



Hongihongi te rangi hou'
'Smell the fresh air'

NZNO College of Respiratory Nurses Monthly News Bulletin Friday 29 December 2017

For feedback please contact your college administrator: DianaG@nzno.org.nz

NZNO / section news

Consultation

NZNO regularly seeks members input on a range of documents up for consultation. The listing is regularly updated and can be found at: http://www.nzno.org.nz/get_involved/consultation

End of Life Choice Bill

NZNO seeks your feedback on the End of Life Choice Bill. The purpose of the Bill is to give people with a terminal illness or a grievous and irremediable medical condition the option of requesting assisted dying. The motivation for this Bill is compassion. It allows people who so choose, and are eligible under this Bill, to end their lives in peace and dignity, surrounded by loved ones.

The bill:

- defines who is eligible for assisted dying
- details the provisions to ensure that this a free choice
- outlines the steps to ensure a person is mentally capable of understanding the nature and consequences of assisted dying.

| | |
|---------------------|---|
| FEEDBACK DUE | 7 February 2018 to leannem@nzno.org.nz |
|---------------------|---|

Read or Download

- [End of Life Choice Bill](#) (207 KB)

How to change the legal classification of a medicine in New Zealand - Guidance document

This guidance document is aimed at pharmaceutical companies, *health professional organisations*, Medsafe, the Ministry of Health or individuals who are considering applying to

change the legal classification of a medicine in New Zealand. The purpose of this guidance document is to provide general advice on the process for changing the legal classification of a medicine in New Zealand to help ensure the process is easy to understand and transparent.

The document can be found here: www.medsafe.govt.nz

This is the *second* consultation currently underway with Medsafe - the first is on observers at Ministerial Advisory Committees. Both are due by 15 January.

Feedback due to sueg@nzno.org.nz by 12 January 2018.

NZNO Strategy for Nursing - Advancing the health of the nation (Hei oranga motuhake mo ngā whānau, hapū, iwi)

What is the NZNO strategy for nursing about?

NZNO does not currently have a comprehensive nursing strategy but one is needed. This new strategy will provide a vehicle for the following:

- A framework that signals our direction and to promote nursing
- Provides unity of purpose
- A clear document for decision-makers and other stakeholders
- Public expression of nursing endeavour and intention.

We invite you to be a part of shaping this important document. NZNO members can respond to the confidential draft which is currently undergoing consultation.

- [Read the Draft NZNO strategy for nursing](#) (PDF, 1.6MB)
- [Give your feedback on the draft strategy](#) (DOCX, 104KB)

Send feedback to nursingstrategy@nzno.org.nz by 19 January 2018.

This important strategy has been written to inform, inspire and influence – we welcome your involvement as it will become a flagship document going forward.

Nationwide review of the operation of mental health rosters

Legal Aid Services (LAS) have embarked upon a review of the way that mental health legal aid cases are assigned to providers nationwide. Your comment is invited on the changes proposed to the way mental health cases are assigned and how the rosters are managed, as outlined in the below consultation paper:

- <https://consultations.justice.govt.nz/las/legal-aid-mental-health-rosters/>

Feedback due to marilynh@nzno.org.nz by 19 January 2018

NZ News

Breathe Hawke's Bay teaches asthma awareness in sport

In an attempt to ensure asthma does not prevent people entering into sport in the region, Breathe Hawke's Bay is equipping managers, coaches and club members on how to deal with respiratory issues in sport.

[Read more here](#)

Asbestos exposure

The item below is not available full text but may be sourced via a DHB library through databases like CINAHL or Proquest, or through the NZNO library service

Asbestos—worker exposure, family disease

NZMJ

1st December 2017, Volume 130 Number 1466

William Ivan Glass, Helen Clayson

Recent newspaper reports^{1,2} of mesothelioma occurring to two women have highlighted a particularly tragic outcome of the asbestos disease epidemic in New Zealand. An epidemic currently generating six or more...

Asthma

Research shows effectiveness of medicine for Kiwis with asthma

A new study has found that a recently funded asthma medicine is almost twice as likely to control the symptoms of the disease than the usual medications³ taken by patients each day.

[Read more here](#)

People born premature have smaller airways

People born prematurely may have smaller airways than those born at full term, which can cause respiratory problems. That's according to research published in *Experimental Physiology* today.

[Read more here](#)

'My Asthma' App Aids in Child Asthma Management

Imagine this scenario – you're out and about when one of your children or their friends starts coughing, wheezing, and they're finding it hard to breathe. Would you know what to do?

[Read more here](#)

Why do more women have asthma than men? Blame hormones

Women are twice as likely as men to have asthma, and this gender difference may be caused by the effects of sex hormones on lung cells. Researchers have found that

testosterone hindered an immune cell linked to asthma symptoms, such as inflammation and mucus production in the lungs.

[Read more here](#)

GUIDELINES

Asthma and Respiratory Foundation NZ child and adolescent asthma guidelines: a quick reference guide

Innes Asher, David McNamara, Cheryl Davies, Teresa Demetriou, Theresa Fleming, Matire Harwood, Lorraine Hetaraka-Stevens, Tristram Ingham, John Kristiansen, Jim Reid, Debbie Rickard, Debbie Ryan

NZMJ 1 December 2017

The purpose of the New Zealand Child and adolescent asthma guidelines: a quick reference guide is to provide simple, practical, evidence-based recommendations for the diagnosis, assessment and management of asthma in children and adolescents in New Zealand, with the aim of improving outcomes and reducing inequities. The intended users are health professionals responsible for delivering asthma care in the community and hospital emergency department settings, and those responsible for the training of such health professionals.

[Open Access](#)

COPD

A Randomized Clinical Trial Comparing the ELLIPTA and HandiHaler Dry Powder Inhalers in Patients With COPD: Inhaler-Specific Attributes and Overall Patient Preference

Kathryn A Collison, Pinal Patel, Andrew F Preece, Richard H Stanford, Raj K Sharma & Gregory Feldman

COPD: Journal of Chronic Obstructive Pulmonary Disease Vol. 0 , Iss. 0,0

This randomised, open-label, cross-over, placebo-containing inhaler study assessed patient preference indicators for ELLIPTA and HandiHaler dry powder inhalers in patients with COPD (NCT02786927; GSK identifier: 204983). The primary objective of this study was to assess patient preference between ELLIPTA and HandiHaler based on the number of steps needed to use the inhaler

[Read more here](#)

The items below are not available full text but may be sourced via a DHB library through databases like CINAHL or Proquest, or through the NZNO library service

COPD: a proposed multidisciplinary approach to psychological issues

Feryad A Hussain and Sam Williams

British Journal of Nursing, Vol. 26, No. 20: 1109-1115.

<http://www.magonlinelibrary.com/doi/10.12968/bjon.2017.26.20.1109?ai=tq&ui=17qh&af=T>

Pulmonary rehabilitation for people with chronic obstructive pulmonary disease: An evidence review

Sarah Chapman

British Journal of Community Nursing, Vol. 22, No. 12: 608-610.

<http://www.magonlinelibrary.com/doi/10.12968/bjcn.2017.22.12.608?ai=t6&ui=17qh&af=T>

Lung cancer

Lung cancer triggers pulmonary hypertension

Nearly half of all advanced-stage lung cancer patients develop arterial pulmonary hypertension.

[Read more here](#)

Medication / pharmacy

Research shows new asthma medicine is more effective

A new study titled the 2017 Salford Lung Study has found a recently funded asthma medicine called Breo Ellipta is more than twice as effective as the usual medication is taken by Māori suffering from asthma.

[Read more here](#)

Smoking (general)

Cost of smoking going up, cost of quitting free - DHB

Every year thousands of kiwis escape their working lives for a few weeks for a summer holiday - epitomised by journeys to the beach, families and feasting, and of course the time-honoured tradition of New Year's resolutions. Stopping smoking is consistently at the top of the list for New Year's resolutions.

[Read more here](#)

Hapai Te Hauora urges action on smoking in cars

Hāpai Te Hauora supports the recommendations from a study into New Zealanders' attitudes towards banning smoking in cars carrying children. The authors are researchers from the University of Otago and the University of Auckland. They state that, by not introducing legislation to make cars carrying children smokefree, the Government is failing in their obligations under the United Nations Convention on the Rights of the Child (UNCROC).

[Read more here](#)

E-cigarettes to reduce traditional smoking – no good evidence

In response to the article 'Vape, don't smoke – expert' published on Newshub on 24 November 2017 stating "A professor of public health has claimed smoking rates would be dramatically reduced if misinformation wasn't being spread about e-cigarettes."

[Read more here](#)

Health effects of exposure to second- and third-hand marijuana smoke: a systematic review

Hannah Holitzki, BHSc,

Laura E. Dowsett, MSc,

Eldon Spackman, PhD,

Tom Noseworthy, MD, MPH,

Fiona Clement, PhD

CMAJ Open, November 30, 2017 vol. 5 no. 4 E814-E822

Background: Recreational marijuana has been legalized in 11 jurisdictions; Canada will legalize marijuana by July 2018. With this changing landscape, there is a need to understand the public health risks associated with marijuana to support patient-care provider conversations, harm-reduction measures and evidence-informed policy. The objective of this work was to summarize the health effects of exposure to second- and third-hand marijuana smoke.

[Read more here](#)

Mass media interventions for smoking cessation in adults. Bala MM, Strzeszynski L, Topor-Madry R. *Cochrane Database of Systematic Reviews* 2017, Issue 11. Art. No.: CD004704. DOI: 10.1002/14651858.CD004704.pub4.

Background

Mass media tobacco control campaigns can reach large numbers of people. Much of the literature is focused on the effects of tobacco control advertising on young people, but there are also a number of evaluations of campaigns targeting adult smokers, which show mixed results. Campaigns may be local, regional or national, and may be combined with other components of a comprehensive tobacco control policy.

Objectives

To assess the effectiveness of mass media interventions in reducing smoking among adults.

[Read more here](#)

Tuberculosis

Interventions to increase tuberculosis case detection at primary healthcare or community-level services. Mhimbira FA, Cuevas LE, Dacombe R, Mkopi A, Sinclair D. *Cochrane Database of Systematic Reviews* 2017, Issue 11. Art. No.: CD011432. DOI: 10.1002/14651858.CD011432.pub2.

Pulmonary tuberculosis is usually diagnosed when symptomatic individuals seek care at healthcare facilities, and healthcare workers have a minimal role in promoting the health-seeking behaviour. However, some policy specialists believe the healthcare system could be more active in tuberculosis diagnosis to increase tuberculosis case detection.

[Read more here](#)

Health, safety and wellbeing

Nurses Under Stress: Top Ways to Cope

Let's face it; nursing can be a stressful profession. The life-and-death decisions, the hours, the families, the workloads—they all contribute to nursing stress.

[Read more here](#)

The above bulletin has been compiled by Linda Stopforth, SNIPS, on behalf of the NZNO College of Respiratory Nurses. It is for NZNO College of Respiratory Nurses only and must not be reproduced without their permission.

It is provided on the last Friday of each month and contains an overview of news items, articles and research papers of interest to the College members.

All links are current at the time of being compiled and distributed.

For feedback please contact your section administrator: DianaG@nzno.org.nz

To learn more about the College go

to: http://www.nzno.org.nz/groups/colleges_sections/colleges/college_of_respiratory_nurses

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