



## NZ College of Primary Health Care Nurses (NZCPHCN), NZNO and the College of Nurses Aotearoa, (NZ) (CNA(NZ)) 2021 Symposium

### Programme Bios

#### Master of Ceremonies:

**Professor Brian Dolan, OBE, FFMRC SI, FRSA, MSc(Oxon), MSc(Nurs), RN**

Prof Brian Dolan has a near 40-year career as a clinician, academic, educator, senior leader and innovator. His interests and roles have focused on health systems reform, patient flow, clinical redesign, leadership and culture change. His clinical background is in both mental health and emergency nursing and he is Director of an award-winning consultancy (Health Service 360, UK) and works in the UK, New Zealand, Australia and Ireland. He has long-term contract with Canterbury DSB as Director of Service Improvement and is currently co-leading the I-CARE program leadership program for approx. 125 NUMs and 30 Nurse across Leaders Central Adelaide Local Health Network.



Brian is Visiting Professor of Nursing at the Oxford Institute for Nursing, Midwifery and Allied Health Research (OxINMAHR) and Honorary Professor of Leadership in Healthcare, Salford University. He is the author of >70 papers and seven books, mainly on emergency nursing and leadership.

In 2018, he was voted one of the top 20 most influential people in the history of the National Health Service (NHS) in the UK. In the 2019 New Year's Honours List, he was awarded an OBE (Officer of the Order of the British Empire) by HM the Queen 'For services to nursing and emergency care'. Also, in 2019, he was awarded Fellow [by Election] of the Faculty of Nursing & Midwifery, Royal College of Surgeons in Ireland.

## Guest Speaker

### **Michele Rumsey, RN, FANC, Director, WHO Collaborating Centre for Nursing, Midwifery and Health Development.**



Michele is an experienced international health care adviser and policy expert with health professional expertise in human resources for health, health system strengthening, capacity development, stakeholder participation and regulation in Western Pacific, South East Asian Region and Europe.

She has expertise in providing monitoring and evaluation, research, and consulting services in the above areas, as well as designing capacity development activities targeting health system strengthening through leadership capacity, curriculum development and faculty development.

In her current role, Michele was assigned to establish a WHO Collaborating Centre for Nursing, Midwifery and Health Development, (WHO CC), the first Nursing and Midwifery WHO Collaborating Centre in the South Pacific, Australia and New Zealand. Under Michele's leadership as Director of the WHO Collaborating Centre UTS, the Center has carried out 60 projects in 25 countries and coordinated projects to the value of \$18 Million over a 6-year period.

With a goal to improve population health within the region through human resource for health, leadership capacity building projects, a core aspect of this work is building regional and global partnerships and facilitating and attending numerous regional meetings including WHO Western Pacific Region Human Resources for Health (HRH) strategy, WHO Pacific Human Resources for Health Alliance, WHO Summit for Human Resources for Health, Strategic Planning, Pandemic Preparedness, and Leadership within the Western Pacific Region. The WHO CC also carries out the role of Secretariat for the South Pacific Chief Nursing, Midwifery Officers Alliance (SPCNMOA) and Secretariat for the Global Network of WHO Collaborating Centres for Nursing and Midwifery Development. This work requires a range of skills including consultations, regional strategic planning, networking, negotiation, project management and the delivery of papers and presentations. Michele was awarded a UTS human rights award - social inclusion 2014 for her work in the South Pacific.

## Keynote Speakers

### **Dr Jill Clendon, RN PhD**

Dr Jill Clendon is Associate Director of Nursing and Operations Manager for Ambulatory Care at Nelson Marlborough District Health Board. In this role she is responsible for leading the district nursing, public health nursing and programme support teams across the Top of the South.

Jill has a wide range of professional interests including nursing policy and research, primary health care, nursing education and nursing history. She is passionate about primary health care and has worked at varying times throughout her career as a public health nurse, practice nurse and volunteer community nurse. She continues to be an authorised independent vaccinator and helps the public health nursing team out when she can.

Jill has also worked in education, teaching at both undergraduate and post graduate levels, and in policy including as Acting Chief Nursing Officer at the Ministry of Health in 2018. Jill holds a Diploma in



Comprehensive Nursing, a Bachelor's degree in politics, and Masters and PhD degrees in nursing. She has published numerous papers on primary health care and nursing workforce issues both locally and internationally and is co-author of the textbook *Community health and wellness: Primary health care in practice* with Ailsa Munns.

### **Dr Mark Jones FCNA(NZ), FACN**



In addition to serving as co-Chair of the College of Nurses Aotearoa, Mark heads up an independent health care consultancy majoring in the provision of strategic policy advice. Over the past six years Mark has led the School of Nursing for Massey University as Associate and then Head of School.

Mark took the opportunity to work with Massey having returned home to NZ following a fulfilling time overseas as Director of the Global Health Alliance, Western Australian Department of Health and Professor for Transcultural Health Improvement at Curtin University, Perth. In these positions Mark led an educational and research programme aimed at improving maternal and child health in East Africa.

Before moving to work with the Western Australian Government, Dr Jones served as Chief Nurse for New Zealand based within the Ministry of Health. Mark was recruited to this position largely because of his leadership and policy development experience in the UK, notably as Director and CEO of the Community Practitioners and Health Visitors Association and senior policy adviser with the Royal College of Nursing.

He has a Bachelor of Nursing (Hons) degree and Higher Diploma in Health Visiting from the University of the South Bank, London, and Masters and Doctoral degrees from the University of Bristol. He also has a Graduate Diploma in Theology from Laidlaw College, Auckland. Mark is a Fellow of the College of Nursing Aotearoa and as a Chair has a specific interest in primary health care policy and advanced practice role development. Mark is also a Fellow of the Australian College of Nursing.

On International Nurses Day 2015 Mark assisted in the re-launch of the Nurses' Christian Fellowship of New Zealand (NCFNZ), taking up the role of President which he still holds today.

Mark is a member of C3 church North Shore. Instructing new and experienced motorcycle riders and flying light aircraft also provides some interesting diversions in a busy but exciting life!

## Panel Discussion

### **Amelia Howard-Hill** BN, MN, PgDip ClinEd, PgDip HSM, NP Acute Care

Amelia is a Nurse Practitioner (NP) and has been working as the Lead NP at the Pegasus Health 24 Hour Surgery since March 2020. She has 18 years nursing experience, four of which have been as a NP. Amelia hails from the Mighty Manawatu and completed her undergraduate nursing degree through Ucol in Palmerston North.

She has a Master of Nursing (with 1<sup>st</sup> class honours) and Postgraduate Diplomas in Clinical teaching and Health Service Management (both with Distinction). Amelia has had a varied career, working in a variety of roles and specialities from staff nurse in an operating theatre, renal nurse specialist, registered nurse first surgical assistant to teaching fellow. Amelia's nursing registration has also enabled her to work internationally and perform volunteer work in Nepal and the Philippines.

Amelia has a passion for advanced nursing practice and supporting other nurses to develop into these roles; and is enjoying her role at the 24-Hour Surgery due to the unique opportunity it presents to do exactly that.



### **Jo Talarico**, RN, DipN, MHSc, NP Primary Health Care

Jo has worked as a nurse practitioner since 2014. The five years prior to this she completed her Master of Health Science which included further professional study and development to become a nurse practitioner. She is fully qualified to investigate and prescribe for the patients she sees. She has a particular interest in emergency and children's health.

On the weekends she works rurally as PRIME and is solely responsible for covering areas such as Twizel, Akaroa and North Canterbury. She also has various advisory roles for Canterbury Care Network and Pegasus Health and has recently become an owner/director of a general practice in Christchurch



## **Jeanette Banks, RN**

Jeanette has been a practice nurse in Aranui, Christchurch for the past 20 years and has been nursing for over 40 years. She has a passion for supporting the ongoing professional development for practice nurses and is a small group leader for the education programme provided at Pegasus Health, and a member of the RNCGP local faculty board.

In her spare time, she is a totally committed Grandma of a grand one, a Sea Shepard supporter and 100% committed to reducing waste and protecting our environment. A lover of life, family, and friends.



## **Chris Maxwell, RN, MN, NP Mental Health**

Chris has over 15 years' experience in clinical and operational leadership that includes developing and implementing national service delivery models and contributing to organisational and sector-wide strategies.

Experience covers a range of healthcare settings including DHBs, Non-Government Organisations, Primary Care and profit-making businesses. She has an in-depth understanding of the NZ healthcare system, associated legislation and government strategies, as well as funding and contract management models.

Chris's current role with Emerge Aotearoa Ltd involves leading and developing the registered health professional workforce while working alongside a large unregulated kaimahi workforce. A key focus is to ensure our services have a thorough understanding of the importance of integration with other parts of the health and social sector services to ensure the best outcomes for the people we support.



## Concurrent Sessions

### Anne-Marie Ballagh, RN

Anne-Marie Ballagh is a registered nurse and part of the Public Health Nursing team for the Nelson Marlborough DHB. She also has a role as Nurse Educator for Ambulatory Care, which is made up of both Public Health and District Health Nurses – working in community settings.

Anne-Marie's role as a Public Health Nurse includes working as an Early Intervention Practitioner, connected with The First 1,000 Day's initiative currently specifically focussed on the Motueka/Tasman region. Walking alongside whanau and families she can address many aspects of health care which she sees as an absolute privilege and she looks forward to sharing some of these experiences with you.



### Nikki Beazley RN

Nikki lives in Whangarei and has worked as a nurse for over 40yrs in primary, secondary and the private sector in Australia. She is employed by Northland District Health Board and has held the role of Health Broker within the Te Tai Tokerau Children's Team- a collaborative approach providing support for vulnerable tamariki and rangitahi.

This role fits Nikki perfectly as she is passionate about putting the child at the centre – listening to their voice their, hopes and dreams. Her role is to develop health plans and ensure that all whanau have appropriate access to health and identifying barriers and gaps to getting this healthcare.

Nikki is particularly interested in growing health literacy within the NGO sector in order to increase awareness within our whanau. Prior to this role Nikki worked in Adult, Child and Adolescent Mental Health, Family therapy and Brain Injury.

Outside of work Nikki enjoys exploring the beautiful Northland Coast and what it has to offer.

### Dr Isabel Jamieson RN, PHD, BN, MNurse(Melb), CertAT

Isabel is a principal nursing lecturer at the Ara Institute of Canterbury and a senior nursing lecturer at the University of Canterbury, Christchurch, New Zealand.

Her areas of research include the healthcare workforce, models of clinical teaching and learning, nurses' readiness to practice, the graduate nurse experience and career change. Her clinical background was perioperative nursing, surgical assisting, and infection control.

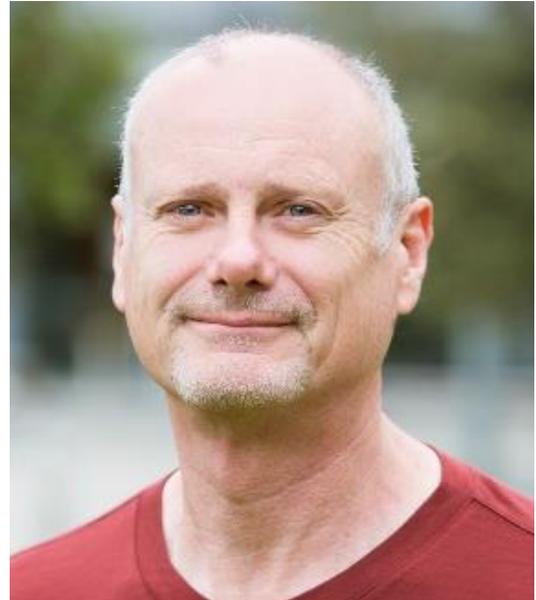


**Professor Andrew Jull RN, DipBusStudies MA(Appl) PhD FCONA**

Professor Andrew Jull is a nursing academic at the University of Auckland's School of Nursing as well as Senior Research Fellow at the National Institute for Health Innovation.

Andrew has authored book chapters on evidence-based practice and taught evidence-based nursing since 1999. He has had editorial roles in *Evidence Based Nursing*, *the International Journal of Nursing Studies*, and is an editor with the Cochrane Wounds Review Group.

He has been awarded research grants totalling more than \$12 million, has been involved in the development of three New Zealand clinical guidelines and was the Clinical Advisor on a HQSC project to improve pressure injury management in New Zealand. Andrew has more than 150 publications, has been cited more than 4000 times, and has an international reputation for the quality his work in venous leg ulcers.



**Liz Manning, RN, MPhil, Doctoral Candidate, FCNA(NZ)**



Liz is a self-employed nurse consultant and Director/owner of Kynance Consulting Ltd. Liz specialises in national nursing workforce issues and project management.

She has been a registered nurse for many years and has worked in England, Saudi Arabia and for the last 28 years in New Zealand.

In the final stages of PhD study at Massey University, her study focuses on self-employed registered nurses in national policy spaces using the theories of gender and liminality. This work has been already utilised in a successful Policy workshop for nursing leaders and most recently in the latest Nursing Praxis Aotearoa NZ Editorial: *Aotearoa New Zealand nurses and national health policy: Navigating a new professional space*, written in collaboration with Deputy CEO NZIER Todd Kriebler.

Liz also has a role as the operations manager for the College of Nurses Aotearoa New Zealand, works closely with Nurse Executives NZ (NENZ) and provides supervision, coaching and mentoring for leadership.

**Dr Marie Burke, GP**

Marie works as a GP at EastCare Health and as a Clinical Facilitator in the CQE team at Pegasus Health. She has been in Aotearoa NZ for 24 years. She loves working in general practice, with all the challenges and rewards that it brings, and especially loves working with the great team at EastCare.

When not at work she can usually be found reading or gardening, and occasionally decorating or tramping



**Lois Boyd RN, MA(Applied)Nsg**

Lois is the Director of Credentialing for the Te Ao Māramatanga New Zealand College of Mental Health Nurses, Primary Mental Health and Addiction Credential Programme.

In the 6 years she has been involved with the Programme she has seen it grow and develop as demand for primary focused, integrated mental health and addiction services, has increased.

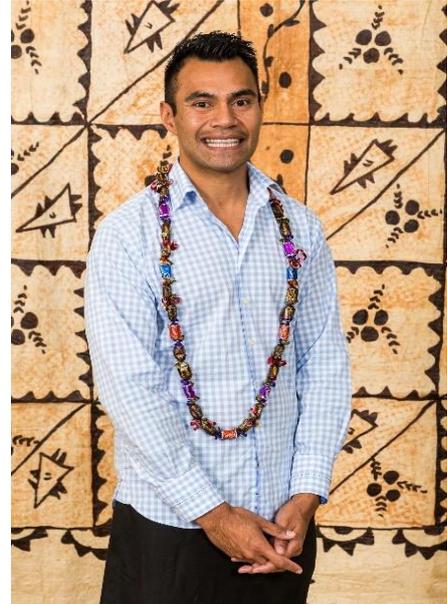
Working with a national focus, from her home in Nelson, she remains involved due to her strong belief that the programme and the nurses who attend it, really make a positive difference, assisting people experiencing mental health and addiction concerns and challenges.

## On the Couch

### Suli Tuitaupe RN

Suli says it is a privilege to work as a Practice Nurse at Local Doctors Eastcare in Aranui, Otautahi (0.4FTE) and as the Team Lead, Clinical and Health Promotion for Tangata Atumotu, a Pasifika non-government organisation (0.6FTE). His role works in collaboration with local communities and stakeholders to advocate for our most vulnerable. Suli is passionate about holistic health and wellbeing, and the promotion of physical activity and loves working with the communities he serves, focusing on illness-prevention but also working with illness-cure.

Suli's passion and commitment to improving health equity is his way of giving back, and to do that is to advocate for changes both at grassroots and at an organisational level. In his roles as a nurse, health promoter and fitness trainer, he has committed to supporting individuals in their health journey, and to help empower, inspire, and motivate communities with the message that 'health is wealth'. This will hopefully see a positive change in improving Pasifika health statistics, rainbow inequities, and improving health equity for all kiwis.



### Angelina Coleman, RN

Angelina earned her BN degree from the Nelson Marlborough Institute of Technology and has 23 years of nursing experience which includes RN lead in cardiac care and helped in the development of a nurse lead acute chest pain unit at Flinders Medical Centre in Adelaide.

Angelina has varied experience in a range of nursing positions including Stem cell harvesting, Acute and General Medicine, and ICU to name a few. She feels lucky to be in a profession that has allowed her to easily gain nursing skills and experience from New Zealand, Australia and England.

For the past 8 years Angelina has been a Health Advisor for NZCare Disability in Christchurch and also provides nursing advisory support to the Nelson and Marlborough region. Within this role she supports the health and wellbeing of people in residential services with physical and intellectual disabilities, Huntington's Disease and mental health.

Angelina's biggest passion is advocating for the people she supports with disabilities and their families to ensure they have equal access and opportunities within primary and secondary healthcare services and the community. This has included quality auditing and working closely with Canterbury Clinical Network to access a platform to provide person specific information with the hospital if they presentation to the Emergency department and ward.



### **Gabrielle Allen, RN**

Gabrielle has worked as a Prison Nurse for the last 20 years, and anyone who knows her, knows she loves her role. Over this time, she has worked in the Wellington region both in male and female Prisons.

In the last few years, Gabrielle has been working at Arohata Women's Prison and has now developed a keen interest in women's health. It has long been her view that many that come to Prison are broken and her role as a nurse is to help show them that they are worthy of being cared for and invested in. Gabrielle will frequently say to women coming to Prison for the first time, that she knows they don't want to be there, and that yes the worst has happened but that they will look after them and to use this time like a health spa bringing all their health needs up to speed.

Her motivation for working within the Prison has always been wanting to work with the most vulnerable, giving them a hand up, 20 years on she feels as passionate if not more so about her role, it is truly a workplace where you can make a difference.



### **Deb Gillon, RN, NP, BA (Cant), MHealSc (Otago)**

Deb is a Nurse Practitioner (Mātanga Tapuhi) working with pre-frail and frail older people in the community to support them to live well at home. Deb works alongside general practice, community care providers and specialist services for older people to develop care plans with the older person to manage complex needs.

She also works part time at the Centre for Postgraduate Nursing studies, University of Otago, Christchurch. Her teaching and research interests are in older persons health and advanced nursing practice.

### **Vicky Telford, RN**

Vicki is currently employed as a Clinical Nurse Specialist in the Nurse Maude Hospice Palliative Care Service. Her areas of practice include the implementation of Te Ara Whakapiri across the continuum inclusive of community and Age Residential Care (ARC) facilities in Canterbury and supporting staff in the delivery of palliative care through the Palliative Aged Residential (PARC) team.

Empowering and developing quality end of life practice through education and support is Vicki's passion.



### **Sahra Ahmed, RN**

Sahra Ahmed was born in Somalia the oldest of 9 children. She moved with her family to Dubai and arrived on her own in New Zealand in 1990 first settling in Auckland. After a short time, she moved to Christchurch where she is still living.

In 1994 Sahra was accepted to study Nursing in Nelson and graduated at the end of 1996. On gaining registration she obtained a position with the Canterbury District Health Board. In 1997 Sahra married Malcom and they have an 18-year-old daughter Raha.

In 1999, she moved to Skopje Macedonia and was offered a position with German Red Cross as a nurse in Golcuk Turkey as part of the response to the Turkish earthquake. On returning to New Zealand, she took up position with Public Health South as a Communicable disease control nurse. Following the birth of her daughter in 2003 she then moved to Riyadh Saudi Arabia returning to New Zealand in 2004, where she took up a position as practice nurse in Christchurch.

As part of her role, she had responsibility for assisting with refugee resettlement in which she took a special interest. In 2015

Sahra was accepted as a NZ Red Cross health delegate as part of the response to the Ebola outbreak in Sierra Leone and was responsible for reintegration of survivors and dignified burials.

Sahra continues to work in and around the area of Former Refugee Health and currently works for Pegasus Health as a refugee health nurse. On March 15 Mosque shootings she was a first responder to the Linwood mosque and subsequently has been heavily involved in the recovery process. She has been part of the Muslim reference group assisting the Royal Commission and she is currently the chair of the Canterbury Somali Community Association. And generally, refers to herself as “a busy body” who cannot help herself!!



### **Nicky Cooper, RN, BHSc**

Nicky trained 30 years ago in the UK and specialised in ICU/CCU and palliative care until moving to Murchison for a period of 6 months (15 years ago now) - they married her off! She married a local farmer and now has identical twin boys aged 12 and a 10-year-old boy.

Nicky's current role is as a Rural Nurse Specialist which she has developed since completing her Master's degree in Nursing 2019. She works across the age spectrum -from cradle to grave, doing community, district, and PRIME emergency work. But mostly in 0–18-year infant/ children/adolescent and parental/family health. Nicky provides the well child service and school-based health service as well as becoming something of a parenting practitioner. She is a facilitator of the Circle of Security and Incredible years courses and assists in child protection/family violence/mental health and addictions.

Nicky has just started another PG Cert in infant/child/adolescent mental health over the next 2 years due to the remoteness of our area and current needs.

