diabetes, asthma etc. Library with videos, factsheets, people's stories, quizzes, multiple. Non-profit, combined effort by health professionals and consumers to make it quicker and easier to find the right information at the right time. Resources for health providers. Expertise in chronic care, long-term conditions, self-management and more

<http://www.medicinenet.com/>

MedicineNet.com is an online, healthcare media publishing company. It provides easy-to-read, in-depth, authoritative medical information for consumers via its robust, user-friendly, interactive website.

## Online journals

<http://aspiruslibrary.org/ebm/ebm.htm>

The Rd. Joseph F. Smith Medical Library is a research and health care resource centre for physicians, residents, PA's, NP's, nurses, allied health professionals, employees, students, patients, family and community members, and other healthcare professionals.

<http://www.bpac.org.nz/public/home.asp>

Bpacnz provides evidence-based, educational material for primary healthcare professionals in New Zealand. On their web page you will find free access to copies of their main publications; Best Practice Journal and Best Tests. You can also access MOPS endorsed activities such as practice audits and quizzes.

<http://www.medscape.com/>

News, Perspectives & Full-text Journal Articles are available from WebMD offers specialists, primary care physicians, and other health professionals the Web's integrated medical information and educational tools. After an initial free registration, Medscape from WebMD automatically delivers to you a personalized specialty site that best fits your registration profile.

<http://www.nursingcenter.com/>

Created by nurses, for nurses, Lippincott's NursingCenter.com is the premier destination site for your clinical and professional informational needs. We are committed to providing credible, current, authoritative, evidence-based resources to help you in your practice. Joining Nursing Center is free

<http://www.merckmanuals.com/professional/>

This web site has available on line health resources for health professionals.

## Critical Thinking

<http://www.criticalthinking.org/pages/nursing-and-health-care/801>

The Centre for Critical Thinking has articles and resources on information on critical thinking. The Centre for Critical Thinking works under the auspices of the Foundation for Critical Thinking, an educational non-profit organization, to promote essential change in education and society through the cultivation of fair minded critical thinking.

## Professional Development Frameworks

### Cancer Nursing

<http://www.health.govt.nz/publication/national-professional-development-framework-cancer-nursing-new-zealand>

The National Professional Development Framework for Cancer Nursing in New Zealand was developed by the Palliative Care and Cancer Nurses Education Group (PCNEG) as part of the implementation of the New Zealand Cancer Control Strategy and Action Plan 2005-2010. The publication provides a framework for registered nurses' professional development and describes nursing competencies that outline the practice expectations of nurses working in cancer control.

The content is set out in two parts: Part one describes the purpose, aim and objectives of the Framework, the scope and context for cancer nursing in New Zealand, a model for nursing in cancer control and professional development for cancer nurses.

Part two sets out the core cancer nursing competencies in cancer control and the speciality nursing competencies in cancer care.

### Diabetes

<https://www.nzno.org.nz/Portals/0/Files/Documents/Groups/Diabetes%20Nurse%20Specialists/2018-National%20Diabetes%20Nursing%20Knowledge%20and%20Skills%20Framework%202018.pdf>

The National Diabetes Nursing Knowledge and Skills Framework 2009 (NDNKSF) has been developed to assist all registered nurses to demonstrate that they are adequately prepared to provide the required care and education for the person with diabetes and related co-morbidities, whatever their practice setting. To promote best practice the NDNKSF is linked to national guidelines, standards of practice and the Nursing Council of New Zealand's competencies for registration.

### District Nursing

<https://www.nzno.org.nz/Portals/0/publications/members/NZCPHCN%20District%20Nursing%20Knowledge%20and%20Skills%20framework.%202015.pdf>

The District Nursing Knowledge and Skills Programme (DNKSP) has been developed by the NZ College of Primary Health Care Nurses NZNO in partnership with the MidCentral District Health Board Health Care Development Team and District Nursing Service and a wide range of community nurses working in specialty areas. The programme draws on content from a range of other programmes including the National Diabetes, Respiratory, Pain Management, Youth Health and Nephrology Nursing Knowledge and Skills Frameworks and the NZNO Cancer Nurses' Section competencies as well as aligning with the Nursing Council of New Zealand competencies. The result is a programme that illustrates the continuum of learning required to develop from a generalist nurse to a level two nurse within the specialty practice area of District Nursing.

### Gerontology

<http://www.nzno.org.nz/Portals/0/Files/Documents/Groups/Gerontology/20141201%20Knowledge%20and%20skills%20framework.pdf>

Gerontology Nursing Knowledge and Skills Framework (2014) provides nurses working with older people especially in long term care environments with a specific older adult focus, to support planning their careers and continuing professional development. It provides a structure to help support individuals to identify their own development and training goals. The development of this framework is important for the continuing growth of an experienced and well trained gerontology nursing workforce that can support our vision Gerontology Nursing: Visible and Valued. It can be accessed as follows:

## Nephrology

<https://www.health.govt.nz/system/files/documents/pages/nz-nephrology-nursing.pdf>

The New Zealand Nephrology Nursing Knowledge and Skills Framework (2012) describes the knowledge and skills required by nurses in order to practice in a specialty nephrology role.

## Pain

<http://www.hiirc.org.nz/page/42390>

The New Zealand Pain Management Nursing Knowledge and Skills Framework (2013) sets out the required knowledge and skills across the variety of areas of nursing practice where Registered Nurses will come into contact with people who have pain in the New Zealand context.

## Palliative care

<http://www.health.govt.nz/publication/national-professional-development-framework-palliative-care-nursing-aotearoa-new-zealand>

A National Professional Development Framework for Palliative Care Nursing in Aotearoa New Zealand was developed as part of the implementation of the New Zealand Palliative Care Strategy and the Cancer Control Strategy Action Plan 2005–2010.

This document provides a framework for the professional development of nurses working in palliative care including: an overview of the context of nursing in palliative care, a model for the professional development of nurses in palliative care. Pathways for the development of nursing competence in palliative care nursing. Core palliative care competencies for all registered nurses. Specialty palliative care competencies for registered nurses.

## Public Health

[https://www.pha.org.nz/resources/Documents/PH%20Nurses/TROTU2017%20final%20Book\\_Print-Friendly.pdf](https://www.pha.org.nz/resources/Documents/PH%20Nurses/TROTU2017%20final%20Book_Print-Friendly.pdf)

Te Uru Kahikatea is the Public Health Nursing Knowledge and Skills Framework 2017.

In 2013, the public health nursing sector was consulted on how to best meet their professional development needs. The sector provided valuable feedback, and Te Rākau o te Uru Kahikatea: The public health nursing knowledge and skills framework was conceived. The project to develop Te Rākau o te Uru Kahikatea was led by a working group of experienced public health nurses, nurse leaders and nurse educators, with support from the Public Health Association of New Zealand, Schools of Nursing, the Ministry of Health and an advisory group with expertise in public health; public health nursing; Māori, Pacific and Asian health; primary health care; public health workforce development; project management and professional nursing practices. Te Rākau o te Uru Kahikatea aligns to the Nursing Council of New Zealand's competencies and Professional Development Recognition Programmes (PDRPs).

## Respiratory

[https://www.thoracic.org.au/journal-publishing/command/download\\_file/id/40/filename/2016\\_Knowledge\\_and\\_Skills\\_Framework.pdf](https://www.thoracic.org.au/journal-publishing/command/download_file/id/40/filename/2016_Knowledge_and_Skills_Framework.pdf)

The New Zealand Adult Respiratory Nursing Knowledge & Skills Framework (2009) includes the commonly experienced respiratory conditions in the adult population with the focus including asthma, chronic obstructive pulmonary disease, bronchiectasis and pneumonia.

## Youth Health

[http://www.schoolnurse.org.nz/Attachments/pdf\\_files/bestpractice/Best\\_Practice\\_National%20Youth%20Health%20Nursing%20Knowledge%20and%20Skills%20Framework.pdf](http://www.schoolnurse.org.nz/Attachments/pdf_files/bestpractice/Best_Practice_National%20Youth%20Health%20Nursing%20Knowledge%20and%20Skills%20Framework.pdf)

National Youth Health Nurses Knowledge and Skills Framework (2014) describes nurses working within a youth health scope acknowledge that additional skills are required to inform practice and enhance existing nursing competencies, and it is to these domains that the National Youth Health Nursing Knowledge and Skills Framework has been aligned: Understanding young people; Engaging young people; Clinical skills; Working with others. Nurses are the largest health workforce group in New Zealand and play an important role in the care of young people. Any gaps or deficit in the application of recommended best practice and current practice in youth health nursing care in New Zealand is currently unknown. The framework is intended to promote quality healthcare for young people by providing a platform from which to develop knowledge and skills in youth health.

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**Mission statement**

NZNO is committed to the representation of members and the promotion of nursing and midwifery.

NZNO embraces Te Tiriti o Waitangi and works to improve the health status of all peoples of

Aotearoa/ New Zealand through participation in health and social policy development.

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