

Lodestone

A nurse owned business providing a lifestyle intervention
service in rural Waikato

Karry Durning, RN

These people



Lodestone

Move, Nourish,
Connect





PHC Nursing



Move



Move





Move



And always with kids...so many kids!



Nourish





Nourish





Nourish





Nourish

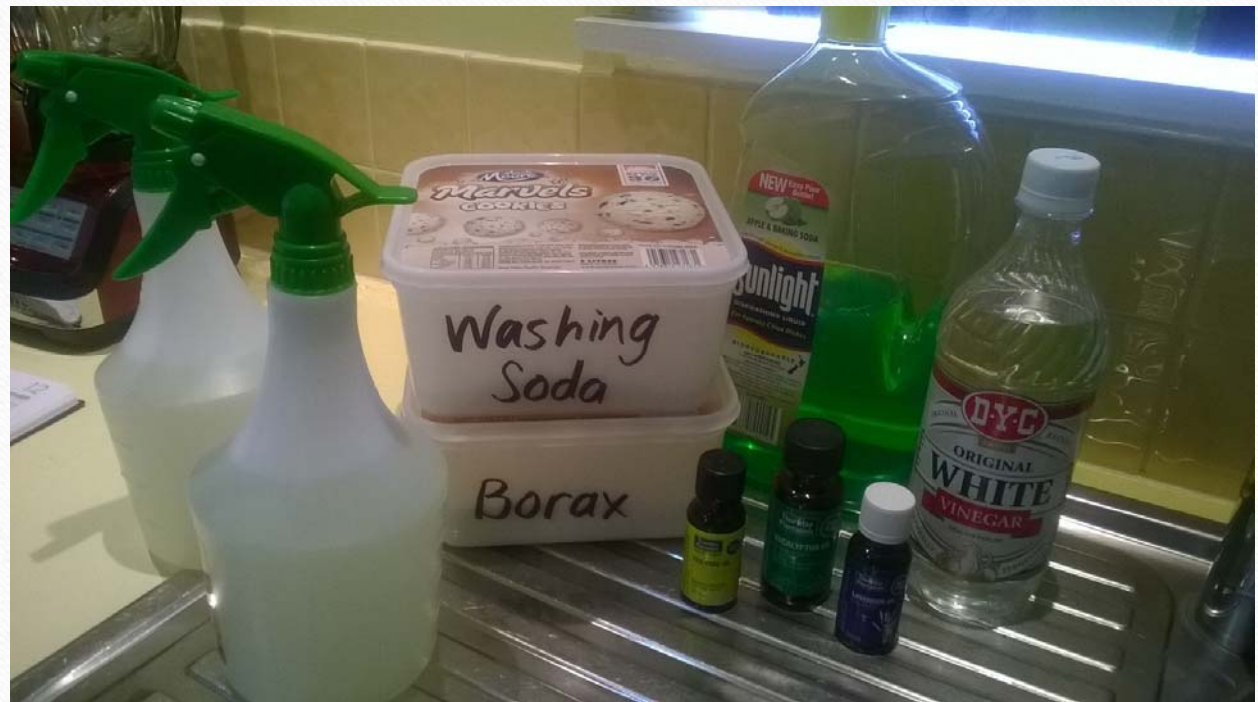




Nourish



Nourish





Connect





Connect



Connect



Connect

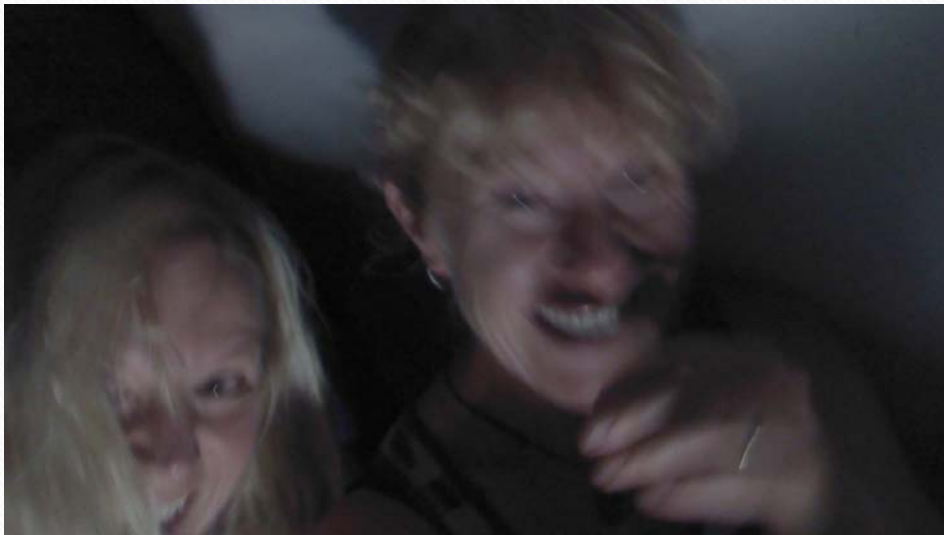




Connect



Connect



Connect



Connect





Learnings



Learnings



Learnings



Learnings



Learnings



Learnings



Learnings





Learnings

Move, Nourish, Connect...it really is that simple

