



Models of care: What are they and what difference do they make to my work as a PHC nurse?

Dr Jill Clendon and Dr Léonie Walker
NZNO



Overview

- **What are models of care?**
- **Skill Mix in Primary Care**
- **Workshop**
- **Summary**

Models of care

- **Broad models**
 - Provide a guiding framework for health care provision
 - Often built on historical structures and processes
 - New models are often difficult or slow to implement
 - Examples include:
 - Primary health care, Hospital care, Mental health care in the community



Models of care

- Narrower models of care
 - How we provide care in practice
 - More responsive and more easily modifiable
 - Will usually sit under a broad model of care
 - Examples include:
 - Nurse-led clinics, DSM nursing

What we know

- Health and social inequities are increasing
- People are living longer with increasingly complex health conditions
- Resource constraint is embedded
- Current models of care have had limited success in addressing these issues

What we can do about it

- Identify/design/implement models of care that work for people not providers yet are achievable within existing resources
- Use evidence to support our ideas
- Work together to make our knowledge and experience heard at the highest levels



Skill mix in Primary Care

Dr Léonie Walker

Dr Jill Clendon

Dr Kathy Nelson



	Case one	Case two	Case three
Location	Semi-rural	Town	City
Practice Size	Small	Very Large	Large
Patient population	Mixed	High elderly Low deprivation	High deprivation
Ethnicity	Mixed	Largely Pākehā	Largely Māori

Process	Case one	Case two	Case three
Enhancement	RN led clinics nurse autonomy PCPA with advanced role	EN led wound clinics	Nurse Practitioner PCPA with advanced roles
Substitution	Specialist nurse for NP or GP PCPA for EN	EN for RN	NP for GP PCPA for EN
Delegation	GPs to RNs via standing orders	RN to EN	NP education role NP & RN to NEtP nurse. RN to PCPA
Innovation	Nurse led clinics, nurse led falls prevention on site dispensary	EN wound care clinic Mobile RN/EN service RN occupational health service	NP / nurse educator role, DSM nurse Kaimahi roles VLC Access funding
Liaison	Hospital diabetes specialists, District Nursing service	Hospital / rest home/ District Nurses	Whanau ora justice Education social work Marae-based sessions

Findings

Roles, Direction & delegation

- There was appropriate delegation & delegation
- robust policies, record keeping & sign-off systems.
- All team members were clear about scopes & responsibilities
- equally valued for their contribution to patient care.
- Paper accepted for publication JPHC



Recommendations

- Adjust funding for home based care
- Increase nurse practitioners and nurse prescribers
- Change models of care to optimise nurse input
- Share and spread best practice in the use of standing orders
- Prepare and support our primary care nursing workforce
- Up skill unregulated PCPA
- Encourage and empower nurses to innovate and become more entrepreneurial

Workshop

- See handout

Summary

- Any questions?